AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH SEPTEMBER 2026

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
05/9/2026	AI in rehabilitation	Dr. Ravi
12/9/2026	Shoulder examination	Dr. Ravi
19/9/2026	ASIA scoring	Dr. Rohith
26/9/2026	Disability assessment	Dr. Archana

SEMINAR (TIME: 11.00 AM - 12.00 PM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
02/9/2026	Lower limb prosthetics	Dr. Lins	Dr. Ravi
07/9/2026	Young stroke	Dr. Tharun	Dr. Ravi
09/9/2026	Ulnar neuropathy	Dr. Anna	Dr. Ravi
30/9/2026	Pulmonary rehab	Dr. deeptajeet	Dr. Ravi

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
14/9/2026	BK amputation	Dr.lins	Dr. Ravi
16/8/2026	stroke	Dr. Tharun	Dr. Ravi
23/8/2026	stroke	Dr. Anna	Dr. Anand
28/8/2026	Spinal cord	Dr. Deeptajeet	Dr. Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)
(ATTENDEES: ALL PGs & FACULTIES)

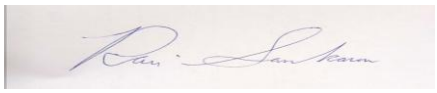
DATE	TOPIC	ALL PGs	FACULTY
03/9/2026	NCS	-do-	Dr. Archana
10/9/2026	USG	-do-	Dr. Ravi
17/9/2026	Prosthetics and orthotics	-do-	Dr. Ravi
24/9/2026	NCS	-do-	Dr. Archana

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
05/9/2026	Wang L, Yu G, Zhang R, Wu G, He L, Chen Y. Positive effects of neuromuscular exercises on pain and active range of motion in idiopathic frozen shoulder: a randomized controlled trial. *BMC Musculoskeletal Disord*. 2023 Jan 20;24(1):50.	Dr. Anna	Dr. Ravi
11/9/2026	Yang L, Li Y, Wang T, Zhao Z, Li W, Lv J, Chen H, Qi Z, Wang X, Bao W, Liang H. Applications of bone regenerative medicine in the foot and ankle: mechanisms, technologies, and therapeutic advances. *Front Bioeng Biotechnol*. 2025 Dec 2; 13:1653964.	Dr. Tharun	Dr. Rohith
18/9/2026	Boonprasit K, Stonsaovapak C, Piravej K. Effect of Transcranial Direct Current Stimulation at the Left Dorsolateral Prefrontal Cortex Combined with Quadriceps Strengthening Exercise in Chronic Knee Osteoarthritis: A Double-Blind, Randomized, Sham-Controlled Trial. *Am J Phys Med Rehabi*l. 2026 Mar 1;105(3):200-207.	Dr. Deeptajeeth	Dr. Ravi
25/9/2026	Kim B, Yim J. Core Stability and Hip Exercises Improve Physical Function and Activity in Patients with Non-Specific Low Back Pain: A Randomized Controlled Trial. *Tohoku J Exp Med*. 2020 Jul;251(3):193-206.	Dr. Lins	Dr..Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
September	4886



DR. RAVI SANKARAN
HOD
PHYSICAL MEDICINE AND REHABILITATION
AIMS, KOCHI.