AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE SEPTEMBER 2026

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
03.09.2026	Foot and ankle problems in CP	Dr.Jim F Vellara
07.09.2026	Myelomeningocele	Dr.Vipin Mohan
10.09.2026	Gait analysis	Dr.Balu C Babu
14.09.2026	Pyogenic osteomyelitis	Dr.Druvan
17.09.2026	Humerus shaft fracture	Dr.Jaithilak
21.09.2026	Paediatric Foot deformities	Dr.Chandrababu (Emeritus Professor)
24.09.2026	Fifth metatarsal base fracture	Dr.Thadi Mohan
28.09.2026	Lymphoma of bone	Dr.Nigil Sadanandan

SEMINAR (8.00am to 9.30am)
(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
01.09.2026	Congenital pseudoarthrosis	Dr.Karan	Dr.Balu C Babu
08.09.2026	Hip Dysplasia	Dr.Farzan	Dr.Amritaraj
15.09.2026	ACL-Anatomy, Injury and clinical features, Treatment	Dr.Logeshwer	Dr.Vipin
22.09.2026	Pelvic fractures	Dr.Amuthan	Dr.Arjun
29.09.2026	Osteomalacia	Dr.Varun	Dr.Vivek

CASE PRESENTATIONS
(Attendees: All Faculties & PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
05.09.2026	8 am- 9.30am	Fibrous dysplasia right femur	Dr.Varun	Dr.Jim/ Dr.Arjun / Dr.Nigil
05.09.2026	2pm-3.00pm	IVDP L5 , S1	Dr.Neil Binu	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
07.09.2026	4pm -5pm	Tennis elbow	Dr.Amuthan	Dr.Thadi Mohan/ Dr.Vipin/Dr Navami
11.09.2026	4pm -5pm	Perthes disease	Dr.Logeshwer	Dr. Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Nakul

12.09.2026	8am- 9.30am	Chronic Osteomyelitis tibia	Dr.Mathew	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr. Navami
14.09.2026	4pm -5pm	Erbs plasy	Dr.Karan	Dr.Jai Thilak/ Dr.Balu/ DrAmritaraj/ Dr.Rangeen
18.09.2026	4pm -5pm	Cubitus Varus	Dr.Anandhu	Dr.Thadi Mohan/ Dr.Amritaraj
19.09.2026	8 am- 9.30am	GCT	Dr.Farzan	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
21.09.2026	4pm -5pm	SCFE	Dr.Jayagovind	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
25.09.2026	4pm -5pm	AVN hip	Dr.Varun	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami
26.09.2026	8am- 9.30am	OA Shoulder	Dr.Rahulraj	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr. Rangeen
28.09.2026	4pm -5pm	CTEV	Dr.Farzan	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Nakul

GROUP DISCUSSION (4pm -5pm)
(Attendees: All Faculties & PGs)

DATE	TOPIC	PGs	FACULTY
01.09.2026	Atlantoaxial injury	-do-	Dr.Jim/ Dr.Nigil/ Dr.Arjun / Dr.Amritaraj
02.09.2026	Unicameral bone cyst	-do-	Dr.Chandrababu (Emeritus professor)/ Dr.Balu/ Dr.Vipin/ Dr.Nakul
03.09.2026	Vertical Talus	-do-	Dr.Thadi Mohan / Dr.Vivek
08.09.2026	Genu varum in children	-do-	Dr.Jaithilak/ Dr.Rangeen
09.09.2026	Shortwave Diathermy	-do-	Dr.Druvan/ Dr.Navami
10.09.2026	Psoriatic Arhtropathy	-do-	Dr.Jim/ Dr.Nigil/ Dr.Arjun / Dr.Amritaraj
12.09.2026	Polytrauma	-do-	Dr.Chandrababu (Emeritus professor)/ Dr.Balu/ Dr.Vipin/ Dr.Nakul
15.09.2026	Osteoporosis Treatment	-do-	Dr. aithilak/ Dr.Rangeen

16.09.2026	Skin grafting	-do-	Dr.Thadi Mohan / Dr.Vivek
17.09.2026	Flexor tendon injury hand	-do-	Dr.Druvan/ Dr.Navami
19.09.2026	Charcot Marie Tooth Disease	-do-	Dr.Jim/ Dr.Nigil/ Dr.Arjun / Dr.Amritaraj
22.09.2026	Proximal ulna fracture	-do-	Dr.Chandrababu (Emeritus professor)/ Dr.Balu/ Dr.Vipin/ Dr.Nakul
23.09.2026	Shock	-do-	Dr.Jaithilak/ Dr.Rangeen
24.09.2026	Dequervan's tenosynovitis	-do-	Dr.Thadi Mohan / Dr.Vivek
26.09.2026	Antibiotics and its classification	-do-	Dr.Druvan/ Dr.Navami
29.09.2026	Pain Management	-do-	Dr.Jim/ Dr.Nigil/ Dr.Arjun / Dr.Amritaraj
30.09.2026	Principles of internal fixation in fracture	-do-	Dr.Chandrababu (Emeritus professor)/ Dr.Balu/ Dr.Vipin/ Dr.Nakul

JOURNAL CLUB (8.00am to 9.30am)
(Attendees: All Faculties & PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
02.09.2026	10am-11am	Boris C Wagner [1], William M Oliver. Outcomes for Younger Patients with Femoral Neck Fractures. *J Bone Joint Surg Am*. 2025 Apr 2;107(7):678-686	Dr.Jayagovind	Dr.Jim F Vellara
09.09.2026	8 am - 9.30am	Robert K Wagner, Stein J Janssen Risk Factors for Nonunion Following Lateral Locked Plating of Distal Femoral Fractures: A Bayesian Analysis of 560 Patients. *J Bone Joint Surg Am*. 2026 Feb 4;108(3):235-243	Dr.Logeshwer	Dr.Druvan
16.09.2026	8 am - 9.30am	Muhammad Ali Elahi , Jordan R Pollock Tendon Sheath Incision for Surgical Treatment of Trigger Finger. *JBJS Essent Surg Tech*. 2023 Jan 4;13(1):e21.00041.	Dr.Mathew	Dr.Rangeen
23.09.2026	8 am - 9.30am	Isabel Horton , Jennifer McDonald Sacroiliac Joint: Function, Pathology, Treatment, and Contribution to Outcomes in Spine and Hip Surgery. *J Bone Joint Surg Am*. 2025 Feb 5;107(3):305-320	Dr.Neil	Dr.Thadi mohan

30.09.2026	8 am - 9.30am	Erik Hohmann , Vaida Glatt , Kevin Tetsworth - What is the optimal timing for bone grafting during staged management of infected non-unions of the tibia? A systematic review and best evidence synthesis. Injury. 2020 Dec;51(12):2793-2803.	Dr.Farzan	Dr.Nakul suresh

TUTORIALS
(Attendees: All PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
03.09.2026	11am- 12.00pm	Tuberculosis of hip joint	Dr.Rahul raj	Dr.Vipin
11.09.2026	8 am – 9.30am	Ankle ligament injuries	Dr.Karan	Dr.Arjun
18.09.2026	8am – 9.30am	Types of cartilages	Dr.Jayagovind	Dr.Navami
25.09.2026	8 am – 9.30am	External fixation	Dr.Anandhu	Dr.Nigil

CLINICO- PATHOLOGY MEETING: (8.30-9.30 AM)
(Attendees: All PGs)

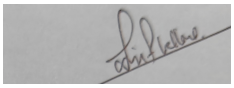
DATE	CASE DISCUSSED	PRESENTER	FACULTY
02.09.2026	Leona, MRD NO : 2980920(Enchondroma)	Dr.Logeshwer	All ortho faculty, Faculty from Radiology and Pathology
	Munira Begam, MRD NO: 2931922 (Tumour induced osteomalacia)	Dr.Anandhu	All ortho faculty, Faculty from Radiology and Pathology
	Kalarani, MRD NO : 2992628(Diffuse Large B Cell right proximal humerus fracture)	Dr.Neil Binu	All ortho faculty, Faculty from Radiology and Pathology

GUEST LECTURE: 3.00 PM TO 4.00PM
(Attendees: All PGs)

DATE	TOPIC	FACULTY
23.09.2026	Modern management of Complex fractures	Dr. Jiss Joseph, SNIMS hospital, Manjaly

PROCEDURES FOR THE MONTH OF SEPTEMBER 2026

OPD PROCEDURES	458
MAJOR	160
MINOR	257



DR. JIM F VELLARA
HOD OF ORTHOPAEDICS
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