



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH AUGUST 2026

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
01/8/2026	Postural exercises	Dr. Ravi
04/8/2026	Brachial plexus	Dr. Ravi
08/8/2026	Sexual rehab	Dr. Rohith
13/8/2026	USG	Dr. Archana

SEMINAR (TIME: 11.00 AM - 12.00 PM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
01/8/2026	Stroke physiology	Dr. Tharun	Dr. Ravi
13/8/2026	Cervical pain	Dr. Anna	Dr. Ravi
19/8/2026	orthoses	Dr. Lins	Dr. Ravi
31/8/2026	osteoporosis	Dr. Deeptajeet	Dr. Ravi

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
05/8/2026	Stroke	Dr. Tharun	Dr. Ravi
17/8/2026	Spinal cord	Dr. Anna	Dr. Ravi
24/8/2026	Spinal cord	Dr. Lins	Dr. Anand
27/8/2026	Stroke	Dr. Deeptajeet	Dr. Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	ALL PGs	FACULTY
06/8/2026	NCS	-do-	Dr. Archana
10/8/2026	Practical discussion	-do-	Dr. Ravi
20/8/2026	PO(Prosthetic and orthotic workshop class)	-do-	Dr. Ravi
22/8/2026	Disability	-do-	Dr. Archana

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
7/8/2026	Khan M, Muzamil HS, Osailan AM, Alhammad AA, Khan S, Mushtaq M, Moustafa EBS, Al-salem TNS, Muteesasira E. Validating the 2-minute walk test MCID for subacute stroke patients: A Pakistani multicenter cohort analysis. PLoS One. 2026 Apr 15;21(4): e0347056.	Dr. Anna	Dr. Ravi, Dr. Anand, Dr. Archana
14/8/2026	Swaroop S, Gupta P, Patnaik S, Reddy SS. Intra-articular Steroid alone vs Hydrodilatation with intra-articular Steroid in Frozen Shoulder - A Randomised Control Trial. Malays Orthop J. 2023 Mar;17(1):34-39.	Dr. Tharun	Dr. Rohith, Dr. Anand, Dr. Archana
21/8/2026	de Sire A, Marotta N, Prestifilippo E, Agostini F, Parente A, Tasselli A, Mezzian K, Vecchio M, Longo UG, Ammendolia A. Efficacy of Constraint-Induced Movement Therapy and mirror therapy in improving upper limb motor function and dexterity in post-stroke hemiparetic patients: a randomized controlled trial. Clin Ter. 2025 Nov-Dec;176(6):716-726.	Dr. Deeptajeeth	Dr. Ravi, Dr. Anand, Dr. Archana
28/8/2026	Khojaly R, Rowan FE, Shah V, Nagle M, Shahab M, Ahmad AS, Dahly D, Taylor C, Niocaill RM, Cleary M. Immediate Weight-Bearing Compared with Non-Weight-Bearing After Operative Ankle Fracture Fixation: Results of the INWN Pragmatic, Randomized, Multicenter Trial. J Bone Joint Surg Am. 2025 May 23;107(13):1423-1438.	Dr. Lins	Dr. Ravi, Dr. Rohith, Dr. Anand

PROCEDURES

MONTH	TOTAL PROCEDURES
AUGUST	3973

A handwritten signature in blue ink, reading "Dr. Sankaran", on a light-colored background.

DR. RAVI SANKARAN
HOD
PHYSICAL MEDICINE AND REHABILITATION
AIMS, KOCHI.