



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE AUGUST 2026

THEORY (8.00am to 9.30 am)

DATE	TOPIC	FACULTY
03.08.2026	Hallux varus	Dr.Jim F Vellara
06.08.2026	Knee dislocation	Dr.Chandrababu (Emeritus Professor)
10.08.2026	Septic Arthritis	Dr.Balu C Babu
13.08.2026	Neurofibromatosis	Dr.Druvan
17.08.2026	Congenital Vertical Talus	Dr.Jaithilak
20.08.2026	Skin grafting	Dr.Vipin Mohan
24.08.2026	Osteochondritis	Dr.Thadi Mohan
27.08.2026	coxa vara	Dr.Nigil Sadanandan
31.08.2026	Mono ostotoc fibrous dysplasia	Dr.Navami

SEMINAR (8.00am to 9.30am)
(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
04.08.2026	Surgical approaches-forearm	Dr.Varun	Dr.Balu C Babu
11.08.2026	Multiple Myeloma	Dr.Neil	Dr.Vipin
18.08.2026	Crush syndrome	Dr.Logeshwer	Dr.Amritaraj
25.08.2026	Growth plate & its functions	Dr.Anandhu	Dr.Arjun

CASE PRESENTATIONS
(Attendees: All Faculties & PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
01.08.2026	8.00 am-9.30am	Brachial plexus injury	Dr.Amuthan	Dr.Jim/ Dr.Arjun /Dr.Nigil
03.08.2026	4pm -5pm	Foot drop	Dr.Neil Binu	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
07.08.2026	4pm -5pm	Charcot foot	Dr.Varun	Dr.Thadi Mohan/ Dr.Vipin
08.08.2026	8.00 am-9.30am	B/L AVN	Dr.Logeshwer	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
10.08.2026	4pm -5pm	Scoliosis	Dr.Farzan	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami
14.08.2026	4pm -5pm	TB arthritis left Elbow	Dr.Karan	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Rangeen

17.08.2026	4pm -5pm	Septic arthritis left hip	Dr.Anandhu	Dr.Thadi Mohan/ Dr.Amritaraj
21.08.2026	4pm -5pm	Tibia lesion	Dr.Mathew	Dr. Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
22.08.2026	4pm -5pm	Foot deformity	Dr.Jayagovind	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
24.08.2026	4pm -5pm	Nerve palsy	Dr.Rahulraj	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
28.08.2026	4pm -5pm	Non union neck of femur fracture	Dr.Varun	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Rangeen
29.08.2026	8.00 am- 9.30am	Rotator Cuff Tear	Dr.Farzan	Dr.Thadi Mohan/Dr.Vipin

GROUP DISCUSSION (4pm -5pm)
(Attendees: All Faculties & PGs)

DATE	TOPIC	FACULTY
01.08.2026	Femoral neck fractures	Dr.Jai Thilak/ Dr. Amritaraj
04.08.2026	Talus fractures	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin
05.08.2026	Complex Regional Pain Syndrome	Dr.Thadi Mohan / Dr.Arjun
06.08.2026	Displaced Midshaft Fracture Clavicle	Dr.Jim/ Dr.Nigil/ Dr.Vipin
08.06.2026	Gas Gangrene of the Lower Extremity	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
11.08.2026	various types of skin grafts	Dr.Jai Thilak/ Dr.Navami
13.08.2026	Bone remodeling unit	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
18.08.2026	Pescavus- Introduction, pathology and clinical features	Dr.Thadi Mohan / Dr.Rangeen
19.08.2026	Tendinitis and bursitis	Dr.Jim/ Dr.Arjun/ Dr.Nigil
20.08.2026	<u>protrusio</u> acetabuli	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr. Navami
22.08.2026	Transient osteoporosis of hip	Dr.Thadi Mohan / Dr.Vivek/ Dr. Navami
25.08.2026	Gluteus medius Syndrome	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu/ Dr. Rangeen
27.08.2026	Osteoid Osteoma	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
29.08.2026	Fracture dislocation of Elbow	Dr.Jim/ Dr.Arjun/ Dr.Nigil/ Dr.Vivek

JOURNAL CLUB
(Attendees: All Faculties & PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
05.08.2026	10 am -11am	Blonna, Davide; Garruto, Sofia. Treatment of Proximal Trans-ulnar Fracture-Dislocations Based on a Step-By-Step Coronoid-Centric Surgical Technique. JB JS Open Access. 2025 Oct 14;10(4):e25.00190.	Dr.Amuthan	Dr.Druvan
13.08.2026	11 am-12noon	Eric Tille , L Seidel , A Schlüssler etal. Monteggia fractures: analysis of patient-reported outcome measurements in correlation with ulnar fracture localization. J Orthop Surg Res. 2022 Jun 7;17(1):303	Dr Logeshwer	Dr Jim F Vellara
19.08.2026	8.00am -9.30am	Delaney, Lia D.; Clauw. The Management of Acute Pain for Musculoskeletal Conditions The Challenges of Opioids and Opportunities for the Future. J Bone Joint Surg Am. 2020 May 20;102(Suppl 1):3–9. doi: 10.2106/JBJS.20.00228	Dr.Mathew	Dr.Balu C Babu
27.08.2026	11am-12. noon	Devin Lemmex ·Gabriel Cárdenas Arthroscopic Management of Anterior Glenoid Bone Loss. JBJS Rev. 2020 Feb;8(2):e0049.	Dr. Karan	Dr. Thadi mohan

TUTORIALS (8.00am – 9.30am)
Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
07.08.2026	Spondylodiscitis	Dr.Karan	Dr.Navami
14.08.2026	Polytrauma assessment	Dr.Rahul raj	Dr.Arjun
21.08.2026	Pathophysiology of disc degeneration	Dr.Jayagovind	Dr.Vipin
28.08.2026	Open fracture	Dr.Anandhu	Dr.Nigil

GUEST LECTURE: 3.00 PM TO 4.00PM
(Attendees: All PGs)

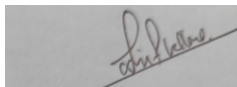
DATE	TOPIC	FACULTY
25.08.2026	Scapular Fractures	Dr.Bipin Theruvil, Lisie Hospital, Kochi

CLINICO- PATHOLOGY MEETING (8.30-9.30 AM)
(Attendees: All PGs)

DATE	CASE DISCUSSED	PRESENTER	FACULTY
05.08.2026	Dileep , 39/M , 2981314 Swelling Right knee Arthroscopic excision biopsy-Right knee	Dr. Logeshwer	All Faculty
05.08.2026	Prem kumar , 37/M , 3002211 Swelling Pathological shaft of femur - Right	Dr. Anandhu	All Faculty

PROCEDURES FOR THE MONTH OF AUGUST 2026

OPD PROCEDURES	405
MAJOR	156
MINOR	250



DR. JIM F VELLARA
HOD OF ORTHOPAEDICS
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI