



AMRITA

VISHWA VIDYAPEETHAM

DEEMED TO BE UNIVERSITY

Coimbatore Campus



Nutrition Sustenance Forum

Department of Food Science and Nutrition

Amrita School of Physical Sciences

presents



NATIONAL NUTRITION MONTH CELEBRATIONS 2026

Theme: 'Discover the Power of Nutrition'

Promoting awareness about healthy dietary practices, food safety, nutrition, functional foods and sustainable food choices.



16-18
September 2026

EXPERT SESSIONS



Mr. Kiran S

Dairy Extension Officer,
Dairy Development Department,
Government of Kerala

*Dairy for better nutrition: From milk proteins
and Probiotics to emerging opportunities*



Mrs. Dhanya K. N.

Deputy Director,
Food Safety and Standards
Authority of India (FSSAI), Cochin,
Kerala

*FSSAI act 2006 and role of FSSAI in ensuring
quality and safety of food products*

STUDENT COMPETITIONS & COMMUNITY OUTREACH



E-Poster
Presentation



Healthy Cooking
Competition



Nutrition Awareness
Programme



Nutrition
Quiz



National Idea Pitching
Competition

Organized by

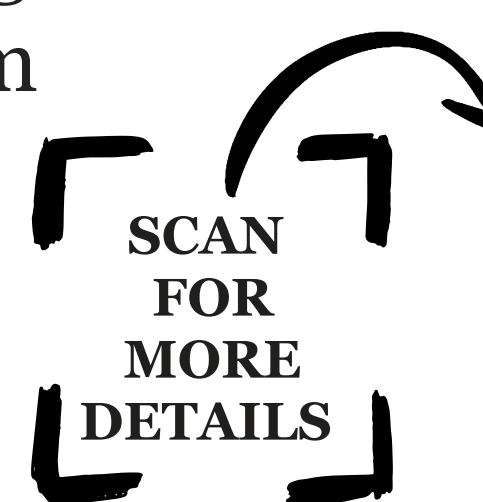
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Phone no: 9633644963



EAT RIGHT • LIVE HEALTHY • SUSTAIN TOGETHER