



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ENDOCRINOLOGY
PG TEACHING SCHEDULE FOR THE MONTH
OF AUGUST 2026
THEORY (TIME: 8.00 AM - 9.30 AM)

DATE	TOPIC	FACULTY
03/08/2026	Thesis Results Discussion	Dr. Praveen ,Dr. Usha
11/08/2026	IPSS + Vitamin D Article Discussion	Dr. Nisha , Dr. Harish
17/08/2026	Decision Making / Academic Interesting Cases- Achondroplasia	Dr. Praveen ,Dr. Usha
24/08/2026	Decision Making – TIO	Dr. Nisha , Dr. Harish
31/08/2026	Decision Making- Hyponatremia under evaluation, cushings	Dr. Nithya , Dr. Vasantha

CASE PRESENTATION (TIME: 8.00 AM - 9.30 AM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	CASE	PRESENTER	FACULTY
07/08/2026	Thyroid storm	Dr. Prasunna	Dr. Praveen
14/08/2026	Rickets under evaluation	Dr. Jichu	Dr. Nisha
28/08/2026	Hypopituitarism	Dr. Jichu	Dr..Nisha

SEMINAR (TIME: 8.00 AM - 9.30 AM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	ALL PGs	FACULTY
07/08/2026	Vitamin D & Fall Risk Impact of Vitamin D and Calcium on Falls and Fractures in Older Adults	-do-	Dr. Praveen, Dr. Usha
13/08/2026	DLP – Dyslipidaemia / Lipid Metabolism	-do-	Dr. Nisha , Dr. Harish
14/08/2026	DLP – Dyslipidaemia / Lipid Metabolism	-do-	Dr. Praveen ,Dr. Usha
27/08/2026	Seminar on Reading BMD and DEXA Interpretation	-do-	Dr. Nisha , Dr. Harish

GROUP DISCUSSION (TIME: 8.00 AM - 9.00 AM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	ALL PGs	FACULTY
05/08/2026	BMD – Kushi (MRD 1192142) Indira (MRD 2451012)	-do-	Dr. Nithya, Dr. Harish
06/08/2026	TTB –THYROID TUMOR BOARD Anwitha (2664867) Shiji Rajn (2453341) Hariprasad (2764203)Meenu (2700099)	-do-	Dr. Praveen, Dr. Usha A
19/08/2026	Neuro Surgery–Endo Meet – Stella Davis (145709) Abu Pathakkal (852577) Sailekshmi K (2707983) Aadish (2826570) Shiju (1148129) Vineetha (3014051)Vinod (2940896)	-do-	Dr. Nithya, Dr.Vasantha
21/08/2026	Endomedicine Tele-Education Session/ SGPGI meeting	-do-	Dr. Nisha , Dr. Harish

JOURNAL CLUB (TIME: 8. 00AM - 9.30 AM)
(ATTENDEES: ALL PGs & FACULTIES)

DATE	TOPIC	PRESENTER	FACULTY
04/08/2026	Barasara SR, Chauhan YV, Gada JV, Sanamandra P, Rahate SS, Paranjape JJ, Bhagwat NM. Effect of Pre-Breakfast Whey Protein Supplement on Post-breakfast Glycaemic Excursion and Insulinotropic Response in Type 2 Diabetes Mellitus. Indian J Endocrinol Metab. 2026 May-Jun;30(3):217-222. doi: 10.4103/ijem.ijem_994_25. Epub 2026 Jun 26. PMID: 42540950; PMCID: PMC13427001.	Dr. Rohil	Dr. Usha Dr. Harish Dr. Nithya
11/08/2026	David D, Goroshi M, Ganakumar V, Ghatnatti V. Fibrocalculous Pancreatic Diabetes: Changing Clinical Spectrum and Glycaemic Response to Pioglitazone. Indian J Endocrinol Metab. 2026 May-Jun;30(3):223-227.	Dr. Parvathy	Dr. Praveen Dr. Usha Dr. Harish
18/8/2026	Suntornlohanakul O, Reimondo G, Ghislieri M, Petramala L, Coscia K, Kraljevic I, et al. Temporal changes in cortisol secretion and their association with long-term outcomes in benign adrenal incidentalomas: a retrospective cohort study. Lancet Diabetes Endocrinol. 2026;14(9):713-726.	Dr. Jibin	Dr. Nithya, Dr. Harish Dr. Nisha

25/08/2026	Krüger N, Schneeweiss S, Wang SV. Tirzepatide and the risk of atherosclerotic cardiovascular events: population based cohort study. BMJ. 2026 Aug 5;394: e100011.	Dr.Shreya	Dr. Nisha Dr. Praveen Dr. Harish
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PROCEDURES

Ultrasound	247
FNAC	31
Bone Densitometry	114
AB-Index	202
Biothesiometry	202
VAC Therapy	17

DR. HARISH KUMAR
HOD
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AIMS, KOCHI.