



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH JULY 2026

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
02/7/2026	USG	Dr. Rohith
09/7/2026	Prosthetic & Orthotic	Dr. Ravi
16/7/2026	USG	Dr. Rohith
23/7/2026	NCS	Dr. Archana

SEMINAR (TIME: 11.00 AM - 12.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
01/7/2026	Osteoarthritis	Dr. Tharun	Dr. Ravi
08/7/2026	Physio of swallow	Dr. Anna	Dr. Ravi
20/7/2026	Wheelchair	Dr. Deeptajeet	Dr. Ravi
27/7/2026	Spinal orthoses	Dr. Lins	Dr. Ravi

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)

(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
06/7/2026	Stroke	Dr. Tharun	Dr. Ravi
15/7/2026	Shoulder PA	Dr. Deeptajeet	Dr. Ravi
22/7/2026	Spinal cord	Dr. Lins	Dr. Anand
29/7/2026	Spinal cord	Dr. Anna	Dr. Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
04/7/2026	Gait	Dr. Archana
11/7/2026	posture	Dr. Ravi
18/7/2026	CP	Dr. Ravi
25/7/2026	Jeopardy	Dr. Archana

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)
ATTENDEES: ALL FACULTY AND PG's

DATE	TOPIC	PRESENTER	FACULTY
10/7/2026	Fehlings MG, Moghaddamjou A, Harrop JS, Stanford R, Ball J, Aarabi B, Freeman BJC, Arnold PM, Guest JD, Kurpad SN, Schuster JM, Nassr A, Schmitt KM, Wilson JR, Brodke DS, Ahmad FU, Yee A, Ray WZ, Brooks NP, Wilson J, Chow DS, Touns EG, Kopjar B. Safety and Efficacy of Riluzole in Acute Spinal Cord Injury Study (RISCIS): A Multi-Center, Randomized, Placebo-Controlled, Double-Blinded Trial. J Neuro-trauma. 2023 Sep;40(17-18):1878-1888.	Dr. Deeptajeet	Dr. Ravi
17/7/2026	Ostrowski RP, Stępień K, Pucko E, Matyja E. The efficacy of hyperbaric oxygen in hemorrhagic stroke: experimental and clinical implications. Arch Med Sci. 2017 Aug;13(5):1217-1223..	Dr. Anna	Dr. Rohith
24/7/2026	Rodriguez ST, Makarewicz N, Wang EY, Zuniga-Hernandez M, Titzler J, Jackson C, Suen MY, Rosales O, Caruso TJ. Virtual Reality Facilitated Exercise Increases Sympathetic Activity and Reduces Pain Perception: A Randomized Crossover Study. Am J Phys Med Rehabil. 2024 Jan 1;104(1):51-57.	Dr. Lins	Dr. Anand
31/6/2026	Johannsen F, Olesen JL, Øhlenschläger TF, Lundgaard-Nielsen M, Cullum CK, Jakobsen AS, Rathleff MS, Magnusson PS, Kjær M. Effect of Ultra-sonography-Guided Corticosteroid Injection Vs Placebo Added to Exercise Therapy for Achilles Tendinopathy: A Randomized Clinical Trial. JAMA Netw Open. 2022 Jul 1;5(7): e2219661.	Dr. Tharun	Dr. Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
JULY	4776



HOD
PHYSICAL MEDICINE AND REHABILITATION
AIMS, KOCHI.
DR. RAVI SANKARAN