



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE JULY 2026**

THEORY (8.00am to 9.30 am)

DATE	TOPIC	FACULTY
02.07.2026	Whiplash injury	Dr.Jaithilak
06.07.2026	Non operative management of lumbar spondylolisthesis	Dr.Chandrababu (Emeritus Professor)
09.07.2026	Biomechanics of hip	Dr.Thadi Mohan
13.07.2026	Gait cycle	Dr.Druvan
16.07.2026	Principles of External Fixation	Dr.Jim F Vellara
20.07.2026	Damage control Orthopedics	Dr.Vipin Mohan
23.07.2026	Osteochondritis dissecans	Dr.Balu C Babu
27.07.2026	SCFE	Dr.Nigil Sadanandan
30.07.2026	Management of distal phalanx fractures	Dr.Arjun Krishnan

SEMINAR (8.00am to 9.30am)

(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
07.07.2026	Surgery in spastic diplegia	Dr.Mathew	Dr.Balu C Babu
14.07.2026	Pathology of cold abscess	Dr.Anand	Dr.Amritaraj
21.07.2026	Gait Disorders	Dr.Mahith	Dr.Vipin
28.07.2026	Myasthenia gravis	Dr.Anandhu	Dr.Arjun

CASE PRESENTATIONS

(Attendees: All Faculties & PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
03.07.2026	4pm -5pm	Perthes Disease	Dr.Umang	Dr.Chandrababu (Emeritus Professor)/ Dr. Balu
04.07.2026	8.00 am-9.30am	Cubitus Varus	Dr.Mahith	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
06.07.2026	4pm -5pm	Tennis elbow	Dr.Amuthan	Dr.Thadi Mohan/ Dr.Vipin
10.07.2026	4pm -5pm	Lumbar Vertebral disc prolapse	Dr.Prasanth	Dr.Jim/ Dr.Arjun / Dr.Nigil
11.07.2026	8.00 am-9.30am	Dupuytren's contracture	Dr.Anand	Dr.Druvan /Dr.Amritaraj Dr.Vivek/ Dr.Navami
13.07.2026	4pm -5pm	Distal Radius Fracture	Dr.Aseem	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Rangeen

17.07.2026	4pm -5pm	Congenital dislocation of hip	Dr.Neil	Dr.Thadi Mohan/ Dr. Amritaraj
18.07.2026	8.00 am- 9.30am	Scoliosis	Dr.Varun	Dr. Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
20.07.2026	4pm -5pm	Calcaneal osteomyelitis	Dr.Logeshwer	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
24.07.2026	4pm -5pm	Recurrent patella dislocation	Dr.Niteesh	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
25.07.2026	8.00 am- 9.30am	Deformity of foot	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Rangeen
27.07.2026	4pm -5pm	Right ankle arthritis	Dr.Nitish	Dr.Thadi Mohan/ Dr.Vipin
31.07.2026	4pm -5pm	Post polio Paralysis	Dr.Jayagovind	Dr.Jim/ Dr.Arjun / Dr.Nigil

GROUP DISCUSSION (4pm -5pm)
(Attendees: All Faculties & PGs)

DATE	TOPIC	FACULTY
01.07.2026	Osteopetrosis	Dr.Jai Thilak/ Dr. Amritaraj
02.07.2026	Browns Tumour	Dr. Chandrababu (Emeritus Professor)/ Dr.Vipin
04.07.2026	Toe deformities and management	Dr.Thadi Mohan / Dr.Arjun
07.07.2026	Post operative analgesia	Dr.Jim/ Dr.Nigil/ Dr.Vipin
08.07.2026	Osteonecrosis of Navicular	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
09.07.2026	Post Menopausal Osteoporosis – Prevention and management.	Dr.Jai Thilak/ Dr.Navami
11.07.2026	Harmon’s approach of Tibia with applied Anatomy .	Dr.Chandrababu (Emeritus Professor)/ Dr.Vipin/ Dr.Amritaraj
14.07.2026	Sports related injuries to soft tissues.	Dr.Thadi Mohan / Dr.Rangeen
15.07.2026	PTB prosthesis – Indications and principles.	Dr.Jim/ Dr. Arjun/ Dr.Nigil
16.07.2026	Old metacarpo phalangeal dislocation	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr. Navami
18.07.2026	Core decompression	Dr.Thadi Mohan / Dr.Vivek/ Dr.Navami
21.07.2026	Habitual Dislocation of Patella	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu/ Dr.Rangeen
22.07.2026	Tuberculosis Hip	Dr.Chandrababu (Emeritus Professor)/ Dr.Vipin/ Dr.Amritaraj
23.07.2026	Floating Knee	Dr.Jim/ Dr.Arjun/ Dr.Nigil/ Dr.Vivek
25.07.2026	Tendon Injuries	Dr.Druvan/ Dr.Arjun/ Dr. Amritaraj
28.07.2026	Old metacarpo phalangeal dislocation	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu

29.07.2026	Biomechanics of lag screw and its application in trauma	Dr.Chandrababu (Emeritus Professor)/ Dr.Vipin/Dr.Amritaraj
30.07.2026	Core decompression	Dr.Jim/ Dr.Arjun/ Dr.Nigil/ Dr.Vivek

JOURNAL CLUB (8.00am to 9.30am)
(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
01.07.2026	Anthony I Riccio , Todd J Blumberg · Intramedullary Ulnar Fixation for the Treatment of Monteggia Fracture .JBJS Essent Surg Tech. 2021 Apr 19;11(2):e19.00076	Dr. Logeshwer	Dr.Druvan
08.07.2026	Stefan Quadlbauer , Martin Leixnering ^{etal.} Current management of distal radius fractures and their complications . Arch Orthop Trauma Surg. 2020 May;140(5):593-594	Dr.Nitish	Dr.Balu C Babu
15.07.2026	Chiara Suardi , Davide Stimolo etal. Varus morphology and its surgical implication in osteoarthritic knee and TKA. J Orthop Surg Res. 2022 Jun 3;17(1):299	Dr .Mathew	Dr.Vipin
22.07.2026	Jacob M Kirsch , Surena Namdari Rehabilitation After Anatomic and Reverse Total Shoulder Arthroplasty: A Critical Analysis Review. JBJS Rev. 2020 Feb;8(2):e0129.	Dr.Prasanth	Dr.Arjun
29.07.2026	Anil Kumar Jain, S Rajasekaran.Tuberculosis of the Spine The Journal of Bone and Joint Surgery. 102(7):617-628, April 1, 2020	Dr.Anand	Dr.Navami

TUTORIALS (8.00am – 9.30am)
(Attendees: All PGs)

DATE	TOPIC	SPEAKER	FACULTY
03.07.2026	Psoas abscess	Dr. Umang	Dr. Nigil
10.07.2026	Management of triple deformities of knee due to tuberculosis	Dr. Amuthan	Dr. Arjun
17.07.2026	Perilunate Dislocation.	Dr. Ganesh	Dr. Balu
24.07.2026	Transcutaneous nerve stimulation.	Dr .Karan	Dr. Navami
31.07.2026	Chronic Synovitis	Dr .Farzan	Dr .Vipin

GUEST LECTURE: 3.00 PM TO 4.00PM
(Attendees: All PGs)

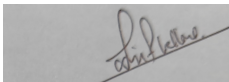
DATE	TOPIC	FACULTY
24.07.2026	Fibrogenic Malignant Bone Tumors	Dr.Dominic Puthoor, Amala hospital, Thrissur

CLINICO- PATHOLOGY MEETING: 9.30 -10. 30AM)
(Attendees: All Faculties & PGs)

DATE	Case discussed	SPEAKER
01.07.2026	Dileep , 2981314, Swelling Right knee , Arthroscopic excision biopsy	Dr.Anandhu

PROCEDURES FOR THE MONTH OF JULY 2026

OPD PROCEDURES	420
MAJOR	188
MINOR	255



DR. JIM F VELLARA
HOD OF ORTHOPAEDICS
AIMS, KOCHI