



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH MAY 2026

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
02/5/2026	X ray class	Dr. Ravi
06/5/2026	Electro diagnostics	Dr. Anand
09/5/2026	USG class - knee	Dr. Rohit
28/5/2026	USG class - wrist	Dr. Rohit

SEMINAR (TIME: 11.00 AM - 12.00 PM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
08/5/2026	Foot drop	Dr. Anna	Dr. Ravi
13/5/2026	GBS	Dr. Tharun	Dr. Ravi
19/5/2026	Transfemoral socket designs	Dr. Lins	Dr. Ravi
30/5/2026	NCS	Dr. Rohit	Dr. Rohit

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)
(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
04/5/2026	Spinal cord- 1	Dr. Anna	Dr. Ravi
11/5/2026	Spinal cord - 2	Dr. Tharun	Dr Ravi
20/5/2026	Young stroke - 1	Dr. lins	Dr Anand
26/5/2026	Stroke - 2	Dr.Tharun	Dr.Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
07/5/2026	Electro diagnosis	Dr. Anand
16/5/2026	X ray	Dr. Ravi
21/5/2026	P and O	Dr. Ravi
30/5/2026	Jeopardy	Dr. Archana

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)

ATTENDEES: ALL FACULTY AND PG's

DATE	TOPIC	PRESENTER	FACULTY
15/5/2026	Wang Y, Zheng H, Wang J, Xu P, Sun W. Neuromuscular Electrical Stimulation of Peroneal Longus Improve Balance Control Ability in Young Adults with Chronic Ankle Instability: A Randomized Controlled Trial. Am J Phys Med Rehabil. 2024 Dec 1;103(12):1088-1093.	Dr. Lins	Dr. Ravi
18/5/2026	Lin P, Yang M, Huang D, Lin H, Wang J, Zhong C, Guan L. Effect of proprioceptive neuromuscular facilitation technique on the treatment of frozen shoulder: a pilot randomized controlled trial. BMC Musculoskelet Disord. 2022 Apr 20;23(1):367.	Dr. Anna	Dr. Rohit
19/5/2026	Luan L, Xia Z, Adams R, Ganderton C, Tirosh O, El-Ansary D, Pranata A, Han J. Gluteus Medius for Individuals with Chronic Ankle Instability: Assessing Muscle Activity. J Hum Kinet. 2024 Jul 17; 94:5-21.	Dr.Lins	Dr.Anand
22/5/2026	Picón-Martínez M, Chulvi-Medrano I, Cortell-Tormo JM, Alonso-Aubin DA, Alakhdar Y, Laurentino G. Acute Effects of Resistance Training with Blood Flow Restriction on Achilles Tendon Thickness. J Hum Kinet. 2021 Mar 31; 78:101-109.	Dr.Tharun	Dr. Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
May	4203



DR. RAVI SANKARAN
HOD
PHYSICAL MEDICINE AND REHABILITATION
AIMS, KOCHI.