



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH JUNE 2026

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
01/6/2026	X ray class	Dr. Archana
11/6/2026	USG class - ankle	Dr. Rohit
18/6/2026	P and O	Dr. Ravi
29/6/2026	Exam preparation	Dr. Ravi

SEMINAR (TIME: 11.00 AM - 12.00 PM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
05/6/2026	Brachial plexus	Dr. Anna	Dr. Ravi
10/6/2026	Fibromyalgia	Dr. Tharun	Dr. Ravi
12/6/2026	AFO	Dr. Lins	Dr. Ravi
20/6/2026	Hyaluronidase	Dr. Rohit	Dr. Ravi

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)
(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
22/6/2026	Stroke	Dr. Lins	Dr. Ravi
24/6/2026	Stroke	Dr. Anna	Dr. Ravi
26/6/2026	Low back pain	Dr. Tharun	Dr. Anand
27/6/2026	TBI	Dr. Anna	Dr. Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
04/6/2026	NCS	Dr. Archana
06/6/2026	Lumbar canal stenosis	Dr. Ravi
08/6/2026	Thesis review	Dr. Ravi
13/6/2026	PMR introduction	Dr. Anand

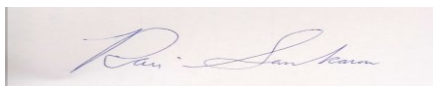
JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)

ATTENDEES: ALL FACULTY AND PG's

DATE	TOPIC	PRESENTER	FACULTY
15/6/2026	Almeida MP, Winck JC, Marques A. InspireGBs - Inspiratory muscle training in people with Guillain-Barré syndrome: A feasibility study. PM R. 2025 Feb;17(2):187-194.	Dr. Tharun	Dr. Ravi
17/6/2026	Bari AZ, Ahmed N, Farhan M, Al-Shenqiti A, Zafar MS. Comparing Prefabricated and 3D-Printed Foot Orthoses for the Management of Flat Foot Condition: A Randomized Controlled Trial. Am J Phys Med Rehabil. 2025 Apr 1;104(4):298-304.	Dr. Lins	Dr. Rohit
19/6/2026	Ishikawa H, Smith KM, Wheelwright JC, Christensen GV, Henninger HB, Tashjian RZ, Chalmers PN. Rotator cuff muscle imbalance associates with shoulder instability direction. J Shoulder Elbow Surg. 2023 Jan;32(1):33-40.	Dr. Anna	Dr. Anand
22/6/2026	Ruiz-Sánchez FJ, Ruiz-Muñoz M, Martín-Martín J, Coheña-Jimenez M, Perez-Belloso AJ, Pilar Romero-Galisteo R, González-Sánchez M. Management and treatment of ankle sprain according to clinical practice guidelines: A PRISMA systematic review. Medicine (Baltimore). 2022 Oct 21;101(42):e31087.	Dr. Anna	Dr. Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
JUNE	4715



DR. RAVI SANKARAN
HOD
PHYSICAL MEDICINE AND REHABILITATION
AIMS, KOCHI.