



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE MAY 2026

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
04.05.2026	Pediatric Tibial Eminence Fractures	Dr.Jaithilak
07.05.2026	Isthmic Spondylolisthesis	Dr.Chandrababu (Emeritus Professor)
11.05.2026	Neuromonitoring in spine surgery	Dr.Thadi Mohan
14.05.2026	Acromio clavicular Disruption	Dr.Druvan
18.05.2026	SLE	Dr.Jim F Vellara
21.05.2026	Crystal induced arthritis	Dr.Vipin Mohan
25.05.2026	Adhesive Capsulitis	Dr.Balu C Babu
28.05.2026	Plantar fascitis	Dr.Nigil Sadanandan

SEMINAR (8.00am to 9.30am)

(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
05.05.2026	Paraplegia	Dr.Logeshwer	Dr.Balu C Babu
12.05.2026	Pathological Fracture	Dr.Anand	Dr.Amritaraj
19.05.2026	Perthes	Dr.Mahith	Dr.Vipin
26.05.2026	Osteosarcoma	Dr.Niteesh	Dr.Arjun

CASE PRESENTATIONS

(Attendees: All PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
02.05.2026	8.00 am-9.30am	Secondary OA Right Hip	Dr.Aseem	Dr. Chandrababu (Emeritus Professor)/ Dr.Balu
04.05.2026	4pm -5pm	Charcot's foot	Dr.Farzan	Dr.Jai Thilak/ Dr. Balu/ Dr.Vipin
08.05.2026	4pm -5pm	Post polio Paralysis	Dr.Umang	Dr.Thadi Mohan/ Dr. Vipin
09.05.2026	8.00 am-9.30am	Dupuytren's contracture	Dr.Anand	Dr.Jim/ Dr.Arjun / Dr.Nigil
11.05.2026	4pm -5pm	Swelling in thigh	Dr.Nitish	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami
15.05.2026	4pm -5pm	Torticollis in a 10 year old	Dr.Mahith	Dr Jai Thilak/ Dr.Balu/ Dr. Amritaraj/ Dr. Rangeen

16.05.2026	8.00 am-9.30am	Swelling over the scapula	Dr. Prasanth	Dr.Thadi Mohan/ Dr. Amritaraj
18.05.2026	4pm -5pm	Neglected club foot in a 4 year old	Dr. Niteesh	Dr. Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
22.05.2026	4pm -5pm	Big toe deformity in 30 year old	Dr. Rahul	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
23.05.2026	8.00 am-9.30am	Convex pes planus in 5 year old	Dr. Logeshwer	Dr.Druvan / Dr.Vivek Dr.Amritaraj /
25.05.2026	4pm -5pm	CTEV right	Dr. Mathew	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Rangeen
29.05.2026	4pm -5pm	Proximal Tibia Fracture malunion	Dr. Amuthan	Dr.Thadi Mohan/ Dr.Vipin
30.05.2026	8.00 am-9.30am	Chronic Osteomyelitis	Dr. Karan	Dr.Jim/ Dr.Arjun / Dr.Nigil

GROUP DISCUSSION (4pm -5pm)
(Attendees: All PGs)

DATE	TOPIC	FACULTY
02.05.2026	Ligament Injuries	Dr.Jai Thilak/ Dr. Amritaraj
05.05.2026	Navicular Osteomyelitis	Dr. Chandrababu (Emeritus professor)/ Dr.Vipin
06.05.2026	Femoral Neck Fractures	Dr.Thadi Mohan / Dr. rjun
07.05.2026	Scoliosis Bracing- to do or not	Dr. Jim/ Dr.Nigil/ Dr.Vipin
09.05.2026	Osteoporosis in elderly	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
12.05.2026	Non union of fractures	Dr.Jai Thilak/ Dr.Navami
13.05.2026	Screws and Plates	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
14.05.2026	Tourniquet in surgery	Dr.Thadi Mohan / Dr.Rangeen
16.05.2026	Bone grafting	Dr. im/ Dr.Arjun/ Dr.Nigil
19.05.2026	Periprosthetic infection	Dr.Druvan/ Dr.Arjun/Dr.Nigil/ Dr.Navami
20.05.2026	Compartment syndrome	Dr.Thadi Mohan / Dr.Vivek/ Dr.Navami
21.05.2026	Fat embolism syndrome	Dr.Jai Thilak/ Dr.Nigil/ Dr. Balu/ Dr.Rangeen
23.05.2026	Displaced Midshaft Fracture Clavicle	Dr. Chandrababu (Emeritus professor) / Dr.Vipin/Dr.Amritaraj
26.05.2026	Femoro acetabular impingement syndrome	Dr.Jim/ Dr.Arjun/ Dr.Nigil/ Dr.Vivek
28.05.2026	Transcutaneous nerve stimulation	Dr.Druvan/ Dr.Arjun/Dr.Amritaraj
30.05.2026	Flexor tendon hand injury	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu

JOURNAL CLUB ()
(Attendees: All Faculties & PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
06.05.2026	9.30am to 10.30am	Trofa, David P, Desai.Evaluating Bone Loss In Anterior Shoulder Instability. J Am Acad Orthop Surg. 2022 Jun 15;30(12):563-572	Dr.Prasanth	Dr.Druvan
13.05.2026	8.00 am to 9.30 am	Ahmed Ali, BSc(Hons) Omar Musbahi. Spinal Tuberculosis A Literature Review. JBJS Reviews.2019;7(1):1	Dr.Nitish	Dr.Balu C Babu
20.05.2026	8.00 am To 9.30 am	Eric Tille , L Seidel ^{ETAL.} Monteggia Fractures: Analysis Of Patient-Reported Outcome Measurements In Correlation With Ulnar Fracture Localization. J Orthop Surg Res. 2022 Jun 7;17(1):303.	Dr.Mathew	Dr.Vipin

TUTORIALS (8.00am – 9.30am)
(Attendees: All PGs)

DATE	TOPIC	PRESENTER	FACULTY
08.05.2026	Ganz safe surgical dislocation	Dr.Umang	Dr.Nigil
15.05.2026	Immunomodulators in orthopedics	Dr.Amuthan	Dr.Arjun
22.05.2026	External fixation	Dr.Ganesh	Dr.Balu
29.05.2026	Nailing Techniques	Dr.Jayagovind	Dr.Navami

GUEST LECTURE: 3.00 PM TO 4.00PM
(Attendees: All PGs)

DATE	TOPIC	FACULTY
20.05.2026	DDH	Dr.Emil J Thachil, Lourdes hospital

CLINICO- PATHOLOGY MEETING (8.30-9.30 AM)
(Attendees: All PGs)

DATE	CASE DISCUSSED	SPEAKER
06.05.2026	Azad, 2969811(Incisions biopsy of radial styloid)	Dr.Mahith
06.05.2026	Krishnan : 2936998 (Left femur Osteochondroma	Dr.Niteesh
06.05.2026	Bidhunal : 2860704 (nasopharyngeal carcinoma with distal femur + clavicular mets)	Dr. Mahith
06.05.2026	Vineeth Nair :2918909 , Ct guided biopsy right acetabulum	Dr.Neil

PROCEDURES FOR THE MONTH OF MAY 2026

OPD PROCEDURES	377
MAJOR	166
MINOR	243



**DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI**