



**AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**

**AIMS Ponekkara P.O. Kochi-41**

**DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION**

**PG TEACHING SCHEDULE FOR THE MONTH APRIL 2026**

**THEORY (TIME: 3:00 PM - 4:00 PM)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
01/4/2026	Amputation	Dr. Ravi
02/4/2026	Thesis review	Dr. Ravi
06/4/2026	Prosthetic and orthotics	Dr. Ravi
16/4/2026	Ultrasound	Dr. Rohit

**SEMINAR (TIME: 11.00 AM - 12.00 PM)**  
**ATTENDEES: ALL FACULTY AND PGs**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
08/4/2026	CRPS	Dr. Anna	Dr. Ravi
13/4/2026	Open and closed chain kinetic	Dr. Tharun	Dr. Ravi
17/4/2026	Transfemoral prosthetic gait deviation	Dr. Lins	Dr. Ravi
23/4/2026	NC's	Dr. Rohit	Dr. Rohit

**CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)**  
**(ATTENDEES: ALL FACULTY AND PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
06/4/2026	Severe traumatic brain injury	Dr. Anna	Dr. Ravi
24/4/2026	Traumatic brain injury	Dr. Tharun	Dr. Rohit
29/4/2026	Rotator cuff injury	Dr. Lins	Dr. Anand

**GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)**  
**ATTENDEES: ALL FACULTY AND PGs**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
04/4/2026	Electro diagnosis	Dr. Anand
11/4/2026	Posture	Dr. Ravi
18/4/2026	USG	Dr. Rohit
25/4/2026	Jeopardy	Dr. Archana

**JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)**

**ATTENDEES: ALL FACULTY AND PG's**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
10/4/2026	Wongjarupong A, Pairuchvej S, Laohapornsvan P, Kotheeranurak V, Jitpakdee K, Yeekian C, Chanplakorn P. "Platelet-Rich Plasma" epidural injection an emerging strategy in lumbar disc herniation: A Randomized Controlled Trial. BMC Musculoskelet Disord. 2023 Apr 28;24(1):335.	Dr. Anna	Dr. Ravi
13/4/2026	Hunter CW, Deer TR, Jones MR, Chang Chien GC, D'Souza RS, Davis T, Eldon ER, Esposito MF, Goree JH, Hewan-Lowe L, Maloney JA, Mazzola AJ, Michels JS, Layno-Moses A, Patel S, Tari J, Weisbein JS, Goulding KA, Chhabra A, Hassebrock J, Wie C, Beall D, Sayed D, Strand N. Consensus Guidelines on Interventional Therapies for Knee Pain (STEP Guidelines) from the American Society of Pain and Neuroscience. J Pain Res. 2022 Sep 8; 15:2683-2745.	Dr. Tharun	Dr. Rohit
27/4/2026	Erdinç F, Tuncay F, Ceylan İ, Cigdem Karacay B, Kapan N. Effects of Low-Intensity Extracorporeal Shockwave Therapy and Low-Intensity Laser Therapy on Shoulder Adhesive Capsulitis: A Randomized Controlled Trial. Am J Phys Med Rehabil. 2026 Feb 1;105(2):119-126.	Dr. Lins	Dr. Ravi

**PROCEDURES**

<b>MONTH</b>	<b>TOTAL PROCEDURES</b>
April	4891



**DR. RAVI SANKARAN**  
**HOD**  
**PHYSICAL MEDICINE AND REHABILITATION**  
**AIMS, KOCHI.**