



**AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**  
**AIMS Ponekkara P.O. Kochi-41**

**DEPARTMENT OF ORTHOPEDICS**  
**PG TEACHING SCHEDULE APRIL 2026**

**THEORY (08.00am to 9.30 am)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
02.04.2026	Soft tissue sarcomas	Dr.Jaithilak
06.04.2026	Burst fracture vertebra	Dr.Thadi Mohan
09.04.2026	Nonunion and Bone Defects	Dr.Chandrababu (Emeritus Professor)
13.04.2026	Ceramics	Dr.Vipin Mohan
16.04.2026	Osteopetrosis	Dr.Druvan
20.04.2026	Ankle arthroses	Dr.Jim F Vellara
23.04.2026	Congenital Torticollis	Dr.Balu C Babu
27.04.2026	Tennis elbow	Dr.Nigil Sadanandan
30.04.2026	Spina bifida	Dr.Arjun Krishnan

**SEMINAR (8.00am to 9.30am )**  
**(Attendees: All Faculties & PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
07.04.2026	Kienbocks Disease	Dr.Umang	Dr.Balu C Babu
14.04.2026	Gas gangrene	Dr.Aseem	Dr.Vivek
21.04.2026	Chondromalacia	Dr.Varun	Dr.Arjun
28.04.2026	Stress fracture	Dr.Prasanth	Dr.Vipin

**CASE PRESENTATIONS**  
**(Attendees: All PGs)**

<b>DATE</b>	<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
04.04.2026	8.00 am-9.30am	Peri prosthetic joint infection	Dr.Umang	Dr.Chandrababu (Emeritus Professor )/ Dr.Balu/ Dr.Gayathri
06.04.2026	4pm -5pm	Malunion Intertrochantric fracture	Dr.Farzan	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
10.04.2026	4pm -5pm	Bilateral Dequervain's disease	Dr.Aseem	Dr.Thadi Mohan/ Dr.Vipin
11.04.2026)	8.00 am-9.30am	Terrible triad knee	Dr.Anand	Dr.Jim/ Dr.Arjun / Dr.Nigil

13.04.2026	4pm -5pm	Paget disease of Femur	Dr.Nitish	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami
17.04.2026	4pm -5pm	Charcots foot	Dr.Mahith	Dr. Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
18.04.2026	8.00 am- 9.30am	Wrist drop	Dr.Prasanth	Dr.Thadi Mohan/ Dr.Gayathri
20.04.2026	4pm -5pm	Neck Of Femur Fracture	Dr.Niteesh	Dr.Chandrababu (Emeritus Professor )/ Dr.Balu
24.04.2026	4pm -5pm	Lumbar Vertebral disc prolapse	Dr.Rahul	Dr.Jim/ Dr.Arjun / Dr. Nigil/ Dr.Amritaraj
25.04.2026)	8.00 am- 9.30am	Secondary Osteoarthritis Right Hip	Dr.Logeshwer	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
27.04.2026	4pm -5pm	Perthe's disease	Dr.Mathew	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri

**GROUP DISCUSSION (4pm -5pm )**  
**(Attendees: All PGs)**

DATE	TOPIC	FACULTY
01.04.2026	Core decompression	Dr.Jai Thilak/ Dr.Gayathri
02.04.2026	Pelvic fractures	Dr.Chandrababu (Emeritus professor )/ Dr. Vipin/ Dr.Amritaraj
04.04.2026	Basic principles of amputation	Dr.Thadi Mohan / Dr.Arjun
07.04.2026	Unicameral bone cyst	Dr.Jim/ Dr.Nigil/ Dr. Vipin
08.04.2026	Lumbar disc prolapse	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
09.04.2026	Fat embolism	Dr.Jai Thilak/ Dr.Gayathri, Dr.Navami
11.04.2026	Meniscal tears	Dr.Chandrababu (Emeritus professor )/ Dr. Vipin/ Dr.Amritaraj
14.04.2026	T B Spine	Dr.Thadi Mohan / Dr.Gayathri
16.04.2026	Epyphyseal Injury Elbow	Dr.Jim/ Dr.Arjun/ Dr.Nigil
18.04.2026	Proximal Humerus Fracture	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
21.04.2026	Humerus Shaft Fracture	Dr.Thadi Mohan / Dr.Vivek/ Dr.Navami
22.04.2026	Osteochondral Injuries	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr.Navami
23.04.2026	Atypical Femoral Fractures	Dr.Chandrababu (Emeritus professor )/ /Dr. Vipin/ Dr.Amritaraj
25.06.2026	Spondylodiscitis	Dr.Jim/ Dr.Arjun/ Dr.Nigil
28.04.2026	Transcutaneous nerve stimulation	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
29.04.2026	Both bone forearm fracture	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
30.04.2026	Gluteus medius Syndrome	Dr.Chandrababu (Emeritus professor )/ Dr. Vipin/ Dr.Amritaraj

**JOURNAL CLUB (8.00am to 9.30am)**  
**(Attendees: All Faculties & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
01.04.2026	Chiara Suardi Davide Stimolo · Varus morphology and its surgical implication in osteoarthritic knee and TKA. J Orthop Surg Res. 2022 Jun 3;17(1):299.	Dr.Logeshwer	Dr.Druvan
08.04.2026	Jain, Anil Kumar; Rajasekaran ,etal Tuberculosis of the Spine The Journal of Bone and Joint Surgery. 102(7):617-628, April 1, 2020	Dr.Anand	Dr.Balu C Babu
22.04.2026	Matthew Florczynski , Ryan Paul , ,Prevention and Treatment of Nerve Injuries in Shoulder Arthroplasty .. J Bone Joint Surg Am. 2021 May 19;103(10):935-946	Dr.Niteesh	Dr.Vipin
29.04.2026	Devin Lemmex , Gabriel Cárdenas · Arthroscopic Management of Anterior Glenoid Bone Loss. JBJS Rev. 2020 Feb;8(2):e0049.	Dr.Rahul	Dr.Nigil

**TUTORIALS (8.00am – 9.30am)**  
**(Attendees: All PGs)**

DATE	TOPIC	PRESENTER	FACULTY
10.04.2026	Tuberculosis of hip joint	Dr.Mahith	Dr.Arjun
17.04.2026	Subcoracoid impingement	Dr.Karan	Dr.Nigil
24.04.2026	Radial Club hand	Dr.Ganesh	Dr.Balu

**GUEST LECTURE: 3.00 PM TO 4.00PM**  
**(Attendees: All PGs)**

DATE	TOPIC	FACULTY
22.04.2026	Epiphyseal injuries	Dr.T C Ranjith, Rajagiri Hospital

**PROCEDURES FOR THE MONTH OF APRIL 2026**

OPD PROCEDURES	335
MAJOR	154
MINOR	236

  
**DR. JAI THILAK**  
**PROFESSOR & HOD**  
**DEPARTMENT OF ORTHOPAEDICS**  
**AIMS, KOCHI**