



**AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**  
**AIMS Ponekkara P.O. Kochi-41**

**DEPARTMENT OF GENERAL SURGERY**  
**PG TEACHING SCHEDULE APRIL– 2026**

**THEORY CLASS 4-5 PM)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
02.04.2026	Incontinence of urine – Causes and diagnosis	Dr.Misha J C Babu
09.04.2026	Common abnormalities identified during urodynamic testing in incontinence	Dr.Riju R Menon
16.04.2026	Treatment for urinary incontinence	Dr.Anoop V Pillai
23.04.2026	Bladder Stones – Composition and cystoscopic appearances	Dr.Ajith T
30.04.2026	Bladder stones – Clinical features	Dr.Sreekumar C

**SEMINAR (3PM-4PM)**  
**(Attendees : All Faculties & PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
07.04.2026	Knotting techniques	Dr.Stuti Sharma	Dr.Mala Mathur Sharma
14.04.2026	Suture materials	Dr.Jyotsna M	Dr.Ajoy Menon
21.04.2026	Alternatives to suture – Skin adhesive strips, Tissue glue , Staples, stapling devices	Dr. B Abhinava Krishna	Dr.Sidharth Viswanathan
28.04.2026	The principles of bowel anastomoses – Intestinal anastomoses	Dr.Ameena Mohmed	Dr.Sidhu R Sekhar

**CASE PRESENTATION - 8.00AM 9.00AM**  
**(Attendees : All PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
01.04.2026	Ca Rectum	Dr.Lakshmi Sudhir Menon	Dr.Ajoy Menon/ Dr.P S Devapriya
06.04.2026	Lymphedema left lower limb	Dr.Dulari Basarg Mahesh	Dr.Anoop V Pillai/Dr.Meera Gopakumar Menon
08.04.2026	Retro-sternal goitre	Dr.Ponna Charan Tej	Dr.Pradeep Jacob/Dr.Bren Perez J N
10.04.2026	Varicose veins	Dr.Angandeep Biswas	Dr.Sidharth Viswanathan/Dr.Anjali Krishnan L
13.04.2026	Breast Lump	Dr.Saravana Kumar T	Dr.Soudamini Nayik/Dr.Devi Thejomayi

17.04.2026	Carcinoma Right Breast	Dr.B Abhinava Krishna	Dr.Mala Mathur Sharma/Dr.Ajith T
20.04.2026	Hydrocele	Dr.Revanth Kumar Reddy	Dr.Riju R Menon/Dr.Sidhu R Sekhar
22.04.2026	Multinodular Goitre	Dr.Stuti Sharma	Dr.George Mathews John/Dr.Bren Perez J N
24.04.2026	Carcinoma Penis	Dr.Jyotsna M	Dr.Sreekumar C/Dr.P S Devapriya
27.04.2026	Cervical lymphadenopathy	Dr.Lakshmi Sudhir Menon	Dr.Sidhu R Sekhar/Dr.Anjali Krishnan L
29.04.2026	Parotid Swelling	Dr.Vaishnavi Nair	Dr.Ajith T /Dr.Dipudas T S

**GROUP DISCUSSION (TIME 4.00PM 5.00PM)**

**(Attendees : All PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
04.04.2026	Principles of plastic surgery	Dr.Revanth Kumar Reddy/Dr.Jyotsna Dr.Dulari Basarge Mahesh	Dr.Ajoy Menon
11.04.2026	Flaps – Random flaps,Axial flaps	Dr.Ameena Mohamed/Dr.Stuti Sharma/Dr.Saravan Kumar T	Dr.Mala Mathur Sharma
18.04.2026	Skin Substitutes and Tissue expanders	Dr.Angandeeep Biswas/Dr.B Abhinava Krishna/Dr.Ponna Charan Tej	Dr.Sidhu R Sekhar
25.04.2026	Vacuum –assisted closure	Dr.Lakshmi Sudhir Menon/Dr.Dulari Basarge Mahesh/Dr. Vaishnavi Nair	Dr.George Mathews John

**JOURNAL CLUB (TIME: 3PM-4PM)**

**(Attendees : All Faculties & PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
04.04.2026	Constantinescu, A., Chandrasekar, A, Kleindienst, L. et al. Thyrotropin-releasing hormone neurons of different hypothalamic nuclei increase energy expenditure. Nat Commun 17, 3499 (2026). <a href="https://doi.org/10.1038/s41467-026-71617-3">https://doi.org/10.1038/s41467-026-71617-3</a>	Dr.Vaishnavi Nair	Dr.Riju R Menon
11.04.2026	Lee, J, Ahn, H.Y. Heo, J.S. et al. Complications after radiotherapy in patients with Graves' orbitopathy: A nationwide cohort study. Eye 40, 1067–1073 (2026). <a href="https://doi.org/10.1038/s41433-026-04284-9">https://doi.org/10.1038/s41433-026-04284-9</a>	Dr.Ponna Charan Tej	Dr.George Mathews John

18.04.2026	Malik TF, Gnanapandithan K, Singh K. Peptic Ulcer Disease. [Updated 2023 Jun 5]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2026 Jan-. Available from: <a href="https://www.ncbi.nlm.nih.gov/books/NBK534792/">https://www.ncbi.nlm.nih.gov/books/NBK534792/</a>	Dr.Saravana Kumar T	Dr.Ajith T
25.04.2026	Gill MS, Cheema P. Spontaneous Expulsion of a Sebaceous Cyst: A Case Report of a Rare Surgical Outcome. Cureus. 2026 Feb 23;18(2):e104116. doi: 10.7759/cureus.104116. PMID: 41890495; PMCID: PMC13015864.	Dr.Revanth Kumar Reddy	Dr.Anjali Krishnan L

**BEDSIDE CLINICS - ON (TIME 4 TO 5 PM)**  
**(Attendees : All PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
01.04.2026	Approach & Managment of Rectal Carcinoma	Dr.Ajoy Menon/Dr.P S Devapriya
06.04.2026	Demonstration of stemmers sign	Dr.Anoop V Pillai/Dr.Meera Gopakumar Menon
08.04.2026	Demonstration of Pemberton's test	Dr.Pradeep Jacob/Dr.Bren Perez J N
10.04.2026	Tests for Vaicose veins	Dr.Sidharth Viswanathan/Dr.Anjali Krishnan L
13.04.2026	Demonstration of Bimanual palpation	Dr.Soudamini Nayik/Dr.Devi Thejomayi
17.04.2026	Examination of Axillary Lymph node	Dr.Mala Mathur Sharma/Dr.Ajith T
20.04.2026	Demonstration of transillumination	Dr.Riju R Menon/Dr.Sidhu R Sekhar
22.04.2026	Methods of examination of Thyroid	Dr.George Mathews John/Dr.Bren Perez J N
24.04.2026	Demonstration of Inguinal Lymph node enlargement	Dr.Sreekumar C/Dr.P S Devapriya
27.04.2026	Demonstration of levels of cervical lymphnodes	Dr.Sidhu R Sekhar/Dr.Anjali Krishnan L
29.04.2026	Examination of Parotid Gland and Duct Palpation	Dr.Ajith T /Dr.Dipudas T S

**CLINICOPATHOLOGICAL MEETING ( 1ST SATURDAY TIME: 2.00 TO 3.00 PM)**  
**(Attendees : All PGs)**

<b>DATE</b>	<b>TOPICS</b>	<b>FACULTY</b>
04.04.2026	SREEJA JAYAPRAKASH # 2353586 - Excision biopsy (L) breast:- Suggestive of Vascular malformation/ hemangioma with hemorrhage	Dr.Pradeep Jacob, Dr.Riju R Menon, Dr.Anjali Krishnan L, Dr.Anoop V Pillai, Dr.George Mathews John. Dr.Sidhu R Sekhar, Dr.Ajith T, Dr.Sreekumar C, Dr.Dipudas T S, Dr.MalaMathurSharma, Dr.Jino Joseph,Dr.Hithesh S, Dr.Meera Gopakumar Menon. Dr.P S Devapriya Dr.Jyodsna Yeshodharan,Dr.Indu S Nair, Dr.MaliniEapen

**MORTALITY MEETING (TIME: 2.00 TO 3.00 PM)**

<b>DATE</b>	<b>TOPIC</b>	<b>ATTENDEES</b>
25.04.2026	<p><b><u>Sri. APPUKUTTAN PILLAI # 492202</u></b>  <b><u>CAUSE OF DEATH :</u></b>  <b>Immediate Cause: Cardiorespiratory arrest</b>            Underlying Cause: Obstructed paraumbilical hernia            with bowel congestion and metabolic complications            Contributory Factors: Severe coronary artery disease            with prior myocardial infarctions and LVF, chronic            kidney disease Stage V on maintenance hemodialysis,            systemic hypertension with LVH, anemia of chronic            illness, hyperuricemia  <b><u>DIAGNOSIS :</u></b>            Obstructed paraumbilical hernia with bowel congestion            and early strangulation changes  <b><u>BACKGROUND</u></b>            Coronary Artery Disease -Old inferior wall MI                Lateral wall MI on 28.04.2015 with LVF                LVF with accelerated hypertension and ischemia on            28.04.2015                NSTEMI on 04.05.2015                Mild AR            Hyperurecemia            Cardiac arrest in December 2025            Systemic hypertension with concentric LVH            Chronic kidney disease with stage V- on maintenance            hemodialysis (thrice a week)            Bilateral simple renal cortical cysts            Anemia of chronic illness            Mild prostatomegaly            Hyperuricemia</p>	All Faculties and PGs

**SURGERY**

Major	271
Minor	284
Day Care Procedures	730



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