



NATIONAL CONFERENCE

ASCEND

2026

Amrita Scientific Conference on
Evidence based Nutrition & Dysphagia care



Nourish to Swallow

Bridging Nutrition, Dysphagia and Multidisciplinary Practice for Holistic Care.

Organized by
Department of Clinical Nutrition & Department of Deglutology
(Head & Neck Surgery)



14th-16th

AUGUST
2026



A BLOCK, AMRITESHWARI HALL
AMRITA HOSPITAL, KOCHI



ABOUT THE CONFERENCE

ASCEND 2026 – Amrita Scientific Conference on Evidence Based Nutrition and Dysphagia Care is a multidisciplinary academic conference organized by the Department of Clinical Nutrition and the Department of Deglutology (Head and Neck Surgery), Amrita Hospital. Scheduled from 14th to 16th August 2026, the conference aims to bring together healthcare professionals, researchers, academicians, and students to explore the latest advancements in clinical nutrition, dysphagia management, and evidence-based patient care.

The conference will commence with a pre-conference workshop on 14th August 2026, offering hands-on learning and practical insights into the relationship between food, brain function, behaviour, and mental well-being. The main scientific conference will be held on 15th and 16th August 2026 at Amrita Hospital, featuring expert lectures, scientific discussions, research presentations, and multidisciplinary knowledge exchange.

ASCEND 2026 provides a unique platform to connect, learn, collaborate, and contribute towards advancing holistic, patient-centered approaches in nutrition and dysphagia care.

CONFERENCE HIGHLIGHTS

- Pre-Conference Workshop: “NutriPsyCle - Food, Brain & Behaviour”
- A Workshop on Nutritional Psychology
- Expert Talks by Doctors, Deglutologists, and Dietitians
- Scientific Sessions focusing on:
 1. Oncology
 2. Paediatrics
 3. Geriatrics
- Interactive Case Study Discussions
- Multidisciplinary Learning & Networking Opportunities

IMPORTANT DATES

Deadline for Abstract Submission- **31st July 2026**

Confirmation of Oral/Poster Presentation- **05th August 2026**

WHO CAN ATTEND

Clinical Nutritionists/Dietitians

Physiotherapists

Students & Researchers

Oncologists

ENT Surgeons

Nurses

Speech Language Pathologist

Gastroenterologists

All Professional Interested in Nutrition and Dysphagia Care

REGISTRATION DETAILS

(*Registration fee is inclusive of both the Pre-Conference Workshop and the Scientific Conference)

Category	Registration fee
Students	1000/- 
Professionals	3000/- 

CALL FOR ABSTRACTS FOR ORAL & POSTER PRESENTATIONS

- Submit the abstracts for oral and poster presentation Online
- Abstract to be sent to nourishtoswallow@gmail.com



(Click here for
Abstract submission
guidelines)

Contact Details: ☎ **7034497948/9061593395**

✉ **nourishtoswallow@gmail.com**

(Click here)

