

ABSTRACT SUBMISSION GUIDELINES

Submission Process

Abstracts are accepted on a wide range of topics in Clinical Nutrition and Dietetics, and Deglutology. The submitter must select the right topic for the abstract on the submission form.

Available topics related to Clinical Nutrition and Dietetics are:

- Preventive Health
- Reproductive, Maternal, Newborn, Child and Adolescent Health
- Non-Communicable Diseases
- Food Science and Nutrition (includes food composition, formulation and processing)
- Diet and Cancer
- Intensive Care Unit
- Aging and Chronic Disease

- Public Health Nutrition
- Nutrition and the Brain
- Nutrition Education and Behavioral Science
- Precision Nutrition/Nutrient-Gene Interactions
- Sports Nutrition and Physical Activity
- Tribal Nutrition
- Gender in Health and Disease
- Technology in Health Care

Available topics related to Deglutology are:

- Neurogenic Dysphagia (Stroke, Parkinson's disease, Dementia, TBI, Neurorehabilitation)
- Geriatric Dysphagia (Sarcopenia, Frailty, Aspiration, Healthy Aging)
- Pediatric Dysphagia (Neonatal Feeding, Developmental Disorders, Airway-Swallow Disorders)
- Nutrition in Dysphagia (Malnutrition, IDDSI, Enteral Feeding, Hydration)
- Assessment & Management (FEES, VFSS, Clinical Evaluation, Rehabilitation)
- Technology & Innovation (Artificial Intelligence, Telepractice, Digital Health)
- Interdisciplinary Dysphagia Care
- Case Reports, Clinical Audits, and Evidence Synthesis

For standardisation, the acceptable length of the abstract is of not more than 250 words.

The abstract needs to be structured as follows:

- Rationale: this section should contain 1-2 sentences that clearly indicate the scientific question of the study and its clinical (or other) importance.
- Methods: this section should contain sufficient information to be able to understand the experimental design, the analytical techniques and the statistics used in the study.
- Results: this section should contain objective data to answer the scientific question(s).
- Conclusions: this section should provide only conclusions of the study directly supported by the results, along with implications for clinical practice, avoiding speculation and over generalisation.
- One table can be included, but the total number of cells (columns + rows) may not exceed 16. Please note that tables may significantly reduce the number of the remaining allowed characters.
- The abstracts can be sent to nourishtoswallow@gmail.com

Presentation of Abstracts

Abstracts can be accepted either as a poster or oral communication. Only abstracts of authors, who have confirmed the presentation and are duly registered by the deadline on 31st July 2026, will be scheduled and included in the Abstract publication.

The presenters will receive a dedicated email with detailed instructions to confirm their presentation and register. It is mandatory that the same user account is used for the registration and abstract submission if the presenter wishes to register before receiving notice on acceptance/rejection. If different accounts are used, we cannot ensure the link between the registration and abstract and guarantee the inclusion of the abstracts.