

DISCOVER INDIA

Amrita
Study Abroad
Program

Study | Yoga | Meditation | Cultural Immersion

*Offered by Amrita Vishwa Vidyapeetham - A Global Leader in
Experiential Learning and Values-Based Education*

Step into the heart of India's cultural soul
*Experience Amrita's unique 6-week immersive program
designed for international students.*

*This October edition blends: **academic learning,
spiritual discovery, temple civilization study, and
cross-cultural exchange.***

Transformative Learning Meets Spiritual Exploration

This 6-Week Short-Term Program in India provides international students with an immersive blend of cultural, spiritual, and academic experiences, aligning with multiple SDGs.

Students will engage in structured study modules on Indian culture and spirituality, participate in daily yoga and meditation sessions, and take part in recreational activities, offering a balanced and transformative experience.

This 6-week immersive program combines residential academic learning with experiential travel across India's sacred geography.

Aligned with:

SDG 3 – Good Health & Well-being

SDG 4 – Quality Education

SDG 11 – Sustainable Cities & Cultural Heritage

SDG 17 – Global Partnerships

Program Structure

Week 1-3: Residential Academic Module – Amritapuri (Kerala)

- Indian Civilization & Sacred Geography
- Hinduism, Buddhism & Jainism
- Dharma, Karma & Moksha
- Yoga & Meditation (daily practice)
- Temple Architecture (Dravidian & Nagara styles)
- Ayurveda & Sustainable Living

Daily Schedule Includes:

- Yoga • Meditation • Lectures
- Workshops • Reflection Journals



Week 4-6: Educational Travel – Sacred India Circuit

Kerala – Living Ritual Landscapes

- Pathanamthitta (Padayani traditions)
 - Aranmula & Pampa River
 - Kannur (Theyyam ritual culture)
 - Kasaragod (Bekal Fort & coastal heritage)
- Focus: Ritual, identity, and community traditions

Karnataka – Temple Architecture Circuit

- Hampi (Vijayanagara Empire)
 - Aihole (Architectural experimentation)
 - Pattadakal (UNESCO synthesis)
 - Badami (Rock-cut temples)
 - Belur & Halebidu (Hoysala craftsmanship)
- Focus: Evolution of temple architecture

Varanasi – Sacred River Civilization

- Kashi Vishwanath Temple
- Ganga Aarti
- Sunrise Boat Ride
- Old City Walk

Focus: Moksha, sacred geography, and living spirituality

Final Integration – Amritapuri

- Meditation retreat
- SDG reflection presentations
- Academic presentations
- Certification ceremony

WHY OCTOBER INTAKE?

- Structured academic residency + field immersion
- Strong focus on temple civilization and sacred geography
- Expanded Karnataka heritage circuit + Varanasi experience
- Deeper integration of philosophy, culture, and lived traditions

PROGRAM INCLUDES

- Accommodation: Guesthouses, hotels, and ashrams
- Transportation: Air-conditioned buses + domestic flights
- Meals: Nutritious vegetarian cuisine
- Safety: Dedicated support team
- Travel Support: Visa & insurance assistance
- Academic Credit: Subject to university approval
- Program Fee: USD 4,500



What You'll Experience

Academic & Cultural Learning (UNSDGs 04 & 11)

- Study Indian history, philosophy, culture, and spirituality
- Interactive lectures, workshops, and discussions
- Temple studies and sacred traditions

Heritage Travel & Global Networking (UNSDGs 11 & 17)

- Travel across India's diverse cultural regions
- Community engagement and cultural immersion
- Global student interaction and collaboration

Holistic Well-being, Yoga, Meditation (UNSDG 03)

- Daily yoga and meditation practices
- Mindfulness, self-awareness, and lifestyle transformation

Accommodation: During travel, comfortable and safe accommodations will be arranged at local guesthouses, hotels, or ashrams. Performances

Transportation: Air-conditioned buses for temple visits and guided tours; flights for long-distance travel within India.

Meals: Nutritious vegetarian meals will be provided, focusing on local cuisine.

Safety: A dedicated team will ensure the safety and well-being of participants throughout the program.

Travel Support: Assistance with visa applications and travel insurance will be provided.

Academic Credit: Options for students to earn academic credits by completing the study modules, contingent on their home institution's policies.

Program Fee: A total of \$4,500 will be charged from each student as operational and overhead cost.

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Limited seats available for October Intake – Apply early to secure your place.