



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE MARCH 2026**

THEORY (08.00am - 9.30 am)

DATE	TOPIC	FACULTY
02.03.2026	Lymphoma of bone	Dr.Jaithilak
05.03.2026	Peroneal tendon dysfunction	Dr.Thadi Mohan
09.03.2026	Transient Synovitis	Dr.Chandrababu (Emeritus Professor)
12.03.2026	Still's Disease	Dr.Balu C Babu
16.03.2026	Congenital Torticollis	Dr.Druvan
19.03.2026	Hammer toe and hallux varus	Dr.Jim F Vellara
23.03.2026	Osteochondral lesions talus	Dr.Vipin Mohan
26.03.2026	Compression fracture spine	Dr.Nigil Sadanandan
30.03.2026	Renal tubular acidosis	Dr.Arjun Krishnan

SEMINAR (8.00am - 9.30am)
(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
03.03.2026	Congenital pseudoarthrosis	Dr.Ganesh	Dr.Balu C Babu
10.03.2026	Compartment Syndrome	Dr.Aseem	Dr.Vipin
17.03.2026	Graft Choices in ACL	Dr.Nitish	Dr.Arjun
24.03.2026	Tendon Transfer in Irreparable Rotator cuff tear	Dr.Prasanth	Dr.Vivek
31.03.2026	Gaucher Disease	Dr.Logeshwer	Dr.Navami

CASE PRESENTATIONS
(Attendees: All PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
02.03.2026	4pm -5pm	GCT of the wrist	Dr.Ganesh	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
06.03.2026	4pm -5pm	SCFE	Dr.Mahith	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
07.03.2026	8.00 am- 9.30am	Genu varum deformity	Dr.Aseem	Dr.Thadi Mohan/ Dr .Vipin
09.03.2026	4pm -5pm	Peri prosthetic joint infection	Dr.Anand	Dr.Jim/ Dr.Arjun /Dr. Nigil

13.03.2026	4pm -5pm	Right ankle arthritis	Dr.Nitish	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami
14.03.2026	8.00 am- 9.30am	Malunited fracture of Right tibia	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
16.03.2026	4pm -5pm	Left Hip dislocation with sciatic nerve injury	Dr.Prasanth	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
20.03.2026	4pm -5pm	Foot drop	Dr.Niteesh	Dr.Thadi Mohan/ Dr.Gayathri
21.03.2026	8.00 am- 9.30am	CTEV	Dr.Rahul	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
23.03.2026	4pm -5pm	Secondary Osteoarthritis Right Hip	Dr.Logeshwer	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
27.03.2026	4pm -5pm	Non union femur	Dr.Varun	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
28.03.2026	8.00 am- 9.30am	Recurrent shoulder dislocation	Dr.Ganesh	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
30.03.2026	4pm -5pm	Rotator cuff arthropathy	Dr. Neil Binu	Dr.Thadi Mohan/ Dr.Gayathri

GROUP DISCUSSION (4pm -5pm)
(Attendees: All PGs)

DATE	TOPIC	FACULTY
03.03.2026	Thyroid deficiency and bone changes	Dr.Jai Thilak/ Dr.Gayathri
04.03.2026	Proximal radius fracture	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
05.03.2026	Proximal ulna fracture	Dr .Thadi Mohan / Dr.Arjun
07.03.2026	Flexor tendon injury hand	Dr.Jim/ Dr.Nigil/ Dr.Vipin
10.03.2026	Extensor tendon injury hand	Dr.Druvan/ Dr. Arjun/ Dr.Nigil
11.03.2026	Atlantoaxial injury	Dr.Jai Thilak/ Dr.Gayathri, Dr.Navami
12.03.2026	Unicameral bone cyst	Dr. Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
14.03.2026	Stability and fracture fixation	Dr.Thadi Mohan / Dr.Gayathri
17.03.2026	Shortwave Diathermy	Dr.Jim/ Dr Arjun/ Dr Nigil
18.03.2026	Core decompression	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr.Navami
19.03.2026	CVT and pes planus	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
21.03.2026	Madura foot	Dr.Thadi Mohan / Dr.Vivek/ Dr.Navami
24.03.2026	Complex Regional Pain Syndrome	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj

25.03.2026	TB hip etiology clinical features pathophysiology Management	Dr.Jim/ Dr.Arjun/ Dr.Nigil
26.03.2026	Non union	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
28.03.2026	Malunion	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
31.03.2026	Displaced Midshaft Fracture Clavicle	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr Amritaraj

JOURNAL CLUB (8.00am - 9.30am)
(Attendees: All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
04.03.2026	Sanders, Julia; Goldstein, Rachel Y. Open Reduction and Pin Fixation of Pediatric Lateral Humeral Condylar Fractures. JBJS Essent Surg Tech. 2020 Nov 19;10(4):e19.00066	Dr.Anandhu	Dr.Druvan
11.03.2026	Anthony I Riccio , Todd J Blumberg Intramedullary Ulnar Fixation for the Treatment of Monteggia Fracture. BJS Essent Surg Tech.2021 Apr 19;11(2):e19.00076.	Dr.Umang	Dr.Balu C Babu
18.03.2026	Erik Hohmann ¹ , Vaida Glatt ² , Kevin Tetsworth. What is the optimal timing for bone grafting during staged management of infected nonunion of Tibia? A systematic review and best evidence synthesis ,Injury 2020 Dec;51(12):2793-2803.	Dr.Niteesh	Dr.Nigil
25.03.2026	Matthew Florczynski ¹ , Ryan Paul, Timothy Leroux. Prevention and Treatment of Nerve Injuries in Shoulder Arthroplasty. J Bone Joint Surg Am. 2021 May 19;103(10):935-946	Dr.Rahul	Dr.Vipin

TUTORIALS (8.00am – 9.30am)
(Attendees: AIL PGs)

DATE	TOPIC	PRESENTER	FACULTY
06.03.2026	POP Complications	Dr.Anand	Dr.Arjun
13.03.2026	Ankle ligament injuries	Dr.Karan	Dr.Nigil
20.03.2026	Metatarsus adductus and skew foot	Dr.Ganesh	Dr.Balu
27.03.2026	Kohler disease	Dr.Rahul raj	Dr.Druvan

GUEST LECTURE: 3.00 pm -4.00pm
(Attendees: All PGs)

DATE	TOPIC	FACULTY
23.03.2026	Scapular Fractures	Dr.Bipin Theruvil, Lisie Hospital, Kochi

CLINICO- PATHOLOGY MEETING (9.30 am- 10 am)
(Attendees: All PGs)

DATE	CASE DISCUSSED	PRESENTER
04.03.2026	Alan, MRD NO : 2950900 (Right Illiac lesion)	Dr.Prasanth
	Dr Sreekumar K P, mrd no : 109784 (Lytic lesion over distal fibula-right)	Dr.Aseem

PROCEDURES FOR THE MONTH OF MARCH 2026

OPD PROCEDURES	378
MAJOR	169
MINOR	230



DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI