



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF OBSTETRICS & GYNAECOLOGY
PG TEACHING SCHEDULE FOR THE MONTH OF MARCH 2026

THEORY (TIME: 3:00 PM-4:00 PM)

DATE	TOPIC	FACULTY
03/03/2026	Physiology Of puberty	Dr. Chithra
05/03/2026	GDM	Dr. Sudha
06/03/2026	Recurrent pregnancy loss	Dr. Chithra
07/03/2026	Obstetrics analgesia & Anastasia	Dr. Chithra
10/03/2026	Pelvic organ prolapse	Dr. Sobha
13/03/2026	Hereditary cancer in gynaecology	Dr. Chithra
16/03/2026	Fibroid	Dr. Sudha
17/03/2026	Shoulder Dystocia	Dr. Janaki
20/03/2026	Hypothyroidism	Dr. Sobha
21/03/2026	drainage of gynaec	Dr. Gopika
24/03/2026	Endometriosis	Dr. Radha
27/03/2026	Mews charting	Dr. Christaly
31/03/2026	Urinary retention	Dr. Chithra

SEMINAR (TIME:8:30 AM-9:30 AM)

DATE	TOPIC	PRESENTER	FACULTY
03/03/2026	Medical Termination of Pregnancy	Dr. bhargavi	Dr. Chithra, Dr. Janaki, Dr. Aswathy
07/03/2026	Forceps Delivery	Dr. Jananee	Dr. Sudha, Dr. Sobha, Dr. Sharon, Dr. Rajashree
10/03/2026	Thyroid disorder in pregnancy	Dr. Lakshmi	Dr. Christaly, Dr. Vinita, Dr. Gopika,
14/03/2026	CA Vulva	Dr. Gunasree	Dr. Sudha, Dr. Sobha, Dr. Rajashree
17/03/2026	Rh negative pregnancy	Dr. Nidhin	Dr. Christaly, Dr. Vinita, Dr. Gopika,
21/03/2026	Cardiac Disease in pregnancy	Dr. Muskan	Dr. Chithra, Dr. Aswathy, Dr. Janaki, Dr. Rajasree
23/03/2026	UV Prolapse	Dr. Thejaswini	Dr. Sudha, Dr. Sobha, Dr. Rajashree
28/03/2026	Transverse Lie	Dr. Priyanka	Dr. Chithra, Dr. Janaki, Dr. Aswathy

CASE PRESENTATION (TIME: 8:30 AM - 9:30 AM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
04/03/2026	Multiple pregnancy	Dr. Gunasree	Dr. Christaly, Dr. Vinita, Dr. Gopika,
05/03/2026	Recurrent pregnancy loss	Dr. Thejaswini	Dr. Sudha, Dr. Sobha, Dr. Sharon, Dr. Rajashree
11/03/2026	AUB-A	Dr. bhargavi	Dr. Christaly, Dr. Vinita, Dr. Gopika,
12/03/2026	Placenta Previa	Dr. Muskan	Dr. Chithra, Dr. Janaki, Dr. Aswathy

18/03/2026	Prolapse	Dr. Jananee	Dr. Sudha, Dr. Sobha, Dr. Rajashree
19/03/2026	Eclampsia	Dr. Nidhin	Dr. Christaly, Dr. Vinita, Dr. Gopika
25/03/2026	Fibroid uterus	Dr. priyanka	Dr. Chithra, Dr. Aswathy, Dr. Janaki Dr. Rajashree
26/3/2026	Preterm labour	Dr. Lakshmi	Dr. Sucha, Dr. Sobha, Dr. Rajashree

GROUP DISCUSSION (TIME: 8:30 AM - 9:30 AM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
06/03/2026	Obstetric Analgesia and Sedation during Labour	Dr. Sudha, Dr. Sobha, Dr. Sharon, Dr. Rajashree
13/03/2026	Maternal Changes in pregnancy	Dr. Christaly, Dr. Vinita, Dr. Gopika
20/03/2026	Maternal Pelvic and fetal skull	Dr. Sudha, Dr. Sobha, Dr. Rajashree
27/03/2026	Hormone Replacement Therapy	Dr. Chithra, Dr. Janaki, Dr. Aswathy

JOURNAL CLUB (TIME: 8:30 AM-9:30 AM)

DATE	TOPIC	PRESENTER	FACULTY
02/03/2026	Balsarkar G. Mothers Shouldn't Die: Significant Decline in Maternal Mortality in India. J Obstet Gynaecol India. 2023 Apr;73(2):99-101	Dr. Bhargavi	Dr. Sudha
09/03/2026	Dalvi S. Spectrum of Liver: GI Disorders in Pregnancy. J Obstet Gynaecol India. 2023 Apr;73(2):102-106.	Dr. Thejaswini	Dr. Chithra
16/03/2026	Upadhyaya R, Bhavana S, Pai MV, Tahlan S. Elucidating the Effect of Antenatal Corticosteroids in the Late Preterm Period. J Obstet Gynaecol India. 2023 Apr;73(2):107-112.	Dr. Lakshmi	Dr. Sobha
23/03/2026	Kaushal P, Khapre M, Das A, Kumari R, Sharma M. Community Perspective of Male Involvement in Maternal Health Care in Uttarakhand, India: A Qualitative Study. J Obstet Gynaecol India. 2023 Apr;73(2):113-122	Dr. Jananee	Dr. Christaly

TUTORIAL (TIME: 4:00 PM - 5:00 PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
02/03/2026	Secondary Amenorrhoea	Dr. Christaly
09/03/2026	Abdominal wall Anatomy	Dr. Janaki
16/03/2026	Anatomy and Development of Perineum	Dr. Vinita
23/04/2026	Menstrual cycle	Dr. Aswathy

BEDSIDE TEACHING (TIME: 5.00 PM - 6.00 PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
02/03/2026	Secondary Amenorrhoea	Dr. Chithra, Dr. Janaki, Dr. Aswathy
04/03/2026	Immunization in pregnancy	Dr. Sudha, Dr. Sobha, Dr. Rajashree, Dr. Sharon

06/03/2026	Obstetric Analgesia	Dr. Christaly, Dr. Vinita, Dr. Gopika
09/03/2026	Transverse Lie	Dr. Chithra, Dr. Janaki, Dr. Aswathy
11/03/2026	partogram	Dr. Sudha, Dr. Sobha, Dr. Rajashree,
13/03/2026	Polyhydramnios	Dr. Christaly, Dr. Vinita, Dr. Gopika
16/03/2026	Recurrent Miscarriage	Dr. Chithra, Dr. Janaki, Dr. Aswathy
18/03/2026	Cardiac Disease in pregnancy	Dr. Christaly, Dr. Vinita, Dr. Gopika
20/03/2026	Anaemia complicating pregnancy	Dr. Chithra, Dr. Janaki, Dr. Aswathy
23/03/2026	UV Prolapse	Dr. Sudha, Dr. Sobha, Dr. Rajashree,
30/03/2026	Gestational Diabetes	Dr. Christaly, Dr. Vinita, Dr. Gopika
31/03/2026	Secondary Amenorrhoea	Dr. Sudha, Dr. Sobha, Dr. Rajashree,

CLINICAL PATHOLOGY CORRELATION (TIME: 3PM - 4 PM)

(ATTENDEES: ALL PGs)

DATE	DIAGNOSIS	PROCEDURE	HPR (Histopathology Report)	FACULTY
21/03/2026	Sail Aja anderjanam -mrd no -2918747 Postmenopausal bleeding	Total Laparoscopic Hysterectomy with BSO simple under General anaesthesia on 18/03/2026	Uterus and bilateral tubes and ovaries + cervix: Endometrial hyperplasia with atypia More sections awaited to rule out endometrioid carcinoma Myometrium -Adenomyosis, leiomyoma Cervix - Nabothian cyst, Endocervical polyp. Left ovary - Serous inclusion cyst, Corpus albicans, Stromal hyperplasia Right ovary - Corpus albicans, Stromal hyperplasia Bilateral fallopian tubes - Unremarkable	Dr. Indu R nair Dr. Chithra Dr. Janaki Menon Dr. Aswathy Menon

DATE	DIAGNOSIS	PROCEDURE	HPR (Histopathology Report)	FACULTY
25/03/2026	Sobha s -mrd no - 2948346 Hysterectomy with left ovarian mass, right ovary bilateral tubes: Left ovary - Moderately differentiated adenocarcinoma	Total Laparoscopic Hysterectomy with BSO Complex under General anaesthesia on 16/03/2026	IHC -tumour cells are positive for CK,CK7,ER,PAX-8;negative for WT1, ,CK20,and show wild type p53 Findings are of Endometriosis carcinoma,grade2 ,ovary.	Dr. Indu R nair Dr. Radhamany k Dr. Vinita murali Dr. Gopika sudev

DATE	DIAGNOSIS	PROCEDURE	HPR(Histopathology - Report)	FACULTY
31/03/2026	Salini amma -mrd no -2954043 Case of post-menopausalX bleeding D & C done showed endometrial polyp with hyperplasia and metaplasia.	Total Laparoscopic Hysterectomy with BSO Complex + GI assistance under GA on on 18/03/2026	cells are positive for ER, show retained PMS2, MSH6 and wild type p53. Endometrioid carcinoma grade 1,type 1	Dr. Indu Dr. Chithra, Dr. Aswathy

PROCEDURE- March 2026

MAJOR			MAJOR TOTAL	MINOR		MINOR TOTAL	GRAND TOTAL
OPEN	LAP	ROBOTIC		OPEN	LAP		
15	41	4	60	134	18	152	212

DELIVERIES: March 2026

TOTAL LSCS	NORMAL DELIVERY	INSTRUMENTAL DELIVERY	TOTAL
86	32	2	120

CLINICAL PROCEDURES: March 2026

CTG	MTP	VAGINAL SWAB	PAP SMEAR	USG	HPV	PESSARY INSERTION	Copper T insertion	TOTAL
492	13	61	206	702	5	7	1	1487



**DR. CHITHRA R
PROFESSOR & HOD
GYNAECOLOGY
AIMS, KOCHI**