



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF RHEUMATOLOGY
PG TEACHING SCHEDULE - FEBRUARY 2026**

THEORY (TIME:8AM TO 9AM)

DATE	TOPIC	FACULTY
02/02/2026	Hereditary Angioedema	Dr. Suma Balan
09/02/2026	Systemic JIA and Adult Onset Still's Disease	Dr. Mithun C B
16/02/2026	Familial Mediterranean Fever	Dr. Sandeep
23/02/2026	Cryopyrin Associated Periodic Syndromes	Dr. Jyothi Srikanth

**SEMINARS (TIME:3PM TO 4PM)
(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
05/02/2026	Cart T Cell therapy in Pediatric Rheumatological conditions	Dr.Ashwani	Dr.Suma Balan
12/02/2026	Artificial Intelligence in Medical Research	Dr.Gopika	Dr.Mithun C B
19/02/2026	Cardiac Sarcoidosis: Diagnosis, follow-up and treatment	Dr.Meghana	Dr. Jyothi Srikanth
26/02/2026	Genetics in CTD-ILD	Dr.Deeksha	Dr.Sandeep S

**CASE PRESENTATIONS (TIME: 8:30 AM TO 9:30AM)
(ATTENDEES: ALL PGs)**

DATE	TOPIC	PRESENTER	FACULTY
05/02/2026	Unclassified Connective Tissue Disease	Dr.Meghana	Dr.Sandeep Surendran
12/02/2026	Still's Disease	Dr.Deeksha	Dr. Mithun C B
19/02//2026	Kawasaki Disease	Dr.Ashwani	Dr.Suma Balan
26/02/2026	Extensive psoriasis with psoriatic arthritis	Dr.Gopika	Dr.Jyothi Srikanth

GROUP DISCUSSIONS (TIME:4PM TO 5PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
07/02/2026	Interferon Gene Signatures in Idiopathic Inflammatory Myositis	Dr.Meghana	All faculties
14/02/2026	Refractory EGPA	Dr.Gopika	All faculties
21/02/2026	Tocilizumab Induced Infusion Reactions	Dr.Deeksha	All faculties
28/02/2025	Double Negative B Cells in SLE Disease Activity	Dr.Ashwani	All faculties

JOURNAL CLUBS (TIME:4PM TO 5PM)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
06/02-2026	Ramanan AV, Ruperto N, Foeldvari I, Vega-Cornejo G, Keller S, Wang R, et al. Ixekizumab in children with active psoriatic and enthesitis-related juvenile idiopathic arthritis (COSPIRIT-JIA): a multicentre, open-label, 16-week, Bayesian trial including a randomised reference group to adalimumab. <i>Lancet Rheumatol.</i> 2026 Mar 2:S2665-9913(25)00346-7	Dr.Gopika	Dr.Suma Balan
13/02/2026	Kim ST, Bass AR. Immune checkpoint inhibitor-associated inflammatory <i>arthritis</i> . <i>Arthritis Rheumatol.</i> 2026 Mar 9. doi: 10.1002/art.70128.	Dr.Ashwani	Dr.Jyothi Srikanth
20//02/2026	Zhang Y, Han Y, Sun Y et al. Osteoarthritis: molecular pathogenesis and potential therapeutic options. <i>Signal Transduct Target Ther.</i> 2026 Mar 4;11(1):81.	Dr. Deeksha	Dr.Sandeep Surendran
27/02/2026	Cipolletta E, Zverkova Sandström T, Rozza D, et al. Treat-to-target urate-lowering treatment and cardiovascular outcomes in patients with gout. <i>JAMA Intern Med.</i> 2026;186(3):332-342.	Dr.Meghana	Dr.Mithun C B

**BEDSIDE TEACHING (TIME:4PM TO 5PM)
(ATTENDEES: ALL PGs)**

DATE	TOPIC	FACULTY
04/02/2026	Peripheral Nervous System examination	Dr. Mithun C B
11/02/2026	Disease activity indices in Spondyloarthritis	Dr. Sandeep Surendran
18/02/2026	Takayasu Arteritis	Dr. Jyothi Srikanth
25/02/2026	Pulmonary Arterial Hypertension	Dr. Suma Balan

**CLINICOPATHOLOGICAL MEET: (TIME :3PM TO 3.30 PM)
(ATTENDEES: ALL PGs)**

DATE	TOPIC	ATTENDEES
16/02/2026	Inflammatory Myo-fibroblastic Tumour	All PGs

MORTALITY MEETING (TIME: 3PM TO 4 PM)

DATE	TOPIC	ATTENDEES
26/02/2026	ICU CASES	All Faculties & PGs

PROCEDURES

MONTH	PROCEDURES
February 2026	88



**DR. SUMA BALAN
PROFESSOR AND HEAD
DEPARTMENT OF RHEUMATOLOGY
AIMS KOCHI**