



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH FEBRUARY 2026

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
7/2/2026	Research in PMR	Dr. Ravi
9/2/2026	Research in health care	Dr. Ravi
21/2/2026	Neural therapy	Dr. Ravi
26/2/2026	Ultrasound carpal tunnel	Dr. Anand

SEMINAR (TIME: 11.00 AM - 12.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
2/2/2026	Haemophilia	Dr. Anna	Dr. Ravi
4/2/2026	DVT	Dr. Tharun	Dr. Ravi
16/2/2026	Autonomic dysreflexia	Dr. Lins	Dr. Ravi
18/2/2026	ASIA classification	Dr. Deeptajeet	Dr. Anand

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)

(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
6/2/2026	Severe traumatic brain injury	Dr. Anna	Dr. Ravi
14/2/2026	Flat foot	Dr. Tharun	Dr. Rohit
23/2/2026	Below knee amputation	Dr. Lins	Dr. Anand
25/2/2026	Stroke basilar artery occlusion	Dr. Deeptajeet	Dr. Anand

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
3/2/2026	Team conference TBI	Dr. Ravi
19/2/2026	SSEP	Dr. Ravi
24/2/2026	Team conference stroke	Dr. Anand
28/2/2026	Physical modalities	Dr. Anand

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)
ATTENDEES: ALL FACULTY AND

DATE	TOPIC	PRESENTER	FACULTY
5/2/2026	Saragih ID, Priyanti RP, Batubara SO, Lee BO. Effects of mirror therapy on upper limb motor function of patients with stroke: A systematic review and meta-analysis of randomized controlled trials. Clin Rehabil. 2025 Jan;39(1):23-34.	Dr. Anna	Dr. Ravi
13/2/2026	Lundberg IE, Sharma A, Turesson C, Mohammad AJ. An update on polymyalgia rheumatica. J Intern Med. 2022 Nov;292(5):717-732.	Dr. Tharun	Dr. Rohit
20/2/2026	Bartolo M, Castelli A, Calabrese M, Buttacchio G, Zucchella C, Tamburin S, Fontana A, Copetti M, Fasano A, Intiso D. A wearable system for visual cueing gait rehabilitation in Parkinson's disease: a randomized non-inferiority trial. Eur J Phys Rehabil Med. 2024 Apr;60(2):245-256.	Dr. lins	Dr. Ravi
27/2/2026	Arthur A, Kapural L, Chiacchierini RP, Hargus NJ, Patterson WR. Post-Amputation Pain: Combined Analyses of Randomized Controlled Trials Evaluating Opioids and Gabapentinoids versus Placebo. J Pain Res. 2024 Oct 24; 17:3449-3453.	Dr. Deeptajeet	Dr. Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
February	4600



DR. RAVI SANKARAN
HOD
PHYSICAL MEDICINE AND REHABILITATION
AIMS, KOCHI.