



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE FEBRUARY 2026**

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
02.02.2026	Millet finger	Dr.Nigil Sadanandan
05.02.2026	Equinus deformity	Dr.Thadi Mohan
09.02.2026	Soft tissue sarcomas	Dr.Jim F Vellara
12.02.2026	Pyogenic osteomyelitis	Dr.Balu C Babu
16.02.2026	Mineralization of bone	Dr.Druvan
19.02.2026	Paediatric Foot deformities	Dr.Chandrababu (Emeritus Professor)
23.02.2026	Fifth metatarsal base fracture	Dr.Vipin Mohan
26.02.2026	High ankle sprain	Dr.Jaithilak

**SEMINAR (8.00am to 9.30am)
(Attendees : All Faculties & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
03.02.2026	Pathological fractures	Dr.Umang	Dr.Navami
10.02.2026	Humerus shaft fracture	Dr.Logeshwer	Dr.Vipin
17.02.2026	Hip Dysplasia	Dr.Nitish	Dr.Arjun
24.02.2026	Pelvic fractures	Dr.Jayagovind	Dr.Vivek

**CASE PRESENTATIONS (4pm -5pm)
(Attendees : All PGs)**

DATE	TIME	TOPIC	PRESENTER	FACULTY
02.02.2026	4pm -5pm	SCFE	Dr.Mahith	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
06.02.2026	4pm -5pm	Cubitus Varus	Dr.Ganesh	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
07.02.2026	8.00 am- 9.30am	Shoulder instability	Dr.Nitish	Dr.Thadi Mohan/ Dr.Vipin
09.02.2026	4pm -5pm	DDH	Dr.Anand	Dr.Jim/ Dr.Arjun / Dr.Nigil
13.02.2026	4pm -5pm	Unilateral Deformity of the knee in a 45 year old lady	Dr.Aseem	Dr.Druvan Dr.Amritharaj/ Dr.Vivek/ Dr.Navami

14.02.2026	8.00 am-9.30am	Unilateral charcot foot	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ r.Gayathri
16.02.2026	4pm -5pm	Bony swelling in the distal radius	Dr.Prasanth	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
20.01.2026	4pm -5pm	Torticollis in a 9 year old	Dr.Rahul	D.rThadi Mohan/ Dr.Gayathri
21.02.2026	8.00 am-9.30am	AVN hip	Dr. Niteesh	Dr.Druvan / Dr.Vivek Dr.Amritaraj
23.02.2026	4pm -5pm	Radial Nerve Palsy Left	Dr.Mathew	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
27.02.2026	4pm -5pm	Non union humerus	Dr.Logeshwer	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
28.02.2026	8.00 am-9.30am	Neck of femur fracture	Dr.Aseem	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin

GROUP DISCUSSION (4pm -5pm)
(Attendees : All PGs)

DATE	TOPIC	FACULTY
03.02.2026	Pain Management	Dr.Jai Thilak/ Dr.Gayathri
04.02.2026	Principles of internal fixation in fracture	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
05.02.2026	Ligament Injuries	Dr.Thadi Mohan / DrArjun
07.02.2026	Navicular Osteomyelitis	Dr.Jim/ Dr.Nigil/ Dr. Vipin
10.02.2026	Dequervan's tenosynovitis	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
11.02.2026	Compartment syndrome	Dr.Jai Thilak/ Dr.Gayathri, Dr.Navami
12.02.2026	Core decompression	Dr.Chandrababu (Emeritus professor)/ Dr. Vipin/ Dr.Amritaraj
14.02.2026	Vertical Talus	Dr.Thadi Mohan / Dr.Gayathri
17.02.2026	Genu varum in children	Dr.Jim/ Dr.Arjun/ Dr.Nigil
18.02.2026	Osteoid Osteoma	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr.Navami
19.02.2026	Distal Radius Fractures	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
21.02.2026	Gluteus medius Syndrome	Dr.Thadi Mohan / Dr.Vivek/ Dr.Navami
24.02.2026	Osteochondral Injuries	Dr.Chandrababu (Emeritus professor)/ Dr. Vipin/ Dr.Amritaraj
25.02.2026	Atypical Femoral Fractures	Dr.Jim/ Dr.Arjun/ Dr.Nigil
26.02.2026	Spondylodiscitis	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
28.02.2026	Thoracic outlet syndrome	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu

JOURNAL CLUB (8.00am to 9.30am)
(Attendees : All Faculties & PGs)

DATE	TOPIC	PRESENTER	FACULTY
04.02.2026	Mr.Muhammad Tahir ^a , Ghulam Mehboob . A Multicentre Randomized Controlled Trial Comparing Plating with Intramedullary Nailing for Extra-articular Distal Tibial Fractures. Injury:2021:52:1:19-25	Dr.Anandhu	Dr.Vipin
11.02.2026	Bartosiak, Kimberly; Schwabe, Maria;; More. <i>The Journal of Bone and Joint Surgery.</i> November 2, 2022:104(21):1946-1955,	Dr.Prasanth	Dr.Balu C Babu
18.02.2026	Chiara Suardi, Davide Stimolo. Varus morphology and its surgical implication in osteoarthritic knee and total knee arthroplasty. J Orthop Surg Res. 2022 Jun 3;17(1):299.	Dr.Niteesh	Dr.Nigil
25.02.2026	Stefan Quadbauer & Martin Leixnering . Current management of distal radius fractures and their complications.Archives of Orthopaedic and Trauma Surgery . 2020 May;140(5):593-594	Dr.Rahul	Dr.Druvan

TUTORIALS (8.00am-9.30)
(Attendees : All PGs)

DATE	TOPIC	PRESENTER	FACULTY
06.02.2026	Aseptic loosening in THR	Dr. Anand	Dr. Navami
13.02.2026	Total condylar knee	Dr. Niteesh	Dr. Nigil
20.02.2026	Stabilization of Spine trauma patients	Dr. Ganesh	Dr. Balu
27.02.2026	Scurvy	Dr. Rahul raj	Dr. Druvan

GUEST LECTURE: (3.00 PM TO 4.00PM)
(Attendees : All PGs)

DATE	TOPIC	FACULTY
23.02.2026	Osteogenic Malignant Bone Tumors	Dr. Rajesh Purushothaman, Kozhikode medical college

CLINICO- PATHOLOGY MEETING: (9.30 AM TO 10 AM)
(Attendees: All PGs)

DATE	CASE DISCUSSED	PRESENTER
04.02.2026	Arun Kumar MRD no. 2825826, Incisional biopsy left tibia	Dr.Umang
	Neethu MRD no. 2222567 Biopsy Left palmar aspect of hand	Dr.Aseem
	Aadhudev 13/M: MRD no 2590941 Left Big toe lesion , Incisional Biopsy	Dr.Prasanth
	Sreehari G Suresh 15Y/M : MRD no. 2910544 GCT Distal Radius	Dr. Umang

PROCEDURES FOR THE MONTH OF FEBRUARY 2026

OPD PROCEDURES	315
MAJOR	132
MINOR	210



**DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI**