



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE  
AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF OBSTETRICS & GYNAECOLOGY**  
**PG TEACHING SCHEDULE FOR THE MONTH OF FEBRUARY 2026**

**THEORY (TIME: 3:00 PM-4:00 PM)**

| DATE       | TOPIC  | FACULTY          |
|------------|--|------------------|
| 03/02/2026 | Haemophilia  | Dr. Sobha S Nair |
| 06/02/2026 | MMR  | Dr. Chithra R    |
| 07/02/2026 | Male Infertility   | Dr. Janaki       |
| 10/02/2026 | Female Infertility   | Dr. Sudha S      |
| 13/02/2026 | OHSS   | Dr. Aswathy      |
| 14/02/2026 | Ovarian aging  | Dr. Sobha        |
| 17/02/2026 | Tubal pregnancy Test   | Dr. Janaki       |
| 20/02/2026 | Neurodevelopmental outcome in complicated twin pregnancy prospective observational study | Dr. Sharon       |
| 21/02/2026 | Ovulation induction  | Dr. Sharon       |
| 24/02/2026 | Placental Morphology & Biochemistry in FGR   | Dr. Chithra R    |
| 28/02/2026 | NIPT   | Dr. Aswathy      |

**SEMINAR (TIME:8:30 AM-9:30 AM)**

| DATE       | TOPIC                 | PRESENTER      | FACULTY   |
|------------|-----------------------|----------------|---|
| 03/02/2026 | Rh negative pregnancy | Dr. bhargavi   | Dr. Chithra Dr. Janaki, Dr. Aswathy                 |
| 07/02/2026 | Fibroid uterus        | Dr. Jananee    | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree    |
| 10/02/2026 | Uterine inversion     | Dr. Lakshmi    | Dr. Christaly ,Dr. Vinita, Dr. Gopika,              |
| 14/02/2026 | Polyhydramnios        | Dr. Gunasree   | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree    |
| 17/02/2026 | Placenta Accrete      | Dr. Nidhin     | Dr. Christaly ,Dr. Vinita, Dr. Gopika,              |
| 21/07/2026 | Overt DM              | Dr. Muskan     | Dr. Chithra, Dr. Aswathy, Dr. Janaki, Dr. Rajashree |
| 23/02/2026 | Placenta Previa       | Dr. Thejaswini | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree    |
| 28/02/2026 | Ectopic pregnancy     | Dr. Priyanka   | Dr. Chithra Dr. Janaki, Dr. Aswathy                 |

**CASE PRESENTATION (TIME: 8:30 AM - 9:30 AM)**

**(ATTENDEES: ALL PGs)**

| DATE       | TOPIC                                 | PRESENTER      | FACULTY   |
|------------|---------------------------------------|----------------|---|
| 04/02/2026 | Immune thrombocytopenia in pregnancy  | Dr. Gunasree   | Dr. Christaly ,Dr. Vinita, Dr. Gopika,              |
| 05/02/2026 | Sickle cell discharge in pregnancy    | Dr. Thejaswini | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree    |
| 11/02/2026 | Anaemia in pregnancy                  | Dr. bhargavi   | Dr. Christaly ,Dr. Vinita, Dr. Gopika,              |
| 12/02/2026 | Hereditary spherocytosis in pregnancy | Dr Muskan      | Dr. Chithra Dr. Janaki, Dr. Aswathy                 |
| 18/02/2026 | Hypothyroidism in pregnancy           | Dr. Jananee    | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree    |
| 19/02/2026 | Rh negative pregnancy                 | Dr. Nidhin     | Dr. Christaly ,Dr. Vinita, Dr. Gopika               |
| 25/02/2026 | Obstructive cholestasis               | Dr. Priyanka   | Dr. Chithra, Dr. Aswathy, Dr. Janaki, Dr. Rajashree |
| 26/02/2026 | Acute fatty liver of pregnancy        | Dr. Lakshmi    | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree    |

**JOURNAL CLUB (TIME: 8:30 AM-9:30 AM)**

| DATE       | TOPIC  | PRESENTER      | FACULTY       |
|------------|--|----------------|---------------|
| 02/02/2026 | R, Bharathi & R, Jayabharathi. A study of frequency, indication and maternal outcome in emergency. Peripartum hysterectomy in a tertiary care hospital. Indian Journal of Obstetrics and Gynaecology Research. (2022). 9. 483-486  | Dr. Lakshmi    | Dr. Sobha     |
| 09/02/2026 | Kumar, Kasiviswanathan & Krishnamurthy, Aparna & Sharma, Rajat & Maiti, Gunadhar. Evaluation of the predictive value of uterine artery Doppler in second trimester of pregnancy as a screening tool for preeclampsia. Indian Journal of Obstetrics and Gynaecology Research. (2022). 9. 487-493. | Dr. Thejaswini | Dr. Sudha     |
| 16/02/2026 | Baldawa, Pratibha & Baldawa, Sampat. (2022). High BMI causing poor outcome of intrauterine insemination method. Indian Journal of Obstetrics and Gynaecology Research. 9. 494-497. 10.18231/j.ijogr.2022.094.  | Dr. Bhargavi   | Dr. Chithra R |
| 23/02/2026 | Preethi, Bhuvana & Vijayakrishnan, Mala & Nagarajan, Prasanth. A study of postnatal depression in a tertiary care centre – A prospective observational study. Indian Journal of Obstetrics and Gynaecology Research. (2022). 9. 501-505.   | Dr. Priyanka   | Dr. Rajasree  |

**TUTORIAL (TIME: 4:00 PM - 5:00 PM)**

**(ATTENDEES: ALL PGs)**

| DATE       | TOPIC   | FACULTY       |
|------------|---|---------------|
| 02/02/2026 | Antepartum Surveillance and Intrapartum             | Dr. Christaly |
| 09/02/2026 | UV Prolapse management                              | Dr. Janaki    |
| 16/02/2026 | Ectopic pregnancy                                   | Dr. Sharon    |
| 23/02/2026 | Nerve injury associated with gynaecological surgery | Dr. Aswathy   |

**GROUP DISCUSSION (TIME: 8:30 AM - 9:30 AM)**

**(ATTENDEES: ALL PGs)**

| DATE       | TOPIC                     | FACULTY  |
|------------|---------------------------|--|
| 06/02/2026 | Gestational Diabetes      | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree |
| 13/02/2026 | Molar pregnancy           | Dr. Christaly ,Dr. Vinita, Dr. Gopika            |
| 20/02/2026 | Peripartum Cardiomyopathy | Dr. Sudha ,Dr. Sobha , Dr. Sharon, Dr. Rajashree |
| 27/02/2026 | Intrapartum Surveillance  | Dr. Chithra Dr. Janaki, Dr. Aswathy              |

**BEDSIDE TEACHING (TIME: 5.00 PM - 6.00 PM)**  
**(ATTENDEES: ALL PGs)**

| DATE       | TOPIC                               | FACULTY  |
|------------|-------------------------------------|--|
| 02/02/2026 | Pelvic inflammatory disease         | Dr. Chithra Dr. Janaki, Dr. Aswathy              |
| 04/02/2026 | Tubal and ectopic pregnancy         | Dr. Sudha, Dr. Sobha , Dr. Rajashree, Dr. Sharon |
| 06/02/2026 | Caesarean scar pregnancy            | Dr. Christaly ,Dr. Vinita, Dr. Gopika            |
| 09/02/2026 | Ectopic pregnancy                   | Dr. Chithra Dr. Janaki, Dr. Aswathy              |
| 11/02/2026 | Molar pregnancy                     | Dr. Sudha, Dr. Sobha , Dr. Rajashree, Dr. Sharon |
| 13/02/2026 | Amenorrhoea                         | Dr. Christaly ,Dr. Vinita, Dr. Gopika            |
| 16/02/2026 | Menopause                           | Dr. Chithra Dr. Janaki, Dr. Aswathy              |
| 18/02/2026 | Sexually transmitted diseases       | Dr. Christaly ,Dr. Vinita, Dr. Gopika            |
| 20/02/2026 | Anatomic disorders                  | Dr. Chithra Dr. Janaki, Dr. Aswathy              |
| 23/06/2026 | Contraception and different methods | Dr. Sudha, Dr. Sobha , Dr. Rajashree, Dr. Sharon |
| 25/02/2026 | Sterilization                       | Dr. Christaly ,Dr. Vinita, Dr. Gopika            |
| 27/02/2026 | Infection in lower genital tract    | Dr. Sudha, Dr. Sobha , Dr. Rajashree, Dr. Sharon |

**CLINICAL PATHOLOGY CORRELATION (TIME: 3PM - 4 PM)**  
**(ATTENDEES: ALL PGs)**

| DATE       | DIAGNOSIS  | PROCEDURE   | HPR  | FACULTY   |
|------------|--|---|--|---|
| 05/02/2025 | Bisna babu<br>MRD No 35986<br>Thickened<br>endometrium | D & C<br>Histopath -<br>Endometrial<br>currettings /<br>Endocervical<br>currettings/<br>polyp | Biopsy endometrium:<br>Suggestive of<br>Endometrioid carcinoma<br>in a background of<br>hyperplasia with<br>progesterone related<br>changes. | Dr. Indu R nair<br>Dr. Sobha S Nair<br>Dr. Sudha S<br>Dr. Rajasree Menon<br>Dr. Sharon Antony |

| DATE       | DIAGNOSIS   | PROCEDURE   | HPR   | FACULTY  |
|------------|---|---|---|--|
| 28/02/2025 | Lincy kunjumon.<br>MRD NO:<br>2944434<br>Thickened<br>endometrium | D & C<br>Histopath -<br>Endometrial<br>currettings /<br>Endocervical<br>currettings/<br>polyp | Endometrial currettings:<br>Suggestive of endometrial<br>carcinoma in background<br>of hyperplasia with atypia<br>with focal<br>Progestational effect | Dr. Indu R nair<br>Dr. Chithra R<br>Dr. Janaki<br>Dr. Aswathy<br>Dr. Radha |

**PROCEDURE- February 2026**

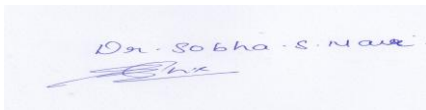
| MAJOR |     |         | MAJOR<br>TOTAL | MINOR |     | MINOR<br>TOTAL | GRAND TOTAL |
|-------|-----|---------|----------------|-------|-----|----------------|-------------|
| OPEN  | LAP | ROBOTIC |                | OPEN  | LAP |                |             |
| 9     | 38  | 6       | 53             | 99    | 13  | 112            | 165         |

**DELIVERIES: February 2026**

| TOTAL LSCS | NORMAL DELIVERY | INSTRUMENTAL DELIVERY | TOTAL |
|------------|-----------------|-----------------------|-------|
| 51         | 25              | 1                     | 77    |

**CLINICAL PROCEDURES: February 2026**

| CTG | MTP | VAGINAL<br>SWAB | PAP<br>SMEAR | USG | HPV | PESSARY<br>INSERTION | Copper T<br>insertion | TOTAL |
|-----|-----|-----------------|--------------|-----|-----|----------------------|-----------------------|-------|
| 290 | 22  | 55              | 204          | 626 | 6   | 4                    | 2                     | 1209  |



Dr. Sobha S. Nair

**DR. SOBHA S. NAIR**  
**HOD**  
**GYNAECOLOGY**  
**AIMS, KOCHI**

