



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF GENERAL MEDICINE

UG TEACHING SCHEDULE FOR THE MONTH OF FEBRUARY 2026

**2024 Batch MBBS Clinical Class
(Time :8 am- 9 am)**

DATE	TOPIC	COMPETENCIES	FACULTY
02.02.2026	History taking and Documentation		Dr. M.G.K.Pillai
03.02.2026	Vital signs – Pulse, BP, Temperature, Respiratory Rate	GM1.9,GM1.10,GM1.13 , GM1.11, GM 1.9, GM 4.1-4.7, GM 28.9	Dr. Merlin Moni
04.02.2026	General Physical Examination (Pallor/ Icterus/ Cyanosis)	GM 9.1 – 9.7, GM 5.1 – 5.9, GM 1.25, .	Dr. Sirisha.M
05.02.2026	General Physical Examination (Clubbing, Lymphadenopathy/Oedema)	GM 1.28, 1.29, GM 10.10, GM 4.5, 4.11, GM 9.4,	Dr. Tisa Rajive
06.02.2026	History and general examination in RS	GM 3.3,3.4, GM 3.5, GM3.6, GM 26.23	Dr. Namitha.M.S
09.02.2026	RS Examination (Inspection, Palpation, Percussion and Auscultation)	GM 3.4, IM 3.5, IM3.6	Dr. Dhanuthra.M
10.02.2026	History and general examination in GI	GM4.11, GM5.9	Dr. Sanjeev M.G
11.02.2026	GI Examination (Inspection, Palpation, Percussion and Auscultation)	GM5.10, GM15.5	Dr. Vishnu.V
12.02.2026	CVS- History taking , General examination ,JVP	GM 1.10, GM2.6, GM1.12	Dr. Anup Menon
13.02.2026	CVS examination (Inspection, Palpation, Percussion & Auscultation)	GM1.11, GM1.9,GM 2.7, GM1.13	Dr. Tisa Rajive
19.02.2026	History and general examination in NS	GM18.3, GM18.4, GM17.2	Dr. Namitha.M.S
20.02.2026	Higher mental function and speech	GM18.4, GM18.6, GM17.4	Dr. Arun Divakar

23.02.2026	Cranial nerves 1-6	GM18.4, GM17.4	Dr. Numan.A.M
24.02.2026	Cranial nerves 7-12	GM18.4, GM17.4	Dr. M.G.K.Pillai
25.02.2026	Motor system 1(Bulk, Power Tone, Reflexes)	GM18.5, GM18.6, GM17.4	Dr. Surumi Azees
26.02.2026	Sensory System, Cerebellum, skull and spine and blood vessels	GM18.4, GM17.4 GM18.4, GM17.4	Dr. Tisa Rajive

2023 Batch MBBS Clinical Class
(Time :8 am- 9 am)

DATE	TOPIC	COMPETENCIES	FACULTY
02.02.2026	Approach to Chronic Diarrhoea and Malabsorption.	IM16.4, IM 16.5, IM 16.3	Dr. Ann Mary
03.02.2026	Approach to Inflammatory Bowel Disease	IM16.4, IM 16.5, IM 16.15	Dr. Arun Divakar
04.02.2026	Approach to Fever with Exanthem	IM 4.3, IM 4.10, IM4.11, IM 4.21	Dr. Numan.A.M
05.02.2026	Approach to a patient with suspected Malaria	IM 4.9 – 4.11 IM 4.15, IM 4.22, IM 4.23	Dr. Smitha.K
06.02.2026	Approach to Viral Illness with special focus on COVID, NIPAH	IM 4.3, IM 4.9 -4.11	Dr. Surumi Azees
07.02.2026	Approach to a patient with suspected Enteric fever	IM 4.3, IM 4.9 -4.11	Dr. Anup Menon
11.02.2026	Approach to Anemia	IM 9.3, IM 9.4, IM 9.5	Dr. Balasubramanian
12.02.2026	Approach to Acute Diarrhoea and Dysentery	IM5.9,IM5.10,IM15.4, IM15.8	Dr. P.Sabarinath
13.02.2026	Approach to Nutritional Status Assessment and Obesity & Balanced Diet and dietary Counselling of patients.	IM14.6, IM14.7, IM14.8, IM14.9, IM 23.5, IM14.11, IM14.12	Dr. Chathur Agnivesh
14.02.2026	Approach to Acute & Chronic hepatitis	IM 5.4, IM 5.9, IM 5.11, IM 5.12, IM 5.14	Dr. Bobbala Kaveri
20.02.2026	Fever and Disorders of temperature regulation	IM 4.1, IM 4.2	Dr. Anshuman.M.R
21.02.2026	Approach to Chronic Liver Disease	IM16.4, IM 16.5, IM 16.6	Dr. Balasubramanian
23.02.2026	Approach to complications of Chronic Liver Diseases	IM16.4, IM 16.5, IM 16.6	Dr. Kiran.G.K
24.02.2026	History and general Examination in Musculoskeletal Disorders & Musculoskeletal System examination	IM 7.11, IM 7.12, IM 7.13	Dr. Sriram.S

25.02.2026	Approach to Pneumonia	IM3.3, IM3.4, IM3.5, IM3.6, IM3.7	Dr. Ann Mary
26.02.2026	Approach to Pleural Disorders	IM3.3, IM3.4, IM3.5, IM3.6, IM3.7	Dr. Merlin Moni
27.02.2026	Approach to a patient with suspected Leptospirosis	IM 4.3, IM 4.9 -4.11	Dr. P.Sabarinath
28.02.2026	Approach to Occupational Lung Diseases including ILD	IM 3.4, IM 3.6	Dr. Balasubramanian

**2021 Batch MBBS Clinical Class
(Time :8 am- 9 am)**

DATE	TOPIC	COMPETENCIES	FACULTY
02.02.2026	Instruments/Medicines/ X –Ray /Chart		Dr. Namitha
03.02.2026	GI System – Revision (History and Physical Examination)	IM5.9, IM5.10, IM15.5	Dr. M.G.K.Pillai
05.02.2026	Approach to patient with Crystallopathies	IM 7.21	Dr. Akash Thomas
06.02.2026	Musculoskeletal System – Revision (History and Physical Examination)	IM 7.11, IM 7.12, IM 7.13	Dr. Renoy A Henry
07.02.2026	HIV – History taking, HIV – Physical examination , Approach to Opportunistic Infections in HIV, Ethical and legal Issues.	IM6.7, IM6.8, IM6.3, IM6.22, IM6.23	Dr. Subhash Chandra
09.02.2026	Approach to FUO	IM 4.8, IM 4.9, IM 4.10, IM 4.11	Dr. Arun Divakar
10.02.2026	Approach to Patient presenting with Suspected poisoning	IM 21.1, IM 21.2, IM 21.3, IM 21.4	Dr. Velayudhan.K.K
11.02.2026	Approach to Snake Bite & other animal bites (Scorpion, Bee sting, Dog bite),	IM20.1, IM 20.2, IM 20.4 IM 20.8, IM 20.9	Dr. Merlin Moni
12.02.2026	Approach to Common Malignancies to assess the extent and spread,	IM 13.7, IM 13.8	Dr. Sirisha.M
13.02.2026	Medico legal, Socioeconomic and ethical issues pertaining to organ donation	IM26.8	Dr. Anup Menon
14.02.2026	Respiratory System – Revision (History and Physical Examination)	IM 3.4, IM 3.5, IM3.6	Dr. Surumi Azees
16.02.2026	Approach to Autoimmune Diseases,	IM 7.11 – 7.13	Dr. Tisa Rajive

17.02.2026	Approach to Adult Congenital Heart Disease- Acyanotic and Cyanotic heart disease.	IM 1.28, IM 1.29	Dr. M.G.K.Pillai
18.02.2026	Cardiovascular System – Revision (History and Physical Examination)	IM 1.10 IM 1.11, IM 1.14, IM2.6, IM 2.7	Dr. Smitha.K
19.02.2026	Approach to Respiratory Acidosis and Alkalosis. & Approach to Metabolic acidosis and Alkalosis	IM 22.11, IM 22.12 IM22.9, IM 22.10	Dr. Akash Thomas
20.02.2026	Multidimensional Geriatric Assessment, Approach to falls in Elderly, Social and Ethical issues in the care of Elderly.	IM24.2IM24.13, IM24.14, IM 24.15, IM 24.16IM 24.19, IM 24.20, IM 24.21	Dr. Arun David
21.02.2026	Neurology – Revision (History and Physical Examination)	IM18.5, IM 18.6 IM18.7, IM17.4	Dr. Dhanuthra.M
23.02.2026	Approach to Degenerative Joint Diseases	IM24.12	Dr. Anup Menon
24.02.2026	GI System – Revision (History and Physical Examination)	IM5.9, IM5.10, IM15.5	Dr. Arun Divakar
25.02.2026	Chart		Dr. Renoy A Henry
26.02.2026	Instruments /Medicines		Dr. Sirisha.M
27.02.2026	X –Ray		Dr. M. G. K. Pillai
28.02.2026	Chart/ X –Ray		Dr. M.G.K. Pillai/ Dr. Renoy A Henry

**2022 Batch MBBS Clinical Class
(Time :8 am- 9 am)**

DATE	TOPIC	COMPETENCIES	FACULTY
02.02.2026	Approach to Aortic and Pulmonary Valve Diseases	IM22.1 - 22.3	Dr. Numan.A.M
03.02.2026	Approach to Infective Endocarditis	IM 15.4, IM 15.5, IM 15.6, IM 15.8	Dr. Sanjeev.M.G
05.02.2026	Approach to Ischemic heart Diseases	IM2.6, IM2.7 IM2.8, IM2.9	Dr. Vishnu.V
06.02.2026	Approach to Heart Failure	IM1.10, IM1.11,IM1.12 IM1.13,IM1.14,IM1.15	Dr. Anup Menon

07.02.2026	Approach to Hypertension and emergencies related to hypertension	IM8.9, IM8.10, IM8.11	Dr. Kiran.G.K
09.02.2026	Approach to Hypertension in young with focus on Secondary causes	IM16.4, IM 16.5, IM 16.6	Dr. Smitha.K
10.02.2026	Approach to Hypothyroidism and Hyperthyroidism	IM 12.5, IM 12.6, IM 12.7, IM 12.8	Dr. M.G.K.Pillai
11.02.2026	Approach to Diabetes (Clinical Features and Diagnosis)	IM11.7, IM11.8, IM 11.9, IM 11.10	Dr. Renoy A Henry
12.02.2026	Approach to Complications of Diabetes and Diabetic Emergencies	IM11.7, IM11.8, IM 11.9, IM 11.10 IM11.7, IM11.8, IM 11.9, IM 11.10	Dr. Akash Thomas
13.02.2026	Approach to Mitral and Tricuspid Valve Diseases	IM1.10,IM1.11,IM1.12, IM1.13,IM1.14,IM1.15	Dr. Namitha.M.S
14.02.2026	Approach to Anterior Circulation Strokes	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.7	Dr. Ann Mary
16.02.2026	Approach to Posterior Circulation Stroke and Stroke in Young	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.7	Dr. Sirisha.M
17.02.2026	Approach to Spinal Cord Pathologies	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.8	Dr. Renoy A Henry
18.02.2026	Approach to Peripheral Neuropathy	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.8	Dr. Sanjeev M.G
19.02.2026	Approach to Ataxia & Movement Disorders & Parkinsons' Disease and other atypical forms	IM 18.3 IM 19.3, IM 19.4, IM19.5, IM 19.6	Dr. Namitha.M.S
20.02.2026	Approach to Seizures & patient with altered Consciousness (Delirium)		Dr. Vasant.P.K
21.02.2026	Approach to Primary Headache Syndrome & secondary causes of headache and with focus on meningitis	IM 17.2, IM 17.3, IM 17.4, IM 17.5	Dr. Subhash Chandra
23.02.2026	Approach to Hypokalemia & Hyperkalemia	IM22.7, IM 22.8	Dr. Sanjeev.M.G
24.02.2026	Approach to Hyponatremia & Hypernatremia	IM22.5, IM22,6	Dr. Namitha.M.S
25.02.2026	Approach to Hypocalcemia & Hypercalcemia		Dr. Vishnu.V
26.02.2026	Approach to Aortic and Pulmonary Valve Diseases	IM22.1 – 22.3	Dr. Akash Thomas
27.02.2026	Approach to Infective Endocarditis	IM 15.4, IM 15.5, IM 15.6, IM 15.8	Dr. Smitha.K

Theory Classes
2022 Regular MBBS
(Monday & Friday -2.00PM to 3.00 PM & Tuesday 3.00 to 4.00 PM)

DATE	TOPIC	COMPETENCIES	FACULTY
02.02.2026	UTI and Genito-Urinary TB		Dr. Vasant.P.K
03.02.2026	AKI	IM10.1, IM10.2, IM10.3, IM10.4	Dr. Renoy A Henry
06.02.2026	Acute diarrhoea	IM16.1. to 6.2, IM16.6, IM16.11, IM16.13, IM16.14	Dr. Subhash Chandra
09.02.2026	Osteoporosis and Osteomalacia	IM24.8	Dr. Tisa Rajive
10.02.2026	Snake bite- Neurotoxic, Hemotoxic, Myotoxic Scorpion bite/ bee sting	IM.20.1, IM.20.2, IM.20.3, IM.20.4, IM.20.5, IM.20.6, IM.20.7, IM20.8, IM20.9	Dr. Vishnu
13.02.2026	Inflammatory Bowel Disease	IM16.15, IM16.16, IM16.17	Dr. Namitha.M.S
16.02.2026	Geriatric Medicine (Aging, Clinical presentation, Nutritional disorder)	IM24.18, IM 24.1, IM 24.22	Dr. Divyamol.K.S
17.02.2026	Geriatric Medicine (Falls and Fractures in elderly)	IM 24.13, IM 24.14	Dr. Arun David
20.02.2026	Corrosive poisoning-general, sulphuric acid, salicylic acid, carbon monoxide poisoning and Plant Poisons	IM.21.1, IM IM21.2, IM.21.3, 21.5, IM.21.6, IM.21.7, IM.21.8	Dr. Surumi Azees
23.02.2026	Heart failure	IM 1.1, IM1.2, IM1.4, IM1.5, IM1.6, IM1.7, IM1.19, IM1.23,IM1.24, IM1.25, IM1.26	Dr. Smitha.K
24.02.2026	Drug Overdose	IM.21.4, IM.21.1, IM.21.5, IM.21.6, IM.21.7, IM.21.8	Dr. Sanjeev.M.G
27.02.2026	Normal ECG	IM 1.18, IM8.17	Dr. Anup Menon

Theory Classes
2024 Regular MBBS (Friday - 4 PM to 5 PM)

DATE	TOPIC	COMPETENCIES	FACULTY
06.02.2026	Viral Infections affecting respiratory system including COVID 19	IM 4.3	Dr. Anandu.S.A
13.02.2026	Viral Hepatitis Acute	IM5.4, IM5.11, IM5.12, IM5.2, IM5.3,IM5.14,IM5.16	Dr. P.Sabarinath
27.02.2026	Zoonotic diseases (Rabies, Brucellosis, Tetanus, Anthrax)	IM25.1, IM25.2, IM25.3	Dr. Bobbala Kaveri



DR. M. G. K. PILLAI,
PROF & HOD
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