



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ENDOCRINOLOGY

PG TEACHING SCHEDULE FOR THE MONTH OF FEBRUARY 2026

THEORY (TIME: 8.00 AM - 9.30 AM)

DATE	TOPIC	FACULTY
02-2-2026	Partial androgen insensitivity	Dr. Nithya
9-2-2026	Vipoma	Dr. Nisha, Dr. Praveen
16-2-2026	Acromegaly	Dr. Harish
23-2-2026	Hirsutism/PCOD	Dr. Praveen

SEMINAR (TIME: 8.00 AM - 9.30 AM)

DATE	TOPIC	FACULTY
12/2/2026	Men 1 2025 - Consensus	Dr. Nisha, Dr. Nithya
18/2/2026	Men 1 2025 – AACE guidelines	Dr. Praveen, Dr. Nisha
25/2/2026	Prolactinoma - consensus	Dr. Praveen, Dr. Nisha

CASE PRESENTATION (TIME: 8.00 AM - 9.30 AM)

DATE	CASE	PRESENTER	FACULTY
06/2/2026	Premature Thelarche	Dr. Prasoota	Dr. Praveen
27/2/2026	Idiopathic short stature	Dr. Jichu	Dr. Nisha
17/2/2026	Rickets/CKD MBD	Dr. Ansalna	Dr. Praveen
20/2/2026	Diabetic foot	Dr. Prasoota	Dr. Harish

GROUP DISCUSSION (TIME: 8.00 AM - 9.00 AM)

DATE	TOPIC	FACULTY
4-02-2026	BMD 1.233211- Valsala 2.2147754 - Rosily	All
11-2-2026	Endo-path 1.Swarnamma 2922616 2.Neethu 2540184 3.Remya 2648959 4.Vinoj 2925022	All
5-2-2026	TTB 1.Rajalekshmi amma- 457024 2.Aparna C-2643027 3.Rasmi, 2567121 4.Geetha B , 2902206	Dr. Praveen, Dr. Nithya
19/2/2026	Endo neurosurgery – 1.1661812 Dileep	All

	2.Sajitha - 1084680 3.Aravind prasad -2328255 4.Sobhana-1347870	
26/2/2026	Nuclear medicine Meeting-Hyperthyroidism /Graves' disease	All

JOURNAL CLUB (TIME: 8. 00AM - 9.30 AM)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	FACULTY
3-2-2026	Nowak E, Viëtor CL, Feelders RA, Hofland J, et al. Effect of surgical versus conservative management on cardiovascular outcomes in patients with bilateral adrenal tumours and cortisol excess: an international, retrospective cohort study. Lancet Diabetes Endocrinol. 2026 Mar;14(3):202-215.	Dr. Harish Dr Nisha Bhavani
10/2/2026	Wiegman A, Peterson AL, Bruckert E, De et al. Efficacy and safety of inclisiran in adolescents with heterozygous familial hypercholesterolaemia (ORION-16): a two-part, randomised, multicentre clinical trial. Lancet Diabetes Endocrinol. 2026 Mar;14(3):233-242.	Dr. Nithya Abraham
24/2/2026	Nguyen XT, Li Y, Czernichow S, et al; VA Million Veteran Program. Combined associations of GLP-1 receptor agonists and a healthy lifestyle with cardiovascular outcomes among individuals with type 2 diabetes: a prospective cohort study. Lancet Diabetes Endocrinol. 2026 Feb 25:S2213-8587(25)00395-X.	Dr. Praveen, Dr. Nisha Dr. Nithya

PROCEDURES

Ultrasound	298
FNAC	48
Bone Densitometry	131
AB-Index	233
Biothesiometry	232
VAC Therapy	21



DR. HARISH KUMAR
HOD
DEPARTMENT OF ENDOCRINOLOGY & DIABETES
AIMS, KOCHI.