



SCHOOL OF SOCIAL AND BEHAVIOURAL SCIENCES

Arasampalayam, Coimbatore, Tamil Nadu

BSc (Hon.) Psychology with Research

CURRICULUM

2026

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INTRODUCTION

Psychology plays a vital role in the field of mental health and behavioural sciences. It is essential for understanding, diagnosing, assessing, and treating individuals with mental health issues. Additionally, it helps prevent mental disorders and promotes the importance of positive mental health in the general population. Psychology focuses on applying research methodologies and findings to diagnose and treat mental disorders. Psychologists categorise their primary activities into three main areas: assessment (including diagnosis), treatment, and research.

The scope of psychology is vast and continually increasing, encompassing a wide range of subfields and interdisciplinary interfaces. Traditionally, the discipline of psychology has specialised areas such as clinical psychology, social psychology, industrial-organisational psychology, and experimental psychology, which focus on fundamental processes like memory, perception, and sensation. These subfields often operate independently, each with its own training and research focus. However, in the late 20th and early 21st centuries, psychology emerged as a more integrative science, intersecting with biology, neurology, economics, sociology, and anthropology. This shift was partly driven by advances in cognitive science and social cognitive neuroscience, which introduced new methods for studying cognition, emotion, and the brain. New areas, such as behavioural economics and decision-making, emerged. Similarly, advances in cognitive neuroscience led to the development of neuroeconomics. Psychology also deepened its connections with law, exploring human social behaviour and the reliability of eyewitness testimony. The recognition of the role of mental processes and self-care behaviour in health led to the creation of behavioural medicine and health psychology, which examine the links between psychological processes, social behaviour, and health. Additionally, interdisciplinary teams now often work collaboratively, using diverse methods and tools across social, cognitive, and biological levels of analysis. Though some institutions have been offering psychology degrees in recent years, the number is insufficient to meet the burgeoning needs of the population. At the same time, the quality of teaching and training is another important factor we must consider; training, supervision, and education are essential in producing capable healthcare professionals who can adequately serve people's clinical and therapeutic needs. Therefore, if an institute like Amrita Vishwa Vidyapeetham starts providing training in Psychology by offering degrees like BSc (4 years) in Psychology in its School of Social and Behavioural Sciences (SSBS) at its Arasampalayam Campus, Coimbatore, Tamil Nadu, then many talented students who would want to see them in

the field of behavioural sciences, cognitive neurosciences and mental health in the capacity of Psychologists would come to take up this course. The teaching and pedagogical precision of Amrita Vishwa Vidyapeetham will undoubtedly attract the country's best talent and introduce skilled, competent professionals to the country's mental health workforce.

The Syllabus for BSc (4-Years) Honours and Research Degree in Psychology – Brief Outlay

The School of Social and Behavioural Sciences at Amrita Vishwa Vidyapeetham, located in the vibrant city of Coimbatore, Tamil Nadu, is set to launch a groundbreaking degree program that includes international-standard, world-class undergraduate study in psychology. This innovative course is designed to develop highly skilled professionals in psychology, ultimately enhancing mental health services nationwide. In alignment with the principles and recommendations of the National Education Policy 2020, this program will incorporate comprehensive training and education strategies to prepare students for advanced academic pursuits. It will provide a robust foundation for aspiring psychologists who wish to further their studies and pursue doctoral research across various branches of psychology and the behavioural sciences. Through a curriculum that emphasises practical skills, theoretical knowledge, and research methodologies, this course will motivate students to excel in their academic journeys and empower them to make meaningful contributions to mental health and well-being in society.

UNIVERSITY MISSION

“To provide value-based education and mold the character of the younger generation through a synthesis of science and spirituality, so their earnest endeavour to achieve progress and prosperity in life is matched by the ardent desire to extend selfless service to the society, one complementing the other.”

BSc PSYCHOLOGY (H) PROGRAMME MISSION

“To prime students for focused and higher level, evidence-based practice in addressing the behavioural needs of the self, others and the environment. This program offers a basic intellectual foundation with enough space for skill development, and a structured educational perspective in the field of Psychology.”

PROGRAM OUTCOMES

Program Outcomes (PO)

PO1: To develop skills and knowledge of theory and research related to Psychology.

PO2: To comprehend psychologists' practice areas and roles in today's complex socio-cultural and socio-economic contexts.

PO3: To cultivate advanced expertise in professional psychology by engaging in training activities primarily focused on advanced practical experience and research.

PO4: To develop skills and knowledge in various areas significantly impacting human health and well-being.

PO5: To cultivate awareness of diverse ethical issues and practices in various psychology fields and to actively participate in the regulatory bodies overseeing the mental health and well-being of individuals.

Program Specific Outcomes (PSO)

PSO1: To build professional knowledge and skills in psychology and behavioural sciences for promoting wellness through focused training and supervision.

PSO2: To cultivate the knowledge, techniques, and skills necessary for initiating and conducting quality research in psychology, behavioural sciences, and social sciences.

PSO3: To cultivate adequate knowledge, skills, and abilities to work in multi-professional teams and serve a broader population.

PSO4: To build students' academic and research knowledge so they are prepared for future roles as academicians, practitioners, researchers, or other professionals.

BACHELOR OF PSYCHOLOGY
BSc (HONOURS WITH RESEARCH) DEGREE CURRICULUM – 2026 Onwards

Year 1- Certificate in Psychology						
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
1	DSW	DSC	26PSY101	History of Psychology as a Science	3 0 0	3
	DSW	DSC	26PSY102	Cognitive Psychology I	3 0 0	3
	DSW	DSC	26PSY103	Social Psychology -I	3 0 0	3
	DSW	SEC	26PSY104	Introduction to Research Methodology I	3 0 0	3
	DSW	SEC	26PSY105	Introduction to Computing-level 1	1 1 2	3
	HUM	AEC		Language I	2 0 0	2
	HUM	SEC	26ENG101	English I	2 0 0	2
	CUL	VAC	22AVP103	Mastery over Mind (MAOM)	1 0 2	3
			26PSY190	Live in labs- I		
			Total Credits			22
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
2	DSW	DSC	26PSY111	Cognitive Psychology II	3 0 0	3
	DSW	DSC	26PSY112	Bio Psychology I	3 0 0	3
	DSW	DSC	26PSY113	Social Psychology II	3 0 0	3
	DSW	SEC	26PSY114	Introduction to Research Methodology II	3 0 0	3
	DSW	SEC	26PSY115	Introduction to Computing-level 2	1 1 2	3
	HUM	SEC	24ENG111	English II	2 0 0	2
	HUM	AEC		Language II	2 0 0	2
	CUL	VAC	22ADM101	Foundations of Indian Heritage	2 0 1	2
			26PSY191	Live in labs - II		
			Total Credits			21
Year 2- Diploma in Psychology						
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
3	DSW	DSC	26PSY201	Introduction to Indian Psychology	3 0 0	3
	DSW	DSC	26PSY202	Developmental Psychology	3 0 0	3
	DSW	DSC	26PSY203	Bio Psychology -II	3 0 0	3
	DSW	DSC	26PSY204	Clinical Psychology -I	3 0 0	3
	DSW	SEC	26PSY205	Introduction to Psychological Statistics I	3 0 0	3
	DSW	SEC	26PSY206	Introduction to Computing-level – III	1 1 2	3
		GE		Free/ Open elective **	2 0 0	2
	CIR	AEC	24ELS201	Essential Life Skills -1	1 0 2	2

	CUL	VAC	22ADM111	Glimpses of Glorious India	2 0 2	2
				Amrita Value Programme I	1 0 0	1
			26PSY290	Live in labs - III		
Total Credits						25
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
4	DSW	DSC	26PSY211	Educational Psychology	3 0 0	3
	DSW	DSE	26PSY212	Personality Structure	3 0 0	3
	DSW	DSC	26PSY213	Clinical Psychology II	3 0 0	3
	DSW	SEC	26PSY214	Introduction to Psychological Statistics -II	2 0 2	3
	DSW	SEC	26PSY215	Introduction to Computing-level IV	1 1 2	3
	DSW	SEC	26PSY216	Mentor Program I	1 0 0	1
	CIR	AEC	26ELS211	Essential Life Skills 2	1 0 2	2
		GE		Free Elective**		2
	ADM	VAC		Amrita Value programme II	1 0 0	1
			26PSY291	Live in labs - IV		
Total Credits						21
Year 3- Bachelor's in Psychology						
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
5	DSW	DSC	26PSY301	Organizational Psychology	3 0 0	3
	DSW	DSC	26PSY302	Diagnostic Assessment I	3 0 0	3
	DSW	SEC	26PSY303	Qualitative Research Methods	3 0 1	4
	DSW	SEC	26PSY304	Counselling Psychology - I	3 0 1	4
	DSW	SEC	26PSY305	Introduction to Computing-level V	1 1 2	3
	DSW	SEC	26PSY306	Mentor Program II	1 0 0	1
	CIR	AEC	26ELS301	Essential Life Skills -3	1 0 2	2
			26PSY390	Live in labs - V		
Total Credits						20
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
6	DSW	DSC	26PSY311	Counselling Psychology - II	3 0 1	4
	DSW	DSC	26PSY312	Diagnostic Assessment II	3 0 0	3
	DSW	DSC	26PSY398	Internship	0 0 6	6
	DSW	DSC	26PSY397	Research Project -I	0 0 8	8
	DSW	SEC	26PSY313	Introduction to Computing-level VI	2 0 0	2
				26PSY391	Live in labs - VI	
Total Credits						23
Year 4 - Bachelors in Psychology (Honours with Research)						

Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
7	DSW	DSC	26PSY401	Community Health Psychology	3 0 0	3
	DSW	DSC	26PSY402	Community Mental Health	3 0 1	4
	DSW	DSC	26PSY403	Positive Psychology	3 0 0	3
	DSW	DSC	26PSY404	Rehabilitation Psychology	3 0 0	3
	DSW	DSC	26PSY405	Diagnostic Assessment III	3 0 0	3
	DSW	SEC	26PSY406	Introduction to Computing-level VII	2 0 0	2
	DSW	DSC	26PSY407	Cross-cultural Psychology	3 0 0	3
	CIR	AEC	24ELS401	Essential Life Skills -4	1 0 2	2
			26PSY490	Live in labs - VII		
Total Credits						23
Semester	Offering Dept	NEP Course Category	Course Code	Course Title	LTP	Credits
8		Course Category	Course Code	Course Title	LTP	Credits
	DSW	DSC	26PSY499	Research Project - II	0 0 10	10
	DSW	DSC	26PSY49	Block Placement / Internship	0 0 8	8
Total Credits						18
Grand Total						173

** Free Electives - This will include courses offered by Faculty of Humanities and Social Sciences/ Faculty Arts, Commerce and Media / Faculty of Management/Amrita Darshanam - (International Centre for Spiritual Studies)

LANGUAGE

Semester	Course Code	Course Title	L-T-P	Credits
I	24HIN103	Hindi I	1 0 2	2
I	24MAL103	Malayalam I	1 0 2	2
I	24TAM103	Tamil I	1 0 2	2
II	24HIN113	Hindi II	1 0 2	2
II	24MAL113	Malayalam II	1 0 2	2
II	24TAM113	Tamil II	1 0 2	2

Table 3 New names for Amrita Value Programmes I & II for UG programmes			
Course Code	Title	L-T-P	Credits
22ADM201	Strategic Lessons from Mahabharata	1-0-0	1
22ADM211	Leadership from Ramayana	1-0-0	1
22AVP210	Kerala Mural Art and Painting	1-0-0	1
22AVP218	Yoga Therapy and Lessons	1-0-0	1
22AVP212	Introduction to Traditional Indian Systems of Medicine	1-0-0	1
22AVP201	Amma's Life and Message to the modern world	1-0-0	1
22AVP204	Lessons from the Upanishads	1-0-0	1
22AVP205	Message of the Bhagavad Gita	1-0-0	1
22AVP206	Life and Message of Swami Vivekananda	1-0-0	1
22AVP207	Life and Teachings of Spiritual Masters of India	1-0-0	1
22AVP208	Insights into Indian Arts and Literature	1-0-0	1
22AVP213	Traditional Fine Arts of India	1-0-0	1
22AVP214	Principles of Worship in India	1-0-0	1
22AVP215	Temple Mural Arts in Kerala	1-0-0	1
22AVP218	Insights into Indian Classical Music	1-0-0	1

22AVP219	Insights into Traditional Indian Painting	1-0-0	1	
22AVP220	Insights into Indian Classical Dance	1-0-0	1	
22AVP221	Indian Martial Arts and Self Defence	1-0-0	1	
22AVP209	Yoga and Meditation	1-0-0	1	
Open Electives UG				
Course Code	Course Title	L – T – P	Cr.	ES
21OEL231	A Journey towards Free India	3 0 0	3	J
21OEL232	Political Leadership	3 0 0	3	J
21OEL233	Social issues in Contemporary India	3 0 0	3	J
21OEL234	The Story of Indian Business	3 0 0	3	J
21OEL235	Industrial Psychology	3 0 0	3	J
21OEL236	Advertising	3 0 0	3	J
21OEL237	Basic Statistics	3 0 0	3	J
21OEL238	Citizen Journalism	3 0 0	3	J
21OEL239	Creative Writing for Beginners	3 0 0	3	J
21OEL240	Desktop Support and Services	3 0 0	3	J
21OEL241	Development Journalism	3 0 0	3	J
21OEL242	Digital Photography	3 0 0	3	J
21OEL243	Emotional Intelligence	3 0 0	3	J
21OEL244	Essence of Spiritual Literature	3 0 0	3	J
21OEL245	Film Theory	3 0 0	3	J
21OEL246	Fundamentals of Network Administration	3 0 0	3	J
21OEL247	Gender Studies	3 0 0	3	J
21OEL248	Glimpses of Indian Economy and Polity	3 0 0	3	J
21OEL249	Graphics and Web-designing Tools	3 0 0	3	J
21OEL250	Green Marketing	3 0 0	3	J

** Free Electives - This will include courses offered by the Faculty of Humanities and Social Sciences/ Faculty of Arts, Commerce and Media / Faculty of Management/Amrita Darshanam - (International Centre for Spiritual Studies)

Abbreviations

- DSW –Department of Social Work

- HUM - Humanities (including Languages and others)
- CUL - Cultural Education
- CIR-Corporate and Industrial Relationship
- DSC-Discipline Specific Core
- DSE-Discipline Specific Elective
- SEC-Skill Enhancement Course
- VAC- Value Addition Course
- GE- Generic Elective
- AEC-Ability Enhancement Course