



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF RHEUMATOLOGY
PG TEACHING SCHEDULE - JANUARY 2026**

THEORY (TIME:8AM TO 9AM)

DATE	TOPIC	FACULTY
05/01/2026	Interleukin signatures in active SLE	Dr.Jyothi Srikanth
12/01/2026	Clinical features of EGPA	Dr.Sandeep Surendran
19/01/2026	Treatment guidelines and recent trials in EGPA	Dr.Mithun C B
27/01/2026	Chronic pain in children	Dr.Suma Balan

**SEMINARS (TIME:3PM TO 4PM)
(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
06/01/2026	Extra-articular manifestations of Rheumatoid arthritis	Dr.Gopika	Dr.Jyothi Srikanth
13/01/2026	Approach to Vasculitic Neuropathy	Dr.Ashwani	Dr.Mithun C B
20/01/2026	Rituximab in the treatment of Idiopathic Pulmonary Haemosiderosis	Dr.Deeksha	Dr.Suma Balan
27/01/2026	Myositis as a presentation of PAN	Dr.Meghana	Dr.Sandeep S

**CASE PRESENTATIONS TIME: 8:30 AM TO 9:30AM)
(ATTENDEES: ALL PGs)**

DATE	TOPIC	PRESENTER	FACULTY
01/01/2026	Juvenile Dermatomyositis	Dr.Meghana	Dr.Suma Balan
08/01/2026	Limited Cutaneous Systemic Sclerosis with PAH	Dr.Gopika	Dr.Jyothi Srikanth
15/01/2026	Juvenile PAN	Dr.Deeksha	Dr.Mithun C B
22/01/2026	GPA	Dr.Ashwani	Dr.Sandeep Surendran

**JOURNAL CLUBS (TIME:4PM TO 5PM)
(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
02/01/2026	de Rosas EC, Wang JC, Zigler CK, et al. Methotrexate and mycophenolate mofetil and clinical response in juvenile localized scleroderma. JAMA Dermatol. Published online January 28, 2026. doi:10.1001/jamadermatol.2025.5662.	Dr.Deeksha	Dr.Suma Balan
09/01/2026	Horomanski A, Rector A, Shaw GM, Simard JF, et al. Pregnancy outcomes in patients with systemic vasculitis in the USA from 2007 to 2022: an administrative claims-based study. Lancet Rheumatol. 2026;8(2):E88-E97.	Dr.Gopika	Dr.Jyothi Srikanth
16/01/2026	Cai W, Haddad M, Haddad R, Kesten I, Hoffman T, Laan R, et al. The gut microbiota promotes pain in fibromyalgia. Neuron. 2025;113(13):2161–2175.e13. doi:10.1016/j.neuron.2025.03.032.	Dr.Meghana	Dr. Sandeep Surendran
30/01/2026	Marques MC, Deng Z, Chowdhury N, Schmitz E, Platukus A, Rosenbaum ED, et al. Type I interferon signature associates with lung disease, drug-associated immune reactions, and genetic variation in interferon-linked pathways in Still's disease. Arthritis Rheumatol. Published online February 11, 2026. doi:10.1002/art.70079.	Dr.Ashwani	Dr. Mithun C B

**GROUP DISCUSSIONS (TIME:4PM TO 5PM)
(ATTENDEES: ALL PGs)**

DATE	TOPIC	PRESENTER	FACULTY
03/01/2026	USG in Gout	Dr. Ashwani	All faculties
17/01/2026	NFC in Dermatomyositis	Dr. Meghana	All faculties
24/01/2026	Non-proliferative glomerulonephritis in Lupus	Dr. Deeksha	All faculties
27/01/2025	Serum cortisol levels in FMS	Dr.Gopika	All faculties

BEDSIDE TEACHING (TIME:4PM TO 5PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
07/01/2026	Clinical examination of parotid and salivary glands	Dr.Mithun C B
14/01/2026	Deformities in Rheumatoid Arthritis	Dr.Jyothi Srikanth
21/01/2026	USG of wrist	Dr.Sandeep Surendran
28/01/2026	Vascular examination	Dr.Suma Balan

CLINICOPATHOLOGICAL MEET: (TIME :3PM TO 3.30 PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	ATTENDEES
19/01/2026	SLE with multi-systemic involvement	All PGs

MORBIDITY MEETING (TIME: 3PM TO 4 PM)

DATE	TOPIC	ATTENDEES
31/12/2026	ICU CASES	All Faculties & PGs

PROCEDURES

MONTH	PROCEDURES
January 2026	92


DR. SUMA BALAN
PROFESSOR AND HEAD
DEPARTMENT OF RHEUMATOLOGY
AIMS KOCHI