



**AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**

**AIMS Ponekkara P.O. Kochi-41**

**DEPARTMENT OF ORTHOPEDICS  
PG TEACHING SCHEDULE JANUARY 2026**

**THEORY (08.00am to 9.30 am)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
01.01.2026	Non union NOF	Dr.Jaithilak
05.01.2026	Degenerative Joint Disease	Dr.Thadi Mohan
08.01.2026	Septic Arthritis Hip	Dr.Jim F Vellara
12.01.2026	Bone grafting and bone substitutes	Dr.Balu C Babu
15.01.2026	Multiple Exostosis	Dr.Druvan
19.01.2026	Potts spine	Dr.Chandrababu (Emeritus Professor)
22.01.2026	Scaphoid fracture	Dr.Vipin Mohan
29.01.2026	Elbow Myositis	Dr.Nigil Sadanandan

**SEMINAR (8.00am to 9.30am.)**  
**(ATTENDEES: ALL FACULTIES & PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
06.01.2026	Spontaneous osteogenesis of knee	Dr.Anand	Dr.Arjun
13.01.2026	Osteoporosis	Dr.Mahith	Dr.Vipin
20.01.2026	SLAP lesion	Dr.Nitish	Dr.Gayathri
27.01.2026	Dynamic Hip Screw	Dr.Aseem	Dr.Vivek

**CASE PRESENTATIONS**  
**(ATTENDEES: ALL PGs)**

<b>DATE</b>	<b>DATE</b>	<b>TOPIC</b>	<b>PRESENTER</b>	<b>FACULTY</b>
02.01.2026	4pm -5pm	Left Hip dislocation with sciatic nerve injury	Dr.Aseem	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
03.01.2026	8.00 am- 9.30am	Deformity of foot	Dr.Ganesh	Dr.Chandrababu (Emeritus Professor )/ Dr.Balu/ Dr. Gayathri
05.01.2026	4pm -5pm	Stiff elbow	Dr.Nitish	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
09.01.2026	4pm -5pm	Proximal Humeral shaft Fractures	Dr.Anand	Dr.Jim/ Dr.Arjun /Dr.Nigil
10.01.2026	8.00 am- 9.30am	Post polio Paralysis	Dr.Mahith	Dr.Druvan / Dr.Amritaraj/ Dr.Vivek/ Dr.Navami

12.01.2026	4pm -5pm	Dupuytren's contracture	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
16.01.2026	4pm -5pm	Base of thumb OA	Dr.Prasanth	Dr.Chandrababu (Emeritus Professor )/ Dr.Balu
17.01.2026	8.00 am- 9.30am	Swelling over the scapula	Dr.Rahul	Dr.Thadi Mohan/ Dr.Gayathri
19.01.2026	4pm -5pm	Neglected club foot in a 4 year old	Dr.Amuthan	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
23.01.2026	4pm -5pm	Chronic Osteomyelitis tibia	Dr.Niteesh	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr .Amritaraj
24.01.2026	8.00 am- 9.30am	Erbs palsy	Dr.Logeshwer	Dr.Jai Thilak/ Dr. Balu/ Dr.Amritaraj/ Dr. Gayathri
30.01.2026	4pm -5pm	Big toe deformity in 40 year old	Dr.Aseem	Dr.Chandrababu (Emeritus Professor )/ Dr.Balu/ Dr. Vipin
31.01.2026	8.00 am- 9.30am	Distal Radius Fracture	Dr.Rahulraj	Dr.Thadi Mohan/ Dr.Gayathri

**GROUP DISCUSSION (4pm -5pm)**  
**(ATTENDEES: ALL PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
01.01.2026	Management of radial head fracture	Dr.Jai Thilak/ Dr. Gayathri
03.01.2026	Gait in Cerebral palsy & modes of correction	Dr. Chandrababu (Emeritus professor )/ Dr.Vipin/ Dr. Amritaraj
06.01.2026	Limb preservation & reconstruction in tumour	Dr.Thadi Mohan / Dr.Arjun
07.01.2026	Current trends in Ewings sarcoma management	Dr.Jim/ Dr.Nigil/ Dr.Vipin
08.01.2026	Steroids in spine injury	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
10.01.2026	Polytrauma	Dr.Jai Thilak/ Dr. Gayathri, Dr.Navami
13.01.2026	Radial Nerve Palsy	Dr.Chandrababu (Emeritus professor )/ Dr.Vipin/ Dr.Amritaraj
14.01.2026	Non union neck of Femur	Dr.Thadi Mohan / Dr.Gayathri
15.01.2026	PCL injury	Dr.Jim/ Dr.Arjun/ Dr.Nigil
17.01.2026	ITB Syndrome	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr.Navami
20.01.2026	Quadriceps rupture	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
21.01.2026	Management of periarticular fractures	Dr.Thadi Mohan / DrVivek/ Dr.Navami
22.01.2026	Achilles tendinopathy	Dr. Chandrababu (Emeritus professor )/ Dr.Vipin/ Dr. Amritaraj
24.01.2026	Transcutaneous nerve stimulation	Dr.Jim/ Dr.Arjun/ Dr.Nigil
27.01.2026	Calcaneal Fractures	Dr.Druvan/ Dr.Arjun/ Amritaraj

28.01.2026	Anatomy of Talus	Dr. Jai Thilak/ Dr.Nigil/ Dr.Balu
29.01.2026	Metacarpal Fractures	Dr.Chandrababu (Emeritus professor )/ Dr.Vipin/ Dr.Amritaraj
31.01.2026	Anatomy of Calcaneum	Dr.Jim/ Dr.Arjun/ Dr.Nigil

**JOURNAL CLUB (8.00am to 9.30am)**  
**(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
07.01.2026	Pongcharoen, Boonchana; Liengwattanakol.Comparison of Functional Recovery Between Unicompartmental and Total Knee Arthroplasty: A Randomized Controlled Trial .Journal of Bone and Joint Surgery. 105(3):191-201, February 1, 2023	Dr.Anand	Dr. Druvan
14.01.2026	Sanders, Julia; Goldstein, Rachel Y. pen Reduction and Pin Fixation of Pediatric Lateral Humeral Condylar Fractures.JBJS Essent Surg Tech, 2020 Nov 19;10(4):e19.00066	Dr.Prasanth	Dr. Balu C Babu
21.01.2026	Byoung-Hyun Min <sup>1</sup> , Hyung Keun Song. Biomechanical Evaluation of Modified ACL Reconstruction with Over-the-Top Augmentation Technique. Indian J Orthop. 2022 Jan 31;56(5):812-820	Dr.Aseem	Dr.Nigil
28.01.2026	Anil Kumar Jain <sup>1</sup> , S Rajasekaran Tuberculosis of the Spine. J Bone Joint Surg Am. 2020 Apr 1;102(7):617-628	Dr.Anandhu	Dr. Gayathri

**TUTORIALS (8.00am – 9.30am)**  
**ATTENDEES: ALL PGs)**

DATE	TOPIC	SPEAKER	FACULTY
02.01.2026	Reduction of elbow dislocation	Dr.Umang	Dr.Navami
09.01.2026	AC Joint injection	Dr.Niteesh	Dr.Nigil
16.01.2026	Pelvic external fixation	Dr.Nitish Chnita	Dr.Balu
23.01.2026	Spine trauma Management	Dr.Rahul raj	Dr.Thadi Mohan
30.01.2026	Reduction of fractures	Dr.Mahith	Dr.Druvan

**GUEST LECTURE: 3.00 PM TO 4.00PM)  
(ATTENDEES: ALL PGs)**

<b>DATE</b>	<b>TOPIC</b>	<b>FACULTY</b>
23.01.2026	Primary spine malignant tumour	Dr. Krishna kumar, Medical trust hospital

**PROCEDURES FOR THE MONTH OF JANUARY 2026**

OPD PROCEDURES	350
MAJOR	142
MINOR	220



**DR. JAI THILAK  
PROFESSOR & HOD  
DEPARTMENT OF ORTHOPAEDICS  
AIMS, KOCHI**