



# AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

## DEPARTMENT OF GENERAL MEDICINE

### UG TEACHING SCHEDULE FOR THE MONTH OF JANUARY 2026

2024 Batch MBBS Clinical Class  
(Time :8 am- 9 am)

DATE	TOPIC	COMPETENCIES	FACULTY
02.01.2026	Vital signs – BP, Temperature, Respiratory Rate	GM1.11, GM 1.9, GM 4.1-4.7, GM 28.9	Dr. Tisa Rajive
05.01.2026	General Physical Examination (Pallor/ Icterus/ Cyanosis)	GM 9.1 – 9.7, GM 5.1 – 5.9, GM 1.25, .	Dr. Dhanuthra.M
06.01.2026	General Physical Examination (Clubbing, Lymphadenopathy/Oedema)	GM 1.28, 1.29, GM 10.10, GM 4.5, 4.11, GM 9.4,	Dr. Anup Menon
07.01.2026	History and general examination in RS	GM 3.3,3.4, GM 3.5, GM3.6, GM 26.23	Dr. Sanjeev M G
08.01.2026	RS Examination (Inspection, Palpation, Percussion and Auscultation)	GM 3.4, IM 3.5, IM3.6	Dr. Sankar
09.01.2026	History and general examination in GI	GM4.11, GM5.9	Dr. Surumi Azees
12.01.2026	GI Examination (Inspection, Palpation, Percussion and Auscultation)	GM5.10, GM15.5	Dr. Smitha.K
13.01.2026	CVS- History taking , General examination, JVP	GM 1.10, GM2.6, GM1.12	Dr. Kiran.G.K
19.01.2026	Cranial nerves 1-6	GM18.4, GM17.4	Dr. Arun Divakar
20.01.2026	Cranial nerves 7-12	GM18.4, GM17.4	Dr. Numan.A.M
21.01.2026	Motor system 1 (Bulk, Power Tone, Reflexes)	GM18.5, GM18.6, GM17.4	Dr. Sirisha.M
22.01.2026	Sensory System, Cerebellum, skull and spine and blood vessels	GM18.4, GM17.4 GM18.4, GM17.4	Dr. Tisa Rajive
30.01.2026	Introduction to CBME		Dr. Renoy A Henry

**2023 Batch MBBS Clinical Class**  
**(Time :8 am- 9 am)**

<b>DATE</b>	<b>TOPIC</b>	<b>COMPETENCIES</b>	<b>FACULTY</b>
05.01.2026	Approach to a patient with suspected Malaria	IM 4.9 – 4.11 IM 4.15, IM 4.22, IM 4.23	Dr. Sirisha .M
06.01.2026	Approach to Viral Illness with special focus on COVID, NIPAH	IM 4.3, IM 4.9 -4.11	Dr. Chathur
07.01.2026	Approach to a patient with suspected Enteric fever	IM 4.3, IM 4.9 -4.11	Dr. Vishnu.V
12.01.2026	Approach to Anemia	IM 9.3, IM 9.4, IM 9.5	Dr. Namitha.M.S
13.01.2026	Approach to Acute Diarrhea and Dysentery	IM5.9,IM5.10,IM15.4, IM15.8	Dr. Numan.A.M
19.01.2026	Approach to Nutritional Status Assessment and Obesity & Balanced Diet and dietary Counselling of patients.	IM14.6, IM14.7, IM14.8, IM14.9, IM 23.5, IM14.11, IM14.12	Dr. Anshuman.M.R
20.01.2026	Approach to Acute & Chronic hepatitis	IM 5.4, IM 5.9, IM 5.11, IM 5.12, IM 5.14	Dr. Mohammed Nifson
21.01.2026	Fever and Disorders of temperature regulation	IM 4.1, IM 4.2	Dr. Sriram.S
22.01.2026	Approach to Chronic Liver Disease	IM16.4, IM 16.5, IM 16.6	Dr. Vishnu V
23.01.2026	Approach to complications of Chronic Liver Diseases	IM16.4, IM 16.5, IM 16.6	Dr. Anshuman.M.R
24.01.2026	History and general Examination in Musculoskeletal Disorders & Musculoskeletal System examination	IM 7.11, IM 7.12, IM 7.13	Dr. Anandu.S.A
27.01.2026	Approach to Pneumonia	IM3.3, IM3.4, IM3.5, IM3.6, IM3.7	Dr. Chathur Agnivesh
28.01.2026	Approach to Pleural Disorders	IM3.3, IM3.4, IM3.5, IM3.6, IM3.7	Dr. Dhanuthra.M
29.01.2026	Approach to a patient with suspected Leptospirosis	IM 4.3, IM 4.9 -4.11	Dr. Sirisha .M
30.01.2026	Approach to Occupational Lung Diseases including ILD	IM 3.4, IM 3.6	Dr. Bobbala Kaveri
31.01.2026	Approach to Viral Haemorrhagic fevers with Special focus on Dengue	IM 4.3, IM 4.9 -4.11	Dr. Tisa Rajive

**2021 Batch MBBS Clinical Class**  
**(Time :8 am- 9 am)**

<b>DATE</b>	<b>TOPIC</b>	<b>COMPETENCIES</b>	<b>FACULTY</b>
02.01.2026	Musculoskeletal System – Revision (History and Physical Examination)	IM 7.11, IM 7.12, IM 7.13	Dr. Sankar
03.01.2026	GI System – Revision (History and Physical Examination)	IM5.9, IM5.10, IM15.5	Dr. Subhash Chandra
05.01.2025	Instruments/Medicines/ X –Ray		Dr. Namitha M.S Dr. M.G.K.Pillai
06.01.2025	Chart		Dr. Renoy A Henry
08.01.2026	Approach to patient with Crystallopathies	IM 7.21	Dr. Arun Divakar
09.01.2026	Musculoskeletal System – Revision (History and Physical Examination)	IM 7.11, IM 7.12, IM 7.13	Dr. M.G.K.Pillai
10.01.2026	HIV – History taking, HIV – Physical examination , Approach to Opportunistic Infections in HIV, Ethical and legal Issues.	IM6.7, IM6.8, IM6.3, IM6.22, IM6.23	Dr. Tisa Rajive
12.01.2026	Approach to FUO	IM 4.8, IM 4.9, IM 4.10, IM 4.11	Dr. Merlin Moni
13.01.2026	Approach to Patient presenting with Suspected poisoning	IM 21.1, IM 21.2, IM 21.3, IM 21.4	Dr. Ann Mary
19.01.2026	Approach to Snake Bite & other animal bites (Scorpion, Bee sting, Dog bite),	IM20.1, IM 20.2, IM 20.4 IM 20.8, IM 20.9	Dr. Subhash Chabdra
20.01.2026	Approach to Common Malignancies to assess the extent and spread,	IM 13.7, IM 13.8	Dr. Namitha.M.S
21.01.2026	Medico legal, Socioeconomic and ethical issues pertaining to organ donation	IM26.8	Dr. Sanjeev Mathew
22.01.2026	Respiratory System – Revision (History and Physical Examination)	IM 3.4, IM 3.5, IM3.6	Dr. Akash Thomas
23.01.2026	Approach to Autoimmune Diseases,	IM 7.11 – 7.13	Dr. Vasant.P.K
24.01.2026	Approach to Adult Congenital Heart Disease- Acyanotic and Cyanotic heart disease.	IM 1.28, IM 1.29	Dr. Ann Mary
27.01.2026	Cardiovascular System – Revision (History and Physical Examination)	IM 1.10 IM 1.11, IM 1.14, IM2.6, IM 2.7	Dr. Sanjeev M.G

28.01.2026	Approach to Respiratory Acidosis and Alkalosis. & Approach to Metabolic acidosis and Alkalosis	IM 22.11, IM 22.12 IM22.9, IM 22.10	Dr. Kiran.G.K
29.01.2026	Multidimensional Geriatric Assessment, Approach to falls in Elderly, Social and Ethical issues in the care of Elderly.	IM24.2IM24.13, IM24.14, IM 24.15, IM 24.16IM 24.19, IM 24.20, IM 24.21	Dr. Arun David
30.01.2026	Neurology – Revision (History and Physical Examination)	IM18.5, IM 18.6 IM18.7, IM17.4	Dr. Surumi Azees
31.01.2026	Approach to Degenerative Joint Diseases	IM24.12	Dr. Subhash Chandra

**2022 Batch MBBS Clinical Class  
(Time :8 am- 9 am)**

DATE	TOPIC	COMPETENCIES	FACULTY
05.01.2026	Approach to Ischemic heart Diseases	IM2.6, IM2.7 IM2.8, IM2.9	Dr. Anup Menon
06.01.2026	Approach to Heart Failure	IM1.10, IM1.11,IM1.12 IM1.13,IM1.14,IM1.15	Dr. Kiran.G.K
07.01.2026	Approach to Hypertension and emergencies related to hypertension	IM8.9, IM8.10, IM8.11	Dr. Smitha.K
08.01.2026	Approach to Hypertension in young with focus on Secondary causes	IM16.4, IM 16.5, IM 16.6	Dr. Akash Thomas
09.01.2026	Approach to Hypothyroidism and Hyperthyroidism	IM 12.5, IM 12.6, IM 12.7, IM 12.8	Dr. Vasant.P.K
10.01.2026	Approach to Diabetes (Clinical Features and Diagnosis)	IM11.7, IM11.8, IM 11.9, IM 11.10	Dr. Ann Mary
12.01.2026	Approach to Complications of Diabetes and Diabetic Emergencies	IM11.7, IM11.8, IM 11.9, IM 11.10 IM11.7, IM11.8, IM 11.9, IM 11.10	Dr. Dhanuthra.M
13.01.2026	Approach to Mitral and Tricuspid Valve Diseases	IM1.10,IM1.11,IM1.12, IM1.13,IM1.14,IM1.15	Dr. M.G.K.Pillai
19.01.2026	Approach to Posterior Circulation Stroke and Stroke in Young	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.7	Dr. Renoy A Henry
20.01.2026	Approach to Spinal Cord Pathologies	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.8	Dr. M.G.K.Pillai

21.01.2026	Approach to Peripheral Neuropathy	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.8	Dr. Merlin Moni
22.01.2026	Approach to Ataxia & Movement Disorders & Parkinsons' Disease and other atypical forms	IM 18.3 IM 19.3, IM 19.4, IM19.5, IM 19.6	Dr. Anup Menon
23.01.2026	Approach to Seizures & patient with altered Consciousness (Delirium)		Dr. Velayudhan.K.K
24.01.2026	Approach to Primary Headache Syndrome & secondary causes of headache and with focus on meningitis	IM 17.2, IM 17.3, IM 17.4, IM 17.5	Dr. Surumi Azees
27.01.2026	Approach to a patient with altered Consciousness (Stupor & Coma) & Dementia		Dr. Namitha.M.S
28.01.2026	Approach to Anterior Circulation Strokes	IM18.3, IM 18.4, IM 18.5, IM 18.6, IM 18.7	Dr. Vishnu V
29.01.2026	Approach to Hypokalemia & Hyperkalemia	IM22.7, IM 22.8	Dr. Akash Thomas
30.01.2026	Approach to Hyponatremia & Hypernatremia	IM22.5, IM22,6	Dr. Vasant.P.K
31.01.2026	Approach to Hypocalcemia & Hypercalcemia		Dr. Dhanuthra.M

**Theory Classes**  
**2022 Regular MBBS**  
**(Monday & Friday -2.00PM to 3.00 PM & Tuesday 3.00 to 4.00 PM)**

DATE	TOPIC	COMPETENCIES	FACULTY
05.01.2026	Dyselectrolytemia- Potassium and Magnesium	IM22.7, IM22.8	Dr. Numan. A.M
06.01.2026	Dyselectrolytemia- Calcium and Phosphorus and parathyroid disorders	IM22.1, IM22.2, IM22.3, IM22.4	Dr. Arun Divakar
09.01.2026	Dyselectrolytemia- Sodium and water balance	IM22.5, IM22.6	Dr. Anup Menon
12.01.2026	CKD-1	IM10.5 to 10.11, & IM10.24 to 10.28	Dr. Smitha.K
13.01.2026	Glomerular diseases	IM10.1, IM10.2, IM10.3, IM10.4	Dr. Sanjeev.M.G

19.01.2026	AETCOM 4.1 General Medicine 1		Dr. Renoy, Dr. Ann Mary, Dr. Namitha
20.01.2026	AETCOM 4.1 General Medicine 2		Dr. Renoy, Dr. Ann Mary, Dr. Namitha
23.01.2026	CKD-2	IM10.5 to 10.11,IM10.19 & IM10.24 to 10.28	Dr. Akash Thomas
27.01.2026	Tubulointerstitial diseases and cystic diseases of the kidney /vascular diseases		Dr. Numan.A.M
30.01.2026	Chronic diarrhoea- Malabsorption syndromes and IBS	IM16.1, IM16.3, IM16.12, IM16.13, IM16.14	Dr. Anup Menon

**Theory Classes**  
**2023 Regular MBBS (Monday - 1 PM to 1.45 PM)**

DATE	TOPIC	COMPETENCIES	FACULTY
05.01.2026	Pericardial diseases	IM1.1	Dr. Anshuman.M.R
12.01.2026	HIV I - Introduction, Pathophysiology, Virology, Seroconversion and Staging of HIV	IM 6.3, IM 6.4, IM 6.5, IM 6.6, IM 6.13, IM 6.18	Dr. Kiran.G.K
19.01.2026	HIV II - Clinical Features, Opportunistic infections and malignancy associated with HIV, Treatment and prevention of opportunistic infections. HIV III - HAART; PEP, PREP	IM 6.3, IM 6.4, IM 6.5, IM 6.6, IM 6.13, IM 6.18 , IM 6.16, IM 6.17	Dr. Kiran.G.K
26.01.2026	Viral hepatitis- chronic	IM5.4, IM5.11, IM5.12, IM5.2, IM5.3	Dr. Chathur Agnivesh

**Theory Classes**  
**2024 Regular MBBS (Friday - 4 PM to 5 PM)**

<b>DATE</b>	<b>TOPIC</b>	<b>COMPETENCIES</b>	<b>FACULTY</b>
02.01.2026	Febrile Response Disorders of temperature regulation	IM 4.1, IM 4.2, IM4.4,IM4.5	Dr. Vishnu V
09.01.2026	Obesity	IM14.1, IM14.2, IM14.3, IM14.4, IM14.5, IM14.10, IM14.13, IM14.14, IM14.15	Dr. Surumi Azees
16.01.2026	Leptospirosis and Enteric fever	IM25.1, IM25.2, IM25.3, IM4.3	Dr. Sriram.S
30.01.2026	Chicken Pox, Herpetic Infections and other Exanthems	IM 4.3	Dr. Anshuman.M.R



**DR. M. G. K. PILLAI,**  
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