



**AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**

**AIMS Ponekkara P.O. Kochi-41**

**DEPARTMENT OF ENDOCRINOLOGY**

**PG TEACHING SCHEDULE FOR THE MONTH OF JANUARY 2026**

**THEORY (TIME: 8.00 AM - 9.30 AM)**

| <b>DATE</b> | <b>TOPIC</b>               | <b>FACULTY</b> |
|-------------|----------------------------|----------------|
| 05-1-2026   | Graves in CKD              | Dr. Nithya     |
| 12-1-2026   | Consumptive hypothyroidism | Dr. Nisha      |
| 21-1-2026   | ROHHAD syndrome            | Dr. Harish     |
| 27-1-2026   | Hyperandrogenism           | Dr. Praveen    |

**CASE PRESENTATION (TIME: 8.00 AM - 9.30 AM)**

| <b>DATE</b> | <b>TOPIC</b>      | <b>PRESENTER</b> | <b>FACULTY</b> |
|-------------|-------------------|------------------|----------------|
| 13/1/2026   | Paediatric graves | Dr. Ansalna      | Dr. Nisha      |
| 30/1/2026   | Acromegaly        | Dr. Jichu        | Dr. Praveen    |

**SEMINAR (TIME: 8.00 AM - 9.30 AM)**

| <b>DATE</b> | <b>TOPIC</b>           | <b>FACULTY</b>         |
|-------------|------------------------|------------------------|
| 2/1/2026    | Acromegaly - consensus | Dr. Nisha,             |
| 9/1/2026    | ADA – Guidelines I     | Dr. Praveen, Dr. Nisha |
| 23/1/2026   | ADA – Guidelines II    | Dr. Praveen, Dr. Nisha |

**GROUP DISCUSSION (TIME: 8.00 AM - 9.00 AM)**

| <b>DATE</b> | <b>TOPIC</b>  | <b>FACULTY</b>                         |
|-------------|---|--|
| 1-01-2026   | BMD<br>1.1772747 Babu Jose<br>2.2048018 Manjaly<br>3.2110090 Retnamma<br>4.2862540 Betsy<br>5.1383828 Ambujam | All                                    |
| 14-1-2026   | Endo-path<br>1. Sheeja – 677139<br>2.Mohanan – 2899827<br>3.Suni – 2918308<br>4. Sudheesh – 2870196           | All                                    |
| 7-1-2026    | TTB<br>1.Jayan 129892<br>2.Anil Menon 1753898<br>3.Sumalatha 1958753<br>4.Shanmukhan V 2257380                | Dr. Praveen,<br>Dr. Nisha<br>Dr.Nithya |

|           |  |     |
|-----------|--|-----|
| 08/1/2026 | Endo Nuerosurgery –<br>1.Anjaly Joy 2663325<br>2.Lilly Jose 1161852<br>3.Anamika 2785169<br>4.Aadish 2826570<br>5.Rajoo Kuriakose 824338<br>6.Pravitha 2929986 | All |
| 22/1/2026 | Nuclear medicine meeting-pheochromacytoma imaging  | All |

**JOURNAL CLUB (TIME: 8. 00AM - 9.30 AM)**  
**(ATTENDEES: ALL FACULTIES & PGs)**

| <b>DATE</b> | <b>TOPIC</b>  | <b>FACULTY</b>                          |
|-------------|---|---|
| 6-1-2026    | Bohula EA, Marston NA, Bhatia AK, et al. VESALIUS-CV Investigators. Evolocumab in Patients without a Previous Myocardial Infarction or Stroke. N Engl J Med. 2026 Jan 8;394(2):117-127.                 | Dr. Harish<br>Dr. Nisha Bhavani         |
| 20/1/2026   | Nicholls SJ, Pavo I, Bhatt DL, Buse JB, et al. SURPASS-CVOT Investigators. Cardiovascular Outcomes with Tirzepatide versus Dulaglutide in Type 2 Diabetes. N Engl J Med. 2025 Dec 18;393(24):2409-2420. | Dr. Nithya Abraham                      |
| 28/1/2026   | Wharton S, Lingvay I, Bogdanski P, et al. OASIS 4 Study Group. Oral Semaglutide at a Dose of 25 mg in Adults with Overweight or Obesity. N Engl J Med. 2025 Sep 18;393(11):1077-1087.                   | Dr. Praveen,<br>Dr. Nisha<br>Dr. Nithya |

**PROCEDURES**

|                   |     |
|-------------------|-----|
| Ultrasound        | 303 |
| FNAC              | 32  |
| Bone Densitometry | 114 |
| AB-Index          | 289 |
| Biothesiometry    | 286 |
| VAC Therapy       | 18  |



**DR. HARISH KUMAR**  
**HOD**  
**DEPARTMENT OF ENDOCRINOLOGY & DIABETES**  
**AIMS, KOCHI.**