



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF PHYSICAL MEDICINE AND
REHABILITATION**

PG TEACHING SCHEDULE FOR THE MONTH DECEMBER 2025

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
12/12/2025	Jeopardy	Dr. Amrutha
13/12/2025	USG of Hip, knee, ankle and foot	Dr. Roshin
18/12/2025	Type 2 DM prevalence	Dr. Anand
27/12/2025	AI, ROBOTS and PMR	Dr. Ravi

SEMINAR (TIME: 11.00 AM - 12.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
01/12/2025	Chronic pain in spinal cord injury	Dr. Nandana	Dr. Amrutha
10/12/2025	HSMN	Dr. RajaMithra	Dr. Amrutha
15/12/2025	Recent advances in stroke	Dr. Lins	Dr. Ravi
17/12/2025	Non-invasive brain stimulation	Dr. Deeptajeet	Dr. Anand

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)

(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
04/12/2025	Adhesive capsulitis	Dr. Nandana	Dr. Anand
08/12/2025	Glioma with cva and Vasospasm	Dr. Rajamithra	Dr. Ravi
22/12/2025	Haemorrhagic stroke	Dr. Lins	Dr. Anand
24/12/2025	Severe Traumatic Brain Injury	Dr. Deeptajeet	Dr. Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
03/12/2025	NCS-median nerve, ulnar nerve - sensory	Dr. Amrutha
11/12/2025	P and O workshop	Dr. Amrutha
20/12/2025	NCS upper limb	Dr. Anand
30/12/2025	CVA, TBI patients discussion	Dr. Ravi

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
05/12/2025	Bansal H, Leon J, Pont JL, Wilson DA, Bansal A, Agarwal D, Preoteasa I. Platelet-rich plasma (PRP) in osteoarthritis (OA) knee: Correct dose critical for long term clinical efficacy. Sci Rep. 2021 Feb 17;11(1):3971. doi: 10.1038/s41598-021-83025-2. Erratum in: Sci Rep. 2021 Sep 14;11(1):18612.	Dr. Deeptajeet	Dr. Ravi
06/12/2025	Zhang L, Cao J, Hu JH. Clinical application of percutaneous gastrostomy in children with dysphagia after traumatic brain injury: A single-center experience. Medicine (Baltimore). 2025 Apr 25;104(17):e42021.	Dr. Nandana	Dr. Ravi
19/12/2025	Nikolić S, Obradović B, Dimitrijević V, Rašković B, Dragičević-Cvjetković D. Isokinetic quadriceps physiotherapy after knee surgery: a retrospective study. Front Rehabil Sci. 2024 May 16;5:1336847.	Dr. Lins	Dr. Ravi
26/12/2025	Sharma GK, Patil A, Kaur P, Rajesh S, Drakonaki E, Botchu R. Comparison of efficacy of ultrasound-guided platelet rich plasma injection versus dry needling in lateral epicondylitis-a randomised controlled trial. J Ultrasound. 2024 Jun;27(2):315-321.	Dr. Rajamithra	Dr. Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
December	4019



DR. RAVI SANKARAN
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