



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE DECEMBER 2025**

THEORY (8.00am to 9.30 am)

DATE	TOPIC	FACULTY
01.12.2025	Distal humerus fracture	Dr.Chandrababu (Emeritus Professor)
04.12.2025	Dislocation of elbow	Dr.Balu C Babu
08.12.2025	Lisfranc injuries	Dr.Thadi Mohan
11.12.2025	Myelomeningocele	Dr.Jim F Vellara
15.12.2025	Hip Dysplasia	Dr.Druvan
18.12.2025	Lunate and perilunate dislocation	Dr.Vipin Mohan
22.12.2025	Compression fracture spine	Dr.Jaithilak
29.12.2025	Platelet Rich Plasma	Dr.Nigil

SEMINAR (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
02.12.2025	Epiphyseal injury elbow	Dr.Umang	Dr.Vipin
09.12.2025	Hip Dysplasia	Dr.Rahul	Dr.Arjun
16.12.2025	Claw toes	Dr.Nitish	Dr.Gayathri
23.12.2025	Tarsal tunnel syndrome	Dr.Aseem	Dr.Vivek
30.12.2025	Stress fracture	Dr.Ganesh	Dr.Navami

CASE PRESENTATIONS (5pm -6pm)
(ATTENDEES: ALL PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
01.12.2025	5pm -6pm	SCFE	Dr.Aseem	Dr.Jai Thilak/ Dr.Balu/ Dr. Vipin
05.12.2025	5pm -6pm	Swelling over the scapula	Dr.Ganesh	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
06.12.2025	8.00 am- 9.30am	Radial Nerve palsy	Dr.Nitish	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
08.12.2025	5pm -6pm	Dupuytren's contracture	Dr.Anand	Dr.Jim/ Dr.Arjun / DrNigil
12.12.2025	5pm -6pm	Trophic Ulcer Foot	Dr.Mahith	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami

13.12.2025	8.00 am-9.30am	Halux valgus in 18 year old girl	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
15.12.2025	5pm -6pm	Malunited Smith fracture	Dr.Prasanth	Dr.Chandrababu (Emeritus Professor)/Dr.Balu
19.12.2025	5pm -6pm	Post traumatic Claw hand	Dr.Rahul	Dr.Thadi Mohan/ Dr.Gayathri
20.12.2025	8.00 am-9.30am	Charcot's foot	Dr.Amuthan	Dr.Druvan / Dr.Amritaraj /DrVivek
22.12.2025	5pm -6pm	Recurrent shoulder dislocation	Dr.Niteesh	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
26.12.2025	5pm -6pm	Neck Of Femur Fracture	Dr.Logeshwer	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
27.12.2025	8.00 am-9.30am	Cubitus Valgus	Dr.Aseem	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
29.12.2025	5pm -6pm	Cauda equine syndrome	Dr.Rahulraj	Dr.Thadi Mohan/ Dr.Gayathri

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
02.12.2025	Fat embolism	Dr.Jai Thilak/ Dr. Gayathri
03.12.2025	Developmental Coxa Vara	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
04.12.2025	Septic Arthritis	Dr.Thadi Mohan Dr.Arjun/ Dr.Afnas
06.12.2025	Ochronosis	Dr.Jim/ Dr.Nigil/ Dr.Vipin
09.12.2025	Marfan's syndrome	Dr.Druvan/ Dr. Arjun/ Dr.Nigil
10.12.2025	Ex-fix Techniques	Dr.Jai Thilak/ Dr.Gayathri, Dr.Navami
11.12.2025	Osteogenesis imperfecta	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
13.12.2025	Ulnar sided Wrist pain	Dr.Thadi Mohan / Dr.Afnas/ Dr.Gayathri
16.12.2025	Psoriatic Arthropathy	Dr.Jim/ Dr.Arjun/ Dr.Nigil
17.12.2025	Rheumatoid Arthritis	Dr.Druvan/ Dr.Arjun/ Dr.Nigil/ Dr.Navami
18.12.2025	GOUT	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
20.12.2025	Neurofibromatosis, skeletal dysplasias•	DrThadi Mohan / Dr.Vivek/ Dr.Navami
23.12.2025	Osteochondritis at various sites	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
24.12.2025	Tendinitis and bursitis	Dr.Jim/ Dr.Arjun/ Dr.Nigil
27.12.2025	protrusion acetabuli	Dr.Druvan/ Dr.Arjun/ Amritaraj
30.12.2025	Transient osteoporosis of hip	Dr. Jai Thilak/ Dr. Nigil/ Dr. Balu
31.12.2025	Apert Syndrome	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
03.12.2025	Cory Collinge , Robert Protzman. Outcomes of minimally invasive plate osteosynthesis for metaphyseal distal tibia fractures. J Orthop Trauma. 2010 Jan;24(1):24-9.	Dr.Anand	Dr .Vipin
10.12.2025	Ashley B Anderson , Scott M Tintle]Closed Reduction Techniques for Distal Radius Fractures and Appropriate Casting Methods, Hand Clin . 2021 May;37(2):239-245.	Dr.Prasanth	Dr. Balu C Babu
17.12.2025	DechaoCai, Xiao Ma, HuihuiGuo. Prognostic Value of P16,p53 and pcna in Sarcoma and an evaluation of immune infiltration Journal Of Orthopaedic Surgery and Research June2022 Jun 10;17(1):305	Dr.Aseem	Dr.Nigil
24.12.2025	Chiara Suardi , Davide Stimolo · Varus morphology and its surgical implication in osteoarthritic knee and total knee arthroplasty. J Orthop Surg Res. 2022 Jun 3;17(1):299	Dr.Logeshwer	Dr.Gayathri
31.12.2025	Kirsch JM, Namdari S. Rehabilitation After Anatomic and Reverse Total Shoulder Arthroplasty: A Critical Analysis Review.JBJS Rev. 2020 Feb;8(2):e0129.	Dr.Rahul raj	Dr.Arjun

TUTORIALS (8.00am – 9.30am)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
05.12.2025	Shoulder reduction techniques	Dr. Anandhu	Dr.Navami
12.12.2025	Carpel Tunnel Syndrome	Dr.Niteesh	Dr.Nigil
19.12.2025	Bone tumours	Dr.Amuthan	Dr.Balu
26.12.2025	Acetabular fracture	Dr. Mahith	Dr.Druvan

GUEST LECTURE: 3.00 PM TO 4.00PM
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
22.12.2025	Diaphyseal fractures	Dr.Rajesh Simon, VPS Lakeshore Hospital

PROCEDURES FOR THE MONTH OF DECEMBER 2025

OPD PROCEDURES	360
MAJOR	147
MINOR	218



**DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI**