



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ENDOCRINOLOGY**  
**PG TEACHING SCHEDULE FOR THE MONTH OF DECEMBER 2025**  
**THEORY (TIME: 8.00 AM - 9.30 AM)**

DATE	TOPIC	FACULTY
01-12-2025	Hyperaldosteronism	Dr Nithya
15-12-2025	Cushing	Dr.Nisha,
22-12-2025	Refractory Hypertension-Hyperaldo	Dr .Harish
29-12-2025	Noonan Syndrome	Dr.Praveen

**CASE PRESENTATION (TIME: 8.00 AM - 9.30 AM)**  
**(ATTENDEES: ALL PGs)**

DATE	TOPIC	PRESENTER	FACULTY
17/12/2025	Rickets	Dr. Prasoon	Dr. Praveen, Dr.Nisha
05/12/2025	Precocious Puberty	Dr. Jichu	Dr. Harish
10/12/2025	Hypogonadism	Dr. Prasoon	Dr. Nisha
27/12/2025	Diabetic Foot	Dr. Prasoon	Dr. Praveen

**SEMINAR (TIME: 8.00 AM - 9.30 AM)**

DATE	TOPIC	FACULTY
5/12/2025	ATA- Guidelines I	Dr. Nisha,
12/12/2025	ATA- Guidelines II	Dr. Praveen, Dr. Nisha
19/12/2025	Recreational drugs in endocrinology	Dr. Nithya
26/12/2025	Dyslipidaemia Guidelines	Dr. Praveen,Dr. Nisha

**GROUP DISCUSSION (TIME: 8.00 AM - 9.00 AM)**  
**(ATTENDEES: ALL PGs)**

DATE	TOPIC	FACULTY
3-12-2025	BMD	All
10-12-2025	Endo-path 1.Jayachandran 2919201 2.Rajesh Kumar 2903526 3.Bindu 629067 4.C.K.Unni 1430377	All
4-12-2025	TTB 1.Sheeja- 677139 2.K.C Unni-1430377 3.Nithin Chandran-2697194	Dr. Praveen, Dr. Nisha Dr. Nithya
18/12/2025	ENDO NUEROSURGERY – 1.Shoby 1470323 2.Bindu V Nair 2925589 3.Beena Nadarajan 2921237 4.Jayalekshmi 2918255	All

25/12/2025	Nuclear medicine meeting-pheochromacytoma	All
------------	---	-----

**JOURNAL CLUB (TIME: 8. 00AM - 9.30 AM)**  
**(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
2-12-2025	Wharton S, Aronne LJ, Stefanski A, et al; ATTAIN-1 Trial Investigators. Orforglipron, an Oral Small-Molecule GLP-1 Receptor Agonist for Obesity Treatment. N Engl J Med. 2025 Nov 6;393(18):1796-1806.	Dr. Prasoon	Dr. Harish Dr. Nisha Bhavani
9/12/2025	Richa C, Lacroix A, Young J. Osilodrostat for Bilateral Adrenal Hypercortisolism in Primary Aldosteronism. N Engl J Med. 2025 Nov 27;393(21):2170-2172.	Dr. Jichu	Dr. Nithya Abraham
16/12/2025	Jimenez C, Andreassen M, Durand A.; LITESPARK-015 Investigators. Belzutifan for Advanced Pheochromocytoma or Paraganglioma. N Engl J Med. 2025 Nov 20;393(20):2012-2022.	Dr. Shubham	Dr. Praveen, Dr. Nisha
30/12/2025	Nicholls SJ, Pavo I, Bhatt DL, Buse JB, et al; SURPASS-CVOT Investigators. Cardiovascular Outcomes with Tirzepatide versus Dulaglutide in Type 2 Diabetes. N Engl J Med. 2025 Dec 18;393(24):2409-2420.	Dr. Prasoon	Dr. Praveen, Dr. Nisha Dr. Nithya

**PROCEDURES**

Ultrasound	313
FNAC	42
Bone Densitometry	136
AB-Index	284
Biothesiometry	280
VAC Therapy	15



**DR. HARISH KUMAR**  
**HOD**  
**DEPARTMENT OF ENDOCRINOLOGY & DIABETES**  
**AIMS, KOCHI.**