



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION

PG TEACHING SCHEDULE FOR THE MONTH NOVEMBER 2025

THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
06/11/2025	USG cubital fossa	Dr. Anand
13/11/2025	NCS-Tibial nerve	Dr. Amrutha
22/11/2025	Sensory changes after stroke	Dr. Ravi
27/11/2025	NCS-Ulnar nerve	Dr. Amrutha

SEMINAR (TIME: 11.00 AM - 12.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
03/11/2025	Sports Rehabilitation	Dr. Deeptajeet	Dr. Ravi
12/11/2025	Median Neuropathy	Dr. Lins	Dr. Amrutha
17/11/2025	Dysarthria	Dr. Nandana	Dr. Ravi
19/11/2025	Chronic pain physiology	Dr. Rajamithra	Dr. Amrutha

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)

(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
05/11/2025	Periarthritis Shoulder	Dr. Deeptajeet	Dr. Anand
10/11/2025	Left Transtibial amputation	Dr. Nandana	Dr. Ravi
24/11/2025	Recurrent Stroke	Dr. Lins	Dr. Ravi
26/11/2025	Non traumatic spinal cord injury	Dr. Rajamithra	Dr. Anand

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
01/11/2025	Fibromyalgia and life style medicine	Dr. Ravi
08/11/2025	Drugs	Dr. Amrutha
15/11/2025	Bernstein problem in motor control	Dr. Anand
20/11/2025	P and O Workshop	Dr. Anand

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)

ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
07/11/2025	Demir Y. Upper limb prosthetic prescription. Turk J Phys Med Rehabil. 2023 May 26;69(3):261-265.	Dr. Deeptajeet	Dr. Ravi
14/11/2025	Dragert K, Zehr EP. High-intensity unilateral dorsiflexor resistance training results in bilateral neuromuscular plasticity after stroke. Exp Brain Res. 2013 Mar;225(1):93-104. doi: 10.1007/s00221-012-3351-x. Epub 2012 Nov 30. PMID: 23196803.	Dr. Nandana	Dr. Ravi

21/11/2025	Tuakli-Wosornu YA, Terry A, et al. Lumbar Intradiskal Platelet-Rich Plasma (PRP) Injections: A Prospective, Double-Blind, Randomized Controlled Study. PM R. 2016 Jan;8(1):1-10; quiz 10.	Dr. Rajamithra	Dr. Anand
28/11/2025	Kim YS, Song JY, Park SH, Lee MM. Effect of functional electrical stimulation-based mirror therapy using gesture recognition biofeedback on upper extremity function in patients with chronic stroke: A randomized controlled trial. Medicine (Baltimore). 2023 Dec 29;102(52):e36546.	Dr. Lins	Dr. Ravi

PROCEDURES

MONTH	TOTAL PROCEDURES
November	4399



DR. RAVI SANKARAN
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