



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE NOVEMBER 2025**

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
03.11.2025	Bankart Repair	Dr Chandrababu (Emeritus Professor)
06.11.2025	Equinus deformity	Dr Jaithilak
10.11.2025	De Quervains Tenosynovitis	Dr Thadi Mohan
13.11.2025	Sprengel's Deformity	Dr Jim F Vellara
17.11.2025	Sever's Disease	Dr Druvan
20.11.2025	Osteopetrosis	Dr Vipin Mohan
24.11.2025	Ankle arthroses	Dr Balu C Babu
27.11.2025	Coxa Vara	Dr Nigil

**SEMINAR (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
04.11.2025	Radiology of Knee	Dr. Ganesh	Dr. Navami
11.11.2025	Radiology of pediatric humerus	Dr. Rahul	Dr. Arjun
18.11.2025	Knee Ligamentous Instability	Dr. Nitish	Dr. Gayathri
25.11.2025	Kienbocks Disease	Dr. Aseem	Dr. Vivek

**CASE PRESENTATIONS (5pm -6pm)
(ATTENDEES: ALL PGs)**

DATE	TIME	TOPIC	PRESENTER	FACULTY
01.11.2025	8.00 am-9.30am	Kyphoscoliosis	Dr.Aseem	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
03.11.2025	5pm -6pm	CTEV	Dr.Mahith	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
06.10.2025	5pm -6pm	Arthritis knee	Dr.Nitish	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
07.11.2025	5pm -6pm	TB hip	Dr.Anand	Dr.Jim/ Dr.Arjun / Dr.Nigil
08.11.2025	8.00 am-9.30am	Radial club hand	Dr.Ganesh	Dr.Druvan / Dr.Amritaraj / Dr.Vivek/ Dr.Navami

10.11.2025	5pm -6pm	Foot drop	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
14.11.2025	5pm -6pm	OA Shoulder	Dr.Amuthan	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
15.11.2025	8.00 am- 9.30am	Carpal Tunnel Syndrome	Dr.Rahul	Dr.Thadi Mohan/ Dr.Gayathri
17.11.2025	5pm -6pm	Wrist drop	Dr.Prasanth	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
21.11.2025	5pm -6pm	Post Polio Residual Paralysis	Dr.Niteesh	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
22.11.2025	8.00 am- 9.30am	Hemimelia	Dr.Logeshwer	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
24.11.2025	5pm -6pm	Myositis ossificans	Dr.Aseem	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
28.11.2025	5pm -6pm	Malunion Distal Radius	Dr.Rahulraj	Dr.Thadi Mohan/ Dr.Gayathri
29.11.2025	8.00 am- 9.30am	Chronic Osteomyelitis Foot	Dr.Nitish	Dr.Druvan / Dr.Amritaraj / Dr.Vivek

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
01.11.2025	Biomechanics of lag screw and its application in trauma	Dr.Chandrababu (Emeritus professor)/ Dr. Vipin/ Dr.Amritaraj
04.11.2025	Distraction osteogenesis	Dr.Jai Thilak/ Dr.Gayathri
05.11.2025	Ligamentotaxis in fracture	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
06.11.2025	Stress, strain, modulus of elasticity strength	Dr.Jim/ Dr.Nigil/ Dr.Vipin
08.11.2025	Osteochondral Injuries	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
11.11.2025	Atypical Femoral Fractures	Dr.Jai Thilak/ Dr.Gayathri, Dr.Navami
12.11.2025	Spondylodiscitis	Dr.Chandrababu (Emeritus professor)/ Dr. Vipin/ Dr.Amritaraj
13.11.2025	Schuerman Disease	Dr.Jim/ Dr.Arjun/ Dr.Nigil
15.11.2025	Femoro acetabular impingement syndrome	Dr.Thadi Mohan / Dr.Afnas/ Dr.Gayathri
18.11.2025	Tuberculosis Hip	Dr. Druvan/ Dr. Arjun/ Dr. Nigil/ Dr. Navami
19.11.2025	Renal Osteodystrophy	Dr.Jai Thilak/ Dr. Nigil/ Dr. Balu
20.11.2025	Management of periarticular fractures	Dr.Thadi Mohan / Dr. Vivek/ Dr. Navami
22.11.2025	Achilles tendinopathy	Dr. Chandrababu (Emeritus professor)/ Dr. Vipin/ Dr. Amritaraj

25.11.2025	Gluteus medius Syndrome	Dr. Jim/ Dr. Arjun/ Dr.Nigil
26.11.2025	Pyriformis Syndrome	Dr. Druvan/ Dr. Dr Arjun/Dr.Amritaraj
27.11.2025	Complex Regional Pain Syndrome	Dr. Jai Thilak/ Dr. Nigil/ Dr. Balu
29.11.2025	Hyaluronic Acid Injection	Dr. Chandrababu (Emeritus professor)/ Dr. Vipin/ Dr. Amritaraj

TUTORIALS (8.00am – 9.30am)

(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
07.11.2025	DHS Fixation	Dr Anand	Dr Druvan
14.11.2025	Nailing Techniques	Dr Niteesh	Dr Nigil
21.11.2025	Rehabilitation in rheumatoid arthritis	Dr Amuthan	Dr Balu
28.11.2025	Ank.Spondylitis	Dr Aanandhu	Dr Navami

JOURNAL CLUB (8.00am to 9.30am)

(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
05.11.2025	Devin lemmex, MD FRCSC ; Gabriel cardenas ,MD;FRCS (Tr&Orth);etc Arthroscopic management of anterior glenoid bone loss . JBJS Reviews. 2020 Feb;8(2):e0049. doi: 10.2106/JBJS.RVW.19.00049.	Dr.Ganesh	Dr.Vipin
12.11.2025	Christian Spross , Jan Meester . Evidence-based algorithm to treat patients with proximal humerus fractures-a prospective study with early clinical and overall performance results. J Shoulder Elbow Surg. 2019 Jun;28(6):1022-1032.	Dr.Prasanth	Dr.Arjun
19.11.2025	Matthew Florczynski ¹ , Ryan Paul, Prevention and Treatment of Nerve Injuries in Shoulder Arthroplasty. J Bone Joint Surg Am. 2021 May 19;103(10):935-946.	Dr.Mahith	Dr.Nigil
26.11.2025	Scott RT, Dujela MD, DeVries JG, Hyer CF,etal.Deformity Correction of the Midfoot/Hindfoot/Ankle. Clin Podiatr Med Surg. 2022 Apr;39(2):233-272	Dr.Logeshwer	Dr.Gayathri

GUEST LECTURE: (3.00 pm to 4.00pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
25.11.2025	Bone healing	Dr. T C Ranjith , Rajagiri Hospital

PROCEDURES FOR THE MONTH OF NOVEMBER 2025

OPD PROCEDURES	354
MAJOR	155
MINOR	210



DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI