



NEWS LETTER

Amrita College of Nursing

Amrita Vishwa Vidyapeetham
Health Sciences Campus, Kochi- 41



January –June 2025

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From the Desk of the Principal

Dear students, faculty, staff, alumni, and well-wishers,

It is with immense pride and gratitude that I welcome you to this edition of our college newsletter. It showcases diverse activities of the college from academic milestones to community outreach initiatives, and highlights the many ways we are fulfilling our mission of preparing future generations of skilled and empathetic nursing professionals. It is a milestone that not only chronicles our achievements over the past six months but also captures the spirit of our institution. We strive to create an environment that encourages every student to step outside their comfort zone, explore new challenges, and unearth their full potential.

I want to extend my heartfelt appreciation to our faculty especially the editorial team for their tireless efforts in mentoring our enthusiastic students. I am confident that our students will continue to make a positive impact wherever their careers take them, embodying the noble spirit of nursing.

Thank you for being a vital part of the Amrita family.

Warm regards



AMRITA
VISHWA VIDYAPEETHAM

College of Nursing

AMRITA ALUMNI MEET 2025

The Amrita Alumni Meet 2025 was conducted on 18/01/2025. The departmental get together began at 4:30 pm at first floor, Amrita College of Nursing, Kochi. Ms. Radhika Mohandas, President of the Alumni Association, welcomed the gathering with an insightful address that underscored the importance of alumni engagement and collaboration in advancing the institution's mission. Dr Anila K.P delivered the Presidential Address. She emphasized the contributions of the alumni community in the growth of Amrita College of Nursing and encouraged them to continue their involvement in academic and professional initiatives. Prof. (Dr.) Sunil M, Staff Advisor of the Alumni Association, emphasised the methods for strengthening alumni participation, expanding professional networking opportunities, and enhancing the support system for students and graduates. The new office bearers for the year 2025 were elected. Alumni activities, achievements, and reflections, were presented by Ms. Prini Varghese, Alumni Secretary. The Amrita inter-collegiate Alumni Meet was held on the same day at the B Block Auditorium, Amrita Institute of Medical Sciences, Kochi from 6:45 PM with a series of engaging activities and performances. The event served as a platform for alumni from various disciplines to reconnect, celebrate their achievements, and strengthen the bond with their alma mater. The formal proceedings began at 6:45 PM with a series of engaging activities and performances. A variety of performances showcased the rich cultural diversity of Amrita alumni. Alumni shared their experiences of reconnecting with peers and faculty, expressing gratitude for the opportunity to celebrate their journeys together.

GLIMPSES OF AMRITA ALUMNI MEET 2025



INTERNATIONAL WOMEN'S DAY CELEBRATION

The International Women's Day celebration at Amrita College of Nursing, Kochi, was enthusiastically conducted by the Dept. of OBG Nursing, Department of OBG of Amrita Hospital along with Student Nurses Association ACON Unit. Two-week-long activity was scheduled from 7th March 2025 to 19th March 2025.

On 7th March 2025, at 11.30 am, the celebrations were conducted in the out patient department of OBG, Amrita Hospital, Kochi. The programme was conducted by the 4th-year BSc Nursing students. The theme was revealed by Dr. Radhamany, Professor Emeritus, Dept. of OBG which was followed by an expert talk by Prof Anju Philip, HOD, OBG Nursing on Women's Day. The highlight of the programme was the musical role-play on Gender Equality, showcased by 4th-year BSc Nursing students.

As part of the celebration, three competitions, story Narration, Reel making, and Quiz were conducted for nursing faculty and students from 10-03-2025 to 18-03-2025. Faculty members and students actively participated in all the events.

The finale of the International Women's Day celebrations was conducted on March 19, 2025, in the Multipurpose Hall. Faculty members, students, and distinguished guests attended the event. Prof. Dr. K. T. Moly, Principal of Amrita College of Nursing, elaborated on the International Women's Day theme. She has emphasized the significance of Women's Day in recognizing the achievements and contributions of women across various domains. She has also highlighted the progress made in gender equality and encouraged students to contribute towards a more inclusive and equitable society.

The keynote address was done by Adv. Kartika Maria, a respected lawyer and an active member of "Yi Kochi". Women's empowerment, legal rights, and the need for gender equality in all aspects of life etc. was the core of the session. Her insightful words resonated with the audience, inspiring them to advocate for justice and equality.

INTERNATIONAL WOMEN'S DAY CELEBRATION

The event took a heartfelt turn as the college recognized and appreciated the dedication of Nursing Officers, Supervisors, Ward In-Charges who contribute selflessly to patient care. On behalf of SNA and IEDC at Amrita College of Nursing, surprise gifts were given to the Nurse Leaders of Amrita Hospital, for their continuous inspiration to Nursing students.

Glimpses of the International Women's Day Celebration



SPORTS FEST YATNA 2025

The Annual Sports Meet of Amrita College of Nursing, YATNA 2025 was conducted on 3rd and 4th of March 2025. There were both indoor and outdoor activities. All the three student groups, BRAHMA, SAHASRA and DHRONA actively participated in the events. The event was officially inaugurated by Principal Dr. K T Moly who received the Salute and passed on the Olympic Torch to the team leaders. The Sports oath was delivered by the Sports Secretary Mr. Vaishnav C. Bri. Sai Bala and Prof. Sheela Pavithran felicitated the gathering.

The overall championship was bagged by the team Dhrona with 174 points and team Brahma was the First Runners Up. The individual championship of YATNA 2025 was shared by Mr. Manikandan S of 4th year, Mr. Akhil Chandran of 4th semester and Ms. Uthara Bijukumar of 4th semester. All the students participated and showcased their athletic talents and spirited enthusiasm. Both the days were filled with exciting competitions, remarkable display of sportsmanship and hard work from the students.



Farewell Function – 19th Batch B.Sc. Nursing

The SNA unit of Amrita College of Nursing gave a grand farewell to the 19th batch of B.Sc. Nursing students on 26th April, 2025, at 2:00 pm, which was coordinated by the fourth-year students (20th batch). The program started by honouring the seniors. Br. Sai Bala, Nursing Director, addressed the gathering, highlighting the opportunities for staff nurses and wishing them a bright future. Prof. Dr. Sunil M extended farewell wishes and congratulated the students on their successful completion of their mission in the college. The 20th batch students then shared their memories, and a short video showcasing their experiences at Amrita was also projected. The evening featured cultural performances, including a "Finale Fiesta" dance performance by Ms. Anjima T and team, a musical band show "Rhythm & Reminiscence" by Mr. Akhil and team, and vibrant dance performances by both the batches. Prof. Dr. K.T. Moly, Principal, delivered a thoughtful speech, emphasizing the importance of self-care and patient care. After refreshments, the 20th batch surprised the seniors with a "Memory Montage" that took them on a nostalgic journey through their four years at Amrita College of Nursing



Leadership and Communication Skills for Nurses in a Multi-Generational Workforce

A workshop on Leadership and Communication Skills for Nurses in a Multi-Generational Workforce was conducted in collaboration with **ANEI** (Association of Nurse Executives of India). There were four interactive sessions, each focusing on critical competencies required for navigating leadership and communication challenges in today's diverse healthcare environment.

The workshop began with an insightful session by Dr. K. T. Moly, Principal, Amrita College of Nursing. She laid a strong foundation with an interesting activity session, which helped the delegates in understanding the characteristics, values, and expectations of different generational cohorts within the nursing workforce. Madam's presentation emphasized the significance of understanding the multi-generational workforce and the challenges each generation group faces in workforce with lots of live examples from her life. Ended the session with a take home message "as we need to remember across generations that there is as much to learn as there is to teach".

The second session was led by Dr. Sunil M, Professor, Amrita College of Nursing. He elaborated on communication barriers and preferences across age groups and provided practical strategies to enhance interpersonal effectiveness.

This third session, conducted by Br. Sai Bala, Nursing Director, AIMS Kochi, was a compelling exploration of leadership approaches suitable for a diverse team. She highlighted the importance of adaptive leadership and how nurse leaders must evolve their style based on the composition of their teams. Her real-world examples and experiences inspired many of the participants to reflect on their leadership practices. The session ended with an interesting group activity to enhance critical thinking to act as a leader in a life situation.

The final session was delivered by Shri. Ajith Menon, from the Institute of Management in Government. He addressed one of the most pertinent challenges in a multi-generational setup—conflict. His session was highly engaging and gave valuable tools for identifying, analyzing, and resolving conflicts constructively.

Leadership and Communication Skills for Nurses in a Multi-Generational Workforce



SAARANG

The Arts festival of Amrita College of Nursing **Saarang 2025**- a celebration of culture, talent, and unity that reflected the vibrant spirit of the nursing student community was held on **June 11, 12, and 13, 2025**. The official **unveiling of the batch theme name** was a moment of great excitement and pride. The batch names were: **Dhwani** – 2nd semester B. Sc Nursing **Nrithya** – 4th semester B. Sc Nursing, **Tarang** – 6th semester B. Sc Nursing, **Aroha** – 4th year B. Sc Nursing. .

The event was officially inaugurated by **Dr. Sabitha M.**, Principal of Amrita School of Pharmacy, who also unveiled the Overall Championship Trophy of Saarang 25. **Bri. Sai Bala M.**, Nursing Director of Amrita Hospital, addressed the gathering .

Across the three consecutive days of the fest, a total of **12** off-stage and **25** on-stage competitions were held. Each event was judged by experts from relevant fields, ensuring a fair and professional evaluation process . **Overall Championship Trophy** was awarded to **Tarang**, 6th Semester B. Sc Nursing with a total score of **205** points, and the coveted **Kalaprabhitha** title was awarded to **Mr Mahith P M**, 4th Year B. Sc Nursing and **Kalathilakam** title was awarded to **Ms Ayswarya Pradeep**, 6th Semester B. Sc Nursing.




Glimpses of Saarang 2025



INTERNATIONAL YOGA DAY

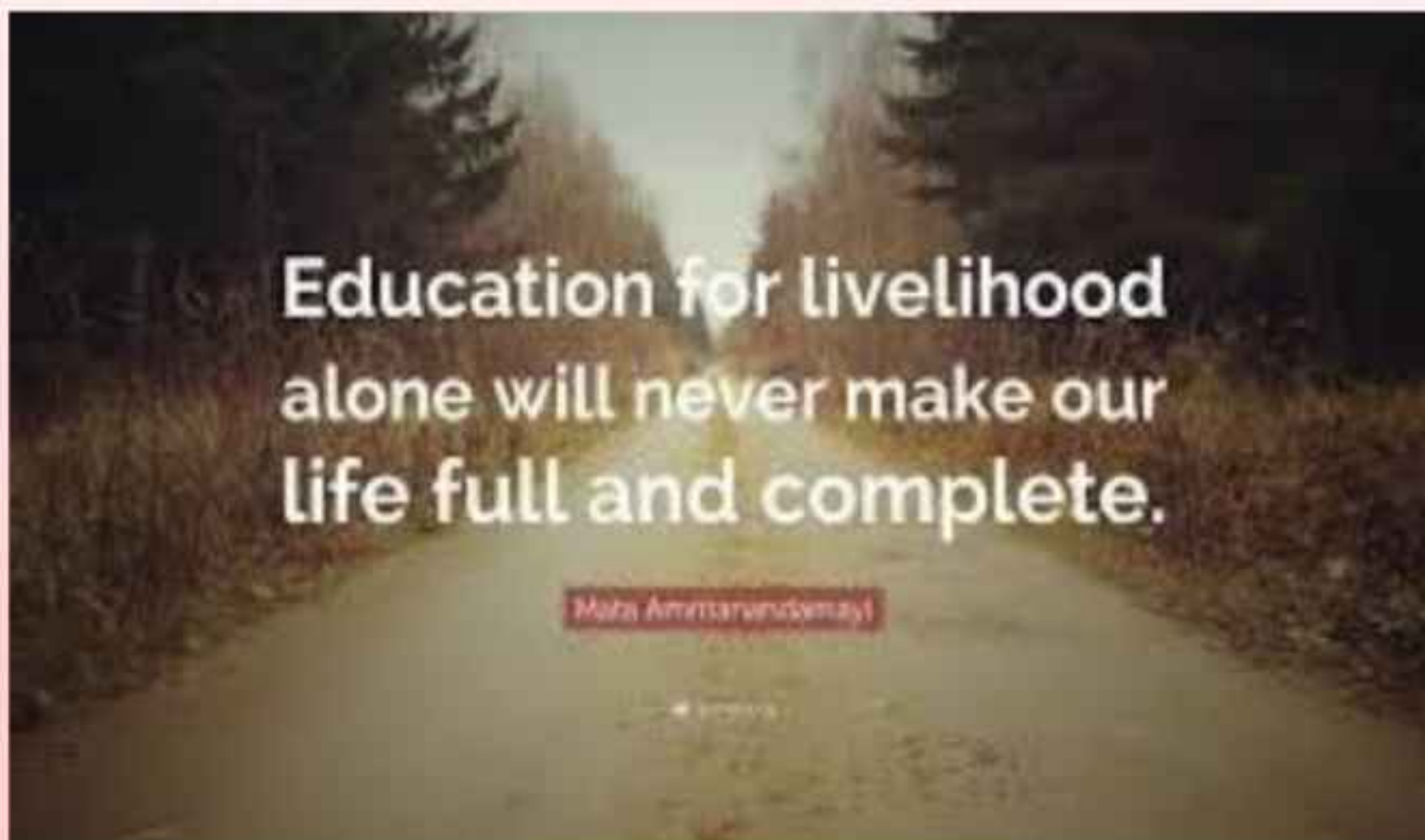
International Yoga Day Celebrations was held on 23/6/2023. The program started with prayer and pooja offering pranams at the lotus feet of our beloved Amma. Thirty two students from fourth Semester B.Sc Nursing 22nd batch participated actively in the session. An Awareness Session on Yoga was conducted by Ms Shalimol US. The Students demonstrated various yoga asanas as per the AYUSH protocol following which MAOM meditation session was taken for students. The students were also provided with the link of NYA (Namaste Yoga App) and the photos and videos of the programme were shared in NYA app as a signature event of IDY 2025 as suggested by UGC .



**AMRITA**
VISHWA VIDYAPEETHAM
WISDOM BEGETS KNOWLEDGE KNOWLEDGE BEGETS SKILL SKILL BEGETS PROGRESS

**COLLEGE OF
NURSING**
KOCHI CAMPUS

CURRICULUM COMMITTEE MEETING



DEPARTMENT OF MEDICAL-SURGICAL NURSING

In observance of World Brain Tumor Day, the Department of Medical Surgical Nursing, Amrita College of Nursing, conducted a quiz competition on June 28th 2025 for the 4th semester B. Sc. Nursing, 22nd batch. The event was organized under the theme "Brain Health for All Ages", with the aim of raising awareness about brain health and enhancing students' knowledge regarding brain tumour.

Ms. Shalimol US, Associate Professor, Department of Medical-Surgical Nursing, Amrita College of Nursing, revealed the theme, which was followed by quiz competition. The quiz covered a wide range of topics related to brain tumours day theme, including causes and risk factors, symptoms and signs, types and classifications, diagnostic tools, treatment modalities, complications, recent advances and innovations in neuro-oncology, and nursing interventions. Faculty members from the department were also present and supported the event.



DEPARTMENT OF FOUNDATIONS OF NURSING

ORAL HEALTH DAY

As a part of World Oral Health Day 2025, the Department of Foundations of Nursing, Amrita College of Nursing, organized an awareness session on **Oral hygiene, prevention and early detection of oral cancer** on 20/03/2025. The programme was conducted by the 2nd semester B.Sc. Nursing students. The session focussed on early signs and symptoms of oral cancer, treatment strategies and prevention of oral cancer and the importance of oral hygiene.



DEPARTMENT OF FOUNDATIONS OF NURSING

SRISHTI

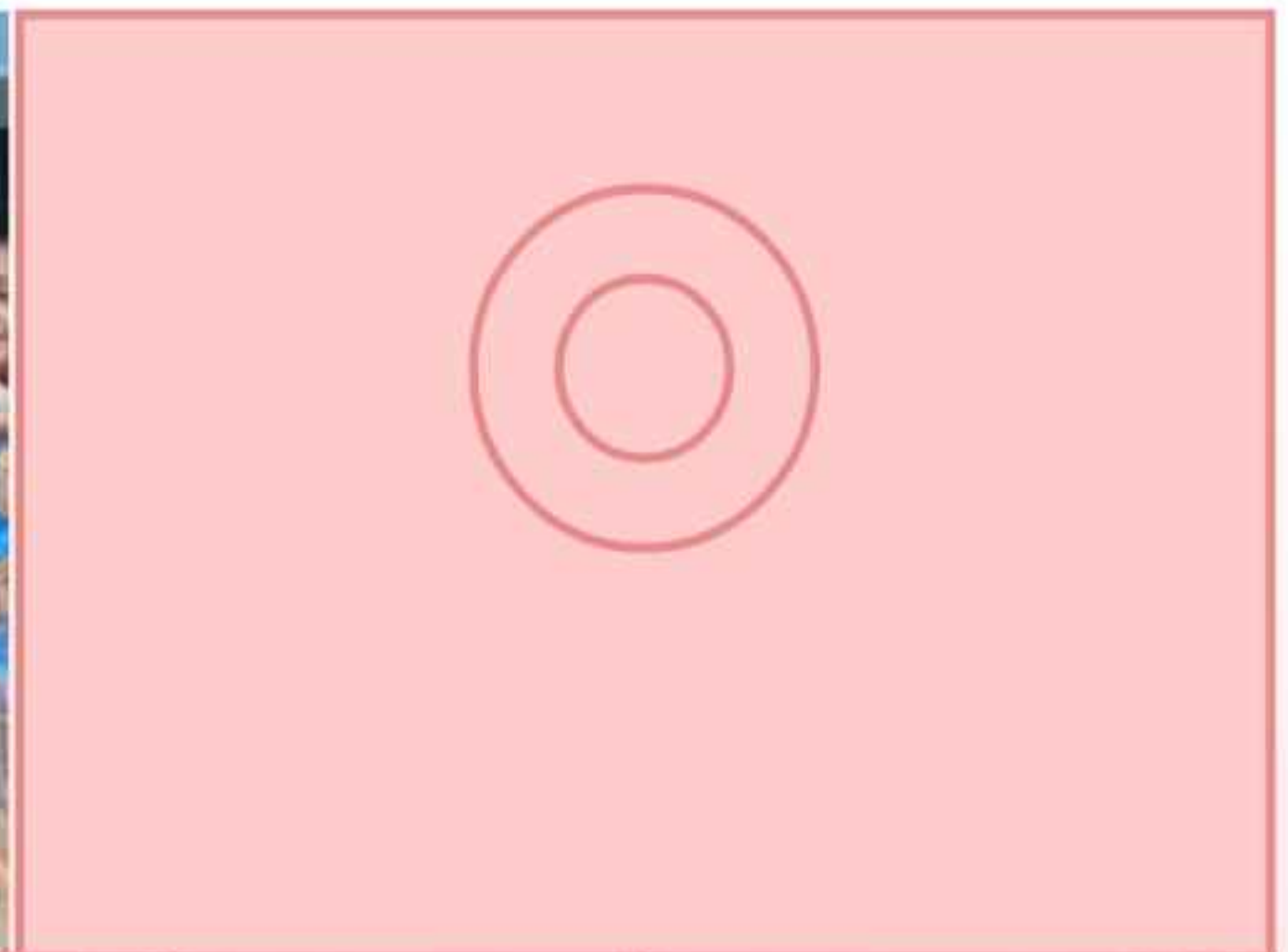
Department Of Foundations of Nursing conducted exhibition on subject Foundations of Nursing on 21/6/25 . The exhibition was very informative and covered the major topics of Foundations of Nursing.



DEPARTMENT OF FOUNDATIONS OF NURSING

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

The Department of Foundations of Nursing observed The International Day against Drug Abuse and Illicit Trafficking with a significant initiative, **“The Human Chain Against Drugs”** on June 26th from 7.30 am to 8.30 am in collaboration with Amrita School of Dentistry, Amrita School of Pharmacy, Amrita Center for Allied Health Sciences, Amrita School Medicine and Nursing Services. More than 700 participants including students, faculty, nursing staff and public attended the program. The programme was inaugurated by Mr. T N Sudheer, Assistant Commissioner of Excise Ernakulum Dist. He emphasized the vital role of the medical fraternity in combating drug abuse. He reiterated that efforts must extend beyond awareness to include the establishment of counselling centers for the children trapped in the grip of substance abuse. Also he administered the pledge to the group urging to commit to a drug free life. After that all the attendees put their signatures in the canvas to show their solidarity towards the drug free world. This was followed by a flash mob emphasizing on ill effects of substance abuse by the Fourth Year B.Sc. Nursing students.



DEPARTMENT OF CHILD HEALTH NURSING

Health Education Series Ammammarodoppam

DATE	TOPIC	RESOURCE PERSON	GROUP/AUDIANCE
04.01.2025	Dental Hygiene	Ms Archana Jyothish First year MSc Nursing student, Amrita College of Nursing.	Parents of admitted sick children at Pediatric Medical Ward
12.02.2025	Feeding and complimentary feeding	Fifth semester BSc Nursing students, Amrita College of Nursing.	Parents of admitted sick children at Pediatric Medical ward
09.05.2025	Poisoning and its prevention	Aida Rose Prem, Sixth semester BSc Nursing student, Amrita College of Nursing.	Parents of admitted sick children at Pediatric Medical ward
18.06.2025	Malnutrition and its prevention	Ms. Annabel Jeni, Sixth semester BSc Nursing student, Amrita College of Nursing.	Parents of admitted sick children at Pediatric Medical ward



DEPARTMENT OF COMMUNITY HEALTH NURSING

MEDICAL CAMPS

A medical camp was organized by Amrita Institute of Medical Sciences and Research Center, Kochi on 17/05/2025 at NSS Auditorium North Paravoor, Ernakulam District from 10AM to 02PM. Main objective of this camp was to identify and treat various health problems of people attending camp at the earliest. The camp was inaugurated Swamiji Anaghamritananda Puri at 9.30 am. Students of College of Nursing actively participated in the camp activities.

Another medical camp was organized by Amrita Institute of medical sciences and research centre, Kochi on 15/06/2025 at Sreekandeshwaram Temple auditorium, Irinjalakuda from 10AM to 1 PM. The main objective of this camp was early identification and treatment of various geriatric health problems. The camp was inaugurated by Swami Anakhamrithanandapuri at 9.30am. The medical camp provided various screening services like ECG, Complete Blood Count, GRBS monitoring and ophthalmic and other screening tests as well.

ANTI-TOBACCO AWARENESS PROGRAMME

The Department of Community Health Nursing, in collaboration with Amrita Rural Health Centre, Njarakkal, organized a Public Health Awareness Programme in connection with Anti-Tobacco Day 2025 on 24th June 2025 at Taluk Hospital, Njarakkal. The programme was coordinated by Fourth-year BSc Nursing students. These initiatives aimed to educate the public on the harmful effects of tobacco and nicotine use, with particular focus on the growing influence of social media in encouraging such habits, especially among the youth. The students performed a Flash Mob – “Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products”, Health Awareness Dramas and a street play centred around the theme of social media's impact on tobacco and nicotine consumption. The drama focused on online trends, peer pressure, and popular social media influencers, begin experimenting with smoking and vaping.

DEPARTMENT OF COMMUNITY HEALTH NURSING

Anti-Tobacco Awareness Programme



Environment Day Programme

Department of Community Health Nursing, in collaboration with the Student Nurses' Association (SNA) of Amrita College of Nursing, organized an environmental awareness programme at VHSS, Njarakkal on 4th June 2025. The initiative was taken by the Fourth-year B.Sc. Nursing students and Fourth-semester B.Sc. Nursing students of Amrita College of Nursing. The primary objective of the programme was to increase awareness among students about the importance of reducing plastic pollution and the need to protect our environment for future generations.



DEPARTMENT OF COMMUNITY HEALTH NURSING

Environment Day Programme

As a prelude to the main event, awareness sessions were conducted for students of Standards 5 to 10, as well as NSS students from Plus One and Plus Two, with a total participation of **210** students.

The official programme commenced at 2:00 PM and was inaugurated by Dr. K.T. Moly, Principal, Amrita College of Nursing. In her inaugural speech, Dr. K.T Moly emphasized the importance of nurturing nature, tackling plastic pollution, and recycling plastic waste. She also presented herbal sapling to Mrs. Shailaja as a symbolic gesture of environmental commitment. Mrs. Gayathri Devi S., Agricultural Officer, Njarakkal, addressed the gathering and highlighted the significance of proper disposal of plastic waste and the broader importance of World Environment Day. Mr. Anil, Faculty Member at VHSS, Njarakkal, felicitated the occasion. A poster competition on the theme "Role of Plastic in Environmental Pollution" was also conducted.

പരിസ്ഥിതി ദിനമാചരിച്ച് അമൃത കോളേജ് ഓഫ് നഴ്സിംഗ് വിദ്യാർത്ഥികൾ

ഞാറക്കൽ: അമൃത കോളേജ് ഓഫ് നേഴ്സിംഗ് കമ്മ്യൂണിറ്റി ഹെൽത്ത് നഴ്സിംഗ് വിഭാഗം വിദ്യാർത്ഥികളുടെ നേതൃത്വത്തിലാണ് ഞാറക്കൽ സർക്കാർ വെക്കേഷണൽ ഹയർ സെക്കൻഡറി സ്കൂളിൽ പരിസ്ഥിതി ദിനാഘോഷം സംഘടിപ്പിച്ചത്. അമൃത കോളേജ് ഓഫ് നേഴ്സിംഗ് പ്രിൻസിപ്പൽ ഡോ. കെടി മോളി ദിനാചരണ ചടങ്ങ് ഉദ്ഘാടനം ചെയ്തു.

ഞാറക്കൽ സർക്കാർ വെക്കേഷൻ ഹയർ സെക്കൻഡറി സ്കൂൾ ഹെഡ്മിസ്ട്രസ് ശൈലജ വി.എം., ഞാറക്കൽ കൃഷി ഓഫീസർ ഗായത്രി ദേവി എസ്., അമൃത കോളേജ് ഓഫ് നേഴ്സിംഗ് പ്രൊഫസർ ഡോ. സു

നിൽ എം.എന്നിവർ കുട്ടികൾക്ക് പരിസ്ഥിതി സംരക്ഷണ സന്ദേശം നൽകി. പരിസ്ഥിതി ദിനാഘോഷത്തിന്റെ ഭാഗമായി സ്കൂൾ വിദ്യാർത്ഥികൾക്കായി സംഘടിപ്പിച്ച പോസ്റ്റർ ഡിസൈനിങ് മത്സരത്തിന്റെ വിജയികൾക്ക് ചടങ്ങിൽ വെച്ച് സമ്മാനങ്ങൾ വിതരണം ചെയ്തു.

പരിസ്ഥിതി സംരക്ഷണത്തിന്റെ ആവശ്യകതയെക്കുറിച്ച് വിദ്യാർത്ഥികളെ ബോധവൽക്കരിക്കുന്നതിനായി പാവകളിലും ചടങ്ങിന്റെ ഭാഗമായി സംഘടിപ്പിച്ചിരുന്നു. അമൃത കോളേജ് ഓഫ് നേഴ്സിംഗ് വിദ്യാർത്ഥികൾ സ്കൂൾ വിദ്യാർത്ഥികൾക്കായി നൃത്തം അവതരിപ്പിക്കുകയും ഗാനം ആലപിക്കുകയും ചെയ്തു.



പരിസ്ഥിതി ദിനാഘോഷത്തിന്റെ ഭാഗമായി അമൃത കോളേജ് ഓഫ് നേഴ്സിംഗ് പ്രിൻസിപ്പൽ ഡോ. കെടി മോളി ഞാറക്കൽ സർക്കാർ വെക്കേഷൻ ഹയർ സെക്കൻഡറി സ്കൂൾ ഹെഡ്മിസ്ട്രസ് ശൈലജ വി.എമ്മിനും വിദ്യാർത്ഥികൾക്കും വൃക്ഷത്തെ സമ്മാനിക്കുന്നു.

STUDENT ACHIEVEMENTS

Our students have participated in SNA Zonal Level Arts Festival “**ANGAM**”-2025 and bagged lot of prizes.

Events	Students Name	Batch	Prize
Poster Presentations Anatomy and Physiology	Mr.Akhil V & MS. Anjal Anilkumar	20 th Batch	2 nd Prize
First Aid	Mr. Mahith P.M & Ms. Nandhana Prathapan	20 th Batch	2 nd Prize
Medical-Surgical Nursing	Ms. Aleena Madhu & Ms. Amrita Prakash	20 th Batch	3 rd Prize
Child Health Nursing	Ms. Arathy P.S & Ms. Anju Biju	20 th Batch	3 rd Prize
Quiz Competition	Mr. Anandu. S, Ms. Sherya Dhurvan & Ms. Mehendi Sharma.	20 th Batch	2 nd Prize
Recitation English	Ms. Jerlin Susan Roy	20 th Batch	1 st Prize
Recitation Malayalam	Ms. Aiswarya B.	22 nd Batch	1 st Prize
Hindi Essay Writing	Ms. Mehendi Sharma	20 th Batch	1 st Prize
Cartoon Drawing	Ms. Amrita Prakash	20 th Batch	3 rd Prize
On The Spot Painting	Mr. Akhil V	20 th Batch	3 rd Prize
English Poetry Writing	Ms. Neha Manju Maneksha	20 th Batch	3 rd Prize

STUDENT ACHIEVEMENTS

SNA- Zonal Arts Fest “ANGAM”-2025

Events	Students Name	Batch	Prize
Poster Presentations Anatomy and Physiology	Mr.Akhil V & MS. Anjal Anilkumar	20 th Batch	2 nd Prize
First Aid	Mr. Mahith P.M & Ms. Nandhana Prathapan	20 th Batch	2 nd Prize
Medical-Surgical Nursing	Ms. Aleena Madhu & Ms. Amrita Prakash	20 th Batch	3 rd Prize
Child Health Nursing	Ms. Arathy P.S & Ms. Anju Biju	20 th Batch	3 rd Prize
Quiz Competition	Mr. Anandu. S, Ms. Sherya Dhurvan & Ms. Mehendi Sharma.	20 th Batch	2 nd Prize
Recitation English	Ms. Jerlin Susan Roy	20 th Batch	1 st Prize
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Hindi Essay Writing	Ms. Mehendi Sharma	20 th Batch	1 st Prize
Cartoon Drawing	Ms. Amrita Prakash	20 th Batch	3 rd Prize
On The Spot Painting	Mr. Akhil V	20 th Batch	3 rd Prize
English Poetry Writing	Ms. Neha Manju Maneksha	20 th Batch	3 rd Prize
Solo Song (Boys)	Mr. Mahith P.M.	20 th Batch	2 nd Prize
Mappilapattu (Boys)	Mr. Akhil.V	20 th Batch	2 nd Prize
Mappilapattu (Girls)	Ms. Ayswariya Pramod	19 th Batch	3 rd Prize
Vattappattu	Mr. Muhammed Ansari Mr. Mahith PM Mr.Akhil V Mr.Adhul Vishnu Mr.Vidhu Vinod Mr.Pranav Ajikumar Mr.Anandu S Mr.Madhav S Nair Mr.Amarnath Krishna S	20th Batch	2nd Prize

STUDENT ACHIEVEMENTS

SNA- Zonal Arts Fest “ANGAM”-2025

Group Song	Ms. Amritha PS Ms. Abhirami Raj Ms. Aiswarya B Ms. Aiswarya A Ms. Surya K Sabu Ms. Aleena Fernandez Ms. Krishnendu Rajeev	22nd Batch	3rd Prize
NadanPattu	Mr. Mahith PM Mr. Akhil V Mr. Abhin Mr. Anandhu S Mr. Adhul Vishnu Mr. Akash Panicker Mr. Amaljith B	20th Batch	3rd Prize
Mimicry	Mr. Amaljith B	20th Batch	3rd Prize

SNA- Zonal SPORTS Fest “DERBY”-2025

Events	Students Name	Batch	Prize
Chess	Mr. Soorya Salim	23 rd Batch	First
Carroms (Boys)	Mr. Manikandan. S	20 th Batch	First
Badminton (Girls)	Ms. Ganga K Suresh Ms. Nandhana Prakash	21 st Batch	First
Badminton (Boys)	Mr. Armaan Singh Mr. Pranav K.K	23 rd Batch 19 th Batch	First

STUDENT ACHIEVEMENTS

SNA- Zonal SPORTS Fest “DERBY”-2025

Events	Students Name	Batch	Prize
High Jump (Girls)	Ms. Lekshmi Priya	20 th Batch	Second
Relay (Boys)	M. Anaswar S Mr. Akhil Chandran Mr. Athul U Mr. Aswin Vinod	20th Batch 22nd Batch 23rd batch 23rd batch	Third
Shot Put (Girls)	Ms. Diya V	21st Batch	First
Shot Put (Boys)	Mr. Manikandan S	20th Batch	Second
Javelin Throw (Girls)	Ms. Adra Aji	20th Batch	Second
Volleyball (Boys)	Mr. Dawood Bashir Mr. Aamir Waheed Mr Faisal Ahmad Mr. Shabir Ahmad Mr. Amal Sudhi Mr.Pranav. K Mr.Peer Hidayat Mr.Rashit Ali Mr.Mohammed Azarudeen Mr.Suriya Narayan Mr.Musaib Bilal	21st Batch 19th Batch 21st Batch 23rd Batch	First
Discus Throw (Girls)	Ms. Mehandi Sharma	20th Batch	
Discus Throw (Boys)	Mr.Akhil V	20th Batch	Third
800m Race (Girls)	Ms.Krishna Priya P	21st Batch	Third
200m (Boys)	Mr Anaswer S	20th Batch	Third

STUDENT ACHIEVEMENTS

SNA- Zonal SPORTs Fest “DERBY”-2025



First for March Past and Second for Throw Ball

STUDENT ACHIEVEMENTS



FACULTY ACHIEVEMENTS

Faculty Publications

1. Nidhin Elias,(Primary author) Anila K.P, Sivani R, Sneha R, Sona Mary Vinod, Sreedevi P Sanal Kumar (2025). "Lived experiences of parents of children with Hydrocephalus in a Tertiary Hospital, Kerala". International Journal Pharmaceutical Science and Health Care (IJPHC) ISSN 2249 – 5738, vol. 15, no. 3, 2025, pp. 19- 26. DOI: 110.5281/zenodo.15553454. Non Scopus
2. Ms Shalimol U S (Primary author)has done poster Presentation done in “International conference on Accreditation, Ranking and Quality in higher Education and published Abstract in global journal of medical pharmaceutical and biomedical update ISSN-27658910Non Scopus
3. Ms Anjana.A.P, (Co-author) Assessment of Self care Behavior and Related Factors among Patients with Heart Failure in a Tertiary Care Hospital, Kochi,World Journal of Pharmaceutical Research,Non Scopus,jan 2025
4. Ms Anju Philip (Primary author)Neonatal outcomes in offspring of mothers with pre gestational diabetes: a hospital-based multicentre prospective cohort study protocol. BMJ paediatrics open, 9(1), e003002. ,Q1 Scopus
5. Mr. Arun T L. (Primary author) Child Abuse Recognition and Reporting: A Critical Role for Pediatric Nurses ,Scientific Journal, Volume;3,Issue: 1,June 2025,Non Scopus
6. Prof. Anila.K.P .(Co-author) Effectiveness of therapeutic milieu intervention on patient safety culture among patients admitted in psychiatric ward ,Journal of Psychiatric Nursing,2025,Scopus Q2
7. Prof. Kanmani .J, (Corresponding author) Psychological status and quality of life among patients with cardiomyopathy in a tertiary care hospital, Kochi, Heart India, Volume 13 / Issue 1 / January-April 2025,SCOPUSQ4
8. Prof. Kanmani .J, (Primary author)The Importance of Patient Centered Care in Medical – Surgical Nursing, Scientific Journal,Volume 3,Issue:1,,June 2025,Non SCOPUS

FACULTY ACHIEVEMENTS

Faculty Publications

9. Prof. Kanmani .J, (Primary author) Nursing Strategies for Early Mobilization of Postoperative Patients in Medical Surgical Settings,Brio International Journal of Novel Research,Volume :2 Issue :1,,March 2025Non SCOPUS
10. Linju Prasad (Primary author)Hand hygiene compliance among surgical Nurses: Barriers and solutions. Scientific Journal2025Volume 3Issue 2
11. Lt Col (Dr) Ajee K L.(Corresponding author)Navigating the Complexities of Sarcoidosis: A Case Study Analysis, Research Hub: International Multidisciplinary Research Journal, IIJIF,20252025Non SCOPUS
12. Lt Col (Dr) Ajee K L (Co-author) ,Clinical profile, Prognostic Factors and Outcomes in Acute Liver Injury Due to Yellow Phosphorus/Metal Phosphide Poisoning: A Large Real-World Cohort Analysis Journal of Clinical and Experimental Hepatology,Scopus(Q2)
13. Mr. Santhosh Kumar J, (Primary author)Mental stress of athletes and its management strategies: A narrative review, Journal of sports and rehabilitation sciences 2025Non Scopus
14. Mr. Santhosh Kumar J, (Primary author),Simulation -Based Training in Mental Health Nursing: Enhancing skills, Confidence, and patient outcomes ,Scientific Journal,2025,Non Scopus
15. Mr. Santhosh Kumar J, (Primary author),Wearable technology in sports medicine: Innovations, Challenges and prospects,2025,Non Scopus
16. Mr. Santhosh Kumar J, (Primary author),OSCE vs DOP in psychiatric settings for nurses: A comparative Review, Scientific Journal,2025,Non Scopus
- 17.Mr. Santhosh Kumar J, (Primary author),Ethical Implications of Social Media data in mental health risk assessment: A Comprehensive Review for Nursing Practice, Scientific Journal,2025,Non Scopus

FACULTY ACHIEVEMENTS

Faculty Publications

18. Ms. Sethulakshmi S, (Primary author), Role of Nurse in Reducing Caesarean Section Rates: Challenges and opportunities. Scientific Journal Published in 2025 Volume 3 Issue 4, Non Scopus
19. Ms. Anisha V, (Primary author), Navigating the Complexities of Sarcoidosis: A Case Study Analysis Research Hub: International Multidisciplinary Research Journal March 2025, Non Scopus
20. Ms Anisha V (Corresponding author) Perceived stress and coping strategies during COVID 19 among Nursing and Arts/ Science students- A comparative study, Research Hub: International Multidisciplinary Research Journal, June 2025, Non-Scopus
21. Ms. Sruthi V B (Primary author), Assessment of quality of life and associated factors among patients with gynaecological cancer, World Journal of Advance Healthcare Research Volume-9, Issue-8, July 2025, Non-Scopus
22. Ms Suja Kumari S (Primary author), Paving the way to a better profession; Nursing students' perception towards the Nursing profession, Google Scholar, 2025, Non-Scopus
23. Dr. Sunil Moothedath (Corresponding author), "Assessment of the quality of life and associated factors among patients with gynaecological cancer", world journal of advanced health care research volume: 9 issue :8 July 2025, Non-Scopus
24. Dr. Sunil Moothedath (Corresponding author), Paving the way to a better profession; Nursing students' perception towards the Nursing profession, Google Scholar, 2025, Non-Scopus
25. K. T Moly, (Primary author), Perceived stress and Coping Strategies During COVID-19 among Nursing and Arts/Science students-A Comparative study, Research Hub International multidisciplinary Research Journal, 12(6) 126-136, 2025

FACULTY ACHIEVEMENTS

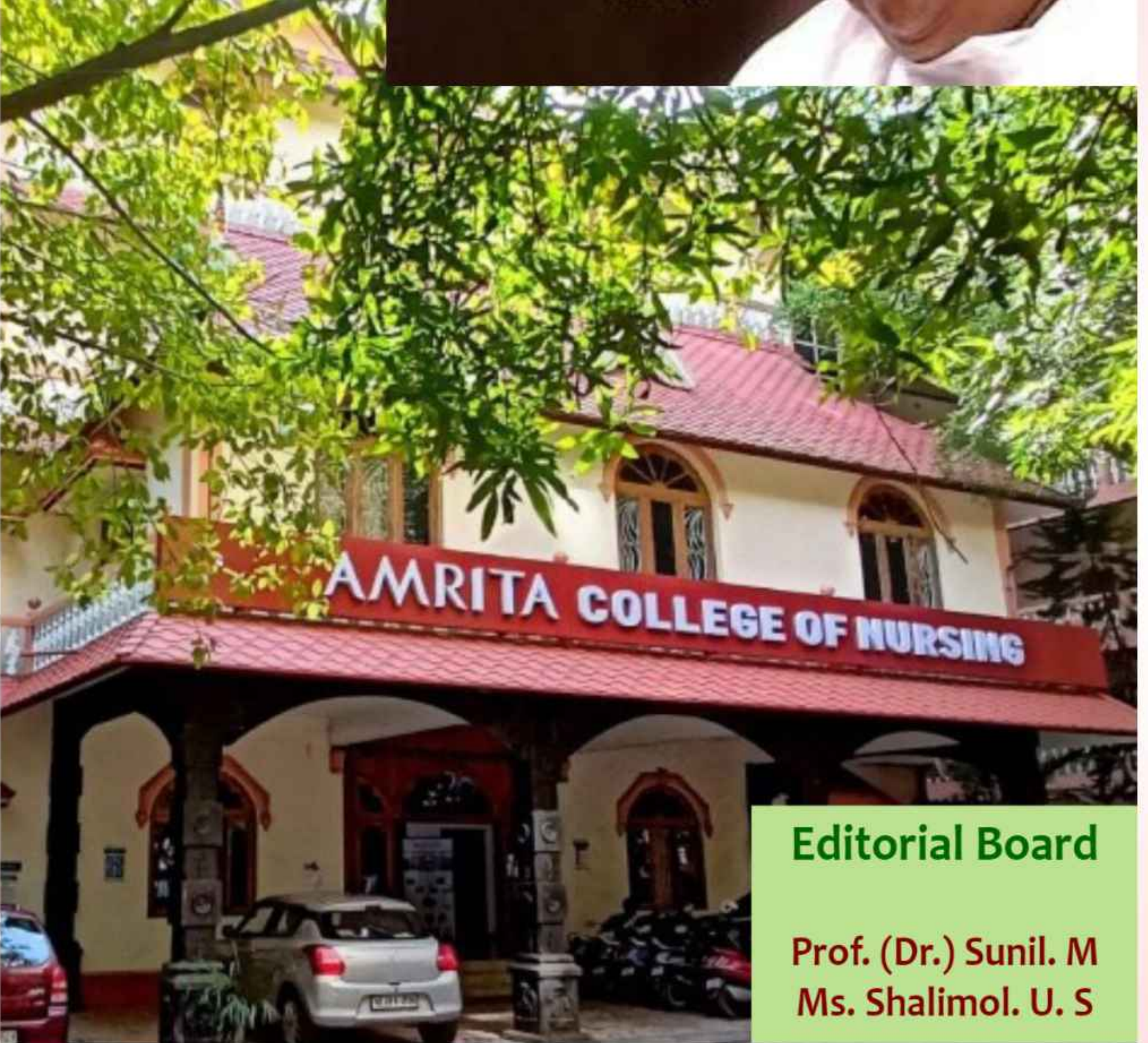
Other Achievements

1. Ms Anisha .V Chapter contributor (Chapter 4: Therapeutic potential of Phytochemicals: preclinical insights in Hepatocellular carcinoma) in the textbook of 'Liver Cancer and Phytomedicine', world scientific publishing company, March 2025.
2. Ms Anisha .V ,Dr.Lt Col (Dr) Ajee K L ,Ms Sujakumari Chapter contributors in the textbook of LIFE (Learning Ignited from Errors), CBS Publications an initiative by ANEI (Association of Nurse Executives of India) ,January 2025
3. Dr.Lt Col (Dr) Ajee K L ,K.T. Moly Chapter contributor (Chapter 3: Role of Dietary supplementation in management of liver diseases) in the textbook of 'Liver Cancer and Phytomedicine', world scientific publishing company, March 2025.





"If we want to eliminate the enemies that lurk in the innermost depths of the heart, we have to serve the world."
-Amma



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