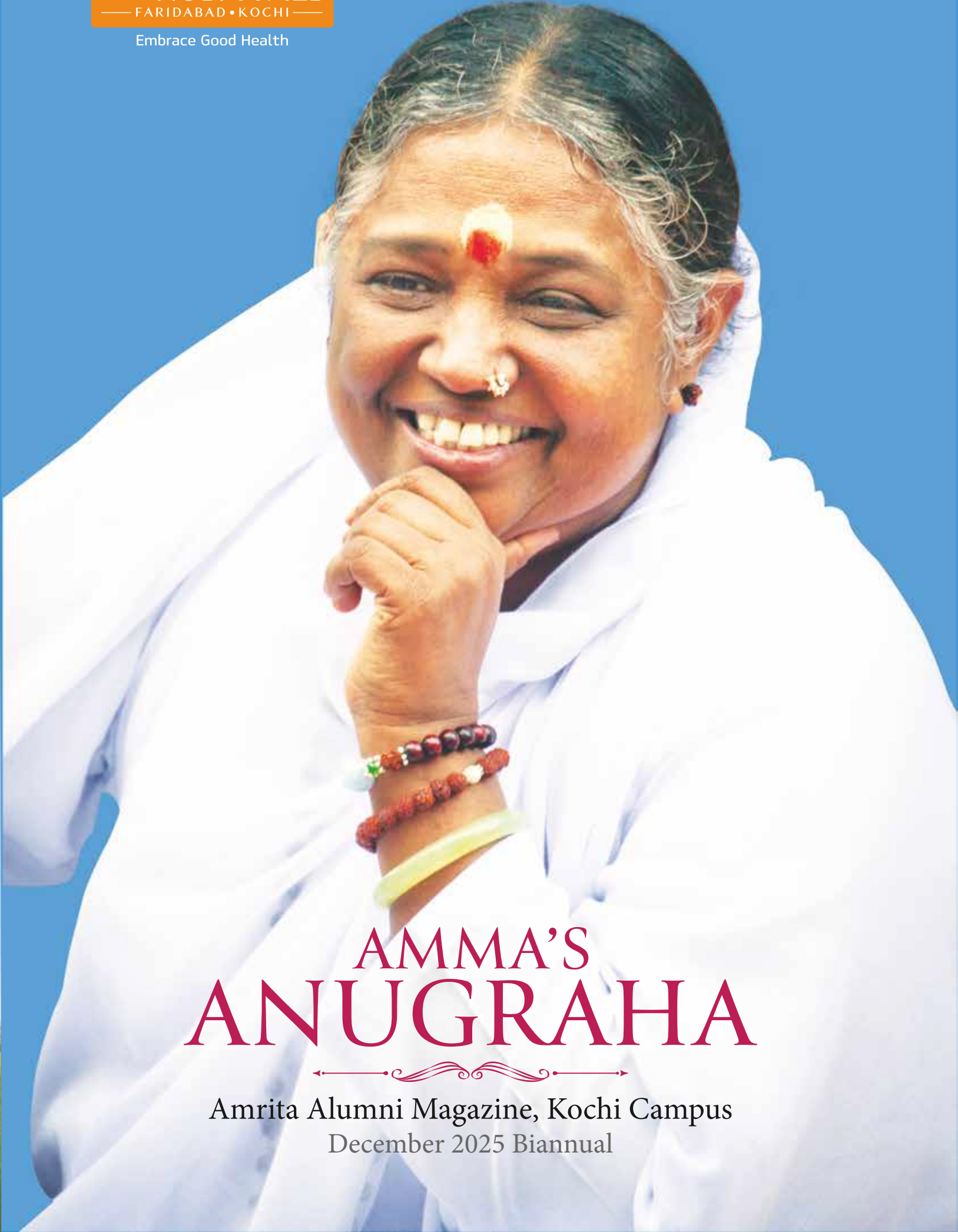




Embrace Good Health

AMRITA ALUMNI MAGAZINE 10th EDITION



AMMA'S ANUGRAHA



Amrita Alumni Magazine, Kochi Campus
December 2025 Biannual



The award was received on behalf of the hospital by Sri. Rajesh R. R., General Manager of Environment and Safety at Amrita Institute of Medical Sciences, presented by Kerala Chief Minister, Sri. Pinarayi Vijayan

Amrita Hospital, Kochi, Wins Kerala State Pollution Control Board's Excellence Award 2025.



**Shri. Rajesh R R, Shri. Suresh Kumar S, and Shri. Samshudhamrita Swamiji
The backbone behind this monumental achievement.**

It is for the seventh consecutive year that Amrita Hospital has received this prestigious recognition. The award was presented by **Kerala Chief Minister, Sri. Pinarayi Vijayan**, at the AURA 2K25 International Conclave on Environment, held at Adlux Convention Centre, Angamaly, Ernakulam, on September 27, 2025. The award was received on behalf of the hospital by Sri. Rajesh R. R., General Manager of Environment and Safety at Amrita Institute of Medical Sciences. Instituted by the State Government, the award recognizes organizations across various sectors for their exemplary efforts in pollution control, effective management of air and water pollution, energy and water conservation, CSR initiatives, and overall environmental protection.



മലിനീകരണ നിയന്ത്രണ ബോർഡിന്റെ എക്സലൻസ് അവാർഡ് അമൃത ആശുപത്രിക്ക്

കൊല്ലി തുറമുഖമായി ഏതാണ്ട് നൂറു വർഷമായി നിലനിൽക്കുന്ന അമൃത ആശുപത്രിക്ക് ഏഴാമത്തെ വർഷം കേരള പ്രദേശീയ മലിനീകരണ നിയന്ത്രണ ബോർഡിന്റെ എക്സലൻസ് അവാർഡ് ലഭിച്ചു. ഈ അവാർഡിന് അമൃത ആശുപത്രിയിലെ എസ്.ആർ.ആർ. സർജിക്കൽ ഡിവിഷൻ, നൂറു വർഷം പൂർത്തിയാക്കിയപ്പോൾ കൂടുതൽ പരിസ്ഥിതി സൗഹൃദ ക്രമീകരണങ്ങൾ നടപ്പിലാക്കിയതിനും മികച്ച പരിസ്ഥിതി സംരക്ഷണ പ്രവർത്തനങ്ങൾക്കും അവാർഡ് ലഭിച്ചു.

പുനർനിർമ്മാണത്തിന് അധികമായി കഴിവുള്ളതാണ് നൂറു വർഷം നിലനിൽക്കുന്ന അമൃത ആശുപത്രിയിലെ എസ്.ആർ.ആർ. ഡിവിഷൻ. മലിനീകരണ നിയന്ത്രണ ബോർഡിന്റെ എക്സലൻസ് അവാർഡിന് അമൃത ആശുപത്രിയിലെ എസ്.ആർ.ആർ. ഡിവിഷൻ മികച്ച പരിസ്ഥിതി സംരക്ഷണ പ്രവർത്തനങ്ങൾക്കും അവാർഡ് ലഭിച്ചു.



കേരള പ്രദേശീയ മലിനീകരണ നിയന്ത്രണ ബോർഡിന്റെ എക്സലൻസ് അവാർഡ് ജൂലൈയിൽ അമൃത ആശുപത്രിക്ക് കൈമാറിയിരിക്കുന്ന സമയത്ത്. ഇടത് മുതൽ വലതുവരെ: എസ്.ആർ.ആർ. ഡിവിഷൻ, അമൃത ആശുപത്രിയിലെ എസ്.ആർ.ആർ. ഡിവിഷൻ, എസ്.ആർ.ആർ. ഡിവിഷൻ, എസ്.ആർ.ആർ. ഡിവിഷൻ, എസ്.ആർ.ആർ. ഡിവിഷൻ.

Our Chancellor Sri. Mata Amritanandamayi (Amma) has received numerous accolades for her humanitarian work, spiritual leadership, and environmental activism,



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HUMANITARIAN AND PEACE AWARDS

GANDHI-KING AWARD FOR NON-VIOLENCE | Received from The World Movement for Nonviolence at the UN in Geneva.

GOLDEN GOODY AWARD | Also known as the “Oscar for Social Good” (2015).

JAMES PARKS MORTON INTERFAITH AWARD | Awarded in New York (2006). A special award from the Prime Minister of India for her contribution to the Swachh Bharat Kosh

CARE & SHARE INTERNATIONAL HUMANITARIAN OF THE YEAR AWARD | Awarded in Chicago (1998).

MEDAL OF HONOUR | Presented by Fashion 4 Development for her humanitarian work.

VIVEKANANDA INTERNATIONAL PEACE AWARD | Presented in 2025 for her contributions to global well-being.

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- **Dr. Dinesh Nair**
HOD (MHA), AIMS, Kochi.

RELEASING OF THE ALUMNI MAGAZINE 9th EDITION : KOCHI CAMPUS



Ms. Prini Varghese, Mr. Sakthi Prasad, Dr. Thara Aravind, Dr. Parvathy, Dr. Dinesh Nair,
Dr. Sabitha. M, Dr. Balagopal Varma, Dr. Prem Nair, Dr. Lakshmi. J, Dr. P.G. Nayar, Shri. MVG Thampi,
Dr. Ramakrishnan, Smt. Sarvamangala Mam, Dr. Shanti Nair.

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MESSAGE FROM THE DESK OF THE CHIEF CO-ORDINATOR OF AMRITA ALUMNI OFFICE, KOCHI CAMPUS



Dr. P. G Nayar,
Emeritus Professor.
Pharmacology.
Coordinator of Nodal Office for
Statutory Inspections.
Chief Coordinator for
Kochi Campus Alumni,
AIMS, Kochi.

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With pleasure, I am writing this message to see more and more Alumni get involved with their Alma mater. Our Alumni is settled throughout the world and they have formed smaller groups of Amrita Alumni in every place. They meet frequently and continue their contact and friendship with each other. The example is this 10th Edition Magazine which includes almost 80% of the batch. I am sure as time goes on more and more will join as Amrita has become more famous in its Rankings of NAAC, NABH, NABL & NIRF etc. at Global level. AMRITA has become a brand name and has a dignity of higher order as our beloved Amma Shri. Mata Amritanandamayi Devi guides the Institution. Amma's disciples are trained by her, who also stand tall in the eyes of the world as incomparable leaders, under whose experience I am able to gain more awareness to run the Alumni programs as well as the nuances in the field of Statutory Inspections of the Campus.

Dr. Lakshmi J, MD Pharmacology alumna, was an invited guest lecturer who talked about the opportunities of Medicos in Pharmaceutical industries. This has opened up the minds of many doctors and students who understood that the opportunities are very high and lucrative. Extremely lively discussion took place among the students and the speaker. Also, the faculties had very interesting questions which gave lot of knowledge to the present students. The 9th edition of the Alumni Magazine was released by Dr. Prem Nair, Provost & Group Medical Director, Amrita Hospitals, during this occasion. The clips of which can be seen in the page No. 10 of this Magazine.

The Department of General Surgery under the leadership of Dr. Pradeep Jacob conducted an Alumni gathering of his P.G's along with Onam celebrations. The coverage of that can be seen in the page. 93 of this Magazine.

For the first time in our Deemed University an extremely proud and gratifying moment came when one of our Alumni secured 80th Rank in NEET PG exam which

is very difficult to achieve. We all celebrated the moment.

We invited Dr. Riza Dilshan, who achieved this top distinction in the NEET rank and felicitated her. The family was so happy to accompany her for the function. Her husband, parents, and other family members, along with six of our alumni who were her classmates, accompanied her. Dr. Girish Kumar KP, Principal of Amrita School of Medicine, was so happy to celebrate a student's achievement as he wanted the present students to be inspired by her. She gave very good tips to achieve the rank and she was louder in telling that each rank will have so many students and the competition is absolutely fierce. Every subject is connected to each other in Medicine and therefore you should start preparing for NEET PG from first year onwards. All the subjects from Anatomy in 1st year to Surgery in 4th year, all are equally important and do not prepare for 1st year & 2nd year & 3rd year alone, the mistake she did for which she paid a penalty of preparing for NEET for two years. You can also save the year if you are serious from the beginning. The talk was very informative and many students asked questions and this was one of the most useful alumni sessions which we conducted in Kochi campus. The support she got from her family and friends paid a major dividend in her success.

The alumni who accompanied her also shared the stage and had discussion and advise to their juniors. All of them are placed in different Institutions like Lakeshore hospital, Gokulam Medical college, Kottayam Med. college & Savitha Med.college. They were all expressing their gratitude to their alma mater as they were given a special treatment by all the institutions where they went for jobs. They were a preferred lot by any Institution, they had gone for appointments. The respect and honor given to them were astonishing. That is Amrita. Those Alumni living outside Amrita has realized it more than who remained in Amrita. This was unanimously opined by all Alumni.

Wishing all the present students to learn a lesson out of their deliberations.

They all had seen very rare cases of patients which they might never see again as ours is a tertiary center. Every opportunity our Amma has provided please utilize them when you are here and use them in appropriate occasions. Dr. Riza who went to Chennai to a hospital says as soon as she said she is from Amrita the whole attitude changed and the Dr. was highly respectful towards her being a past student of Amrita. Pl. understand that when you are here, She said in Malayalam When the eyes are not there, you realize the importance of the eyes. This whole program is uploaded in the youTube for the benefit of all students who could not attend that function and the link is given at the end of this magazine. Valliya Swamaiji, PurnaSwamaiji and Dr. Prem Nair had been a support par excellence for the development of this magazine to its 10th edition. My pranamams to our most beloved Amma. May her blessings always be an Umbrella for me & for this magazine to go ahead with this task successfully.

EDITORIAL BOARD

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Co-ordinator of Nodal Office for Statutory
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ALUMNI COORDINATORS

**MAGAZINE RELEASE & ALUMNI TALK ON
“White coats to Board Rooms: Unlocking
Careers In Medical Affairs & Beyond”
by our Alumna, Dr. Lakshmi J.**



Entry of our most respected Director, Dr. Prem Nair & Karunamrita Pranaji, who are being received by Dr. P. G. Nayar & Dr. Akhila.

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Our MD having a discussion with the main speaker, Dr. Lakshmi.

MAGAZINE RELEASE & ALUMNI TALK ON “White coats to Board Rooms Unlocking Careers In Medical Affairs & Beyond

AMBITA

AMBITA ALUMNI KOCHI CAMPUS
HOSTS A SESSION ON
INSIGHT INTO THE OPPORTUNITIES IN
PHARMACEUTICALS FOR ALL PROSPECTIVE
HEALTHCARE PROFESSIONALS

**TOPIC: WHITE COATS TO BOARDROOMS:
UNLOCKING CAREERS IN MEDICAL AFFAIRS &
BEYOND**

AT AMBITESHWAR HALL

Dr. Lakshmi J, MD in Pharmacology alumna.
Currently working as Medical Science Liaison at the
Customer-care area at Bristol-Myers Squibb (leading
Advanced Pharmaceutical Company).

Date: 11/08/2025 @ 10 AM – 12 PM – IST.
Hybrid session with release of Alumni
Magazine 9th edition.

AMBITA

Programme Schedule
Hybrid session

11/08/2025 @ 10 AM to 12 PM - IST

Lamp Lighting : 10 AM

- WELCOME ADDRESS**
- PRELIMINARY ADDRESS**
Dr. Pooja Nair
Group Medical Director & President
Amrita Hospital, India.
- PROCEEDING**
Dr. Green Kumar K F
President, ASH,
AMBA, Kochi.
- MAGAZINE RELEASE**
Dr. Pooja Nair
- LEAVE BY ALUMNI SPEAKER FOLLOWED BY
INTERACTION WITH THE AUDIENCE**
Dr. Lakshmi J.
- NOTE OF THANKS**
- RESERVAL ADDRESS**

ORGANIZER BY
AIMS Kochi
Amrita Institute of Pharmacy,
Changanassery, Kochi, Kerala. For Student Activities
1st Floor, Amrita Kochi Campus, Amrita Institute of Pharmacy,
AIMS KOCHI

The program was conducted on 11-08-25 at 10 AM IST in hybrid mode. Our alumna, Dr. Lakshmi J, MD Pharmacology, talked about the opportunities of Medicos in Pharmaceutical industries.



Master of ceremony –
Ms. Abhiramy Jayakumar

**MAGAZINE RELEASE & ALUMNI TALK ON
“White coats to Board Rooms Unlocking Careers
In Medical Affairs & Beyond**

Lamp Lighting ceremony



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Shri. M.V. Thampi



Dr. Sabitha.M



Dr. Balagopal Varma

Lamp Lighting ceremony



Dr. P.G.Nayar



Dr. Princy Louis Palatty



Dr. Dinesh Nair



Dr. Lakshmi.J



Dr. Rakesh



Dr. Ramakrishnan

*Presidential address by
Dr. Prem Nair*



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Dr. Akhila Nandan
introducing the speaker



Speaker – Dr. Lakshmi J



Q & A session – Dr. Mahesh & Dr. P. G. Nayar



Dr. P. G. Nayar honoring Dr. Lakshmi with Ponnada



Dr. Princy Louis Palatty & Dr. P. G. Nayar presenting a Memento & certificate

Vote of thanks – Dr. Amrita Ashok

BEHIND THE CURTAINS



Alumna, Dr. Lakshmi, with her previous colleagues, Professors, Alumni office, Nodal office & Pharmaco vigilance staff members.

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Introduction of 2009 Batch MBBS

This batch has brightest stars like Dr. Anjali Ravikumar, Dr. Kamala R, Dr. Reshma Gopakumar, Dr. Shruti Keyal and many more who have done super specialty in many branches. My congratulations to all of them. There are expert dancers like Dr. Sruthy Harshan, who shines in the extracurricular activity even now and the sisters Dr. Shruthy Harshan & Dr. Madhuri Harshan are very popular in social media. Most of the MBBS 2009 batch students are in UK, USA, Germany etc. and many other renowned hospitals inside & outside India.

MBBS 2009 batch students are a group of inherently intelligent and genuine students.

Around six of them have joined their Alma mater after their PG to carry ahead with their profession and to do their super specialty courses. At the same time there are a few students who are shy of coming to public or giving their details, the reasons for which are known only to them & strictly personal. May Ammas grace and blessings be always with them.

Our Blessings & best wishes to 2009 MBBS Batch



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AMRITA SCHOOL
OF MEDICINE

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Adithya Shankar
Roll No : KH.MD.U6MBB09002



Dr. Adithya Shankar, currently pursuing Vitreo Retina Surgery Fellowship at Narayana Nethralaya, Bangalore. He has completed General Ophthalmology Fellowship (Aravind Eye Hospital) and MS Ophthalmology (TN Dr MGR University).

His wife, Dr Shweta Dev, is also currently doing her fellowship in Cornea & Refractive Fellowship at Narayana Nethralaya, Bangalore. She has completed DO & DNB Ophthalmology.

They have a 5 years old son, Dhruv Adithya. He is studying in UKG now.

MBBS 2009 BATCH ALUMNI DETAILS



Name : Aiswarya S Babu
Roll No : KH.MD.U6MBB09003

Dr. Aiswarya S Babu, ER resident second year at Ananthapuri hospital, Trivandrum. She had graduated in MSc Healthcare management from Swansea University, Wales, United Kingdom, prior to the current PG.



Name: Aabind S Dev
Roll No : KH.MD.U6MBB09001

Working as Associate Consultant Radiologist at Lakeshore Hospital, Kochi.

MBBS 2009 BATCH ALUMNI DETAILS



Name : Amal Mathew
Roll No : KH.MD.U6MBB09005

Specialist in Anaesthesia and Intensive medicine & working in University Klinik Ruppin-Brandenburg, Germany.



Name : Anupa John
Roll No : KH.MD.U6MBB09014

Dr Anupa John, Senior Resident, 3rd year (DM MEDICAL ONCOLOGY) at Tata Memorial Hospital, Mumbai. Family status: Unmarried



with her colleagues

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Akhil P
Roll No : KH.MD.U6MBB09004



Dr Akhil P, currently doing fellowship in GEF eye hospital after completing his PG in Ms Ophthalmology from Rajarajeshwari Medical College, Bangalore.
Dr Sruthy BS (wife)
Sindhu P (mother)
Prabhashan K (father)

MBBS 2009 BATCH ALUMNI DETAILS



Name : Bhagya Arun
Roll No : KH.MD.U6MBB09021

Place of work: Cardiff, South Wales,
United Kingdom.
Position: Internal Medicine Trainee 2,
MSc Clinical,
Dermatology, RCP Associate College
Tutor, Honorary
Tutor of Cardiff University
Family details: Single



Name : Catherine Thazhuthapuram Paul
Roll No : KH.MD.U6MBB09022

Dr Catherine Paul, MBBS 2009, is
now doing DM Cardiology
Third year in Amala Medical
college Thrissur. Not married.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Aneesha Raj
Roll No : KH.MD.U6MBB09007

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Dr Aneesha Raj, MBBS, MS OBG, Consultant Obstetrician and Gynaecologist, at Sree Parthas Multispeciality hospital. Married to Dr Vignesh M, MBBS, MD (RD). They have two sons -Reyansh Vignesh (8years) Aarish vignesh (4years).

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Aniya Shouk
Roll No : KH.MD.U6MBB09008

Dr. Aniya Shouk, doing Dr. NB. (Cardiac Anesthesia) at GKNM College, Coimbatore. Married to Dr. Afthab, doing MD (Biochemistry) at AIMS, Kochi.



Name : Sivya Chullian
Roll No : KH.MD.U6MBB09080

Dr. Sivya is a Pathologist in UK. She is married to Dr. Ajith and he is working in NHS UK as Consultant, Radiologist. Kids : Elder Son, Adithya, in primary school, 7 years old & younger is daughter, Avani, almost 3 years old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Anjali Ravi Kumar
Roll No : KH.MD.U6MBB09009



Dr. Anjali Ravi Kumar, 1st year Dr NB Resident, Plastic and Reconstructive Surgery, Specialist's Hospital, Kochi, Kerala.
Spouse Name: Dr. Sandeep Surendran, Alumnus 2002 MBBS Batch, Assistant Professor in the department of Rheumatology, AIMS, Kochi.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Anju Vijayan
Roll No : KH.MD.U6MBB09010



Dr. Anju Vijayan, currently doing Post Doctoral Fellowship in Fetal medicine in Mediscan, Chennai. Married to Renjith A R. He is doing post doctoral fellowship at Israel Institute of Technology, Tel Aviv, Israel. They have a 5 years old son, studying in LKG.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Ankitha Ann Antony
Roll No : KH.MD.U6MBB09011



Ankitha Antony, M.D, Assistant Professor of Medicine, Ambulatory Medicine Site Director, Farmington, Internal Medicine, University of Connecticut Health Center . Married to Mathew Kottarathara. They have 2 children: Luke (5 yrs) and Teresa (17 months) & are living in Connecticut, USA.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Anoop Vasudevan Pillai
Roll No : KH.MD.U6MBB09012

Dr Anoop V Pillai, Associate professor, Department of General Surgery, Amrita hospital, Kochi. Married to Dr Sreya Nair (2011 MBBS), Senior Resident, Pediatrics Dept, Amrita hospital, Kochi



Delighted to see the cute baby.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Anusha K
Roll No : KH.MD.U6MBB09015



Dr. Anusha K, MBBS (2009) Alumna, DNB (Family Medicine), currently working as Consultant Family Physician at Trivandrum. She is married to Dr. Arun B S , DNB Paediatrics, who is serving as an Assistant Surgeon in the Kerala Health Service. They are blessed with a son and a daughter.

MBBS 2009 BATCH ALUMNI DETAILS



Name : Deepak Sudhakaran
Roll No : KH.MD.U6MBB09025



MD (Community Med) from Manipal, CCPM certified course in Palliative medicine. Currently, he is the project Lead for Project Aravaaipu, a rural home based palliative care project of Coimbatore Cancer Foundation.



Name : Gayathri Gunavardhanan
Roll No : KH.MD.U6MBB09036

Dr. Gayathri, MD in Dermatology, Venereology & Leprosy. She was working as a consultant dermatologist at Niara Aesthetics in Panampilly Nagar, Ekm..

Now she is a Consultant Dermatologist at Oman.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Ashraf A

Roll No : KH.MD.U6MBB09018



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Dr. Ashraf Althab completed M.D in pediatrics from B.P. Koirala institute of health science at 2021 and also did a short course of PGPN (Boston) and Fellowship in diabetes. He is practicing in his own hospital - Crescent Nursing home, located at madurai. Married to Dr. Nilofer, who has completed her MBBS, & is preparing for her higher studies.

They are blessed with 2 sons. Arhaan - 5years (UKG) and Arfaan - 2 years (Play school).

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Ayyappan Kidakkottu
Roll No : KH.MD.U6MBB09020



Dr. Ayyappan, presently working at Aster DM healthcare Dubai UAE as Specialist in Internal Medicine. Married to Dr Anjana Krishnan, Gynaecologist, who is presently pursuing her fellowship in Fetal medicine from Dr Suresh Mediscan, Chennai. They have one kid, Advay Ayyappan, 2 years old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Chandana P R
Roll No : KH.MD.U6MBB09023

Getting the scroll from Amma.



Dr. Chandana P R, 2009 MBBS batch, 2021 MD batch - M.D RADIO-DIAGNOSIS (Bangalore). Currently working : Senior resident, department of Radiology, AIMS Kochi, Spouse : Dr. Anup Menon, M.D. Internal medicine, Currently working : Assistant Professor, Department of General Medicine, AIMS Kochi. Baby : Master Ashwath Menon, 4 years.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Deepa Krishnan
Roll No : KH.MD.U6MBB09024



Dr. Deepa Krishnan, Diploma Hospital Administration from NIHFV (National Institute of Health and Family Welfare) Delhi. Married to Dr Vishnu Lal, 2008 MBBS (Azezia Medical College), MD Physiology (JIP-MER Pondicherry). Diploma TB and Chest Disease (National Heart Institute, Delhi). They have a daughter : Gouri Vishnu (20 months old). Currently residing at Bareilly (Uttarpradesh). Working at Rohilkhand Medical College.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Deepthi Surendran Pillai
Roll No : KH.MD.U6MBB09027



Dr Deepthi S Pillai, MD Pathology 2019 batch, from Amrita institute of medical sciences, Kochi. Currently working as Consultant Pathologist at Rajagiri hospital, Aluva and Director of Pathlogix Diagnostic centre, Kalady. Married to Dr Sreenadh S, MD, DNB General Medicine, Consultant Physician and Director of Kalady Medical Centre Hospital, Kalady. Kids: Pranav (8 yrs) and Avanthika (1.5yrs)

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Devika Gopan
Roll No : KH.MD.U6MBB09028



Dr. Devika Gopan, Currently 3rd year psychiatry PG of Meenakshi Medical College and Research Institute, Kanchipuram. Married to Dr. Manjunath P.S. He is a pediatrician and they have a 9 year old daughter - Thrishika Manjunath. Settled in Kollam.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Devika K

Roll No : KH.MD.U6MBB09029

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Dr. Devika did Masters in Clinical Research from UCSF (MAS degree) and is currently doing Paediatrics Residency at Bronxcare health system in New York. Married to Vijay, PI, Associate Professor in the department of Neuroscience at UCSF, California, and their daughter, Jia, is going to second grade this year.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sharavanan Perumal Chandran
Roll No : KH.MD.U6MBB09073
MD (Anesthesia) alumnus



Dr. Sharavanan, Director Clinical services, Strategy and operations RTWO Global healthcare, Bangalore. Married to Dr. Divya, Anaesthetist. They have a kid, one yr old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Dhanya Keezhatoor
Roll No : KH.MD.U6MBB09031
MBBS 2009 & MS (OBG)
2015 batch alumna



Dr Dhanya Keezhatoor, 2009 MBBS,
currently working as assistant professor
in Fetal medicine and Perinatology
at AIMS, Kochi

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Name : Shruti Keyal
Roll No : KH.MD.U6MBB09075
MD (Gen.Med) 2016 batch
DM (Gastro) 2020 Batch

Dr. Shruti Keyal, Consultant,
Gastroenterology at Apollo
Multispeciality Hospitals, Kolkata.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Dharshini G
Roll No : KH.MD.U6MBB09032



Dr. Dharshini, Gynecologist at Aishwarya Infertility center, Tirupur.
Married to Dr Yogesh, K.Y, Businessman. They have a son, Jaikrish Adithyan.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Divya Chandran
Roll No : KH.MD.U6MBB09033



Dr. Divya Chandran,
Radiologist at CMC, Vellore.
Married to Dr Avinash Anil
Nair, working as Pulmonologist
at CMC Vellore. They have a
son.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Lekshmi G I
Roll No : KH.MD.U6MBB09048



Dr. Lekshmi GI, Psychiatrist at Mary Matha hospital and Revive de-addiction center, Vazhithala, Thodupuzha. Married to Dr.V.R.Shyam Sankar, ENT specialist.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Gokul Balam
Roll No : KH.MD.U6MBB09037



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Dr Gokul Balam is currently doing final year of Super specialty (Dr. NB) in Surgical Gastroenterology at Aster Medcity, Kochi.

He had completed his MS General Surgery from Government Medical College, Kottayam, and completed one year of Senior Residency there. Married to Dr Nidhi Sudhakar who is a Pulmonologist working at Lourdes Hospital, Kochi. She, herself, was a Post graduate student of AIMS, Kochi in MD Respiratory Medicine and thereafter did her critical care fellowship (IDCCM) in Amrita for one year. They are blessed with a daughter, Nakshatra, who is now nearly 3 months old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Aiswarya Suresh
Roll No : KH.MD.U6MBB09102



Dr. Aiswarya Suresh, MS (ENT), Specialist in Head and Neck, surgical oncology, (Aster Medcity, Kochi), Fellowship in Endoscopic skullbase and sinus surgery from Aster Medcity, Kochi. Now working as an ENT Specialist in Badr Al Samaa Hospital Ruwi, Oman. Married to Mr Akhil Mohan.

He's in Merchant Navy holding the rank of a Second officer. They are blessed with a son, Dhruv Akhil, now in UKG in Vidyadhiraja Vidyapeetham Central and Sainik school, Mavelikkara.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Jishnu V Namboodiripad
Roll No : KH.MD.U6MBB09042



Dr. Jishnu Namboodiripad, MS orthopaedics, fellowship in joint replacement from Amrita, Kochi and Charite' Berlin. Now working in Medical Trust Hospital, Kochi. Married to Dr. Shilpa Shankar, MBBS, Fellowship in Aesthetic Medicine (Dubai) working in Medlounes Clinic, Kochi.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Jithin Thulasi Chand
Roll No : KH.MD.U6MBB09043
2016 MS General Surgery alumnus



Dr. Jithin Thulasi Chand completed MS general surgery from AIMS Kochi, and proceeded to pursue MCh Surgical Oncology at Vydehi Institute of Medical Sciences. Also did his DNB in General Surgery, Fellowship in minimal access surgery (FMAS), FALS colorectal surgery, and FIAGES.

Currently working as a Specialist in G.I - HPB Oncology in the Department of Surgical Gastroenterology and Liver Transplantation at Caritas Hospital, Kottayam.

Happily married to Dr Aishwarya Iyer, 2011 batch MBBS alumna, Vitreoretinal and Uvea specialist working at Bharath Hospital Kottayam.

“I extend my hearty gratitude to AIMS for helping me become the surgeon I am today”.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Gouri Priya Rajeev
Roll No : KH.MD.U6MBB09039



Dr Gouri Priya Rajeev have completed MD in Pathology. She is married to Dr Dinesh Jayaram (MBBS, MD DVL) who is working in Badr Al Samaa Hospital in Nizwa, Oman. They are blessed with two boys, Abhimanyu Dinesh and Kartikeya Dinesh, currently studying in grade 3 and UKG respectively.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Kamala R
Roll No : KH.MD.U6MBB09045



Dr Kamala R. trained in the speciality of ENT and then moved to UK with her husband Dr Sudarshan S., consultant General physician, MRCP (UK), Specialist, Geriatric medicine. They have a baby girl, named Supraja.

MBBS 2009 BATCH ALUMNA DR. KAMALA'S DETAILS

Dr Kamala was the best outgoing student in her PG training institution and completed her training with an institutional Gold medalist certificate in ENT training. She worked in India for a while and then in the UK as a junior doctor in ENT. She has completed a PG certificate course in clinical research from Edgehill university, England. She has also completed the MRCS (ENT) from Royal college of Surgeons of England with an Outstanding achievement award in the year 2024. She worked as registrar in ENT in Manchester, before taking a temporary career break.

Dr Kamala and her husband Dr Sudarshan are blessed with a baby girl named "Supraja" and Dr Kamala is on a parental break.

Kamala informally helps her juniors and friends to clear their MRCS exams by giving them tips from her experience. She has also started a blog in the app "Medium" to share her thoughts on lifestyle, parenting and doctoring.

Dr Kamala wants to pursue further career in ENT and research in the field of ENT. She takes inspiration from some of her classmates who manage career and motherhood hand in hand. One such example is- Dr Reshma Gopakumar - a plastic surgeon by profession, who is also a mom. "Reshma follows her dreams, works hard and has made a huge impact in the society. She is a true inspiration. I m so proud of her", says Dr Kamala.

Kamala's message to current MBBS students at Amrita school of medicine:

"Please enjoy the hostel life. The friends you make in MBBS will be the ones holding you and pushing you in life to achieve your goals. Also, don't just learn medicine in Amrita, learn life lessons, the values taught and followed by the experienced doctors. The best doctors I know, are also the most humble human beings. All the best!"



MBBS 2009 BATCH ALUMNI DETAILS



Name : Kikkuri Rajeev Reddy
Roll No : KH.MD.U6MBB09046



Name : Mathew John
Roll No : KH.MD.U6MBB09051

Dr. Mathew John, MD
Anesthesiology (Germany),
Current employer : Charité
University Hospital Berlin.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Kripa Dinesh Chandran
Roll No : KH.MD.U6MBB09047



Dr Kripa Dinesh Chandran, MD Pediatrics, Fellowship in Neonatology. Married to Dr Govind, GI Surgeon. Currently residing in Kochi. They have a son named Avyaan Govind.

MBBS 2009 BATCH ALUMNI



Name : Elson Kuriakose
Roll No : KH.MD.U6MBB09035



Name : N S Deepthi
Roll No : KH.MD.U6MBB09026



Name : Malavika A
Roll No : KH.MD.U6MBB09049



Name : Anthur Ajay Nair
Roll No : KH.MD.U6MBB09013
Anthur Ajay Nair, Anaesthetist



Name : Kadambari Kher
Roll No : KH.MD.U6MBB09044



Name : Devine Syamalan
Roll No : KH.MD.U6MBB09030

MBBS 2009 BATCH ALUMNI



Name : Nithin Kumar Presanna
Roll No : KH.MD.U6MBB09061



Name : Reshma Ravi
Roll No : KH.MD.U6MBB09066



Name : Rituna Medayil
Roll No : KH.MD.U6MBB09068



Name : Sameena Hussainy H
Roll No : KH.MD.U6MBB09070



Name : Sneha Priya M
Roll No : KH.MD.U6MBB09081
Dr. Sneha Priya M, Dermatologist

MBBS 2009 BATCH ALUMNI DETAILS



Name : Gouri Prasad Sekhar
Roll No : KH.MD.U6MBB09038

Dr. Gouri Prasad Sekhar, MD Anesthesia from Germany.
Now working as a Consultant in US. He is married to Dr. Ambika, who is doing MD (Cardiology) at Nebraska University of Medical Sciences.

Name : Swaroop Rajan
Roll No : KH.MD.U6MBB09091

Dr. Swaroop Rajan, Radiologist at Hinduja Hospital, Mumbai. Married to Dr. Sereena, MD Dermatology.



Name : Arun R
Roll No : KH.MD.U6MBB09016

Dr. Arun R, Pursuing post-graduation in Pediatrics under Natboard in Howrah. Married to Dr. Deepthi MBBS, MS (OBG), DNB (OBG) who is currently pursuing fellowship in high risk pregnancy in Bangalore.



Surya Suresh Kumar
KH.MD.U6MBB09090

Dr. Surya Suresh Kumar, MD Emergency Med, doing MRCP at KIMS, Tvm. Married to Dr. Sreekanth R, Asst. Divisional Medical Officer (Railways). They have one son.



MBBS 2009 BATCH ALUMNI DETAILS



Midhila Johny Pathrose
KH.MD.U6MBB09053

Resident Physician at Marien hospital
Osnabrück - Niels-Stensen-Klinik



Vidya Sukumar
KH.MD.U6MBB09098



Anjali A R
KH.MD.U6MBB09101



Srikrishnan Rameshbabu
KH.MD.U6MBB09087



Name : Tapasya Kher
Roll No : KH.MD.U6MBB09094

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Meera Mohan
Roll No : KH.MD.U6MBB09052



Dr. Meera Mohanakumar,
Credentials: MBBS, MS
(Ophthal - Gold Medalist
Best outgoing), FAEH
(Retina), FAICO (Uvea).
Now working as a Medical
Consultant, Department of
Vitreoretina and Uvea Ser-
vices, Aravind Eye Hospitals,
Coimbatore. Married to
Dr. Machat Balakrishnan
Menon (MD Paediatrics, PSG
Hospitals).

MBBS 2009 BATCH ALUMNI DETAILS



Name : Mimi Sarah Kuriakose
Roll No : KH.MD.U6MBB09054

Dr. Mimi Sarah Kuriakose is working as a Consultant Neurodevelopmental and Behavioural Paediatrician & is currently affiliated to few organizations including Bangalore Baptist Hospital.



Name : Resmi T Mony
Roll No : KH.MD.U6MBB09067

Dr. Resmi is working as an Asst. Prof. in Pathology Department at Mount Zion Medical college, Adoor.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Mirdhul.S

Roll No : KH.MD.U6MBB09055



Dr. Mirdhul.S, Designation - Postgraduate,
M.D. Biochemistry, Thanjavur Medical College.
Married to Dr. Praveen.P, Paediatric surgeon. They
have a daughter - Nandana Praveen.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Navami G S
Roll No : KH.MD.U6MBB09056



Dr. Navami G S, currently final year in KMC, Manipal, Karnataka, doing MD Transfusion Medicine. She is married to Dr. Rejeesh, ENT Doctor in Government service, Mavelikara, Alappuzha, Kerala. They have a daughter - Neharika. N.R, studying in 4th standard.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Naveen Jose Moolan
Roll No : KH.MD.U6MBB09057



Their lovely daughter
Nairan Naveen Moolan



Dr. Naveen Jose Moolan, Consultant, Nuclear Medicine, Rajagiri Hospital, Aluva. Married to Dr. Namitha Prakash, Senior Resident, Ophthalmology, SNIMS Chalakka. They have a daughter - Nairan Naveen Moolan, 2 years old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Vishnu Harikrishnan
Roll No : KH.MD.U6MBB09099

Dr. Vishnu Harikrishnan, Orthopedician, working at Travancore Medicity Hospital, Kollam. Married to Dr. Parvathy, MBBS 2011 Batch alumna, AIMS, Kochi. They have a son, Vedarth.



Name : Diwakar R
Roll No : KH.MD.U6MBB09034

Dr. Diwakar R, had completed M.D Community Medicine on October 2025 from SRM Medical College Hospital and Research Centre, Kattankulathur, Tamilnadu. He will be joining as Senior Resident at Trichy SRM Medical College. Married to Sukanya, MBA. They have a daughter, Aditi.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Naveen N

Roll No : KH.MD.U6MBB09058



Dr. Naveen N, working as Interventional Radiologist at Devaki Multi speciality hospital, Madurai. Married to Dr. Karthika Nandhini, MD (Pathology), working at Devaki Multispeciality hospital, Madurai.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Neethu Pavitharan P M
Roll No : KH.MD.U6MBB09059



Dr Neethu, completed MD Microbiology from Kasturba Medical College, Manipal. Now working as Senior resident in Department of Microbiology, Kannur Medical College, Anjarakandy. Married to Dr Shibin, Orthopedic surgeon at Vadakara Sahakarana Hospital. They have 2 daughters, Shrvanthika and Nishika.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Nikitha Periasamy
Roll No : KH.MD.U6MBB09060



Dr. Nikitha Periasamy, had completed MS ENT from Kasturba Medical College, Manipal. Currently practicing in Vega ENT Hospital, Coimbatore. Married to Dr. Prabhu Vikash, who is practicing Pediatrics in Coimbatore. They have twin babies, Simritha and Samruth 3 months old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Hima Chand
Roll No : KH.MD.U6MBB09041



Dr. Hima Chand is married to Dr. Ramakrishnan U.K, 2003 MBBS & 2010 MD (Forensic Med) alumnus, working as a Professor in the Forensic Medicine Dept., AIMS, Kochi

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Parvathy Santhosh Kumar
Roll No : KH.MD.U6MBB09062



Dr Parvathy Santhosh Kumar. (MD Pathology)
Currently not working
Husband : Karthik Sukumaran
Daughter: Avni Parvathy Karthik

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Preethi Dileep Menon
Roll No : KH.MD.U6MBB09063



Dr. Preethi Dileep Menon
Position (job): Pathologist
Husband name: Olaoluwa Bode-Omoleye
Child name: Arin Menon - Omoleye,
Tara Menon - Omoleye

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Raunak Mohan Nair
Roll No : KH.MD.U6MBB09064



Dr. Raunak, currently a cardiology fellow at the Cleveland Clinic and will be pursuing interventional and structural cardiology fellowship there starting from next year. Married to Sunita Padhi from 2008 batch. They have one son, Reyaan R Nair. Email- drraunaknair@gmail.com

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Reshma Gopakumar
Roll No : KH.MD.U6MBB09065



After completing her MS in General Surgery from Dr SMCSI Medical College Trivandrum and MCh in Plastic Surgery from Kilpauk Government Medical College, Chennai, she trained further through two IAAPS-accredited fellowships in Aesthetic Surgery and with mentors in India and abroad.

Her journey has led to head a Plastic Surgery Department in a Private Medical College in Chengalpattu, Tamil Nadu. Here she established a gender affirmation surgery program, through which she completed over 100 surgeries in just two years, along with awareness programs and inclusive care for the transgender community—something she considers as one of her most meaningful contributions.

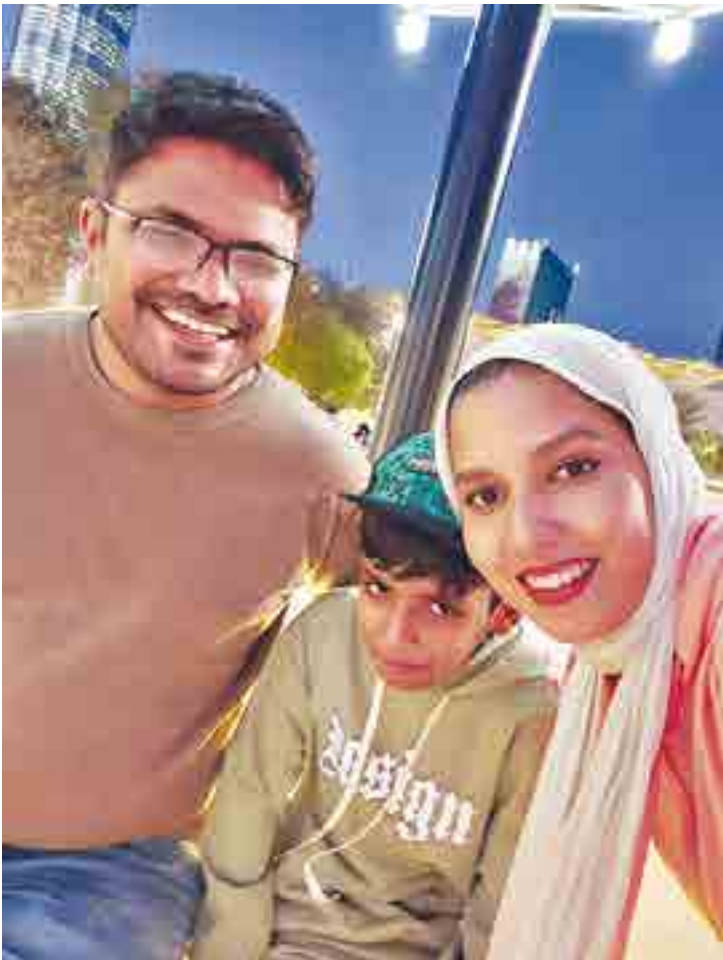
She is married to Rahul Nadh, IAS, currently Director of Environment & Climate Change, Government of Tamil Nadu, and they are blessed with a four-year-old daughter, who brings balance and joy to their lives.



MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Shazia M M
Roll No : KH.MD.U6MBB09074



Dr. Shazia Sheikh, working at Sheikh Shakhbout Medical City (SSMC), Internal Medicine, Abu Dhabi, UAE. Married to Dr Afeed Ibrahim, Consultant Peadiatrician and Neonatolgist, LLH Hospital, Abudhabi, UAE. Blessed with a son, Ameen Ibrahim, aged 9 years, Studying in 4th Grade at Global International School, Abudhabi,UAE. Contact Email: drshazia-mohammed@gmail.com Contact Number: 00971 547329383, 91 9061134511

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Rizhin Sooraj
Roll No : KH.MD.U6MBB09069



Dr. Rizhin Sooraj,
MRCS, Mch Endocrine surgery,
Assistant Professor,
Department of Endocrine
surgery, UPUMS, Saifai, Uttar
Pradesh. Married to Dr Hanaa
Abdul kader, MS, Mch (CVTS),
Senior resident, Department
of CVTS, Trivandrum Medical
College.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Shany Krishna
Roll No : KH.MD.U6MBB09072



Dr. Shany Krishna, currently settled in Germany, preparing for Masters in Gynaecology and working in St. Joseph Hospital in Schweinfurt, Bavaria. Married to Shri. Prabi Prasad, working as Senior Project Manager in Belectric, Germany. They have a daughter -Vaiga Shany Prabi studying in 1st standard.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sandeep S
Roll No : KH.MD.U6MBB09071



Dr. Sandeep S, Masters in Emergency medicine from Aster Medicity. Now working at Sunrise hospital, Kochi. He is married to Dr. Reshma Manoharan, BDS alumna from Kochi. She is working in a Pvt. clinic in Kakkanad.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Shyam Ramesh
Roll No : KH.MD.U6MBB09076



Dr. Shyam Ramesh, MBBS, MS (Ortho), Assistant Professor,
Dept of Orthopedics, MOSC Medical College, Kolenchery, Kerala.
Married to Dr. Meenakshi S Nair.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sibin Saiffudeen
Roll No : KH.MD.U6MBB09077



Name : Hafza Abdul Kareem
Roll No : KH.MD.U6MBB09040



Dr Hafza A kareem completed MBBS and then MBA (Healthcare Management) from Manipal Institute of Management. She is currently working as a Medical Officer in Family Health Centre (FHC), Kalamassery. Spouse: Dr Sibin Saiffudeen who is also an alumni from the same batch. Child: Meher (3 years old).

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sidhu R Sekhar
Roll No : KH.MD.U6MBB09078



Name : Sreelekshmi
Roll No : KH.MD.U6MBB09085



Dr. Sidhu R Sekhar, working as an Asst. Professor in General surgery Dept. at AIMS, Kochi. Married to Dr. Sreelekshmi, working as a Consultant Pathologist at Ekm Medical centre. They have two kids – Swasthika (8 yrs), Sayantika (10 months).

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sivakami A
Roll No : KH.MD.U6MBB09079



Dr. Sivakami, Pediatric Intensivist at GG Hospital, Tvm. Married to Shri. Vishnu, Software Engineer, H & R company, Tvm. They have one daughter, Mishika, 3 yrs old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sourav S U
Roll No : KH.MD.U6MBB09082



Dr Sourav S U, MBBS, MD Sports Medicine, Chettinad Hospital and Research Institute, Chennai. Married to Aparna Gopinathan, Civil and Structural Engineer, Slumberger.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sowmiya Priyanka R
Roll No : KH.MD.U6MBB09083



Dr. Sowmiya is married to Dr. Krishna Kumar, MBBS, DNB (Anaesthesia), IDCCM. They have a son, Darshiv Krishna who is in play school.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sreelakshmi Kesavan
Roll No : KH.MD.U6MBB09084



She did MRCP (Int.Med) & is currently working in Kannur Medical College, Anjarakandy. Married to Dr. Vishal, Asst. Prof. Forensic Medicine, Kannur Medical College, Anjarakandy They have a son, Vishruth, 4 yr old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sreeraman K G
Roll No : KH.MD.U6MBB09086



Dr. Sreeraman K G, presently working as an Assistant Professor, Pharmacology, at Travancore Medical College, Kollam. Married to Dr. Susmitha Suresh, Senior resident, General Medicine at Sree Gokulam Medical College, Venjaramoodu, Tvm. They have a daughter, Anwitha S, one yr old.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sundeep Sasi
Roll No : KH.MD.U6MBB09089



Dr. Sundeep Sasi
Present Position: Head of Department, Nuclear Medicine, Vikhe Patil Medical College, Ahmednagar, Maharashtra. Married to Dr. Priya S (AIMS 2013 MBBS batch), Senior Embryologist, Lifeline Hospital, Adoor. They have a daughter: Ridhwi P. Sundeep.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Sruthy Harshan
Roll No : KH.MD.U6MBB09088



Dr Sruthy Harshan finished MS General Surgery and fellowship in minimal access surgery. She is currently working in Pran hospital, Trivandrum, as consultant general surgery. Husband- Dr Siddharth Rupak, Radiologist and Fetal medicine specialist.
Son - Mahaaveer (1yr)

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Swetha C Nair
Roll No : KH.MD.U6MBB09093



Dr Swetha C Nair
MBBS, MD Pulmonary medicine, DNB Pulmonary medicine.
Currently doing DM in St Johns Medical College, Bangalore.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Swathi S Pillai
Roll No : KH.MD.U6MBB09092



Dr. Swathi.S.Pillai, pursued M.S. in Ophthalmology from Sree Gokulam Medical College. Currently working at ESIC hospital, Kollam. Married to Abhijith Mohan, a businessman, and they have two lovely daughters, Veda and Medha.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Tinkey L
Roll No : KH.MD.U6MBB09095



Dr. Tinkey, MS General surgery from Sri Ramachandra Institute of Medical Sciences, Porur Chennai, MCh Paediatric surgery, - Coimbatore Medical college. Now working as Consultant Paediatric surgeon at Lifeline Hospital, Adoor, Pathanamthitta. Married to Dr. Arun Krishna, MBBS & MD Pediatrics.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Ukalkar Madhura Sanjay
Roll No : KH.MD.U6MBB09096



Dr. Madhura, Ophthalmologist at Centre for Sight, Gurgaon. Married to Sanjivan Dutta, who is working as Financial Quantitative Analyst at Dubai. They have a daughter – Vangmayi Dutta.

MBBS 2009 BATCH ALUMNI WITH FAMILY



Name : Vishnu Preya K
Roll No : KH.MD.U6MBB09100



Dr. Vishnu Preya K was previously employed in the Department of Microbiology at the Regional Cancer Centre, Thiruvananthapuram. She is married to Dr. Sabari Nath, an alumnus of the 2006 MBBS batch, who is currently serving as a Professor of ENT and Senior Consultant Laryngologist. They are blessed with two children: Elder daughter, Sabareya Sabari Nath, is currently in Upper Kindergarten (UKG), and younger son, Vishwa Sabari Nath, is four months old.

ALUMNI MEET : DEPARTMENT OF GENERAL SURGERY



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ALUMNI MEET : DEPARTMENT OF GENERAL SURGERY



From the left side :- Dr. Shyam Vikram,
Dr. (Brig) K J Philipose, Dr. Ashwin
Prabhakar, Dr. S Vaidyanathan,
and Dr. Pradeep Jacob.



From the left side -
Dr. Athul Krishna,
Dr. Vineeth S, Dr. Pradeep Jacob,
Dr. Ashwin Prabhakar, Dr. Pramod,
and Dr. Chinnu Mariyam Philip



Dr. Athul Krishna, Dr. Pramod,
Dr. Vineeth S, and Dr. Ashwin Prabhakar



Dr. Athul Krishna, Dr. Pramod,
Dr. Riju Menon, Dr. Vineeth S,
and Dr. Ashwin Prabhakar

ALUMNI MEET – DEPARTMENT OF GENERAL SURGERY



Dr. S Vaidhyathan



Dr. (Brig) K J Philipose



Dr. S Vaidhyathan and Dr. Pradeep Jacob

ALUMNI MEET WITH ONASADHYA IN GENERAL SURGERY DEPARTMENT



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DELIGHTFULLY PROUD MOMENT

Happy moments.... Our four Alumni came as University examiners for UG examinations. Dr Deepa Sivaraj, Dr Harikrishnan, Dr Reena Alexander and Dr Lalithambika , all of whom did MD Physiology from Amrita School of Medicine. They are seen here along with Dr Saraswathy L and Dr Suja Gopalakrishnan.



Two of our alumni, Dr Rose Mary Jacob and Dr Harikrishnan, were this year's PG examiners at AIMS, Kochi. They did their MD Physiology course from Amrita School of Medicine, Kochi.

REVISIT TO AIMS ALMA MATER



Dr. Saritha, Dr. Rose,
Dr. Suja, Dr. Saraswathy,
and Dr. Sandhya

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Dr. Parvathy Chandran,
MBBS 2004 batch alumna,
doing fellowship in Breast
Imaging at AIIMS, Rishikesh
is seen here with
Dr. P. G. Nayar. She is
married to Dibin (Engineer)
and they have a daughter –
Meenakshi.

ACHIEVEMENT



Dr. Sanjeev Singh, alumnus, Medical Director, Faridabad was a part of FICCI national meeting titled “Torchbearers - Powerhouse of the present” that was centered around shaping the Indian Healthcare Industry and balancing access, growth, equity and innovation in the industry.



ACHIEVEMENT



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By Amma's Grace, Amrita Hospital, Faridabad has been awarded 'Best Patient Safety Hospital' at the 17th FICCI National Meeting held in Delhi. Award jury was chaired by Mr C K Mishra, Ex Health Secy, Govt of India. The award was presented by Mr. Rajiv Gauba, the longest - serving Cabinet Secretary to the Government of India.

Patient Safety is a cornerstone of our Quality initiative, encompassing the safety of patients, healthcare providers, and the facility environment. We employ multiple risk assessment and management tools that enable the right triggers and ensure safe, effective delivery of care.

In most quality journeys, managerial indicators and service delivery receive greater focus, while clinical processes, audits, and outcome indicators often take a back seat. At Amrita, we are fortunate to have a brilliant clinical team that actively contributes towards 100+ clinical indicators and follows 100+ clinical pathways derived from day-to-day clinical practice.

Our continuous efforts toward standardization of clinical care has led to measurable improvements, reduction in morbidity, better ALOS and more cost-effective care delivery.

ACHIEVEMENT

Dr. Sandeep, our alumnus of MBBS 2002 Batch, was honored as a judge for selecting the finalists to be considered for the best nursing professional Angel awards in Dubai. It was an eventful night ceremony that took place in the presence of Dubai Royal Family.



ACHIEVEMENT

“It was wonderful catching up with friends and colleagues from all around the world at the International liver Transplant society meeting in Singapore. Attending the Machine Perfusion Workshop was especially insightful — offering a deep dive into new perspectives and emerging technologies, that are shaping the future of liver transplantation. The entire experience, both academic and social, was truly enriching



Dr. Vijay Ganesun, MBBS 2006 & MCh (GI Surgery) 2019 batch alumna. Now he is working as a Consultant in surgical gastroenterology and liver transplantation at Apollo Hospital, Trichy.

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Dr. Vijay Ganesun with his mentor Dr. Unnikrishnan, Professor, Dept. of Gastro surgery, AIMS, Kochi & Anila, M.Pharm. 2010 batch alumna, Cl.Pharmacist, AIMS, Kochi, at Suntec Singapore Convention & Exhibition Centre

ACHIEVEMENT



Dr Karthik Ganesh, DM 2014 Nephrology batch Alumnus

Dept. of Nephrology at VPS Lakeshore conducted our annual transplant update. The brainchild of our HOD, Dr Abi Abraham M, "DELITE" featured high level transplant content with speakers from all over the country. The conference is gaining popularity every year and I was fortunate to discuss the role of micro vascular injury in rejections along with dr Renu .

Our Dr. NB Nephrology programme is also thriving with exposure to multiple experts in the field, a strong academic programme, publications, and positive atmosphere at the workplace.

We were honoured to be supported by Association of Cochin Nephrologists. Many thanks to the eminent faculty who came and made it a success-Satish Balan Edwin Fernando, Dr Manish Balwani, Dr Jasmeet Kaur, Dr Georgie, Dr. Vinoi and Dr. Arpita Roy Chowdhary.



Dr. Karthik Ganesh, DM (Nephrology) 2014 batch alumnus, is at ISNSC conference, to judge and grade the award paper session along with senior colleagues

ACHIEVEMENT



Inauguration of the IAP KERALA PAIN Palliative Centre. Dr. Sathyajith Nair, MD, DNB Alumnus is elected as the Secretary of the IAP

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Dr. Lakshmi R Kurup, MBBS 2003 Batch alumna with the legendary Dr Amin Kassam, a leader in Neurosurgery, @ Rhinocon 2024 Westin Mumbai.

ACHIEVEMENT



Dr. Navami GS, MBBS 2009 batch alumna, bagged second prize in Quiz.



Alumna Dr. Navami GS with her colleagues



ACHIEVEMENT



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Dr. Shreya Nair, MBBS 2015 Batch alumna, received Gold Medal in MD Pediatrics from JSS Medical College, Mysuru.



ACHIEVEMENT

Dr. Cinzia Sreelakshmi Keechilot, MBBS 2012 Batch alumna with
Dr. Sathyajith Nair, MD (Paed) 2008 batch alumnus,
Professor, Dept. of Pediatrics, AIMS, Kochi.



“Meeting Sathyajith Sir after completing Pediatrics residency was a full-circle moment! He truly embodies joy and excellence in medicine. It was great timing that I got to meet him during a break in the PALS course he was teaching. You rock, Sir”!

Dr. Cinzia, our MBBS alumna commented on FB



Dr. Sathyajith Nair, MD (Paed) 2008
batch alumnus, talking about
KAWASAKI disease at the Indian
society of KAWASAKI disease

AMRITIANS REUNITED



Dr. Viraj , Dr. Arth, Dr. Divyamol (MBBS 2007 Batch, Alumna, Asst. Prof., Dept. of Geriatrics, AIMS, Kochi),
 Dr. Priya Vijayakumar (HOD), Dept. of Geriatrics, AIMS, Kochi, Dr Prem, Dr. Rahul, Dr. Arun, Dr. Maneesha

INSPIRATIONAL TALK BY THE NEET PG TOP RANK HOLDER : Dr. RIZA DHILSHAN



Amrita Alumni, Kochi Campus, organized an inspirational talk and guidance session for Medical and Dental students, by our alumna, Dr. Riza (MBBS 2017 batch), on October 14, 2025, at Amriteshwari Hall at 2:00 PM.

Dr. Riza is the first medical graduate from our Deemed University to have secured an All-India Rank of 80 in NEET PG, which is indeed a proud achievement for all of us.



Dr. Riza with her Husband Dr. Dilshan



Honoring Dr. Riza, with a standing ovation, as she enters the Amriteshwari Hall

LAMP LIGHTING CEREMONY



Master of ceremony –
Dr. Amritha Ashok



Dr. Prem Nair, Medical Director & Provost, Amrita Hospitals, giving presidential address online from Faridabad

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Lamp lighting by our alumna
Dr. Riza, 2017 MBBS Batch



Dr. Gireesh Kumar K.P, Principal,
Amrita School of Medicine



Lamp lighting ceremony by Dr. Riza, along with her family, and alumni friends, who are placed in different Medical colleges.

HER PROUD PARENTS



PRINCIPAL AND STAFF MEMBERS WITH OUR ALUMNI





AMRITA SCHOOL OF ALLIED
HEALTH SCIENCE



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ACHIEVEMENTS



Arya .C.J

MSc.AHS (2016) Batch alumna

Course :- Swallowing Disorders and Therapy,
Assistant Professor and Chief Deglutologist in
the Amrita Swallow Centre of Amrita Institute
of Medical Sciences [AIMS] since 2018.

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- Coordinating speech & swallow clinic at Cochin cancer research centre from 2022
- PhD scholar
- Reviewer of the International Journal of Phonosurgery and Laryngology
- Neuro-linguistic programming certified therapist
- Completed 30 + events as faculty for deglutology

Research Presentations & Publications:

1. Dysphagia Management in Head and Neck Cancers-A Manual and Atlas,
2. Dysphagia in Parkinson's disease: Analysis of screening questionnaire and video fluoroscopy findings.
3. Islanded facial artery musculo-mucosal flap for partial pharyngeal defect reconstruction after total laryngectomy: - Case report
4. Validation of an Intelligibility Assessment Tool in an Indian Language for Perceptual Speech Analysis in Oral Cancer Patients.
5. Exploring the utility of fiber optic endoscopic evaluation of swallowing in young children- A comparison with video fluoroscopy
6. Rapid Detection of Penetration-Aspiration from Fluoroscopic Videos in Dysphagia Patients
7. Speech following Le Fort I Maxillary Advancement in Cleft Maxillary hypoplasia - an objective and subjective outcome analysis
8. Artificial Intelligence-Driven Penetration-Aspiration Detection in Dysphagia Patients Using Fluoroscopic Videos .

WHEREABOUTS OF ALUMNI



Avani M

M.Sc Clinical Nutrition & Food Science (2020 Batch) Ph.D. Student

NIMS University, Jaipur

She is the founder of **Nutriviva**, a start-up dedicated to promoting **corporate, school, and personalized nutrition programs**, while also working on the **formulation of superfoods and functional foods**.

She has authored **impactful articles** in leading publications such as *The Indian Express* and is a **columnist for “Your Platform Magazine.”** She is also a **recognized speaker on nutrition awareness**, featured on **All India Radio, Hyderabad**, in **television interviews**, and through **corporate wellness programs at organizations** such as **HPCL**.

Mallekedthkar Bhavani

M.Sc Clinical Nutrition & Food Science (2022 Batch) Clinical Dietitian at AIG Hospitals, Gachibowli, Hyderabad



Priyanka Nair

M.Sc Clinical Nutrition & Food Science (2022 Batch), Dr Reddy’s laboratories consultant Nutritionist, Hyderabad

WHEREABOUTS OF ALUMNI



Gauri Lekshmi S
M.Sc Clinical Nutrition & Food Science
(2022 Batch)
Head Dietitian at Government Medical
College, Kalamassery, Ernakulam.



Merlin Varghese
M.Sc Clinical Nutrition & Food Science (2022
Batch) Clinical Research Dietician
Lisie hospital, North Kaloor, Ernakulam.



Fathima Najeeb
M.Sc Clinical Nutrition
& Food Science (2023 Batch) Junior Dietitian,
Food Sense, Kochi, India.

WHEREABOUTS OF ALUMNI



Ponnaboina Sai Suprathika

M.Sc Clinical Nutrition & Food Science (2022 Batch)

Currently working as a **Consultant Dietitian** at **HRC Hospitals, Begumpet, Hyderabad**, and as a **Freelance Clinical Dietitian** at **Nutriwind Healthcare**. Along with her clinical roles, she also serves as a **Lecturer for Nutrition Interns**, focusing on **clinical diet therapy** and **practical nutrition training**.

She has always envisioned a career that blends **academics, clinical practice, and research**, and today she is living that vision. She was recently **published as a Co-author** in the Cureus Journal of Medical Science for the article titled “Assessment of Electrocardiogram(ECG) Interpretation Proficiency Among Paramedics in a Tertiary Care Teaching Hospital.” She was also **featured in Nutri World (2025) for her article** “Foods That Prevent Graying: Can Diet Keep Your Hair Youthful?”

In addition, she has established her own **online nutrition brand, “S4 Infinite Clinic,”** which is successfully running with excellent patient outcomes and focuses on **personalized, sustainable nutrition and lifestyle management**.



Dr Athira Sreenivas,

MSc. MLT (Pathology 2016-2018 Batch)

PhD in Pathology

Kasturba Medical College

Manipal Academy of Higher Education

Currently working as an Assistant Professor in MVM Allied Health Sciences Bangalore

Also serving as a member in Board of Studies (AHS-UG) at Rajiv Gandhi University of Health Sciences, Karnataka.

My research was focused on Minimally invasive tissue sampling and establishing cause of death in the neonatal period. This is an alternative for conventional autopsy and can be employed especially in resource constrained areas.

WHEREABOUTS OF ALUMNI



Meenakshi Binoy

M.Sc Clinical Nutrition & Food Science
(2022 Batch)
Dietitian, Ganga Hospital,
Coimbatore.

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Sumana S Nambiar

M.Sc Clinical Nutrition & Food Science
(2022 Batch)
Clinical Nutritionist
Sakra World Hospital, Bellandur,
Bangalore.



Ankitha Pramod

M.Sc Clinical Nutrition & Food Science
(2023 Batch)
Clinical Dietitian at SOLVE MyHealth Clinic,
Kadavantara.

WHEREABOUTS OF ALUMNI



Abiramy

M.Sc Clinical Nutrition & Food Science (2023 Batch), Founder & Dietitian, The Food coach Endo Dietitian - IGH, Kochi & Day Spring Multi-Speciality clinic.



Sussane George

M.Sc Clinical Nutrition & Food Science (2023 Batch) Assistant Dietitian, AIMS, Kochi.



Hridya A Nair

M.Sc Clinical Nutrition & Food Science (2023 Batch), Research Assistant, Amrita Institute of Medical Sciences, Kochi.

WHEREABOUTS OF ALUMNI



Molutty M S
M.Sc Clinical Nutrition
& Food Science (2023 Batch),
Research Assistant,
Amrita Institute of Medical
Sciences, Kochi.



Jwala Jose
M.Sc Clinical Nutrition
& Food Science (2023 Batch)
Dietitian, Ganga Hospital,
Coimbatore.

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Mr. Goutham krishna
M.Sc Neuroelectrophysiology,
Batch: 2018
Now working as Surgical
Neurotechnologist at
Hamilton General Hospital
and McMaster Children's
hospital, Toronto, Canada.



Praveen Prakash, Batch: 2015 Course:
BASLP alumnus, MSc in Audiology
(2019-2021) and Ph.D in Audiology
(March 2022 - Nov 2025) from All India
Institute of Speech and Hearing, Mysore.
Thesis work titled: Outcome Measures of
Brain wave Entrainment using Binaural
Beats in Individuals with Tinnitus having
Normal Hearing Sensitivity

WHEREABOUTS OF ALUMNI



Nikhil Raj,
B.Sc Medical Radiological Technology
2017 Batch.

Publication Details:

Title: Comparison of structural brain volume among sedentary normal, overweight and obese adults – A cross-sectional study

Journal: *Journal of Education and Health Promotion (JEHP)*

Publication Date: July 2025

Quartile: Q2 (Scopus, Web of Science, PubMed Indexed)

Impact Factor: 1.4 (2025–2026) **DOI:** 10.4103/jehp.jehp_1396_24

The journal is Scopus, Web of Science, and PubMed-indexed, and is published by Wolters Kluwer Medknow Publications (India).

Authors: Nikhil Raj, Rajagopal Kadavigere, Baskaran Chandrasekaran, K Vaishali, Shailesh Nayak, Sneha Ravichandran, Dilip Shettigar, Sathya Sabina Muthu, Cyril Biji, Poovitha Shruthi Paramashiva, Suresh Sukumar

Abstract: This cross-sectional MRI-based study compared structural brain volumes among sedentary normal-weight, overweight, and obese adults. The study found no significant volumetric differences overall but demonstrated contrasting correlations between BMI and regional brain structures, particularly the right superior temporal gyrus, suggesting possible BMI-related neural variations in sedentary individuals.



Evelyn Thomas, PA-C (2016 Batch)

Neurosurgery

Geisinger Wyoming Valley

(Wilkes-Barre, Pennsylvania)

Completed Masters of Science in Physician Assistant Studies from Marywood University (Scranton, Pennsylvania) on May, 2025.

Successfully completed PANCE in June, 2025

WHEREABOUTS OF ALUMNI



Mr. Sanket Ghogale

Course: MSc in Neuroelectrophysiology Batch: 2022-24, Now working as: Specialist Clinical Physiologist (Neurophysiology), Location: University Hospital Coventry and Warwickshire NHS Trust, United Kingdom.

Achievements and Awards:

Gold medal - MSc in Neuroelectrophysiology 2nd Place - Poster presentation at NIDRA 2024- A comprehensive sleep workshop.

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Bhawana

M.Sc Neuroelectrophysiology, 2019-2021 Batch, Now working as Research Fellow, Location: Amity University, Noida.

Achievements:

Publication: Epigenetic Orchestration of Neurodegenerative Disorders: A Possible Target for Curcumin as a Therapeutic. *Neurochem Res* 49, 2319- 2335 (2024)
Recharging the Mind: The Interplay of Sleep, Mental Health and Adult Hippocampal Neurogenesis. E- ISSN No. 238-1269



WHEREABOUTS OF ALUMNI



Sneha R

M.Sc Neuroelectrophysiology

Batch: 2019-2021

Now working as Assistant professor
Chennai.

Achievements

Book publication - "Frontier in medicine:
breakthrough and clinical insights,
Thanuj international publisher"

Anupama Suresh
B.Sc Cardiac Perfusion Technology
2019 batch
Junior Perfusionist,
PSG Hospitals, Coimbatore.



Hridhya Pramod

B.Sc Cardiac Perfusion Technology

2019 batch

Perfusionist, General Hospital,
Ernakulam.

WHEREABOUTS OF ALUMNI



Christeena Joseph

B.Sc Cardiac Perfusion Technology
2020 batch, Junior Perfusionist at Sree
Sathya Sai Sanjeevani, International
Centre for Child Heart Care and
Research, Palwal, Haryana

Joseph Poulose

Msc. Cardiac Perfusion
Technology 2011 batch
currently working as Paediatric
Perfusionist at Sydney Children's Hospital
Network, Sydney, New South Wales
Australia.



Manu Ramesh

M.Sc Cardiac Perfusion Technology
2011 Batch,
Currently working as Cardiac
Perfusionist, Al Jalila Children's
Specialty Hospital, Dubai.



ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

Global Recognition for Amrita Faculty



Mr. Ebin Abraham, MSc. AHS (2006 Batch) Physician Assistant alumnus, Professor and Program Coordinator, Amrita Centre for Allied Health Sciences, represented Amrita University and India at the International Academy of Physician Associate Educators (IAPAE) Annual Conference 2025, held at the University of Pretoria, South Africa.



Mr. Ebin Abraham, presented on “Experience from the Amrita PA Program – Transitioning from Specialty-Centric Learning to Community-Based Training for Physician Associate Students in India,” and participated as a panellist in the global discussion on “Shaping the Future of Physician Associate Education.” Mr. Ebin Abraham was also elected as Chair of the Communications and Innovations Committee (2025–2027) of IAPAE, leading international initiatives in communication, research and innovation. The institution congratulates him on this distinguished achievement that brings pride to the Amrita community.

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

From Campus to Excellence: Gayathri Devi Recognized for Outstanding Performance



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Gayathri Devi M

Ms. Gayathri Devi M, alumna of the Bachelor of Physician Associate program, 2021 Batch, has been conferred the Best Outgoing Physician Associate Student Award by the Society of Physician Associates. The award was presented by Ms. Parvathy Jayakumar IAS, Assistant Collector, Ernakulam, during the inaugural ceremony of the Physician Associate Week Celebration 2025, held at Holiday Inn, Kochi. This recognition reflects Ms. Gayathri Devi's exemplary academic performance, professional competence and dedication to the Physician Associate profession. The institution extends its sincere congratulations to her on this well-deserved honor.

Research. Innovation. Excellence — The Legacy of Amrita's Physician Associate Alumni

The Amrita Centre for Allied Health Sciences takes immense pride in the remarkable accomplishments of its Physician Associate alumni, who continue to uphold the institution's legacy of excellence in research in National Conference of Indian Association of Physician Assistants (**IAPACON**) 2025, held at Chennai on 11th and 12th Oct 2025.

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS



Ms. Anju Gopinath

B.Sc. Physician Associate alumna (2016 Batch) and Physician Associate in Gastroenterology and Hepatology, won First Prize in Poster Presentation for her research on “lubiprostone and prucalopride in chronic idiopathic constipation”. Her study offered valuable insights into patient care and highlights the research excellence of Amrita’s Physician Associate alumni.



Ms. Silpha Susan John,

B.Sc. Physician Associate alumna (2020 Batch) and Tutor at Amrita Centre for Allied Health Sciences, won First Prize and gold medal in Oral Paper Presentation for her study on simulation-based learning in Physician Associate education. Her research showcased its impact on clinical competence, confidence and critical thinking, reflecting her dedication to advancing allied health education and inspiring future professionals

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

From Recognition to Revolution: NCAHP and the Evolving Landscape of Physician Associates



Dr. Prasad V. G., MSc. 2007 Batch Physician Assistant alumnus. Professor and Program Coordinator at the Amrita Centre for Allied Health Sciences, delivered a session titled **“From Recognition to Revolution: NCAHP and the Evolving Landscape of Physician Associates.”**

His talk highlighted the transformative changes shaping the Physician Associate profession within the Allied Health Sciences ecosystem and outlined the promising future directions for the field.

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Setting the Standard: Amrita’s PA Program Adopts National Curriculum



At the IAPA Conference, **Ebin V. Abraham**, Assistant Professor and Program Coordinator, delivered a talk on “Implementing the NCAHP PA Curriculum:

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

Setting the Standard: Amrita's PA Program Adopts National Curriculum

Early Adoption Experiences and Lessons Learned from the Amrita PA Program” His talk highlighted the successes in competency-based training, faculty development and clinical integration, the talk showcased Amrita’s role as a pioneer in shaping India’s PA education and preparing skilled healthcare professionals for the nation’s needs.

International Physician Assistant Conference

Dr. Prasad V. G., Assistant Professor and Program Coordinator at the Amrita Centre for Allied Health Sciences, invited for a talk titled “NCAHP: Transforming Allied Health Sciences and Shaping the Future of Physician Associates” at the International Physician Assistant Conference (IPACON 2025) hosted by Vinayaka Mission’s Research Foundation, Salem on 08 Nov 2025.



ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

International Physician Assistant Conference



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Excellence Beyond Borders

Jilna Jimmy, a 2017 alumna of Amrita Institute of Medical Sciences, completed her BSc Physician Assistant degree with specialization in Endocrinology and Podiatry. She is now contributing her expertise as a Podiatrist at Cambridge and Peterborough NHS Trust, UK, exemplifying the global impact of Amrita's PA program.

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

From Learning to Leading:



S. A. Vaishnavi, who completed her M.Sc. Physician Associate program in December 2023, has begun her career in academia and is currently working as an Assistant Professor in the Physician Associate program at Sri Ramachandra Institute of Higher Education and Research, Chennai. *We take pride in her achievement and wish her continued success.*



Sweetline Sophia R, M.Sc. Physician Associate, Class of 2024, has embarked on her academic career and is currently working as a Lecturer in the Department of Physician Associate at The Apollo University, Chittoor. *We celebrate her accomplishment and wish her continued success in shaping future healthcare professionals.*

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS

Alumnus Makes Mark in Cardiothoracic Research



Anees Anwar

(BSc Physician Assistant 2020 batch)


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We are delighted to share that our alumnus Anees Anwar (BSc Physician Assistant 2020 batch) has published a research paper titled “Long-term outcomes of women compared to men after off-pump coronary artery bypass grafting – a propensity- matched analysis” in the esteemed Indian Journal of Thoracic and Cardiovascular Surgery. His involvement in this impactful study reflects his dedication to advancing cardiovascular science and brings great pride to our institution.

Indian Journal of Thoracic and Cardiovascular Surgery
<https://doi.org/10.1007/s12055-024-01814-6>

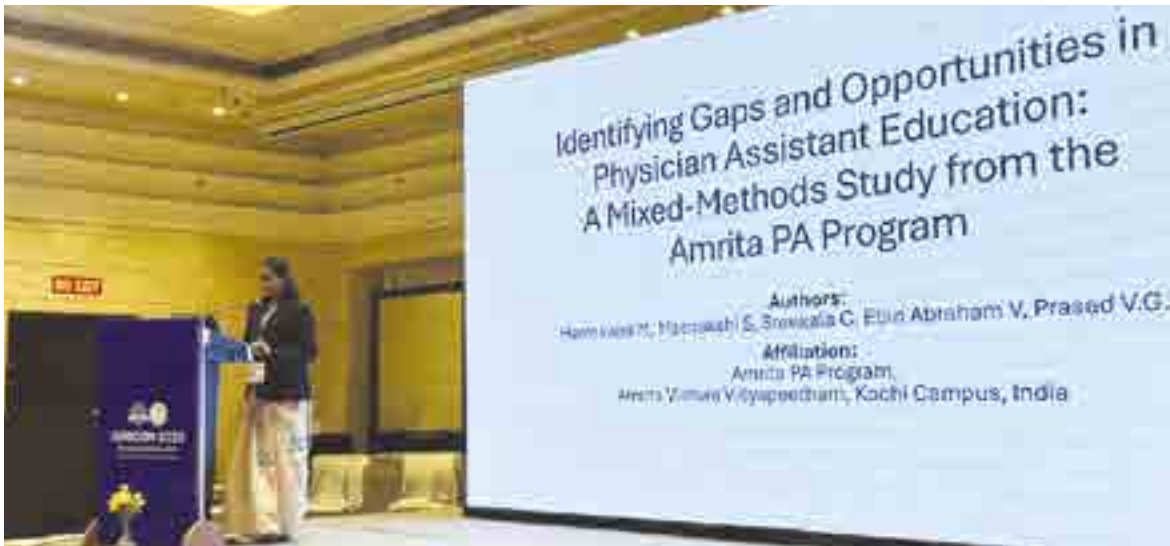
ORIGINAL ARTICLE

Long-term outcomes of women compared to men after off-pump coronary artery bypass grafting—a propensity-matched analysis

Anees Anwar¹ · Varshini Subash¹ · Rohik Micka Radhakrishnan¹ · Neethu Krishna¹ · Sheejamol Velickakathu Sukumaran² · Rajesh Jose¹ · Kirun Gopal¹ · Praveen Kerala Varma¹ 

Received: 3 May 2024 / Revised: 8 August 2024 / Accepted: 9 August 2024
 © Indian Association of Cardiovascular-Thoracic Surgeons 2024

ALUMNI PHYSICIAN ASSOCIATES - ACHIEVEMENTS



Ms. Hamsaveni M, alumna of the M.Sc Physician Assistant (Medical Oncology) – 2020 batch and currently a Lecturer at the Centre for Allied Health Sciences, presented her research “Identifying Gaps and Opportunities in Physician Assistant Education” at IAPACON 2025 held in Chennai on 11th–12th October 2025. Her study contributes to strengthening PA education and advancing the Allied Health Sciences landscape.



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AMRITA SCHOOL OF
DENTISTRY



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Amrithesh Suresh is working as an administrator in Amrita School of Dentistry and his wife, Maya Rao, is currently employed as a manager at Amrita Enterprises Private Limited. They are blessed with two daughters – Amrita Nanda and Amrita Nidhi

Dr. Anoop Unnikrishnan serves as Major in Army Dental Corps. His wife, Dr. Gayathri Nair, is a manager at Care Health Insurance. They are blessed with a baby boy – Adhrit Anoop Nair.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Arjun Thankaraj and his wife Dr. Nirali Shetty are Orthodontists. They are the proud owners of Hi Tech Dental Clinic, Thrissur.

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Dr. Rijin Raj is a Consultant Endodontist in and around Kannur. His wife, Dr. Sniya M, is a Dermatologist at KIMS Sreechand Hospital, Kannur.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Anas J. is the proud owner of Crown Dental Clinic, Kallara, Trivandrum. His wife, Dr. Bijna, is an Oral and Maxillofacial Surgeon. They are blessed with a four years old son-Adam Muhammed.

Dr. Nithin Murali is working as a Dental Therapist at Birmingham, UK. He is married to Jeena Janardhanan.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Aathira Muraleedharan is a Consultant Endodontist in Kochi and is the proud owner of Apex Dental Clinic, Kalamassery. Her husband, Mr. Ajay Gopinath, is the Chief Engineer at Global Feeder Shipping LLC. They are blessed with a son – Ishaan Ajay Nair (Grade 2 student, Rajagiri Public School)

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Dr. Krishna V. Vijay (BDS and MDS alumna) is a Consultant Periodontist at Thrissur. Her husband, Mr. Bhaskarnath, is Superintendent in Central GST & Customs Department. They are blessed with a 11-months old daughter named Nabha Menon.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Gadha R. Pillai is a Pedodontist and she runs her own dental clinic, Young Smiles Dental Home, at Pattom, Trivandrum. She is blessed with a son, Adhikesh.

Dr. Pallavi Menon (BDS and MDS alumna) is currently working as an Assistant Professor in the Department of Periodontology at Amrita School of Dentistry. Her husband, Mr. Arun Chandran V, is a data scientist at IBM, Kochi (Infopark). They are blessed with a daughter - Anvitha Arun (5 years old).



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Augustine Pristy Zacharias and his wife Sona Babu are working as Health care Assistant in UK.



Dr. Meera Nair is married to Mr. Sanjay Menon (Devi Pharma). They are proud parents of their daughter named Rudrika Menon.

BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Priyanka Jacob lives in Hyderabad with her family. She is self-employed at Perfectdent Dental Clinic. Her husband, Mr. Akshay Baby, is working in Tata Aerospace. They are blessed with two children - Adam Paul Akshay(6 years old) and Amelia Ann Akshay(9 months old)

Dr. Kavya P.R.
(Periodontist) and her husband Dr. Vinayak Padmakumar (Pediatric Dentist) run their own Dental clinic.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Lekshmi Raj is currently pursuing Post-graduation in Pediatric and Preventive Dentistry at Ghaziabad, Delhi. She is married to Mr. Arjun J Satheesh. They are blessed with a kid, Neo Sky.

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Dr. Sreetha along with her husband, Dr. Arjun Sajeew (Endodontist, ASD 2007 batch alumnus), owns the Maya Memorial Dental clinic at Paravur, Kollam. They are blessed with a four years old son, Vaibhav A S (fondly called Omi).



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Lekshmy M.S. owns ASL Multispecialty Dental Clinic, Peyad, Trivandrum. Her husband, Mr. Sreerag R.K., is a government employee. They are blessed with a son, Adwaith S.L.(2nd std)

Dr Preethi resides in Long Island, New York, USA with her husband Rajiv Nair, a software engineer and 2 kids-4.5-years- old Yuvaan and 1 month old Zivaana. Dr Preethi graduated in Dental Assisting program from Stonybrook University, NY. She then pursued a Bachelors Degree in Dental Hygiene from Farmingdale State college, NY. Dr Preethi is currently practicing as a Registered Dental Hygienist in a private dental clinic in Long Island, NY.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Elizabeth Ann Dominic's wonderful family includes her husband, Mr. Jacob K. Chandy (Chartered Accountant and planter), and their two sons — Joseph Chandy Jacob (8 years) and George Dominic Jacob (4 years).

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Dr. Anju Vishwanath, currently working in Pearlcrest Dental Clinic, Dubai. Married to Mr. Amith, working in E & Enterprise. They have a daughter Ruhee studying in KG-1



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Lakshmipriya
with her husband
Dr. Ganesh Nandakumar
(Administrative officer,
Clinical services, at
Regional Cancer Centre)
and daughters -
Shivanga (6 years)
Ishana (4 years)



**Dr. Anjali Ajith
Krishnan**

“I’m based now in the Netherlands with my husband and son! Although dentistry was and will always be a vital part of my life, currently following my childhood passion for dance , and so, now I’m the proud founder of TulipNatya Academy here in the Netherlands”

BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Hitha H.A.
(Orthodontist) lives in Calicut with her husband Mr. Arun (Engineer) and one year old daughter

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Dr. Suchitra Menon and her husband Mr. Shekhar Menon (Software engineer) are residing in Colorado, USA. She has completed her DDS and is currently in second year of Orthodontic residency at Colorado School of Dental Medicine.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Krishnan Venugopal and wife **Dr. Gayathri U.** (MDS 2019 batch Alumna) are faculty members in the Department of Conservative Dentistry and Endodontics at Amrita School of Dentistry. Dr. Krishnan serves as Additional Reader and Dr. Gayathri as Assistant Professor. This 'Endo couple' are also Consultants to multiple clinics in Kochi.

Dr. Aswathy P. (resident doctor at Srikrishna Sevashrama Hospital) is married to Mr. Bijoy Balachandran (Senior manager at Deugro projects- Logistics). They are blessed with 2 kids (twins) and are currently residing in Bangalore.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Meenakshi K.J. (BDS and MDS alumna) is a Periodontist and works at Touch Clinic. Her husband, Mr. Srinath Mohan, is a Marine Engineer. They are blessed with a one-year-old daughter, Srinidhi Menon.

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Dr. Mydhily Madhu is working in the Local government as Access and Inclusion Officer in Community Wellbeing and Partnerships Team in Melbourne, Victoria(Australia). Her family includes her husband Mr. Amal and kids - Vihaan (2-year-old) and Tanishka (8 years old).



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Aparna S. is working as Clinical Data coordinator at ICON Plc. in Chennai. Her husband, Mr. Abhishek Jayanarayan, serves as Duty Supervisor at Etihad Airways. Son - Keshav Narayan is studying in Grade-3.

Dr. Indu P.S. (BDS and MDS alumna) is working as Assistant Professor in the Department of Oral Medicine and Radiology, Amrita School of Dentistry. Her husband, Dr. Gopil Dev, is an Ayurvedic Doctor and Academician specialized in Panchakarma, and is currently working in Uttar Pradesh. They are blessed with a son, Aadidev.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Veena Baburaj is currently a Subject matter expert at Allianz services India, Techno park, Trivandrum. Her husband, Mr. Nandu S, is Assistant Professor at Saintgits College of Engineering, Changanasserry. They are blessed with a daughter, Vedathmika.V.Nair, studying in grade 1.

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Dr. Reenu Mary Thomas is married to Mr. Melvin Stanley, a pilot by profession. Both are now actively involved in business. They are settled in Dubai and are blessed with a son, Bryan Stann Melvin Parekkat.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Parvathy E.
(General Dentist) with her
husband, Mr. Abhilash,
and her child.

Dr. Siniya Abdul Gafoor
(Periodontist, BDS and
MDS alumna) with her
husband, Mr. Shahin
Shanavas, and daughter,
Ezzah Maryam.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Krishna Sethu with her husband, Mr. Rakesh Menon, and son, Aryan Rakesh Menon. She is working in an insurance company in Dubai

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Dr. Vyshaka Radhakrishnan
(Dentist in Australia) and her husband, Mr. Shijith



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Apeksha Joshi with her fiancé Mr. Dilip Muralidharan

Dr. Namitha Krishna
(Dental Surgeon)
with her husband,
Mr. Sreejith, and son, Saatvik.



BDS- 2010 BATCH ALUMNI WITH FAMILY



Dr. Amrita Sathianathan, a Prosthodontist and Implantologist with a Fellowship in Orofacial Pain and Dental Sleep Medicine, is the Resident Prosthodontist at Elite Dental Studio, Panampilly Nagar, Kochi. Her family includes her husband, Dr. Biswas D. Kartha (MD General Medicine, DNB Critical Care), and their son, Siddharth Biswas (5 years old).

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Dr. Neethu N
Spouse: Prasanth TK
Daughter: Nihara Prasanth
Dental surgeon at Colony Health Centre, ISRO Staff Quarters, Tvm. Spouse: Scientist/Engineer at Vikram Sarabhai Space Centre, Tvm
Daughter: 8 yrs/3rd std, St Thomas Public School, Tvm



MDS 2011 BATCH ALUMNI WITH FAMILY



Dr. Kavitha Druvan, MDS, Conservative dentistry & Endodontics (BDS 2004 alumna and MDS 2011 alumna), currently Professor at Department of Conservative Dentistry & Endodontics, Amrita School of Dentistry, Kochi. Husband - Dr Druvan S , Associate Professor , Dept of Orthopedics , AIMS, Kochi. Kids - Vedika Druvan (12 years) 7th std, and Swathika Druvan (10 years) 5th std, studying in Amrita Vidyalayam, Kochi.



Dr Vaisakh Nair, MDS, Conservative dentistry & Endodontics (BDS alumnus 2003 batch and MDS alumnus 2011 batch), is maintaining a private practice at Palakkad. Wife, Dr. Reshma Raj (Azeezia dental college). They have a daughter.

MDS 2011 BATCH ALUMNI WITH FAMILY



Dr. Jaeson Mohanan Painatt, MDS, Oral and Maxillofacial Surgery (MDS alumnus 2011 batch), is Professor in the Department of Oral and Maxillofacial surgery at Amrita School of Dentistry. Wife, **Dr. Anjana Santhosh** (BDS alumna 2012 batch and MHA alumna 2021 batch) is currently working as Regional Operations Manager - Optimus Medical Services Pvt. Ltd.

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Dr. Raakesh, MDS, Oral and Maxillofacial Surgery (MDS alumnus 2011 batch), working in Ministry of Health, OMFS Department, Kuwait.

Wife, **Dr. Parvathy Rakesh** (BDS alumna 2007 Batch), working in Symphony Dental Clinic, Kuwait since 2020.



MDS 2011 BATCH ALUMNI WITH FAMILY



Dr Rahul Ravindran, MDS, Prosthodontics and Implantology (BDS alumnus 2005 Batch and MDS alumnus 2011 Batch), has Private practice in Calicut- Antara Dentistry. Wife, Dr Anjana Krishnakumar, Periodontist (BDS alumna 2005 Batch and MDS 2011 Batch), also has a private practice in Calicut. Daughter- Gauri R Nambiar-4yrs.

Dr.Haripriya EC, MDS, Prosthodontics and Implantology (BDS alumna 2005 Batch and MDS alumna 2011 Batch), owns a dental clinic and is a consulting prosthodontist. Her husband is an Endodontist consultant at various clinics. Blessed with 2 kids.



MDS 2011 BATCH ALUMNI WITH FAMILY



Dr. Sreeraj R. (BDS alumnus 2003 batch and MDS alumnus 2011 batch) is Asst. Dental Surgeon at Pampady Taluk Hospital. Wife, **Dr. Parvathy B.** (BDS alumna 2007 batch and MDS alumna 2019 batch) is Asst. Professor in the Department of Public Health Dentistry, Amrita School of Dentistry. Daughter, **Nivedita Sreeraj**, is studying in class 3.

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Dr. Remya K.S, MDS, Periodontics and Implantology, (MDS alumna 2011 batch), is currently working as a dental assistant in USA. Spouse, **Mr. Roshith Raj C.R,** is an IT professional working for J.P. Morgan Chase. Their son, **Rohan Roshith,** is a second-grade student.



MDS 2011 BATCH ALUMNI WITH FAMILY



Dr.Anuradha, MDS, Orthodontics and Dentofacial Orthopaedics (BDS 2005 alumna and MDS 2011 alumna), currently Professor at Department of Orthodontics, Amrita School of Dentistry, Kochi.

Husband - Kailasnath.K Business

Kids- Aditya Kailasnath (8 years) 2nd std studying in Alphonsa school

Varalakshmi Kailasnath (2 years)

ACHIEVEMENTS

Literary Voyage of Dr. Sunanda Sudhakaran:

Amrita school of Dentistry proudly celebrates the literary achievement of **Dr.Sunanda Sudhakaran alumna of the batch of 2004 BDS**. Dr Sunanda is currently serving as Senior lecturer in the department of Periodontics at KMCT DENTAL college ,Mukkam,Calicut.

Her debut poetry anthology “Echoes of My Soul” published by Writers Pocket was officially released by the Honourable Former Governor of Goa at a ceremony held in Calicut on 26th October 2025.

This poem is a collection of poetry that explores the depths of human emotions,self discovery and resilience.

Literary Voyage of Dr. Sunanda Sudhakaran:



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Dr. Sunanda's Global Creative Footprint:

she was recently selected to participate in Khwaab-e-Mussawiri: Season 2 – Scarlett Dreams, an international red-themed group art exhibition held in Dubai.

Curated by Sagar's Art Stream, the exhibition brought together acclaimed 54 artists from India, Dubai, France, and Ukraine, celebrating the evocative theme of "Scarlett Dreams" through diverse visual expressions. Hosted at the Picasso Art Gallery, this prestigious platform highlighted creativity that transcends geographical and cultural boundaries.

Dr. Sunanda's artwork was noted for its refined emotional depth and conceptual clarity, reflecting a thoughtful intersection of art and introspection. Her participation has also been featured on Dillistan.com, the official media partner for the event, marking a significant recognition on the global art stage.

ACHIEVEMENTS



Dr. Thara Aravind



Dr. Vineetha K.

Our Alumnae Shine as Research Mentors:

Our MDS alumnae, Dr. Thara Aravind (Batch of 2012) and Dr. Vineetha K. (Batch of 2016), are mentors for undergraduate research projects selected for the prestigious ICMR Short Term Studentship (STS) program.

Both Dr. Thara and Dr. Vineetha serve at their alma mater, Amrita School of Dentistry, as Additional Readers—Dr. Thara in the Department of Oral and Maxillofacial Pathology and Microbiology, and Dr. Vineetha in the Department of Public Health Dentistry.



The Dentist Who Goes the Extra Mile: Dr. Vaishak Nair (BDS 2003, MDS 2011) embodies the spirit of perseverance both inside and outside the clinic. A dedicated Endodontist, he manages his own successful dental practice in Palakkad while also serving as a consultant to several clinics across the city.

Amidst his demanding professional life, Dr. Vaishak discovered a new passion for marathon running—a pursuit that mirrors the same discipline and focus he brings to his profession. Over the years, he has participated in numerous marathons, earning several medals that stand as testaments to his endurance, determination, and zest for life.

ACHIEVEMENTS



Dr. Razdan T R has secured multiple podium finishes at FMSCI (Federation of Motor Sports Clubs of India)–approved races across state and national levels, showcasing his passion for motorsports alongside his professional excellence in dentistry.

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Second prize in Ladies class in Time Speed Distance (TSD)rally
Dr. Tabassum Parakkal and Dr. Sandra M.
(Both PG Orthodontics alumni)





AMRITA COLLEGE OF
NURSING



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BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



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Major Radhika A is serving as a Nursing Officer in the Military Nursing Service, commissioned in 2014. She is currently posted at the Command Hospital, Southern Command, Pune. Her spouse, Mr. Anoop Vijayan, works as a QC Inspector (Oil & Gas) and is presently employed in Saudi Arabia. They are blessed with two children: Master Brahmanand A. Nair (8 years) and Miss Naini Nair (6 years).



Major Radhika A, received a Certificate of Appreciation from Command Hospital (SC), Pune, on Nurses Day 2025 for her exemplary contribution in the field of Orthopedic Nursing.

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Major Shani Mathew is serving as a Nursing Officer at Command Hospital, Chandimandir, and has been proudly serving in the Indian Army for the past 10 years. Her husband, Mr. Evin Joseph Skariah, works as a Chief Electrician with Saudi Aramco Nabors Drilling Company in Saudi Arabia. They are blessed with two children, Evelyn (6 years) and Ian, 2 years).

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On Independence Day 2024, she was honoured with the General Officer Commanding-in-Chief, Western Command Commendation Card for her distinguished service and devotion to duty.

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Anju J. Sasi is currently working as an ICU Nurse at Galway University Hospital, Ireland. Her husband, Mr. Rahul Viswanathan, is a Software Engineer. They are blessed with a son, Abhiram Rahul (4 years), who is in preschool.

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Ms. Arathy Mohanan is a Canadian citizen, currently working as a Registered Nurse at St. Mary's Hospital, Kitchner, Ontario. She also holds an Aviation Pilot License. Her husband, Mr. Jils Joseph, is employed in the healthcare sector. They have two children, Dhaksha Mariam Jils (5 years) and Eathan Joseph Jils (3 years).

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Aneesha Salidas is currently based in Sydney, Australia, where she works as a Senior Registered Nurse/In-Charge Nurse. She is also pursuing her Master's in Critical Care Nursing (online) from the University of Tasmania, Australia. Along with clinical responsibilities, she occasionally takes up duties as a Nurse Educator. Her husband, Mr. Anish, is also employed as a Senior Registered Nurse. They have two children: Anwita, who is in kindergarten, and their younger child, who will turn one this November.

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Ms. Vishnu Priya P is working as a Registered Nurse at Watford General Hospital, United Kingdom.

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Major (Retd.) Anju Mathew served 10 years in the Indian Army, with her last posting at the Army Institute of Cardiothoracic Sciences, Pune. She is currently pursuing her Master of Hospital Administration at the MOSC Institute. Her spouse, Rev. Fr. Jaleel John, is a Priest. They have two children, Canaan Saleeba John (6 years) and Maeve Saleeba John (1 year).

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During her military service, she was awarded the:

- 09 Years Long Service Medal (2009–2013)
- 75th Independence Anniversary Service Medal



BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Amrutha M is working as a Registered Nurse at Geraldton Regional Hospital, Australia. She is married to Mr. Sreenath Sreekumar, and they have a daughter, Sreenandha Sreenath.



Ms. Deepa Manoharan is working as a Registered Nurse in the Emergency Department at Alice Springs Hospital, Northern Territory, Australia. She is settled in Australia with her husband, Mr. Abilash, and their two children, Advitha and Anahitha.

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Mary Lima is currently working as a Senior Clinical Research Nurse (Band 7) at West Hertfordshire Hospitals NHS Trust. In 2020, she completed a Level 7 Clinical Academic Career Scholarship under the National Institute for Health and Care Research, funded by Health Education England. Earlier this year, she finished the Mary Seacole Leadership Programme and is preparing to join the Senior Leadership Programme, with plans to pursue the Rosalind Franklin Leadership Award. Her husband works as a Technical Support Engineer at NTT Global, and they are proud parents of two children- an eight-year-old daughter and a four-year-old son.

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Ms. Anu Raj C is working as a Registered Nurse at Kinaan Medical Centre, Muscat, Sultanate of Oman. Her husband, Mr. Jimson, is employed as an E-Commerce Manager at the Regional Office of Lulu Hypermarket LLC, Y Tower, Al Khuwair, Muscat. They are blessed with two sons- Emaan Anu Jimson and Eiden Anu Jimson

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Neethu K. Babu is working as a Registered Nurse at Waitemata District Health Board, New Zealand. Her husband is Mr. Lal, and they are blessed with a daughter, Deva.



Ms. Rinku Mary C. I. is working as a Nursing Officer Grade I at Government Medical College, Thrissur. Her spouse, Mr. Ringu Ittoop, is the Managing Partner of Kilo Logistics. They have two children: Rishone Emmanuel Ringu (2nd Standard) and Hazel Mary Ringu (Playschool).

BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Asha Chandrahasan is working as a Cadaver Transplant Nurse at Government Medical College Hospital, Thiruvananthapuram. Her husband, Mr. Prasoon K, is employed at ISRO, Thiruvananthapuram.

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She participated in the Hospital Infection Control Meet 2021, organized by ASP India Private Limited.



BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Lekshmi Remesh is working as a Registered Nurse in Neonatal Care at Te Whatu Ora, Auckland, New Zealand. Her husband, Mr. Arun S Pillai, serves as a Clinical Nurse Specialist at the same institution. They are blessed with a son, Maadhav Pillai, aged 5 years.



Ms. Jills Sunny is working as an Enhanced Staff Nurse at Connolly Hospital Blanchardstown, Dublin. Her husband, Mr. Sandeep Sebastian, is an IT professional at Intel. They have two children, Judith and Johnpaul.

She received a DAISY Nomination Award last year in recognition of her compassionate nursing care.



BSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Akshara M is currently working in the Cardiology Department under the Ministry of Health, Kuwait. Her husband, Mr. Arun Mohan, is a Registered Nurse working in the Ambulance Services (MOH Kuwait). They have two daughters: Aadya Arun (2nd Standard) and Aaradhya Arun (3 months old).

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Ms. Monica Philip, is currently working as a Clinical Nurse Manager at Bunbury Regional Hospital, Western Australia. She is also the Director of Care Plus Bunbury (NDIS Provider). She holds a Postgraduate Certificate in Critical Care from Curtin University, Western Australia, and a Master of Nursing (Leadership and Management) from James Cook University, Townsville, Australia. Her family includes her husband, Mr. Jithin Sam, and their two children- Adam Jithin Sam (4 years, Kindergarten) and Andrea Jithin Sam (2 years).

A Glimpse of Alumni Visits to the College



Mr. Sreejith P. Mohan,
Second batch (2010)
M.Sc. Nursing & family
with Ms. Sheela Pavithran,
Professor, Amrita College
of Nursing, AIMS, Kochi.

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Mr. Arun P. B., First batch (2002) B.Sc. Nursing giving mentorship program.

ACHIEVEMENTS



Ms. Nezra Joseph, 15th Batch (2016), B.Sc. Nursing, is working as a Staff Nurse at Amrita Institute of Medical Sciences, Kochi, and has achieved the Einstein World Record for the largest synchronized training session conducted across India. She has also been recognized as the IV Champion of her unit.

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Ms. Seena Sahadevan, Third batch B.Sc. Nursing and Second batch M.Sc. Nursing, Received an Award for Best Nursing Team Leader of the Year - Northern India by Indian Nursing Council and CAHO by 3rd ICC National Healthcare Excellence Awards given by Indian Nursing Council President T Dileep Kumar

M.Sc. NURSING FIRST (2009 BATCH) ALUMNI DETAILS



Bri. Sai Bala M
Nursing Director,
Amrita Institute of Medical Sciences, Kochi.

ACHIEVEMENTS

- Played a key role in the development and implementation of the Amrita Hospital Information System.
- Led the SAMYOG National Consensus Forum (2016) and contributed to national guidelines on prevention and management of Hospital Acquired Skin Injuries.
- Introduced international guidelines on HASI, MASD, MARSJ and ST during the National Leadership Summit SANKALP (2019), aligning them for Indian practice.
- Active member of KUHS Ethical Committee since 2014 and is associated with various national and international professional bodies such as INS, ANEI, PCSI, AVA and ISPN.
- First nurse from India to receive the INS Scholarship at the 38th Annual Convention in Louisville, Kentucky (2011).
- First in Kerala to establish standardized GI Endoscopy practices; developed a handbook and certification for GI Endoscopy Technicians (2009).
- Recognized by the Society of Endoscopy Technicians (2019) for excellence in teaching and mentoring.

M.Sc. NURSING FIRST (2009 BATCH) ALUMNI DETAILS

ACHIEVEMENTS

- Represented India in several international forums and was included as the only Indian delegate at the 2nd Annual IV Global Summit on Perioperative Nursing, Dublin (2011).
- Mentor, guide and keynote speaker at regional, national and international platforms; authored research and led quality improvement projects and guideline developments.
- Played a significant role in the C20 Gender Equality & Disability Working Group Summit and Women’s Health Education Program (2023).
- Collaborated in curriculum development for oncology certification programs, GDA courses and Nurse Residency in Pediatric Cardiology.
- Featured in the national nurse leader coffee table book “My Story: Tale of Angels” released by Polymed, India.
- Received the Einstein World Record (2025) for the largest synchronized training session on “Preventing Medication Administration Errors” in association with ANEI and aided the hospital in achieving the record.

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MSc.NURSING (2009 BATCH) ALUMNI WITH FAMILY



Ms. Vincy Varghese is currently employed at Becton, Dickinson and Company (BD) India as a Senior Manager. Her spouse, Mr. Ryno Raj, is the Director of Make My Day (Events and Weddings). They are blessed with a daughter, Agatha Teresa Ryno, who is studying in Class 4 at Rajagiri Public School, Kalamassery.

She received the Greater Asia Award for Marketing Excellence in both 2014 and 2015.

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Ms. Kavitha K. C is currently working as a Registered Nurse in Mental Health Services at Hamad Medical Corporation (HMC), Qatar.





AMRITA SCHOOL OF
PHARMACY



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M.PHARM (2015 BATCH) ALUMNI DETAILS



Athira J Nair,
Associate Professor, Indra Gandhi
Institute of Pharmaceutical
Sciences, Perumbavoor, Kerala

Sandhya Murali
Associate Professor, Mount Zion
College of Pharmacy, Chayalode,
Enadimangalam, Kerala



Krishna Gopinath K
Research Associate at
Arya Vaidya Sala
Kottakal, Malappuram



PHARM D, 2017 BATCH ALUMNI DETAILS



Rajalakshmi R,
ICMR Research Associate III | PhD
Candidate, Manipal College of
Pharmaceutical Sciences, Karnataka

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ANJANA C
Clinical Pharmacist
Apollo Children's & Women's
Hospital, Chennai



Abhijith Madhusoodanan
Pharmacy intern
Terry white pharmacy, Melbourne,
Australia

PHARM D, 2017 BATCH ALUMNI DETAILS



Arya Rajan,
Clinical Pharmacist/ IPA-ID
Fellowship, Aster Medcity, Kochi

Abhishekitha Sai Annvarapu,
GA Intern | Masters in Public
Health, Illinois Department of Public
Health, University in Chicago, Illinois



Ardra. T. P
Junior Associate Scientific Writer
Indegene, Bangalore



PHARM D, 2017 BATCH ALUMNI DETAILS

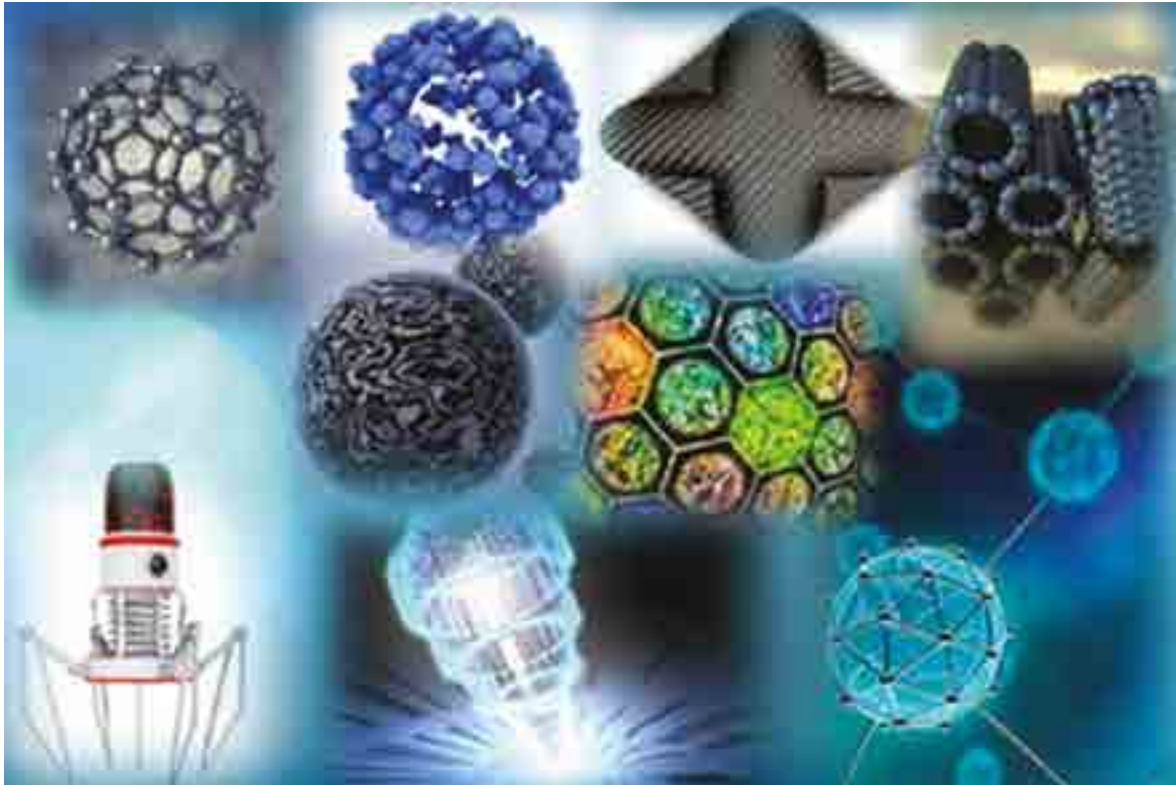


Krishna S
Clinical Pharmacist,
Amrita Institute of Medical
Sciences, Kochi

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Keerthana Raghunath
Regulatory Affairs Trainee
Gulf Pharmaceutical Industries
(Jalpur), RAK, UAE





AMRITA SCHOOL OF NANOSCIENCE
& MOLECULAR MEDICINE



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BSC (HONORS) MOLCULAR MEDICINE HIGHER STUDIES & PLACEMENTS



V K Jnanakshi
MSc Medical Neurosciences Charite
University, Germany



Jesna Saju,
Masters in Diagnostics and
Precision Medicine, Dublin City
University, Ireland.



Nandana V Kumar,
MSc Clinical Embryology, Kasturba
Medical College, Manipal

BSC (HONORS) MOLECULAR MEDICINE HIGHER STUDIES & PLACEMENTS



Nandana S,
MSc Clinical Embryology
Kasturba Medical College,
Manipal.

S Amna Fathima,
MSc Immunotherapeutics
Trinity College Dublin,
Ireland.



Ishwar Bijumon
MSc Bioinformatics,
University of Glasgow, Scotland



BSC (HONORS) MOLCULAR MEDICINE HIGHER STUDIES & PLACEMENTS



Mehul Mukundan
MTech Bioengineering National
Institute of Technology, Calicut.



Merin Maria Sojan
Mtech Bioengineering,
National Institute of Technology,
Calicut.



Mansi Goel
Ph.D. Scholar
ASNSMM

BSC (HONORS) MOLCULAR MEDICINE HIGHER STUDIES & PLACEMENTS



Megha Visakhan,
Project Assistant
Swakit Biotech Pvt Ltd

Sara Ann Regi
Intern
Jubilee Mission Hospital Thrissur



Anjali Jis
Intern
Jubilee Mission Hospital Thrissur



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AMRITA SCHOOL OF
BUSINESS



PLACEMENT



Revathi Nair
2015-17 Batch,
Working in Trading company

Chithra Harikumar
2016-18 Batch,
Working at
Providence College
of Engineering,
Chengannur,



PLACEMENT



Gopikrishnan M
2023-25 Batch
HETTICH INDIA PVT LTD

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Livna C
2017-19 Batch
Placement in Air India



PLACEMENT



Haridas Vishwanath
2010-2012 Batch
Bajaj Finserv

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Veena V. Nair
2019-21 Batch
Yateem Optician W.L.L. Bahrain.



PLACEMENT



Vishnu T.V.
2019-21 Batch.
Empower Retirement Company

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C P Krishna Prakash
2015-17 Batch. Jaquar Company

PLACEMENT



Rakesh Chandran S
2015-17 Batch
UST Company,
FP&A Manager for Europe Business,
UST

Sumit S Ashok
2015-2017 Batch
Federal Bank, Palakkad.



PLACEMENT



UMESH S

2015-17 Batch

The Ramco Cements Ltd,
Completed 6 years with Ramco



Sreehari Sailaraj

2015-17 Batch, ESAF Bank.They have twins

ACHIEVEMENT



AWARD GIVING CEREMONY

Mr. Rajeev Sudhakaran
 (Jr. Admin officer of ASB Kochi) won the **Thunjan Bhaashaabhimaana Puraskaaram - 2025** for his valuable contributions in academic and literature domains. The award was presented to him by Swami Anakhaamrithanandapuri in the presence of Dr. MC Dileep Kumar (earlier Vice Chancellor of Sri Sankaraacharya University).



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AMRITA SCHOOL OF ARTS & SCIENCE



Alumni Interaction in connection with CIR summer training.



Alumni & few staff members: Sitting in the front row our Alumni members: From left to right:- Aiswarya, Sreedevi (Cognizant), Ameya (Deloitte), Sonali (Federal Bank), & Sabari Nath (KPMG).



Praveen G Pai,
working in Federal Bank



Anagha,
working in EY (Ernest & Young)



Gayathri,
working in Optum



Sabari Nath
working in KPMG.

Alumni Interaction in connection with CIR summer training.



PLACEMENT



Dhrupad MD,
MCA B 2024 Batch,



Aswin Jayakumar,
MCA 2024 Batch,



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Sooraj S Pai
Mcom 2024 Batch



PLACEMENT



Nandana Saneesh
Mcom 2024 Batch
Deloitte.



Nadha Thasneem KP
ASDA 2024 Batch



Pappireddy Praveen Kumar Reddy
MCA A 2024 Batch
IBM.

PLACEMENT



Jwala R
2024 Batch



Anju Joy,
ASDA 2024 Batch



Vismaya Dinesh Kumar
MCA B 2024 Batch,
Societe Generale



Shruti Suanand
Bcom Fin Tech
2024 Batch





Sheethal Ramakrishnan
Bcom Fin Tech 2024 Batch

Deloitte.

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Aswathi C.V
Bcom Fin Tech 2024 Batch

Deloitte.



Malavika Ramesh
Bcom Taxation & Finance 2024 Batch

Deloitte.

AMRITA ALUMNI, KOCHI CAMPUS MAGAZINE & PROGRAM LINK

Sl.No	Date	Topic	YouTube Link
1	26-11-2020	1 st Inaugural Newsletter 2020	https://www.amrita.edu/campus/health-sciences-campus-kochi/ (under the section Downloads)
2	June 2021	1 st Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ (under the section Downloads)
3	December 2021	2 nd Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ (under the section Downloads)
4	June 2022	3 rd Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ (under the section Downloads)
5	December 2022	4 th Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ (under the section Downloads)
6	June 2023	5 th Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ (under the section Downloads)
7.	December 2023	6 th Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/
8.	June 2024	7 th Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ under the section Downloads
9.	December 2024	8 th Edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ under the section Downloads
10	June 2025	9 th edition	https://www.amrita.edu/campus/health-sciences-campus-kochi/ under the section Downloads

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AMRITA ALUMNI, KOCHI CAMPUS YOUTUBE & PROGRAM LINK

Sl.No	Date	Topic	YouTube Link
1	26-11-2020	• Inauguration of the 1st Campus Alumni Newsletter: "Anugraha"	https://youtu.be/bQRvboS9zVw
2	20-02-2021	• MENTORSHIP PROGRAMME:-- "Diagnosis & Treatment of autistic spectrum disorders in children" - By our Alumna Dr.Abirami Meenakshi	https://youtu.be/NwcL9479FdA
3	20-02-2021	MENTORSHIP PROGRAMME USMLE/ PLAB/NEET/MRCP –	https://youtu.be/3ftB4qwmrwo9
4	18-04-2021	Offers an opportunity for Aspirant Juniors – Dr.Bharat, Dr.Nisha,Dr.ajay Ashok Tips to crack USMLE, PLAB/ MRCP,NEET	https://youtu.be/NwcL9479FdA
5	13-06-2021 & 20-06-2021	Training session of IAM Technique-Dr.Vandana Balakrishnan	
6	05-09-2021	Symposium by our distinguished alumni - COVID-19 3rd WAVE ARE WE PREPARED?	https://www.youtube.com/watch?v=q9Tyj3fVGMI
7	14-11-2021	Session by our distinguished Alumni Dr.Manikandan Kathirvel Career Prospects in the UK for Doctors	https://youtu.be/TiPVpmGOVPI
8	03-03-2022	"Harness the Power, Passion and the Pride of Nursing"- A talk on inspiring youth in Nursing by Dr.Lakshmi Nair, Psychiatric Mental Health Nurse Practitioner, Stony Brook University, Newyork.	https://youtube.com/live/O6X0ye-JxldQ?feature=share8
9	09-04-2022	Career Prospects in the USA for Doctors	https://youtu.be/D9avXYIm6L4

10	16—06- -2022	Career Guidance Session for Class 10, 11 & 12 students	https://www.youtube.com/watch?v=bzZ4zyNkOqA
	17—06- -2022	Career Guidance Session for Class 10, 11 & 12 students	https://youtu.be/tAxmmegWxkk
	18—06- -2022	Career Guidance Session for Class 10, 11 & 12 students	https://youtu.be/H3hKwg46DM4
11	22-07-2022	Multiple myeloma (Dr. ANUSREE PRABHAKARAN, Dr. Neeraj Sidharthan	https://youtube.com/watch?v+V-Jr-S8_Puz4&feature=share8
12	12-04-2023	Obesity and liver on by Dr.Vijhay Ganesun	https://www.youtube.com/watch?v=q-v_wcr1fQ8
13	03-05-2023	DIABETES & KIDNEY by Dr. Jyothipriya Jyothindrakumar	https://youtu.be/PQ_isDuQWX8
14	03-05-2024	Inspirational Talk by Dr.Ashna Hanish,MDS 2015 Batch alumna	https://youtu.be/f5Gsd-QTOL-8?si=6MW90yc--IJpLjCa
15	18-06-2024	CAREER GUIDANCE – Dr.Suneesh Noushad, 2011 MBBS alumnus	https://youtu.be/zd2vuxk4NKU
16	19-11- 2024	Topic: “How small is small? How to diagnose & tackle growth restriction in fetus”- Hosts A Talk on Women’s Health by our alumna Dr.ANU JOSEPH	https://youtu.be/AYv8yQFESf0
17	23-04-2025	Topic: -BONE TUMORS: SPINE AND LIMB SARCOMAS –Hosts a session by our alumnus Dr.Shrijith Murlidharan. B (MBBS 2004 Batch alumnus)	https://youtu.be/IIDNs5-Ny-C0?si=mKhOzuZxHR--jSmj
18	11-08-2025	Topic: -White coats to Boardrooms: Unlocking Careers in Medical Affairs & Beyond – a session by our pharmacology alumna, Dr.Lekshmi J	https://youtu.be/GVkJQSEi55Q?-si=0_fOs_qzLPb3Ygcw
19	14-10-2025	Inspirational talk & guidance to Medical & Dental students For the first time from our Deemed University to AIR 80 in NEET PG – Dr.RIZA DILSHAN, MBBS 2017 Batch alumna	https://youtu.be/rpQokOk3vfk

Thanks & Gratitude

My Pranamams to our most beloved Amma Mata Amritananadamayi Devi, Chancellor of Amrita Vishwa Vidyapeetham University for showering on me an abundance of blessing to captain our Amrita Alumni Kochi Campus very successfully for the last 8 years. No amount of thanks & gratitude will suffice to our Amma and Valya Swami Sampoojya Swamiji Amrita Swaroopandapuri, President AVVP, Vice Chairman Mata Amritandamayi Matt and Sampoojya Swamiji Poornamritanandapuri, General Secretary, Mata Amritandamayi Matt -for all their support & encouragement.

Dr.Prem Nair, Group Medical Director & Provost is a constant encouragement of all our Alumni matters, Thank you sir and all our alumni are indebted to you for your interactions with them whenever they give online mentoring program to our medicos. I thank all our Principals of all our Schools and colleges in Kochi campus for their unwavering co-operation to the Alumni programs. I thank all our alumni far and near who showed their love and gratitude to the Institution and to me for being their teacher. My gratitude to all the faculty members and Ashramites for helping me to stand firmly and successfully during the trying times. I can never go without mentioning AOC team for their help and organizing of all our programs with whose support our alumni stood proudly on the stage. They are the real backbone of all the gathering of Alumni programs. It is never complete without a good feast given by our Bri.Karunaji. Thank you Bri.Karunaji for leading the catering dept. Graphics plays a major role in bringing out this magazine in the most possible and grand way. A special and profuse thanks for the Audio Video team in helping to record our programs. Our student volunteers are gems who worked for their alumni happily and without any reluctance. Last, but never the least, I thank all coordinators & Editors and my colleagues in Alumni Office for making this a regular and successful magazine.

Wishing all our Alumni spread over the world. Amma`s blessings and Best Wishes for a Happy successful and Prosperous future.





Embrace Good Health



AMRITA INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE

OUR EMERGENCY DEPARTMENT IS NOW CERTIFIED UNDER THE NABH EMERGENCY DEPARTMENT CERTIFICATION PROGRAMME

**Achieving Excellence in
Emergency Care: NABH
Certified Emergency
Department**

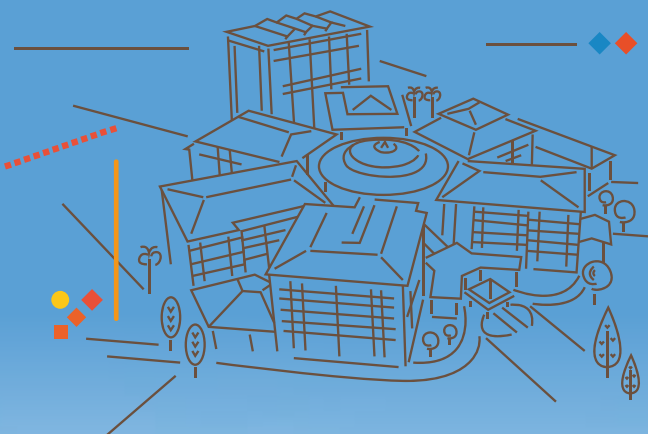


We have the capability to become whatever each of us chooses to be. We can choose to be a virtuous soul who only desires good for others in thought and deed. On the other hand, we can also choose to be the epitome of evil. The freedom of choice is the greatest blessing of this human birth, but in-order to experience this blessing to its fullest potential, we should have the innocence and faith of a child.

The past is a wound. If you scratch the wound by delving into your memories, the wound will get infected. Do not do that, or it will get bigger. Instead, let it heal. Healing is possible only through faith and love of the Divine.

We should develop faith in ourselves instead of leaning on others for solace. Only then will we find true comfort and satisfaction.

Amma



Embrace Good Health

www.amritahospital.org

