



**AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE**

**AIMS Ponekkara P.O. Kochi-41**

**DEPARTMENT OF PHYSICAL MEDICINE AND  
REHABILITATION**

**PG TEACHING SCHEDULE FOR THE MONTH OCTOBER 2025**

**THEORY (TIME: 3:00 PM - 4:00 PM)**

| <b>DATE</b> | <b>TOPIC</b>                 | <b>FACULTY</b> |
|-------------|------------------------------|----------------|
| 04/10/2025  | Elbow Examination            | Dr. Ravi       |
| 10/10/2025  | Platelet Rich Plasma Therapy | Dr. Roshin     |
| 18/10/2025  | Regenerative medicine        | Dr. Ravi       |
| 25/10/2025  | Jeopardy                     | Dr. Amrutha    |

**SEMINAR (TIME: 11.00 AM - 12.00 PM)**

**ATTENDEES: ALL FACULTY AND PGs**

| <b>DATE</b> | <b>TOPIC</b>                   | <b>PRESENTER</b> | <b>FACULTY</b> |
|-------------|--------------------------------|------------------|----------------|
| 06/10/2025  | Young Stroke                   | Dr. Rajamithra   | Dr. Ravi       |
| 11/10/2025  | Traumatic SCI Rehab            | Dr. Nandana      | Dr. Ravi       |
| 15/10/2025  | Neurogenic Bladder Rehab       | Dr. Lins         | Dr. Anand      |
| 27/10/2025  | Physical Modalities in details | Dr. Deeptajeet   | Dr. Ravi       |

**CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)**

**(ATTENDEES: ALL FACULTY AND PGs)**

| <b>DATE</b> | <b>TOPIC</b>           | <b>PRESENTER</b> | <b>FACULTY</b> |
|-------------|------------------------|------------------|----------------|
| 08/10/2025  | Transtibial Amputation | Dr. Nandana      | Dr. Ravi       |
| 17/10/2025  | Ischemic Stroke        | Dr. Deeptajeet   | Dr. Ravi       |
| 22/10/2025  | Rotator Cuff Injury    | Dr. Deeptajeet   | Dr. Anand      |
| 29/10/2025  | Periarthritis Shoulder | Dr. Rajamithra   | Dr. Anand      |
| 31/10/2025  | Ischemic Stroke        | Dr. Lins         | Dr. Ravi       |

**GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)**

**ATTENDEES: ALL FACULTY AND PGs**

| <b>DATE</b> | <b>TOPIC</b>                  | <b>FACULTY</b> |
|-------------|-------------------------------|----------------|
| 1/10/2025   | NCS-Median Nerve              | Dr. Amrutha    |
| 16/10/2025  | USG WRIST                     | Dr. Anand      |
| 23/10/2025  | Resting Hand Splints Workshop | Dr. Ravi       |
| 30/10/2025  | USG Knee Joint                | Dr. Amrutha    |

**JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)**

**ATTENDEES: ALL FACULTY AND PGs**

| DATE       | TOPIC                                                                                                                                                                                                                                                                                         | PRESENTER      | FACULTY     |
|------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-------------|
| 03/10/2025 | Homberg V, Jianu DC, Stan A, Strilciuc Ș, Chelaru VF, Karliński M, Brainin M, Heiss WD, Muresanu DF, Enderby PM. Speech Therapy Combined with Cerebrolysin in Enhancing Nonfluent Aphasia Recovery After Acute Ischemic Stroke: ESCAS Randomized Pilot Study. Stroke. 2025 Apr;56(4):937-947. | Dr. Rajamithra | Dr. Anand   |
| 09/10/2025 | Machač S, Chasáková L, Kakawand S, Kozák J, Štěpánek L, Vejvalka J, Kolář P, Černý R. Mirror visual feedback as therapeutic modality in unilateral upper extremity complex regional pain syndrome type I: randomized controlled trial. Eur J Phys Rehabil Med. 2024 Apr;60(2):280-291.        | Dr. Lins       | Dr. Amrutha |
| 13/10/2025 | Cojocaru MC, Cojocaru IM, Voiculescu VM, Cojan-Carlea NA, Dumitru VL, Berteau M. Trigger points--ultrasound and thermal findings. J Med Life. 2015 Jul-Sep;8(3):315-8.                                                                                                                        | Dr. Deeptajeet | Dr. Ravi    |
| 24/10/2025 | Benghanem S, Novy J, Schindler KA, Rüegg S, Alvarez V, Rossetti AO. Unreactive EEG Background Is Associated with Unfavorable Outcome in Patients with Disorders of Consciousness of Various Etiologies: An Adult Cohort Study. Eur J Neurol. 2025 Aug;32(8): e70312.                          | Dr. Nandana    | Dr. Amrutha |

**PROCEDURES**

| MONTH   | TOTAL PROCEDURES |
|---------|------------------|
| October | 4643             |



**DR. RAVI SANKARAN**  
**HOD**  
**PHYSICAL MEDICINE AND REHABILITATION**  
**AIMS, KOCHI.**