



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

**DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE OCTOBER 2025**

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
06.10.2025	Rickets	Dr. Jaithilak
09.10.2025	Epiphyseal injury elbow	Dr. Chandrababu (Emeritus Professor)
13.10.2025	Parathyroid- Anatomy and physiology	Dr. Thadi Mohan
16.10.2025	Hypo parathyroidism	Dr. Jim F Vellara
23.10.2025	Mineralization of bone	Dr. Druvan
27.10.2025	Hip Dysplasia	Dr. Vipin Mohan
30.10.2025	Latarjet procedure	Dr. Balu C Babu

**SEMINAR (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)**

DATE	TOPIC	PRESENTER	FACULTY
07.10.2025	Congenital Vertical Talus	Dr. Anand	Dr. Afnas
14.10.2025	Periprosthetic Fractures	Dr. Rahul	Dr. Arjun
21.10.2025	Rotator cuff injuries	Dr. Nitish	Dr. Gayathri
28.10.2025	Lumbar Disc prolapse	Dr. Amuthan	Dr. Vipin

**CASE PRESENTATIONS (5pm -6pm)
(ATTENDEES: ALL PGs)**

DATE	TIME	TOPIC	PRESENTER	FACULTY
03.10.2025	5pm -6pm	Secondary OA Right Hip	Dr.Aseem	Dr.Jai Thilak/ Dr. Balu/ Dr.Vipin
04.10.2025	8.00 am- 9.30am	Charcot's foot	Dr.Mahith	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
06.10.2025	5pm -6pm	Bony swelling in the distal radius	Dr.Aseem	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
10.10.2025	5pm -6pm	Torticollis in a 10 year old	Dr.Anand	Dr.Jim/ Dr.Arjun / Dr.Nigil
11.10.2025	8.00 am- 9.30am	Distal Radius Fracture	Dr.Nitish	Dr.Druvan / Dr.Amritaraj Dr.Vivek/ Dr.Navami

13.10.2025	5pm -6pm	CTEV	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
17.10.2025	5pm -6pm	Bilateral Dequervain's disease	Dr.Ganesh	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
18.10.2025	8.00 am- 9.30am	Right ankle arthritis	Dr.Rahul	Dr.Thadi Mohan/ Dr. Gayathri
24.10.2025	5pm -6pm	OA Shoulder	Dr.Anand menon	Dr. Druvan / Dr. Amritaraj /Dr. Vivek
25.10.2025	8.00 am- 9.30am	ACL Tear	Dr.Nitish	Dr.Jim/ Dr. Arjun / Dr.Nigil/ Dr.Amritaraj
27.10.2025	5pm -6pm	Lumbar Vertebral disc prolapse	Dr.Prasanth	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
31.10.2025	5pm -6pm	OA left knee	Dr.Amuthan	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
01.10.2025	Scoliosis	Dr.Jai Thilak/ Dr.Gayathri
04.10.2025	Osteoid Osteoma	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
07.10.2025	Pathological fracture	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
08.10.2025	Bone cement	Dr.Jim/ Dr.Nigil/ Dr.Vipin
09.10.2025	Calcium Metabolism	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
11.10.2025	Shock	Dr.Jai Thilak/ Dr.Gayathri
14.10.2025	Meniscal Injury	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
15.10.2025	DDH	Dr.Jim/ Dr.Arjun/ Dr.Amritaraj
16.10.2025	TB Spine	Dr.Thadi Mohan / Dr.Afnas/ Dr Gayathri
18.10.2025	Cauda Equina Syndrome	Dr.Druvan/ Dr. Arjun/ Dr. Nigil/ Dr.Navami
21.10.2025	Shoulder Dislocation	Dr.Jai Thilak/ Dr. Nigil/ Dr. Balu
22.10.2025	Tendon Transfer	Dr.Thadi Mohan / Dr. Vivek/ Dr. Navami
23.10.2025	Spinal cord syndrome	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr. Amritaraj
25.10.2025	Classification of tumours	Dr.Jim/ Dr.Arjun/ Dr.Nigil
28.10.2025	Cervical radiculopathy	Dr. Druvan/ Dr.Arjun/ Dr.Amritaraj
29.10.2025	Adamantinoma	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
30.10.2025	Spinal Metastasis	Dr. Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr. Amritaraj

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
01.10.2025	Eric C Makhni ¹ , Joseph S Tramer. valuating Bone Loss in Anterior Shoulder Instability. J Am Acad Orthop Surg. 2022 Jun 15;30(12):563-572.	Dr.Ganesh	Dr.Vipin
08.10.2025	Sanders, Julia; Goldstein. Open Reduction and Pin Fixation of Pediatric Lateral Humeral Condylar Fractures. JBJS Essent Surg Tech. 2020 Nov 19;10(4):e19.00066.	Dr.Prasanth	Dr.Arjun
15.10.2025	Riccio, Anthony I.; Blumberg. Intramedullary Ulnar Fixation for the Treatment of Monteggia Fracture. JBJS Essent Surg Tech. 2021 Apr 19;11(2):e19.00076	Dr.Mahith	Dr.Nigil
22.10.2025	Alex Trompeter et al.The management of traumatic spinal cord injury:- Injury . 2023 Apr;54(4):1039-1040. doi: 10.1016/j.injury.2023.01.050. Epub 2023 Feb 4.:-	Dr.Amuthan	Dr.Gayathri
29.10.2025	Anil Kumar Jain , S Rajasekaran Tuberculosis of the Spine . J Bone Joint Surg Am. 2020 Apr 1;102(7):617-628	Dr.Rahulraj	Dr.Balu C Babu

TUTORIALS (8.00am – 9.30am)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
03.10.2025	Blood supply of femoral head	Dr Anand	Dr Druvan
10.10.2025	Osteoporosis	Dr Niteesh	Dr Nigil
17.10.2025	Supracondylar fracture	Dr Aseem	Dr Balu
24.10.2025	Perthes disease	Dr Rahul	Dr Navami
31.10.2025	Shoulder Dislocation	Dr Anandhu	Dr Afnas

GUEST LECTURE: 3.00 PM TO 4.00PM
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
23.10.2025	Tibial plateau fractures	Dr. T C Ranjith , Rajagiri Hospital

PROCEDURES FOR THE MONTH OF OCTOBER 2025

OPD PROCEDURES	369
MAJOR	139
MINOR	215



**DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI**