



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSIOLOGY
PG TEACHING SCHEDULE SEPTEMBER 2025

THEORY (9AM TO 10 AM)

DATE	TOPIC	FACULTY
01-09-2025	Cell Physiology - 1	Dr.Suja Gopalakrishnan
02-09-2025	Body fluid compartments	Dr.Deepa Sivaraj

GROUP DISCUSSION (11 AM - 12 NOON)

DATE	TOPIC	PRESENTER	FACULTY
09-09-2025	Measurement Of Body Fluid Compartments	Dr.Nanditha Rajesh Dr.Sai Shankar V R	Dr.Saraswathy L, Dr.Deepa Sivaraj
15-09-2025	Cell Physiology - 2	Dr.Nanditha Rajesh Dr.Sai Shankar V R	Dr.Saraswathy L, Dr.Suja Gopalakrishnan
16-09-2025	Transport across cell membrane - 1	Dr.Nanditha Rajesh Dr.Sai Shankar V R	Dr.Saraswathy L, Dr.Suja Gopalakrishnan
17-09-2025	Transport across cell membrane - 2	Dr.Nanditha Rajesh Dr.Sai Shankar V R	Dr.Saraswathy L, Dr.Suja Gopalakrishnan

PRACTICALS (11.30 am – 12.00 pm)

DATE	TOPIC	PRESENTER	FACULTY
04-09-2025	Physiological test for physical fitness and performance	Dr.Sai Shankar V R	All Faculty

JOURNAL CLUB

DATE	TIME	TOPIC	PRESENTER	FACULTY
30-09-2025	2.30 pm – 3 pm	Judit Companys , Maria José Gosalbes , Laura Pla-Pagà. Gut Microbiota Profile and Its Association with Clinical Variables and Dietary Intake in Overweight/Obese and Lean Subjects: A Cross-Sectional Study. Nutrients. 2021 Jun 13;13(6):2032.	Dr. Nanditha Rajesh	All Faculty

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7/11/25

30-09-2025	3.00pm-3.30pm	Felix Morales-Palomo, Alfonso Moreno-Cabañas, Laura Alvarez-Jimenez. Efficacy of morning versus afternoon aerobic exercise training on reducing metabolic syndrome components: A randomized controlled trial. J Physiol. 2024 Dec;602(23):6463-6477. Epub 2023 Nov 28.	Dr. Sai Shankar	All Faculty
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We could not conduct more PG classes as we had University MBBS and PG exam during the month of September


7/11/25

DR. SUJA GOPALAKRISHNAN
PROFESSOR & HOD, PHYSIOLOGY
AIMS, KOCHI