



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PHYSICAL MEDICINE AND REHABILITATION
PG TEACHING SCHEDULE FOR THE MONTH SEPTEMBER 2025
THEORY (TIME: 3:00 PM - 4:00 PM)

DATE	TOPIC	FACULTY
06/09/2025	Smart Home- Elderly Rehab	Dr. Ravi
13/09/2025	Introduction to Evolutionary Medicine	Dr. Anand
20/09/2025	Prolotherapy, PRP	Dr. Roshin
27/09/2025	Jeopardy	Dr. Amrutha

SEMINAR (TIME: 11.00 AM - 12.00 PM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
01/09/2025	Post-Polio Syndrome	Dr. Nandana	Dr. Ravi
10/09/2025	Neuroplasticity	Dr. Rajamithra	Dr. Amrutha
15/09/2025	Management Of Spasticity	Dr. Deeptajeet	Dr. Ravi
18/09/2025	Stem Cell Therapy	Dr. Deeptajeet	Dr. Anand

CASE PRESENTATION (TIME: 2.00 PM - 3.00 PM)
(ATTENDEES: ALL FACULTY AND PGs)

DATE	TOPIC	PRESENTER	FACULTY
03/09/2025	Stroke – Large MCA Infarct	Dr. Rajamithra	Dr. Anand
08/09/2025	Non Traumatic SCI, Paraplegia	Dr. Deeptajeet	Dr Amrutha
17/09/2025	OA Knee	Dr. Nandana	Dr Amrutha
22/09/2025	Per arthritis Shoulder	Dr. Lins	Dr. Ravi

GROUP DISCUSSION (TIME: 12.00 PM – 1.00 PM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	FACULTY
11/09/2025	Exam Case Discussions	Dr. Anand
24/09/2025	AFOs	Dr. Anand
25/09/2025	X Rays	Dr. Ravi
30/09/2025	Team Conference	Dr. Ravi

JOURNAL CLUB (TIME: 10.00 AM - 11.00 AM)
ATTENDEES: ALL FACULTY AND PGs

DATE	TOPIC	PRESENTER	FACULTY
04/09/2025	Sheppard SM, Sebastian R. Diagnosing and managing post-stroke aphasia. Expert Rev Neurother. 2021 Feb;21(2):221-234.	Dr. Nandana	Dr. Amrutha
12/09/2025	Sandhu MS, Perez MA, Oudega M, Mitchell GS, Rymer WZ. Efficacy and time course of acute intermittent hypoxia effects in the upper extremities of people with cervical spinal cord injury. Exp Neurol. 2021 Aug; 342:113722.	Dr. Rajamithra	Dr. Ravi
19/09/2025	Hertig-Godeschalk A, Brinkhof MWG, Scheel-Sailer A, Perret C, Jenny A, Landmann G, Wyss PO, Flueck JL. Vitamin D supplementation in chronic spinal cord injury (VitD-SCI): study protocol for a randomised controlled trial. BMJ Open. 2021 Dec 17;11(12): e053951.	Dr. Deeptajeet	Dr. Ravi
26/09/2025	Rahimi MS, Jafari-Nozad AM, Jazebi F. Comparison of the Effect of High-Intensity Laser Therapy and Quadriceps Muscle Strengthening Exercises Using Biofeedback on Pain, Stiffness and Function of Patients with Knee Osteoarthritis: A Randomized Clinical Trial. Anesth Pain Med. 2024 Dec 6;14(6): e143642.	Dr. Lins	Dr. Amrutha

PROCEDURES

MONTH	TOTAL PROCEDURES
September	4324



DR. RAVI SANKARAN
HOD
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