



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PALLIATIVE MEDICINE
PG TEACHING SCHEDULE FOR THE MONTH OF SEPTEMBER-2025

THEORY CLASS (TIME 2.30PM-3.30PM)

DATE	TOPIC	FACULTY
01/09/2025	Role of anticonvulsants in managing neuropathic pain.	Dr. Shoba Nair
03/09/2025	Recent advances in Opioid delivery systems.	Dr. Rajasree K.C
08/09/2025	Role of communication in dealing with patient care in ICU.	Dr. Shoba Nair
10/09/2025	Pros and cons of artificial nutrition in the terminally ill.	Dr. Rajasree K.C

SEMINAR (TIME 8.30AM -9.30AM)

ATTENDEES: ALL FACULTIES AND PGs

DATE	TOPIC	PRESENTER	FACULTY
09/09/2025	Delirium	Dr. Dale Babu	Dr. Shoba Nair
12/09/2025	Dementia	Dr. Malini	Dr. Rajasree K.C
16/09/2025	Anticoagulants	Dr. Dale Babu	Dr. Shoba Nair
18/09/2025	Dyspnea	Dr. Malini	Dr. Rajasree K.C

CASE PRESENTATION (TIME 12PM-1.30PM)

ATTENDEES: ALL PGs

DATE	TOPIC	PRESENTER	FACULTY
22/09/2025	CA BREAST	Dr. Malini	Dr. Rajasree K.C
24/09/2025	Multiple myeloma	Dr. Dale Babu	Dr. Shoba Nair
26/09/2025	Metastatic RCC	Dr. Malini	Dr. Rajasree K.C
29/09/2025	ACUTE Lymphoma	Dr. Dale Babu	Dr. Shoba Nair

JOURNAL CLUB (3.00PM-4.00PM)

ATTENDEES: ALL FACULTIES & PGs

DATE	TOPIC	PRESENTER	FACULTY
06/09/2025	Pais R, Lee P, Cross S, GebSKI V, Aggarwal R. Bladder Care in Palliative Care Inpatients: A Prospective Dual Site Cohort Study. Palliat Med Rep. 2020 Oct 30;1(1):251-258.	Dr. Malini	Dr. Shoba Nair
13/09/2025	Jimenez XF, Sundararajan T, Covington EC. A Systematic Review of Atypical Antipsychotics in Chronic Pain Management: Olanzapine Demonstrates Potential in Central Sensitization, Fibromyalgia, and Headache/Migraine. Clin J Pain. 2018 Jun;34(6):585-591.	Dr. Dale Babu	Dr. Shoba Nair

20/09/2025	Mukhopadhyay ND, Khorasanchi A, et al. Melatonin Supplementation for Cancer-Related Fatigue in Patients with Early Stage Breast Cancer Receiving Radiotherapy: A Double-Blind Placebo-Controlled Trial. Oncologist. 2024 Feb 2;29(2):e206-e212.	Dr. Malini	Dr. Shoba Nair
27/09/2025	Higginson IJ, Brown ST, Oluyase AO, M et al. BETTER-B consortium. Mirtazapine to alleviate severe breathlessness in patients with COPD or interstitial lung diseases (BETTER-B): an international, multicentre, double-blind, randomised, placebo-controlled, phase 3 mixed-method trial. Lancet Respir Med. 2024 Oct;12(10):763-774.	Dr. Dale	Dr. Shoba Nair

GUEST LECTURE (TIME 6.30AM-7.30AM)
ATTENDEES: ALL FACULTIES AND PG

DATE	TOPIC	GUEST LECTURER
01/09/2025	Evidence for morphine in management of chronic breathlessness syndrome	Dr. Ashwini Bundhe (Assistant professor dep of palliative medicine ,Tata memorial hospital , Mumbai ,
08/09/2025	Evidence on the role of hormonal Therapies in patients with advanced cancer	Dr. Seema Mishra (Professor & Head dep of onco Anaesthesia & palliative medicine AIIMS , delhi)
15/09/2025	Evidence supporting the use of methylnaltrexone in opioid induced constipation	Dr. Praveen Kumar K (Assistant Professor dep of pain and palliative Basavatarakam indo American cancer hospital Hyderabad
22/09/2025	Evidence for parenteral adjuvant analgesia for managing neuropathic pain	Dr. Lekha Raval (Associate Professor dep of palliative medicine, Gujarat cancer & research institute of Ahmedabad)

HOSPITAL GRAND ROUNDS (8.00AM-9.00AM)
ATTENDEES: ALL FACULTIES AND PGs

DATE	TOPIC	PRESENTER
02/09/2025	Endovascular Vessel Wall Reconstruction in 111 patients Aneurysms in our Centre	Dr. Sreehari N R Additional Professor Department of Neurosurgery AIMS, Kochi
09/09/2025	Organ Preserving Surgery in Abdominal Cancer: From Radical Resection to Functional Preservation	Dr. Sudheer OV Professor and Head Department of GI Surgery AIMS, Kochi
16/09/2025	Optimizing inpatient glycaemic control: current practices, challenges and future directions	Dr. Praveen V. P & Dr. Nisha Bhavani Clinical Professor Department of Endocrinology AIMS, Kochi.

23/09/2025	Immunotherapy in Oncology- An Introduction	Dr. Sourabh Radhakrishnan Associate Professor Medical Oncology AIMS, Kochi.
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PROCEDURE: 18



**DR. SHOBA NAIR
PROFESSOR & HOD
DEPARTMENT OF PALLIATIVE MEDICINE
AIMS KOCHI**