



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS
PG TEACHING SCHEDULE SEPTEMBER 2025

THEORY (8.00am to 9.30 am)

DATE	TOPIC	FACULTY
01.09.2025	Monteggia Fracture	Dr.Jaithilak
04.09.2025	Elbow Myositis	Dr.Chandrababu (Emeritus Professor)
08.09.2025	Olliers disease	Dr.Thadi Mohan
11.09.2025	Mid carpal instability	Dr.Jim F Vellara
15.09.2025	Chronic Synovitis	Dr.Balu C Babu
18.09.2025	Distraction Osteogenesis	Dr.Vipin Mohan
22.09.2025	Scapular Fractures	Dr.Arjun
25.09.2025	Hoffa fractures	Dr.Nigil
29.09.2025	SCFE & treatment protocol	Dr.Druvan S

SEMINAR (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
02.09.2025	Unstable pelvic fractures	Dr.Mahith	Dr.Afnas
09.09.2025	Congenital hyper extension of knee	Dr.Logeshwer	Dr.Arjun
16.09.2025	Kienbocks disease	Dr.Nitish	Dr.Vipin
23.09.2025	Primary spinal neoplasms	Dr.Amuthan	Dr.Gayathri
30.09.2025	Bone Signaling	Dr.Ganesh	Dr.Amritaraj

CASE PRESENTATIONS
(ATTENDEES: ALL PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
01.09.2025	5pm -6pm	Calcaneal osteomyelitis	Dr.Aseem	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
01.09.2025	5pm -6pm	Recurrent patella dislocation	Dr.Sidharth	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
06.09.2025	8.00 am- 9.30am	B/L AVN	Dr.Shambhu	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas
08.09.2025	5pm -6pm	SCFE	Dr.Umang	Dr.Jim/ Dr.Arjun / Dr.Nigil
12.09.2025	5pm -6pm	Osteochondroma	Dr.Apeksha	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
13.09.2025	8.00 am- 9.30am	Proximal Humeral shaft Fractures	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri

15.09.2025	5pm -6pm	Cubitus varus	Dr.Mathumitha	Dr. Chandrababu (Emeritus Professor)/ Dr.Balu
19.09.2025	5pm -6pm	Radioulnar synostosis	Dr.Varun	Dr.Thadi Mohan/ Dr.Gayathri
20.09.2025	8.00 am- 9.30am	Dupuytren's contracture	Dr.Anand menon	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
22.09.2025	5pm -6pm	Swelling in thigh	Dr.Nitish	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
26.09.2025	5pm -6pm	Deformity of foot	Dr.Mathew	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
27.09.2025	8.00 am- 9.30am	Stiff elbow	Dr.Amuthan	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin
29.09.2025	5pm -6pm	Distal Radius Fracture	Dr.Mahith	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
02.09.2025	Osteoid Osteoma	Dr.Jai Thilak/ Dr. Gayathri
03.09.2025	Evolution of the Internal Fixation of Long bone Fractures	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
04.09.2025	Fracture dislocation of Elbow	Dr.Jim/ Dr.Nigil/ Dr.Vipin
06.09.2025	Open Fracture approach	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
09.09.2025	Ulnar Nerve Palsy	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
10.09.2025	Talus fractures	Dr.Jai Thilak/ Dr.Gayathri
11.09.2025	Bisphosphonates	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
13.09.2025	Degenerative spondylolisthesis	Dr.Jim/ Dr.Arjun/ Dr.Amritaraj
16.09.2025	Ewings sarcoma	Dr.Thadi Mohan / Dr.Afnas/ Dr.Gayathri
17.09.2025	Tarsal coalition	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
18.09.2025	Transcutaneous nerve stimulation	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
20.09.2025	Shoulder Instability.	Dr.Thadi Mohan / Dr.Vivek
23.09.2025	Brodies abscess	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
24.09.2025	Endotoxic shock	Dr.Jim/ Dr.Arjun/ Dr.Nigil
25.09.2025	Distraction osteogenesis	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
27.09.2025	Traction	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
30.09.2025	Chronic Recurrent Multifocal Osteomyelitis	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
03.09.2025	Devin lemmex, MD FRCSC ; Gabriel cardenas MD;FRCS (Tr&Orth);etc Arthroscopic management of anterior glenoid bone loss . JBJS Rev. 2020 Feb;8(2):e0049	Dr.Ganesh	Dr.Vipin

10.09.2025	Melissa M Allen ¹ , Scott B Rosenfeld. Treatment for Post-Slipped Capital Femoral Epiphysis Deformity. Orthop Clin North Am. 2020 Jan;51(1):37-53	Dr.Prasanth	Dr.Arjun
17.09.2025	Florezynski, Matthew; Paul, Ryan.Prevention and Treatment of Nerve Injuries in Shoulder Arthroplasty;. <i>The Journal of Bone and Joint Surgery</i> . 103(10):935-946, May 19, 2021	Dr.Rahulraj	Dr.Nigil
24.09.2025	Amemiya T, Okazaki M, Kato T, Tazaki K Radial Wrist Extensor Tendon Entrapment in Volarly Displaced Distal Radius Fracture: A Report of 2 Cases..JBJS Case Connect. 2022 Feb 24;12(1).	Dr Amuthan	Dr Gayathri

TUTORIALS (8.00am – 9.30am)
(ATTENDEES ; ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
12.09.2025	Hand injuries	Dr.Anand	Dr.Druvan
19.09.2025	Cancellous Screws	Dr.Niteesh	Dr.Nigil
26.09.2025	Physiotherapy protocol TKR	Dr.Anandhu	Dr.Afnas

GUEST LECTURE: 3.00 PM TO 4.00PM
(ATTENDEES ; ALL PGs)

DATE	TOPIC	FACULTY
26.09.2025	Pelvic Fractures	Dr. Ebin Rahman, Lakshore hospital

PROCEDURES SEPTEMBER 2025

OPD PROCEDURES	355
MAJOR	135
MINOR	218



DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI