

AMRITA

Amalgamation of Medicine, Research and Innovative Technology for Action

7th Amrita International Public Health Conference (AIPHC)

December 5th and 6th, 2025

Theme: 'METABOLIC HEALTH MATTERS: PATHWAYS TO PREVENTION & WELLNESS'

Venue: B block Auditorium, AMRITA SCHOOL OF MEDICINE, Kochi, Kerala

TENTATIVE SCHEDULE:

Pre Conference Workshop: 4th December 2025, {PG In- Charge: Dr Parvathi}

- Time: 1:00 – 4:00 p.m.
- How to investigate disease outbreaks?
- Venue MEU, Nalanda
- Faculty:
 - Dr P. Manickam, Scientist F, National Institute of Epidemiology, ICMR, Chennai
 - N Dr Teena Mary Joy, Associate Professor, Dept. of Community Medicine, Amrita School of Medicine, Amrita Vishwa Vidyapeetham., Kochi Campus

5th DECEMBER2025: DAY 1

Time	Topic	Speaker	Chairperson
7:30 a.m.	Registration begins		
8:00 a.m.- 9:00 a.m.	Oral Presentation: Parallel sessions; Poster presentations: Afternoon sessions; parallel, B Block Auditorium spaces		
9:15 – 9:45 a.m.	Deep Data Profiling- Precision Medicine	Dr Michael Snyder, <i>Professor of Genetics, Director, Center for Genomics and Personalized Medicine, Stanford University School of Medicine (online)</i>	Dr. P. Venkat Rangan Vice-Chancellor, Amrita Vishwa Vidyapeetham Dr Dr. Zubair Umer Mohamed, Additional Professor & HOD, Dept. Of Critical Care Medicine, Amrita Hospital, Kochi
9.15 – 9.30 a.m.	TEA BREAK		
9:45– 10:45a.m.	Inaugural Programme		
10:45- 11.20 a.m.	KEYNOTE Lifestyle as Medicine: Reducing Heart Disease Risk in Pre-diabetic Population	Prof. Brian Oldenburg, Public Health and Implementation Science, Baker Heart & Diabetes Institute and La Trobe University, Melbourne, Australia	Dr K R Thankappan, Professor & H.O.D, Dept. of Public Health Amrita School of Medicine, Kochi
11:20 -11.55 a.m.	AMRITA Oration Lessons learnt from the epidemiology of Diabetes in India	Padma Shri Dr V Mohan, Chairman, Dr Mohan's Diabetes Specialties Centre, Madras Diabetes Research Foundation	Dr. Prem Nair PROVOST, Group Medical Director, Amrita Hospitals Dr Satya Vir Singh, Professor & Head, Dept. of Community Medicine, Amrita School Of Medicine, Faridabad
12:00 – 12.20 p.m.	Optimizing Physical Activity for Metabolic Health	Dr Ashish Contractor, Rehab and Sports Medicine Specialist, Sir HN Reliance, Mumbai	Dr George Mathews John Professor, Dept. of General Surgery, Amrita School of Medicine, Kochi

12.25- 12:50 p.m.	Western LDL Targets in Indian Hearts: Are we missing the mark?	Prof (Dr) Raman Puri, Sr. Interventional Cardiologist, I P Apollo Hospital, New Delhi Founder Chairman, Lipid Association of India	Dr Nithya Abraham, Assistant Professor, Dept. of Endocrinology, Amrita School of Medicine, Kochi
12:50-1:10 p.m.	WHO Unity Studies- an overview	Dr Mohammad Ahmad, National Professional Officer (Research), World Health Organization, New Delhi Dr Yasir Albi, Associate Professor, Dept. of Community Medicine, Hamdard Institute of Medical Sciences & Research, New Delhi	
1:10- 2:00 p.m.	LUNCH BREAK		
2:00- 2:25 p.m.	Precision Nutrition and Metabolic Risk Profiling	Dr Anura V Kurpad, Dept. of Physiology, Division of Nutrition, St. Johns Medical College, Bangalore	Dr Jayakrishnan T, Professor & HOD, KMCT, Kozhikode
2:25 – 2:50 p.m.	Microbiomes Signatures in Metabolic Disorders: Conserved Patterns and Ethnic Variations	Dr Bhabatosh Das, Professor & Co-ordinator, Centre for Microbial Research, BRIC- Translational Health Science & Technology Institute (THSTI), Faridabad	Dr V Anil Kumar, Prof. & Head, Dept. of Microbiology, Amrita School of Medicine, Kochi
2:50- 3:15 p.m.	Metabolic Dysfunction Associated Steatotic Liver Disease (MASLD)	Dr Arun Valsan, Associate Professor & Consultant Hepatologist, Dept of Gastroenterology, Amrita School of Medicine, Kochi	Dr M. G. K. Pillai, Prof & Head, Dept of Internal Medicine, Amrita School of Medicine, Kochi
3:15- 3:40 p.m.	Metabolic Roots of Mental Illness: Emerging Public Health Evidence	Dr Varghese Punnose, Prof & HOD, Psychiatry, Vice Principal, Government Medical College, Kottayam	Dr C J John, Senior Consultant, Medical Trust Hospital, Ernakulam
3:40- 4:00 p.m.	Normal Weight Obesity and Body Composition Analysis	Dr Nitin Kapoor, Professor & Head (Unit 1), Dept. of Endocrinology, Diabetes and Metabolism, CMC, Vellore	Dr Nisha Bhavani Professor, Dept. of Endocrinology, Amrita School of Medicine, Kochi
Tea Break			
4:05 – 5:00 p.m.	“AMRITA PUBLIC HEALTH AWARD” Presentations		
5:00 – 7:00 p.m.	Collaboration Meet		

6th DECEMBER 2025: DAY 2

Time	Topic	Speaker	Chairperson
8:00 – 9:00 a.m.	Oral & Poster Presentations		
9:00 – 9:20 a.m.	Food and Lifestyle as Medicine for Metabolic Health: an Ayurvedic Perspective	Dr P. Rammanohar Research Director, Amrita centre for Advanced Research in Ayurveda, Amritapuri	Bri. Dr Niveditha, Addl Prof. & Head, Dept. of Clinical Nutrition, Amrita Hospital, Kochi
9:20-9:40 a.m.	Co-designing integrated approaches to NCD Prevention	Prof. Pilvikki Absetz, Professor of Public Health, Tampere University, Finland	Dr. Paul T Francis Professor, Department of Community Medicine, School of Medicine, Kochi
9.40-10:00 a.m.	TEA BREAK		
10.00 – 10:50 a.m.	Digital Health & Continuum of Care for Non-Communicable Diseases	Dr Vindya Kumarapeli, Director, Policy and Strategies, Ministry of Health, Sri Lanka Dr Shibu Vijayan, Chief Medical Officer-Global Health, Qure.ai, Bangalore Dr Bipin Gopal, Deputy Director, DHS (Kerala), State Nodal Officer for NCD Control	Moderator: Dr Ashoo Grover, ICMR Scientist G & Head, Delivery Research Division, Indian Council of Medical Research, New Delhi
10:50 – 11:15 a.m.	Salivary Biomarkers in Metabolic Disorders	Dr K Renganathan, Professor & HOD, Dept. Of Oral & Maxillofacial Pathology, Raaga's Dental College, Chennai	Dr Arun KV, Prof. & H.O.D, Dept. of Periodontics, Amrita School of Dentistry, Kochi Campus
11:15- 11:30a.m.	Multi morbidity & the Indian Scenario	Dr Sanghamitra Pati, Additional Director General, Indian Council of Medical Research, New Delhi	
11:30- 11:45a.m.	Diseases & Metabolic Health	Dr Priya Nair, Clinical Associate Professor, Dept. of Gastro Medicine, Amrita School Of Medicine, Kochi	Dr. Pradeep Jacob Clinical Professor and Head, Dept. of General Surgery, Amrita School of Medicine, Kochi
11:45a.m.-12:00	Metabolic Health & Obesity: Towards	Dr Dinesh Balakrishnan Professor, Dept. of Gastro Surgery,	

	Healthier Communities	Amrita School Of Medicine, Kochi	Dr Binu Areekal, Prof. & HOD, Dept. of Community Medicine, GMC, Ernakulam
12:00- 12:15 p.m.	Kerala Diabetes Prevention Program	Dr Thankappan KR, Professor & Head, Dept. of Public Health, Amrita School Of Medicine, Kochi	
12:15- 12:30p.m.	Beat Diabetes campaign	Dr Aswathy S, Professor & Head, Dept. of Community Medicine, Amrita School Of Medicine, Kochi	
12:30-12:45 p.m.	Adolescent NAFLD: Emerging Evidence	Dr Manu Raj, Professor, Dept. of Health Sciences Research, Amrita School Of Medicine, Kochi	
12:45-1:30 p.m.	LUNCH BREAK		
1:45- 2:45 p.m.	Plenary by ASCEND- Capacity building and training in Public Health	• Dr Praveen Pradeep, Associate Professor (HCM), Goa Institute of Management • Dr Prasanna Mitra, Professor & HOD, Community Medicine, Kasturba Medical College, Mangalore • Dr Uma Shanker, Research Administrator, Clinical Research, ASTER Medcity, Kochi • Dr Rekha Raveendran, District Surveillance Officer, Health Services, DMO, Kollam	• Prof. Brian Oldenberg, Public Health and Implementation Science, Baker Heart & Diabetes Institute and La Trobe University, Melbourne, Australia • Dr Thankappan KR, Professor & Head, Dept. of Public Health, Amrita School Of Medicine, Kochi • Prof. Pilvikki Absetz, Professor of Public Health, Tampere University (Discussant)
2:45- 3:45 p.m.	Igniting Young Researchers		
	<u>Panel on Inspiring Research and Researchers</u> Moderator: Dr Rakesh PS, Global Development & Grants Specialist, The UNION • Dr Sairu Philip, Principal, GMC Kannur, Kerala • Dr Jeemon Panniyammakal, Additional Professor of Epidemiology, SCTIMST, Thiruvananthapuram		
3:45– 5:00 p.m.	VALEDICTORY SESSION		