

AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PALLIATIVE MEDICINE PG TEACHING SCHEDULE FOR THE MONTH OF AUGUST-2025

THEORY CLASS (TIME 2.30PM-3.30PM)

DATE	TOPIC	FACULTY
02/08/2025	Advances in managing Bone Pains	Dr. Shoba Nair
04/08/2025	Integration of Palliative care in Oncology	Dr. Rajasree K.C
06/08/2025	Recent advances in Opioid delivery systems	Dr. Shoba Nair
08/08/2025	Challenges in incorporating Palliative care in non cancer patients	Dr. Rajasree K.C

<u>SEMINAR (TIME 8.30AM -9.30AM)</u> <u>ATTENDEES: ALL FACULTIES AND PGs</u>

DATE	TOPIC	PRESENTER	FACULTY
07/08/2025	Dementia	Dr. Richa Geo	Dr. Shoba Nair
14/08/2025	Anticoagulants	Dr. Malini	Dr. Rajasree K.C
21/08/2025	Dyspnea	Dr. Betty Mary	Dr. Shoba Nair
28/08/2025	Paraneoplastic syndromes	Dr. Dharunya Pachiyappan	Dr. Rajasree K.C

CASE PRESENTATION (TIME 12PM-1.30PM) ATTENDEES: ALL PGs

DATE	TOPIC	PRESENTER	FACULTY
05/08/2025	Adenocarcinoma pancreas	Dr. Malini	Dr. Rajasree K.C
08/08/2025	Ca Ovary with peritoneal mets	Dr. Dharunya Pachiyappan	Dr. Shoba Nair
22/08/2025	Ca breast	Dr. Betty Mary	Dr. Rajasree K.C
29/08/2025	Ca lung	Dr. Dale	Dr. Shoba Nair

JOURNAL CLUB (3.00PM-4.00PM) ATTENDEES: ALL FACULTIES & PGs

DATE	TOPIC	PRESENTER	FACULTY
09/08/2025	Peralta T, Castel-Branco MM, Reis-Pina P, Figueiredo	Dr. Dale	Dr. Shoba Nair
	IV, Dourado M. Prescription trends at the end of life in		
	a palliative care unit: observational study. BMC Palliat		
	Care. 2022 May 4;21(1):65.		
16/08/2025	Mukhopadhyay ND, Khorasanchi A, et al. Melatonin	Dr. Malini	Dr. Shoba Nair
	Supplementation for Cancer-Related Fatigue in		
	Patients with Early Stage Breast Cancer Receiving		
	Radiotherapy: A Double-Blind Placebo-Controlled		
	Trial. Oncologist. 2024 Feb 2;29(2):e206-e212.		

23/08/2028	Patel, Priya & Koppikar, Sahil & Spoozak, Lily &	Dr. Dharunya	Dr. Shoba Nair
	Lyons, Laura. (2023). Exploring the awareness,	Pachiyappan	
	knowledge and perceptions of palliative care at end-of-		
	life in a Canadian population. Progress in Palliative		
	Care. 31. 1-7.		
30/08/2025	Payne S, Harding A, Williams T, Ling J, Ostgathe C.	Dr. Sarayu T	Dr. Shoba Nair
	Revised recommendations on standards and norms for		
	palliative care in Europe from the European		
	Association for Palliative Care (EAPC): A Delphi		
	study. Palliat Med. 2022 Apr;36(4):680-697.		

GUEST LECTURE (TIME 6.30AM-7.30AM) ATTENDEES: ALL FACULTIES AND PG

DATE	TOPICS	GUEST LECTURER
04/08/2025	Evidence on the role of point of care ultrasound	Dr. sharun Mathew john
	(POCUS) in a palliative care setting	(assistant professor dep of palliative
		medicine Basavatarkam indo American
		cancer hospital, Hyderabad)
11/08/2025	Evidence on the concept of time toxicity during	Dr. Nipun lamba
	management of patients needing palliative care	(associate professor dep of pain and
		palliative medicine mahatma Gandhi
		college Jaipur)
18/08/2025	Evidence on the role of ketamine in the	Dr. Yogendra singhal
	management of depression in a palliative care	(professor dep of palliative medicine SMS
	setting	medical college , Jaipur)
25/08/2025	Evidence on the role of dexmedetomidine for	Dr. Gayatri palat
	hyperactive delirium at the end of life	(professor & head dep of pain and
		palliative medicine MNJ institute of
		oncology & RCC Hyderabad)

HOSPITAL GRAND ROUNDS (8.00AM-9.00AM) ATTENDEES: ALL FACULTIES AND PGs

DATE	TOPICS	PRESENTER
05/08/2025	Rhythms of Life	Dr. Suja Gopalakrishnan
		Professor
		Dept. of Physiology (AIMS Kochi)
12/08/2025	Introduction to Neuroimmunology	Dr. Sudheeran Kannoth
		Clinical Associate Professor
		Neuroimmunology laboratory
		Department of Neurology
		(AIMS, Kochi)
19/08/2025	AI in health care - potential legal and ethical issues	Dr. Andrews Fishman
		Consultant Skull Base Surgeon
		University of Lublin Poland
		and Visiting Professor (AIMS)

26/08/2025	WHEN GIVING UP WAS NOT AN OPTION	Dr Balaji Srimurugan
	How we learnt a new surgery	Clinical Assistant Professor
		Dept of CVTS
		(AIMS, Kochi)

PROCEDURE: 15

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DR. SHOBA NAIR PROFESSOR & HOD

DEPARTMENT OF PALLIATIVE MEDICINE

AIMS KOCHI