



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS

PG TEACHING SCHEDULE AUGUST 2025

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
04.08.2025	Osteoporosis	Dr.Balu C Babu
07.08.2025	Soft tissue sarcomas	Dr.Chandrababu (Emeritus Professor)
11.08.2025	Transient Synovitis	Dr.Thadi Mohan
14.08.2025	Lymphoma of bone	Dr.Jim F Vellara
18.08.2025	Biopsy methods and basic principles	Dr.Jaithilak
21.08.2025	Proximal humerus fracture	Dr.Vipin Mohan
25.08.2025	High ankle sprain	Dr Arjun
28.08.2025	Osteochondral lesions talus	Dr.Druvan S

SEMINAR (8.00am to 9.30am)

(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
05.08.2025	Humerus shaft fracture	Dr.Umang	Dr.Vivek
12.08.2025	Epiphyseal injury elbow	Dr.Ganesh	Dr.Arjun
19.08.2025	DDH	Dr.Nitish	Dr Amritaraj
26.08.2025	Tibial shaft fracture	Dr.Amuthan	Dr.Gayathri

CASE PRESENTATIONS (5pm -6pm)

(ATTENDEES: ALL PGs)

DATE		TOPIC	PRESENTER	FACULTY
01.08.2025	5pm -6pm	Malunion fracture of Right tibia	Dr.Aseem	Dr.Jai Thilak/ Dr.Balu/ Dr.Vipin
02.08.2025	8.00 am- 9.30am	Bilateral De Quervain's disease	Dr.Sidharth	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Gayathri
04.08.2025	5pm -6pm	Right ankle arthritis	Dr.Shambhu	Dr.Thadi Mohan/ Dr.Vipin/ Dr. Afnas
08.08.2025	5pm -6pm	Fibrous dysplasia right femur	Dr.Umang	Dr.Jim/ Dr.Arjun / Dr.Nigil
09.08.2025	8.00 am- 9.30am	Charcot foot	Dr.Apeksha	Dr.Druvan / Dr.Amritaraj / Dr.Vivek
11.08.2025	5pm -6pm	Stiff shoulder	Dr.Anandhu	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
16.08.2025	8.00 am- 9.30am	Post traumatic Claw hand	Dr. Mathumitha	Dr. Chandrababu (Emeritus Professor)/ Dr. Balu
18.08.2025	5pm -6pm	Neck Of Femur Fracture	Dr.Varun	Dr.Thadi Mohan/ Dr. Gayathri

22.08.2025	5pm -6pm	Lumbar Vertebral disc prolapse	Dr.Anand menon	Dr.Druvan / Dr. Amritaraj / Dr.Vivek
23.08.2025	8.00 am-9.30am	Tennis elbow	Dr. Nitish	Dr.Jim/ Dr. rjun / Dr.Nigil/ Dr.Amritaraj
25.08.2025	5pm -6pm	Rotator cuff pathology	Dr.Mathew	Dr. Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Gayathri
29.08.2025	5pm -6pm	TB Hip	Dr.Amuthan	Dr.Chandrababu (Emeritus Professor)/ Dr Balu/ Dr.Vipin
30.08.2025	8.00 am-9.30am	Patella Dislocation	Dr.Mahith	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
02.08.2025	Rickets	Dr.Jai Thilak/ Dr.Gayathri
05.08.2025	Meniscal tears	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr. Amritaraj
06.08.2025	TB Spine	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
07.08.2025	Epyphyseal Injury Elbow	Dr.Jim/ Dr.Nigil/ Dr.Vipin
09.08.2025	Proximal Humerus Fracture	Dr.Druvan/ Dr. Arjun/ Dr. Nigil
12.08.2025	Humerus Shaft Fracture	Dr.Jai Thilak/ Dr. Gayathri
13.08.2025	Distal Humerus Fracture	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
14.08.2025	Dislocation of Elbow	Dr.Jim/ Dr.Arjun/ Dr.Amritaraj
16.08.2025	Monteggia Fracture	Dr.Thadi Mohan / Dr.Afnas/ Dr. Gayathri
19.08.2025	Colles fractures	Dr. Druvan/ Dr.Arjun/ Dr.Nigil
20.08.2025	Chondrosarcoma	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
21.08.2025	High Tibial Osteotomy	Dr.Thadi Mohan / Dr.Vivek
23.08.2025	Skin Grafting	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
26.08.2025	DVT Prophylaxis	Dr.Jim/ Dr.Arjun/ Dr.Nigil
27.08.2025	Vertical Talus	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
28.08.2025	Cerebral Palsy	Dr.Druvan/ Dr.Arjun/Dr.Amritaraj
30.08.2025	SCFE	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
06.08.2025	Waltenspül, Manuel; Ernstbrunner. Long-Term Results and Failure Analysis of the Open Latarjet Procedure and Arthroscopic Bankart Repair in Adolescents.J Bone Joint Surg Am, 104(12):1046-1054 Scientific Articles April 22, 2022	Dr.Varun	Dr.Vipin
13.08.2025	Alex Trompeter .The management of traumatic spinal cord injury:- Injury . 2023 Apr;54(4):1039-1040.	Dr.Prasanth	Dr.Arjun
20.08.2025	Anil Kumar; Rajasekaran, S.Tuberculosis of the Spine. The Journal of Bone and Joint Surgery. 2020 Apr 1;102(7):617-628	Dr.Umang	Dr.Druvan
27.08.2025	Bartosiak, Kimberly; Schwabe . Sleep Disturbances and Disorders in Patients with Knee Osteoarthritis and Total Knee Arthroplasty; More.The Journal of Bone and Joint Surgery. 2022 Nov 2;104(21):1946-1955.	Dr.Apeksha	Dr.Gayathri

TUTORIALS (8.00am – 9.30am)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
01.08.2025	Synovium and Synovial fluid	Dr.Rahul raj	Dr.Druvan
08.08.2025	Mysthenia Gravis	Dr.Shambhu	Dr.Nigil
22.08.2025	Reiter's syndrome	Dr.Anandhu	Dr.Afnas
29.08.2025	Bone tumours	Dr Mathumitha	Dr.Nigil

CLINICO- PATHOLOGY MEETING: (9.30 AM TO 10 AM)
ATTENDEES: ALL PGs)

DATE	CASE DISCUSSED	PRESENTER
06.08.2025	Ambily, MRD :763665 (L1 Intradural extramedullary lesion with right L1-L2 foraminal extension)	Dr.Anand
06.08.2025	Minnumol, MRD : 2844223 (roximal phalanx middle finger lesion under evaluation left hand)	Dr.Niteesh

GUEST LECTURE: (3.00 PM TO 4.00PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
26.08.2025	Ankle Fractures	Dr. M A Thomas, Alazar Medical college, Kochi

PROCEDURES

OPD PROCEDURES	362
MAJOR	144
MINOR	219



DR. JAI THILAK
PROFESSOR & HOD
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AIMS, KOCHI