

## Date - 1/4/2024

## **Education & Engagement at Amrita Vishwa Vidyapeetham**

## 7. Education & Engagement

# • "Sustainable Plate" Signage

Informational displays in all dining halls illustrate the environmental footprint of plant-based versus animal-based meals, highlighting water usage, greenhouse gas emissions, and land conservation benefits.

## • Workshops & Cooking Demonstrations

Regular sessions led by campus nutritionists cover:

- o Home composting techniques
- o Meal-planning strategies to minimize food waste
- o Basic vegetarian and vegan cooking tutorials

#### Digital Feedback Kiosks

Interactive kiosks at each serving station enable diners to:

- o Rate menu items on taste, nutritional value, and sustainability
- o Provide comments and recipe suggestions
- o View real-time popularity metrics that guide future menu development

#### Goal:

These engagement activities foster awareness, build practical skills, and empower the

campus community to make informed, sustainable dining choices. Feedback collected drives continuous improvement in our sustainable food programs.