



Amrita Fracture Course 2025

**Tower II, 5th Floor
Amriteswari Hall,
Amrita Hospital, Kochi**

Dear Colleagues,

The department of Orthopaedics, Amrita Hospital invites you to the **Amrita Fracture Course 2025** to be conducted on 13/12/2025 & 14/12/2025

The course is designed to provide the participants with a fundamental knowledge of operative treatment of fractures with a rich mix of theory, case discussions and practical session, this academic feast will be of benefit to aspiring young surgeons and post graduates.

We look forward to welcome you all on 13th & 14th December 2025.

Prof. Chandrababu K K
Organizing Chairman & Course Co-ordinator

PROGRAMMES

Day 1 - December 13

- | | |
|----------------------|-------------------|
| > 9:00 AM | Registration |
| > 9:30 AM | Inauguration |
| > 9:50 AM - 10:00 AM | Course Objectives |



Module 1 - Basic Principles of Fracture and Management

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|-----------------------|--|
| > 10:00 AM - 10:15 AM | AO Principles as it stands today |
| > 10:15 AM - 10:30 AM | Bone Healing |
| > 10:30 AM - 10:45 AM | Classification of fractures |
| > 10:45 AM - 11:00 AM | Absolute stability- lag screws, plate fixation |
| > 11:00 AM - 11:10 AM | Tea |
| > 11:10 AM - 12:30 PM | Case discussions – Q&A |
| > 12:30 AM - 1:30 PM | <u>Hands on workshop</u> - lag screws, plate fixation |
| > 1:30 AM - 2:00 PM | Lunch |



Module 2 Diaphyseal Fractures

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|---------------------|---|
| > 2:00 PM - 2:15 PM | Relative Stability and extramedullary fixation |
| > 2:15 PM - 2:30 PM | Principles of intramedullary fixation |
| > 2:30 PM - 2:45 PM | Principles of External Fixation |
| > 2:45 PM - 3:30 PM | <u>Hands on workshop:</u> External Fixation |
| > 3:30 PM - 4:30 PM | Case discussion on Humerus, forearm, femur and tibial shaft fractures |
| > 4:30 PM - 4:40 PM | Tea |
| > 4:40 PM - 5:40 PM | <u>Hands on workshop</u> - Expert Tibial nailing |
| > 5:40 PM - 6:00 PM | Lecture on Pre-op Planning - forearm fractures |



PROGRAMMES

Day 2 - December 14

Module 3 - Simple Intra-Articular Fractures

8:30 AM - 8:45 AM	Principles of management of intra-articular fractures
8:45 AM - 9:00 AM	Tension band principles
9:00 AM - 10:20 AM	Case discussions on Olecranon, patella and malleolar fractures
10:20 AM - 10:30 AM	Tea
10:30 AM - 11:15 AM	Hands on workshop - Forearm Fracture Fixation

Module 4 - Complex Intra-Articular Fractures

11:15 AM - 11:30 AM	Locking plates concepts
11:30 AM - 12:45 PM	Case discussion on distal femur, proximal tibia and pilon fractures
12:45 PM - 1:15 PM	Demonstration on TFNA
1:15 PM - 1:45 PM	Lunch
1:45 PM - 2:30 PM	Case discussion on Proximal femoral fractures
2:30 PM - 3:30 PM	Hands on workshop on: Tension band wiring

Module 5 - Complications

3:30 PM - 3:45 PM	Infections with implant insitu
3:45 PM - 4:00 PM	Delayed union and non union
4:00 PM - 4:10 PM	Tea
4:10 PM - 5:10 PM	Case discussion on complications
5:10 PM - 5:30 PM	Valedictory function

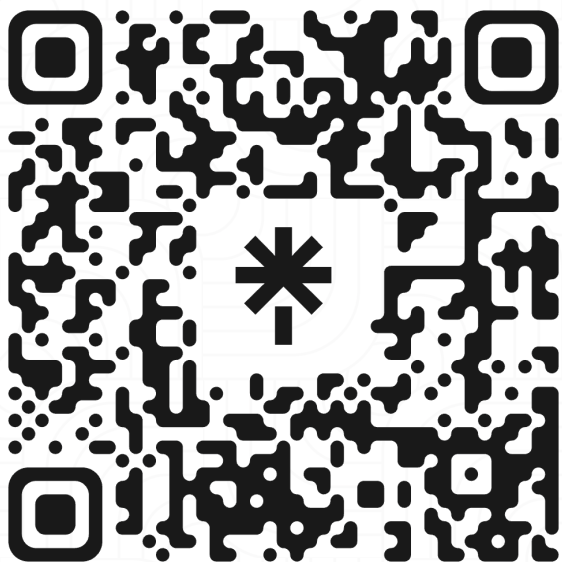


REGISTRATION

Early Bird till November 15, 2025		After November 16, 2025		Spot registration : Subject to availability	
Student	INR 2,000 (including GST)	Student	INR 2,500 (including GST)	Student	INR 3,000 (including GST)
Consultant	INR 2,750 (including GST)	Consultant	INR 3,000 (including GST)	Consultant	INR 3,500 (including GST)

Please note that the numbers of delegates are restricted this time.
So kindly register early

Click to Register



For Further details, Contact : Organising Secretary
Dr. Druvan S / Dr. Balu C Babu

☎ 9446 217 233

✉ Email: amritafracturecourse@gmail.com

Faculty

- Dr. C Cherian Kovoov
- Prof. C M Kumaran
- Dr. Jiss Joseph
- Prof. Premachandran K
- Prof. Rajesh Purushothaman
- Dr. Ranjith T.C.
- Dr. Saji P. O. Thomas
- Other faculty from Amrita Institute of Medical Sciences, Kochi

Cochin Orthopaedics Society Office Bearers

Dr. John T John
President, COS

Dr. Jiss Joseph Panakkal
Secretary, COS

Dr. Joice Varghese
Treasurer, COS



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