



AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF ORTHOPEDICS PG TEACHING SCHEDULE JULY 2025

THEORY (08.00am to 9.30 am)

DATE	TOPIC	FACULTY
03.07.2025	Spina bifida	Dr.Jaithilak
07.07.2025	Congenital muscular torticollis	Dr.Chandrababu (Emeritus Professor)
10.07.2025	Acromio clavicular Disruption	Dr.Thadi Mohan
14.07.2025	Coxa Vara	Dr.Jim F Vellara
17.07.2025	Collagen	Dr.Balu C Babu
21.07.2025	PTH and Vit D Physiology	Dr.Vipin Mohan
28.07.2025	Compression fracture spine	Dr.Arjun
31.07.2025	Renal tubular acidosis	Dr.Druvan S

SEMINAR (8.00am to 9.30am) (ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
08.07.2025	Cartilage	Dr.Aseem	Dr.Arjun
15.07.2025	Endochondral Bone formation	Dr.Nitish	Dr.Amritaraj
22.07.2025	Gaucher Disease	Dr.Rahulraj	Dr.Amal Antony
29.07.2025	Chondromalacia	Dr.Amuthan	Dr.Afnas

CASE PRESENTATIONS (ATTENDEES: ALL PGs)

DATE	TIME	TOPIC	PRESENTER	FACULTY
04.07.2025	5pm -6pm	Foot drop	Dr.Apeksha	Dr.Jai Thilak/ Dr.Balu/ Dr. Vipin
05.07.2025	8.00 am- 9.30am	Torticollis in a 10 year old	Dr.Sidharth	Dr.Chandrababu (Emeritus Professor)/Dr. Balu/ Dr.Amal
07.07.2025	5pm -6pm	SCFE	Dr.Shambhu	Dr. Jim/ Dr. Arjun / Dr. Nigil
11.07.2025	5pm -6pm	Swelling over the scapula	Dr.Umang	Dr.Thadi Mohan/ Dr.Vipin/ Dr.Afnas

12.07.2025	8.00am-9.30am	Radial Nerve palsy	Dr.Aseem	Dr.Druvan / Dr.Amritaraj / Dr. Vivek
14.07.2025	5pm -6pm	Dupuytren's contracture	Dr.Anandhu	Dr. Jai Thilak/ Dr.Balu/ Dr. Amritaraj/ Dr.Amal
18.07.2025	5pm -6pm	Distal Radius Fracture	Dr.Mathumitha	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu
19.07.2025	8.00am-9.30am	CTEV	Dr.Varun	Dr.Thadi Mohan/ Dr.Amal
21.07.2025	5pm -6pm	Periprosthetic joint infection	Dr.Anand menon	Dr.Druvan / Dr.Amritaraj / Dr. Vivek
25.07.2025	5pm -6pm	Tenosynovitis	Dr.Nitish	Dr.Jim/ Dr.Arjun / Dr.Nigil/ Dr.Amritaraj
26.07.2025	8.00 am-9.30am	Congenital dislocation of hip	Dr.Mathew	Dr.Jai Thilak/ Dr.Balu/ Dr.Amritaraj/ Dr.Amal
28.07.2025	5pm -6pm	Scoliosis	Dr.Amuthan	Dr.Chandrababu (Emeritus Professor)/ Dr.Balu/ Dr.Vipin

GROUP DISCUSSION (4pm -5pm)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
01.07.2025	Cavovarus foot	Dr.Jai Thilak/ Dr.Amal Antony
02.07.2025	Bony metastasis	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr. Amritaraj
03.07.2025	Ist metacarpal fracture	Dr.Thadi Mohan / Dr.Arjun/ Dr.Afnas
05.07.2025	Thoracic Outlet Syndrome	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
08.07.2025	Genu varum in children	Dr.Jim/ Dr.Nigil/ Dr.Vipin
09.07.2025	Ewings sarcoma	Dr.Jai Thilak/ Dr.Amal Antony
10.07.2025	Basic principles of amputation	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
12.07.2025	Unicameral bone cyst	Dr.Jim/ Dr.Arjun/ Dr.Amritaraj
15.07.2025	Lumbar disc prolapse	Dr.Thadi Mohan / Dr.Afnas/ Dr.Amal
16.07.2025	Fat embolism	Dr.Druvan/ Dr.Arjun/ Dr.Nigil
17.07.2025	Shock	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
19.07.2025	Septic Arthritis	Dr.Thadi Mohan / Dr. Vivek
22.07.2025	Ochronosis	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
23.07.2025	Pain Management	Dr.Jim/ Dr.Arjun/ Dr.Nigil
26.07.2025	Meniscectomy	Dr.Jai Thilak/ Dr.Nigil/ Dr.Balu
29.07.2025	Bone and Hormones	Dr.Druvan/ Dr.Arjun/ Dr.Amritaraj
30.07.2025	ITB Syndrome	Dr.Chandrababu (Emeritus professor)/ Dr.Vipin/ Dr.Amritaraj
31.07.2025	Tendinitis and bursitis	Dr.Jim/ Dr.Arjun/ Dr.Nigil

JOURNAL CLUB (8.00am to 9.30am)
(ATTENDEES: ALL FACULTIES & PGs)

DATE	TOPIC	PRESENTER	FACULTY
02.07.2025	Mahircan Demir, Muhammed Cuneyd Gunay . Does the use of antibiotic spacer disrupt induced membrane function? Injury . 2023 Apr;54(4):1055-1064.	Dr .Mathew	Dr.Nigil
09.07.2025	Nakui R, Iwamoto . Long-standing Ulnar Wrist Pain Caused by an Anatomic Variant of the Ulnar Nerve: A Case Report. JBJS Case Connect. 2023 Nov 17;13(4).	Dr.Prasanth	Dr.Arjun
16.07.2025	Matthew Florczynski , Ryan Paul.Prevention and Treatment of Nerve Injuries in Shoulder Arthroplasty . <i>The Journal of Bone and Joint Surgery</i> . 103(10):935-946, May 19, 2021	Dr.Umang	Dr.Druvan
23.07.2025	Hyon Pak, Song Ho Kim. Tibialis Anterior Muscle: Pedicled Bone Graft for Defect of the Tibia. Indian J Orthop. 2022 May; 56(5): 862–866.	Dr.Niteesh	Dr.Afnas
30.07.2025	Kirsch JM, Namdari S. Rehabilitation After Anatomic and Reverse Total Shoulder Arthroplasty: A Critical Analysis Review..JBJS Rev. 2020 Feb;8(2):e0129.	Dr.Varun	Dr.Balu C Babu

TUTORIALS (8.00am – 9.30am)
(ATTENDEES: ALL PGs)

DATE	TOPIC	PRESENTER	FACULTY
04.07.2025	Tuberculosis of hip joint	Dr.Anand	Dr.Druvan
11.07.2025	Subcoracoid impingement	Dr.Shambhu	Dr.Vipin
18.07.2025	Radial Club hand	Dr.Anandhu	Dr.Amal Antony
25.07.2025	Proximal radius fracture	Dr. Sidharth	Dr.Nigil

GUEST LECTURE (3.00 PM TO 4.00PM)
(ATTENDEES: ALL PGs)

DATE	TOPIC	FACULTY
25.07.2025	Pediatric Hip Fractures	Dr. Murugan Babu, Rajagiri Kochi

PROCEDURES FOR THE MONTH OF JULY 2025

OPD PROCEDURES	317
MAJOR	169
MINOR	217



**DR. JAI THILAK
PROFESSOR & HOD
DEPARTMENT OF ORTHOPAEDICS
AIMS, KOCHI**