

## 25SC805 ADVANCED PROTEIN SCIENCE AND TECHNOLOGY IN FOOD SYSTEM

**Course Code:**  
**L-T-P—C3-1-0-4**

**Hours of Instruction/week—4**  
**No. of Credits—4**  
**Total 60hrs.**

Pre **requisite:** protein chemistry, protein structure, functional properties of protein, protein applications in food industry

### Course Objectives:

To provide students with a comprehensive understanding of protein chemistry in the context of food systems covering structural aspects, physicochemical and functional properties, advanced molecular behavior, and real-world applications, including the significance of plant-based and alternative protein sources. The course also aims to develop analytical, technical, and critical thinking skills for addressing current and future challenges in food protein utilization.

### Course Outcomes:

CO1: Explain the structure, bonding, classification, and biological functions of proteins in food and nutrition.

CO2: Analyze physicochemical and functional properties of proteins in various food systems and their industrial relevance.

CO3: Demonstrate an understanding of protein chemistry at a molecular level, including interactions, enzyme activity, and structural characterization.

CO4: Evaluate real-world applications of food proteins, particularly plant-based innovations, their benefits, limitations, and regulatory issues.

CO5: Analyze and evaluate recent advances and interdisciplinary approaches in protein research and apply emerging technologies.

### Skills:

Understand molecular structure, classification, and biochemical functions of proteins in food.

### CO-PO Mappings

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
CO1	2	2	2	-			1	1	1	1	2
CO2	2	2	2		-		1	1	1	1	2
CO3	2	2	2	-		-	1	1	1	1	2
CO4	2	2	2				1	1	1	1	2
CO5	2	2	2			-	1	1	3	3	3

**Syllabus:****Unit I: Introduction to Proteins in Food****12hrs**

Overview of proteins, definition and importance in food and nutrition, chemical composition and peptide bonds, protein structure, levels of protein structure: primary, secondary, tertiary, quaternary, types of bonding in protein structures : hydrogen, ionic, disulfide, hydrophobic interactions, classification and functions of proteins, structural, storage, enzymatic, transport, and regulatory proteins, globular vs. Fibrous proteins, role in metabolism, muscle synthesis.

**Unit II: Protein Properties in Food Systems****12hrs**

Protein solubility, water-holding and oil-binding capacities, emulsifying properties, foaming capacity and stability, gelation properties, viscosity and thickening, protein denaturation, protein aggregation, Maillard reaction and glycation, oxidation, fermentation, germination, and cross-linking, protein folding, cold-set vs. heat-induced gels, film and coating formation- edible films, anti microbial and biodegradable packaging.

**Unit III: Technology in Protein Chemistry****12hrs**

Protein extraction and isolation technologies, protein purification and concentration, Electrophoresis: SDS-PAGE, Native PAGE, 2D-GE, Mass spectrometry, NMR and X-ray crystallography, amino acids and the peptide bond, protein folding and denaturation, protein-ligand interactions, membrane proteins and transport, enzymes and enzyme mechanisms, enzyme kinetics and enzyme inhibition, metallo proteins and motor proteins, protein-protein interactions, protein structure analysis, protein quality assessment.

**Unit IV: Protein Applications****12hrs**

Application of protein in supplements, hospital/nutritional therapy applications, food industry, application in texturized vegetable protein (TVP) and meat analogs, Microencapsulation of proteins and peptides, use of protein-based hydrogels, coatings, and films, protein-based emulsions, plant-based protein meat, plant-based dairy products, plant-based egg simulation products, alternative proteins: Insect proteins, single-cell proteins (algae, fungi, yeast), and lab-grown meat, limitations of plant-based food, regulations and safety concerns.

**Unit V: Emerging Trends in Protein Research****12hrs**

Proteomics and peptidomics in food science, sustainable sourcing and utilization of proteins, role of proteins in addressing global nutrition challenges, protein fortification strategies

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staple foods, current trends in protein research and innovation, designer and functional proteins: health-promoting peptides, immunomodulatory proteins, Precision nutrition and protein personalization, AI and machine learning in protein prediction and formulation, Integration of metabolomics and proteomics in diet-health research.

#### **Book References:**

1. Nakai S. & Modler H. W., Proteins in Food Systems, CRC Press, Reprint Edition, 2020, v
2. Kessel, A., & Ben-Tal, N. (2018). Introduction to proteins: Structure, function, and motion (2nd ed.). CRC Press.
3. Berg, J. M., Tymoczko, J. L., Gatto, G. J., & Stryer, L. (2019). Biochemistry (9th ed.). W. H. Freeman.
4. Hettiarachchy, N. S., Sato, K., Marshall, M. R., & Kannan, A. (Eds.). (2012). Food proteins and peptides: chemistry, functionality, interactions, and commercialization. CRC Press.
5. Rickey Y. Yada, Proteins in Food Processing, (2nd Edition), Wood head Publishing, 2017, ISBN: 9780081007213.
6. Fidel Toldrà Advances in Food and Nutrition Research: Proteins in Food Processing and Product Development. Academic Press, 2021.

#### **Evaluation Pattern:**

Assessment	Internal	External
Continuons Assessment (CA)	50	
EndSemester		50